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Rey Les Bro The Woman on The

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SEPTEMBER/OCTOBER 2019

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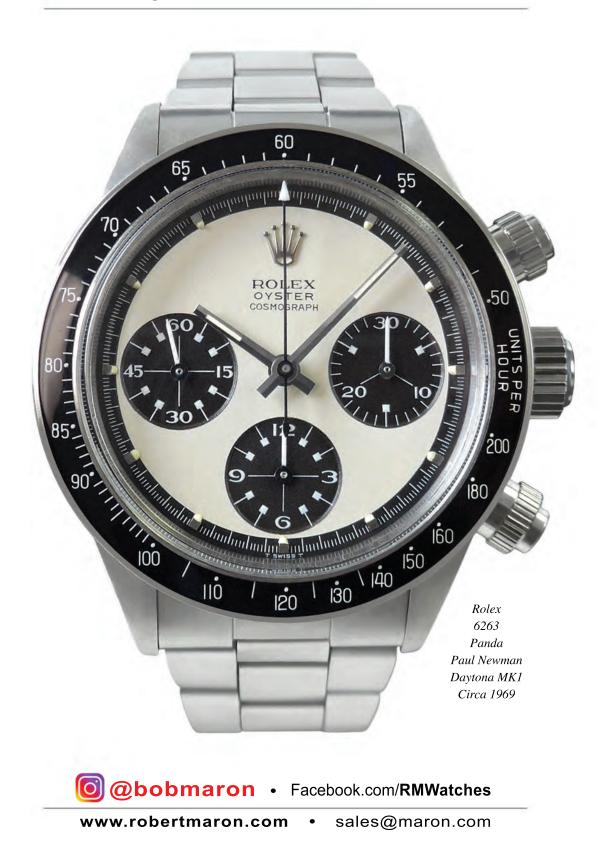
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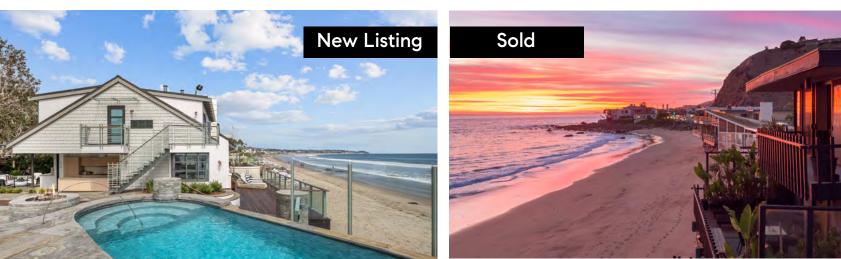


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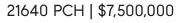
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ON THE COVER: Kelly Le Brock Photography by Steve Erle Wardrobe Stylist: Susanna Puisto Hair/Makeup: Louise Moon for Mac Creative Direction: Lori Modugno IconicFocus Models NYC/LA

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Sources: Forbes.com (February 2018). Best-in-State Wealth Advisors ranking was developed by SHOOK Research and is based on in-person and telephone due diligence meetings and a ranking algorithm that includes: client retention, industry experience, review of compliance records, firm nominations; and quantitative criteria, including: assets under management and revenue generated for their firms. Investment performance is not a criterion. Rankings are based on the opinions of SHOOK Research, LLC and are not indicative of future performance or representative of any one client's experience. Neither Morgan Stanley Smith Barney LLC nor its Financial Advisors or Private Wealth Advisors pay a fee to Forbes or SHOOK Research in exchange for the ranking. For more information: www.SHOOKresearch.com.

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🖉 WHAT'SNEWINTOWN 09.19

Mediterraneo at Westlake Village Inn Reopens with Stunning Redesign

editerraneo celebrates a spectacular remodel, which encourages guests to feel as though they have been transported to an open-air villa in the Mediterranean. From the detailed design to the updated menu, this has been one of the most exciting projects at the Westlake Village Inn, to date. As guests enter, they will be greeted by an expansive bar,

with a new menu of signature handcrafted cocktails. From the S.H. Spritz to the delicious Blood Orange Old Fashioned, there is a cocktail to satisfy all taste buds. In addition, the restaurant also offers an extensive, unparalleled wine list.

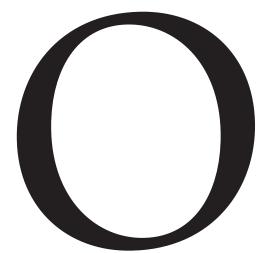
For guests looking to enjoy beyond the bar, they are able to do so every day for lunch and dinner, and on Saturday and Sunday for an exquisite brunch. Each menu has been revamped with deliciously unique staple items, created in house by Chef Lisa Biondi. While everything is noteworthy, some highlight menu items include Salatim, Mushroom Lentil Kefte, homemade pasta and a variety of perfectly cooked steaks, seared at 1500 degrees in the state of the art Waldorf Cooking Suite. The menu truly offers something for everyone, with several vegan, vegetarian and gluten free options as well.

The high-end concept of the restaurant is intended to cater to everyone, with personal touches and details at every turn. The interior design has quite literally brought a Mediterranean feel through several of the standout pieces, like custom chandeliers from Murano, Italy.



Open Monday through Friday, from 11:30 AM to 2:30 PM for lunch and from 2:30 PM – 5:00 PM for bar bites. Dinner is served from 5:00 PM to 9:00 PM. Saturday and Sunday, Mediterraneo is open from 9:00 AM to 2:30 PM for brunch, and from 2:30-5:00 PM for bar bites, while dinner is served from 5:00 PM- 10:00 PM.

EDITOR'SLETTER 09.19



ur gorgeous Vogue cover model, Kelly Le Brock, 1984's *The Woman in Red* film star, is fascinatingly articulate and endowed with quick wit that outpaces the horses she gallops upon. Her delivery is accentuated by a Brit accent that is charming and exquisite in its conscientious pronunciation. Kelly's life, however, has been a metaphorical avalanche of rock falls. Once married to Steven Seagal, she escaped a painful period of her life by moving her children to a beautiful Californian ranch filled with animals

and healing properties. It is in that natural environment where Kelly found peace and understanding. Her sensitively told story on Page 54 is a raw and compelling read.

The U.S. Women's National Soccer team recently brought home their 4th Soccer World Cup title. Their recent victory was powerful for many reasons: it was a back-to-back win from 2015 to 2019 and, as the game closed, members of the crowd began chanting "equal pay" – showing their fervent support for the women's team to receive equal pay to their male counterparts. Parity would make their success a much-needed game changer.

Distinguished, world-renowned classical guitarist, Christopher Parkening, was honored at the Parkening International Guitar Competition at Pepperdine University, Malibu. This is the most prestigious classical guitar competition in the world in which Christopher Parkening's lifetime commitment to fostering musical excellence in young artists is clearly demonstrated – carrying the torch forward from his mentor, the great Spanish guitarist Andrés Segovia.

Actor Michael Graham recently visited French Polynesia for his wedding anniversary celebration with his wife, Suzy. Their hot-offthe-plane story on Page 102 about their blissful tropical experience has lots of valuable information in case these islands are on your bucket list.

Enjoy the last balmy days of summer.

iara

Diana



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WORLDCHAMPIONS U.S. WOMEN'S SOCCER Westlake malibu lifestyle 09.19

he U.S. women's national soccer team brought home their 4th Soccer World Cup title in 2019. Their recent victory was powerful for many reasons: it was a back-to-back win from 2015 to 2019 – and the score against the Netherlands in the final was a convincing lead of 2 – 0. This unmatched team brought the world cup trophy home in 1991, 1999, 2015 and 2019. We're already looking forward to their 5th win in

2023. The exceptionally talented, cohesive teamwork was the basis for the team's victory – but credit has to be given to Megan Rapinoe, the team's co-captain, who was awarded the Golden Boot for the most goals scored in the shortest amount of time. She and teammate Alex Morgan both scored six goals and played a substantial role in the team's strength.

What makes the occasion of this gold cup victory in Lyon, France, so historically momentous is that as the game closed, members of the crowd began chanting "equal pay" – showing their fervent support for the U.S. women's team to receive equal pay to their male counterparts. The U.S. men's national soccer team has never won a gold cup, and yet they are paid more than the woman's team who continues to outperform them significantly. Billie Jean King took to twitter immediately after the game with this quote: "it is long past time to pay them what they rightly deserve."

Megan Rapinoe's leadership skills are noteworthy beyond the soccer field. The highly-respected player has been a vocal advocate for equal pay for all female athletes. Earlier this year, she and her fellow players sued the U.S. Soccer Federation for equal pay, and companies such as Procter & Gamble have articulated their support for the female players. They've urged the governing body for U.S. soccer "to be on the right side of history," and donated more than \$529,000 to the team's players association – which represents the team's interests in its dealing with U.S. soccer. The 23 members of the world cup winning team received \$23,000 each from Procter & Gamble which is the first of more than twelve U.S. soccer partners and sponsors to side so openly with the team in the equal pay fight. All of this came on the eve of mediation meetings to resolve the women's players' federal gender discrimination lawsuit.

Megan Rapinoe's New York speech on the eve of their arrival back in the U.S. was powerfully inspirational. She didn't preach discord; instead she called for more love in the world – less hate; for equal rights across the board including racial parity and LGBT rights. Rapinoe's eloquence will continue to change the world – both on and off the soccer field.

What makes the occasion of this gold cup victory in Lyon, France, so historically momentous is that as the game closed, members of the crowd began chanting "equal pay"



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The Parkening International Guitar Competition

Photography by Ron Hall, Pepperdine University, and Keith Berson

he Parkening International Guitar Competition is the most prestigious classical guitar competition in the world, honoring Christopher Parkening's lifetime commitment to fostering musical excellence in young artists as demonstrated by his mentor, the great Spanish guitarist Andrés Segovia. The competition, held at Pepperdine University in Malibu, California, features cash prizes in excess of \$65,000—the largest prize purse of any classical guitar competition worldwide. After 3 days of intense public performances, the winner of the Parkening International Guitar Competition receives the Jack Marshall Gold Medal, a \$30,000 cash prize.

Parkening said, "My belief is that this competition will continue to attract the finest young players from around the world, not only to spotlight and inspire the best players of the next generation, but especially to focus the musical world's attention on the instrument itself, and build on the artistic legacy of the classical guitar."

The Young Guitarist Competition, held prior to the adult competition, helps to identify outstanding young guitarists (17 years and younger) and encourages them to continue their performance careers and study.



The 15 competitors and the five judges of the Parkening International Guitar Competition, along with Frank Marshall and Christopher Parkening.





Andrea Roberto performing the "Concerto in D major" by Castelnuovo-Tedesco at the final round of the Parkening International Guitar Competition with the Young Musicians Foundation Debut Orchestra conducted by Michael Stanley.



Andrea Roberto, Gold Medal winner, performing at the final round of the Parkening International Guitar Competition.



Christopher Parkening, Artistic Director of the Parkening International Guitar Competition, with Frank Marshall of Kennedy Marshall Company, sponsor of the Jack Marshall Gold Medal Prize.



Alec Holcomb, Silver Medal winner, performing at the final round of the Parkening International Guitar Competition.



Pablo Sáinz Villegas, winner of the first Parkening International Guitar Competition in 2006 and judge of this year's competition, with Diana Addison Lyle.



Sergey Perelekhov, Bronze Medal winner, performing at the final round of the Parkening International Guitar Competition.



Nadine Tilley of Tilley Andalusians with Theresa Parkening.



Pablo Sáinz Villegas and Charlotte Lee with Pepperdine President Dr. James Gash.



Frank Marshall and Christopher Parkening with the winner of the Jack Marshall Gold Medal prize, Andrea Roberto.

MUSICALPURSUITS 09.19

Brandon Jenner Plan On Feelings



randon Jenner released his new, solo EP 'Plan On Feelings' during the 2019 summer – featuring his first single "Death of Me". The project was written and produced by Jenner and is being hailed by critics as pretty darn catchy. Jenner says, "Having written and recorded this record alone in my home studio, I can honestly say that this music authentically represents who I am. 'Plan on Feelings' is the re-

sult of the progress made in my ongoing challenge to unlock the doors of my own vulnerability. I've never been more confident about a release, for I believe that if you truly put yourself out into the world, the universe always rewards honesty. It's a super power you can use to create growth and opportunity in your life. Good inspires others."

Jenner comes from a massively creative family. He is the son of Caitlyn Jenner and Linda Thompson; stepson of iconic musical producer David Foster, and sibling to Brody, Kendall and Kylie. He's an influencer with 1.2 million followers on Instagram.

David Foster was a great mentor, allowing Jenner to shadow him in the studio. Foster also gave him some great advice: To be able to write, you have to have something to say. "That's what music is," Jenner says. "Three minutes to say what you want to say behind a curtain of 12 notes."

Q: Favorite relaxation day?

JENNER: Nothing is more relaxing to me than grabbing a beach chair, umbrella and my surfboard and headed down to the beach. My music career has been keeping me very busy so I don't get very many open days to set aside but when I do, this is how I like to spend them.

Q: Musician/s you greatly admire? Why?

JENNER: Anyone who inspires others through their art is a hero of mine. People who have inspired me have been, John Lennon, Bob Dylan, Bob Marley, Lee 'Scratch' Perry, Ben Harper, Nina Simone, Sam Cooke and James Brown among many others.

Q: How do you most like to spend your birthday?

JENNER: With close friends and family. If the day feels a little like Christmas or Thanksgiving then we are on the right track.

Q: Food you love?

JENNER: Ice cream. I'd recommend trying Strauss Creamery Chocolate and vanilla. Two scoops of each in the same bowl, you're welcome.

Q: Favorite place in the world?

JENNER: Home. I love the life I have created for myself and my home is the centerpiece for my passions and happiness. My studio, my garden, my dog and my chickens are just a few of the things that make it so great. Of course, when my daughter Eva is there, I may as well be in heaven.

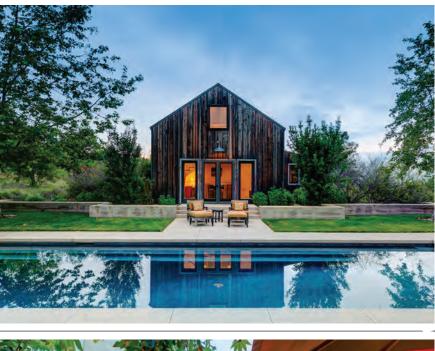
Q: What has life taught you - particularly recently?

JENNER: That we are wasting time if we are trying to control other people and their behavior. Our role should just be to encourage those we love to be exactly who they choose to be and to show them support when needed. The only thing that we have any control over is ourself. If you walk the path, others will be inspired to follow. *(*

BRANDON JENNER









UPPER OJAI MAGIC

On 26 acres in upper Ojai, this ultra-private estate with incredible views includes an exquisitely designed, custom-built, ranch-style home, a gorgeous split level barn/guest house and a pool. The 3,840 sq ft main house features a great room with high, exposed-beam ceilings, an elegant stone fireplace and immaculate wood floors. The state-of-the-art kitchen is a chef's dream, and there are finely crafted French doors throughout. The master bedroom is open, airy and tranquil, and two additional bedrooms occupy opposite ends of the house. The barn includes a bedroom and a beautiful living space; also built with the finest materials, it is an excellent option for lodging guests, a private office, or a studio. Around the pool there is outdoor stone fireplace and a beautiful lounge area, a perfect gateway to the expansive property. This property is a luxurious, peaceful retreat, tucked away at the end of a private road, only minutes from downtown Ojai.

10580OjaiSantaPaulaRdOjai.com Offered at \$4,250,000





The Event

Photography by Marvin Steindler

On June 1, guests gathered at the Calabasas Civic Center for The Event, benefitting The Foundation for Las Virgenes Schools. Now in its 7th year, The Event includes sponsorships by The Agency, Westfield Topanga & The Village, Bob Smith BMW and Brent's Deli. Community leaders gathered at this sold-out festive evening of gourmet food and wine tastings, auctions, and entertainment. The evening, emceed by local actor Jerry O'Connell, culminated with a live concert that had guests dancing all night long.



The Event guests kept the dance floor going until the last possible minute

Annual sponsor, Brent's Deli, winning this year's philanthropy Award

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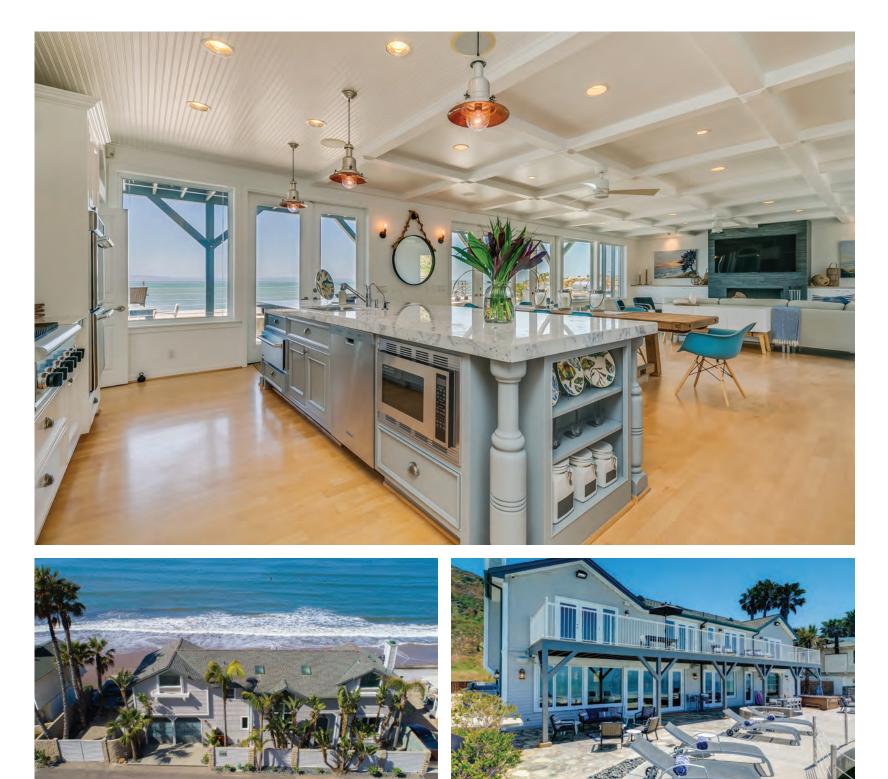


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Through The Dark Clouds of The Woolsey Fire, a Silver Lining

By David Olan, Managing Partner, Olan Law

n Feb. 10, 2020, the first trial is set to begin against Southern California Edison over the Woolsey fire – an unspeakable tragedy in which 1,643 structures and three lives were lost.

But by that day, regardless of which party prevails, the winds of change will already have shifted to make the utility more able to

pay off victims in Malibu and elsewhere without severely undermining the utility's ability to, well, keep the lights on.

Earlier this month, (July 12), Gov. Gavin Newsom signed a bill requiring SCE customers to pay more than \$3 billion toward a wildfire fund over 15 years. The \$21 billion fund is meant to reduce the liability burden faced by SCE and the state's two other investor-owned utilities. The bill was rushed through the legislature to give enough time to set up the fund before fire season peaks this fall.

It's one of several positives for Malibu residents still reeling from the devastating blaze that began Nov. 8 near the site of a 1959 nuclear accident where multiple brush fires had more recently scorched the earth. As plaintiff attorneys like myself will explain to juries, the fire can directly be traced back to several missteps by Edison: The utility's faulty overhead equipment arced and sparked a fire in brush the utility neglected to clear after being ordered to do so, and on a day that the utility had been authorized to mitigate fire risk by shutting down power (which it also failed to do).

When coupled with low humidity and Santa Ana winds gusting up to 75 mph, Edison's negligence touched off what would become the worst fire in modern L.A. County history.

The fire raced west through the canyons, burning more than 96,000 acres. Beyond the staggering property losses, there were also physical injuries and emotional trauma. For residents of Malibu and surrounding areas, so much was lost: family heirlooms, entire homes, entire lives, and peace of mind.

The post-traumatic stress was unparalleled in Western Malibu, which I call home and, far more than Disneyland, consider, "The Happiest Place on Earth." Yet I feel certain that happiness will return and Edison will face legal consequences for its shocking negligence, while Malibu residents rebuild their properties and their spirits. There is ample legal basis for my confidence that residents who suffered losses are entitled to compensation not only for their lost property, but also for their subsequent emotional distress. In 2017's case Hensley vs. San Diego Gas and Electric, the California Court of Appeal ruled that emotional distress from a wildfire is an element of damage, because it is encompassed within the legal principle of "trespass and nuisance." The lower court, which had excluded evidence of emotional distress from calculation of recoverable damages, was found to have been in error.

While we anticipate that we will recover monetary settlements against Edison, that will not restore everything to those who have lost so much. But there is more reason for optimism in Malibu's future. The City of Malibu is doing its best to expedite permits for residents who are rebuilding. And as they rebuild, Malibu residents may be able to build larger homes with more fire-resistant, earthquake-safe, energy-efficient methods and materials.

We also hope that after this tragedy – and after their expensive payouts -- Edison and other utilities will rethink their careless, property-and life-threatening ways, and become more ethically responsible as well as more environmentally friendly. Edison's antiquated equipment must be replaced with more energy-efficient and environmentally sustainable systems that don't pose the fire hazards of their aging and dangerous counterparts. Obsolete, environmentally-irresponsible energy systems, such the kind Edison employs, are not only fire risks, but contributors to global warming, which contributes to more frequent and severe Santa Ana conditions, which in turn contributes to more red-flag fire hazard days, like the one last autumn that quickly exploded into the largest disaster this community has ever seen.

Nothing can turn back the hands of time to the morning of Nov. 8, when the peace in Western Malibu and surrounding areas was



David Olan

shattered. But every dark cloud has a silver lining, and we see that silver lining in the future of a stronger, safer Malibu.

Olan Law is a leading Los Angeles trial law firm and Santa Monica accident law firm. As managing partner, David Olan leads the fight for justice for people who have suffered serious injuries – or for families who have lost a loved one in a wrongful death – because of the carelessness or negligence of another.

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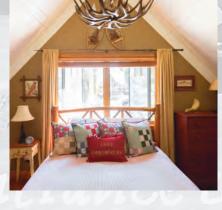
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THE CENTURION

Celebrating 100 years of Bentley Motors as Walter Owen Bentley would not have believed possible. *By Larry Crane*

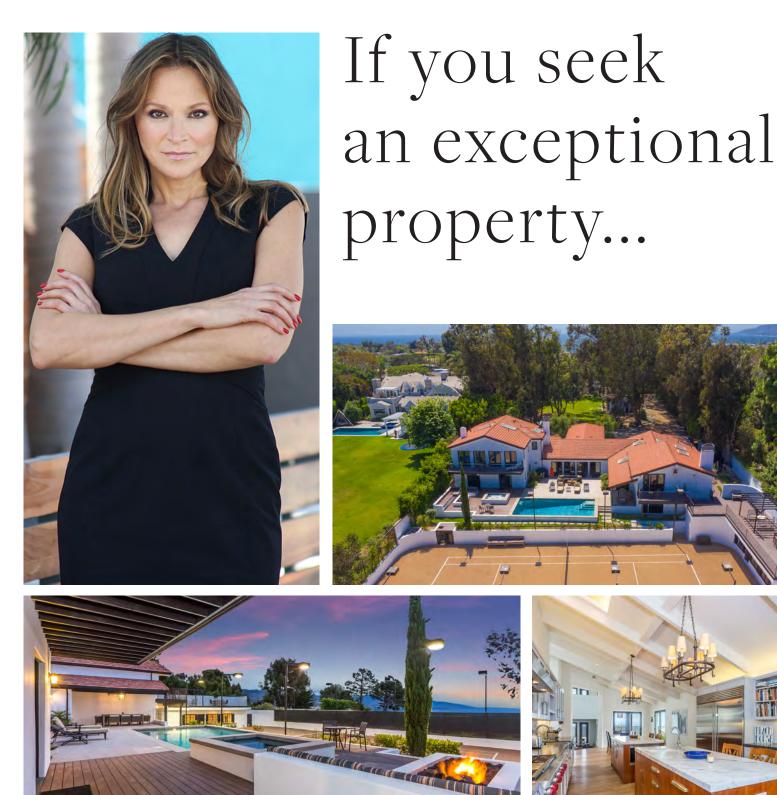


ur personal transportation future is arriving quickly. It looks to be better than we hoped. It will be powerful, potentially fast, incomprehensibly complex, it could offer a luxurious way to travel ... and it should be beautiful, according to Bentley Motors July 11 introduction. As one element of the long-admired firm's centennial celebration it unveiled its EXP 100 GT. It is filled with futuristic design elements and includes an autonomous mode and interior possibilities for effortless trans-continental touring, but it is planned to offer all the current manual modes for a day of mountain driving as it was meant to be — in a Bentley.

The EXP 100 GT is a continuation of a century of fantastic coupés from the legendary marque with six wins of the 24 Hours of Le Mans. As a celebration of his 1929 win at the historic Sarthe circuit (his third of four, three in succession) Bentley's incomparable







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MOTORINGPURSUITS THE CENTURION

WESTLAKE MALIBU LIFESTYLE 09.19



owner/philanthropist Woolf Barnato (heir to his father Barney's joint venture with Cecil Rhodes called De Beers Consolidated Mines — think gold and diamonds) and A. F. McNeil, of coachbuilder Gurney Nutting, conspired to create one of the most memorable automobiles extant, their Speed Six Sportsman Coupé with something near 180 HP. While mythology has Barnato's race with France's famous Blue Train between the Mediterranean coast and the English Channel in his Le Mans chassis Speed Six luxury 4-door saloon's being accomplished in his new coupé, it could not be thus. That great story (revisit your April 2014 Westlake Malibu Lifestyle magazine) happened during March of 1930 and Bentley's chairman took delivery of his famous aerodynamic saloon on 21 May; though the legend persists.

The Bentley firm went into receivership the following year, shortly after it had introduced its mighty 8-Liter chassis for even larger luxury carriages and Barnato had lost interest. The storied home of the racing "Bentley Boys" was quickly secured by British Central Equitable Trust (established by Rolls-Royce to keep its name out of the deal). The sealed winning bid was for £160,000. As a tribute to its history RR went into production with a Bentley-badged 3 1/2-liter 20-25 Rolls as a 'silent sports car.' The little six was quickly increased to 4 1/4 liters in response to the public outcry regarding the emasculated Bentley.

In search of more Bentley-esque performance, André Embiricos (recent heir to National Steam Navigation Co. Ltd of Greece, one of the largest companies of its day) committed the resources to construct a "low-drag" saloon for himself. Rolls-Royce was watching and wanted a British team to create the car, but Embiricos, a member of the Paris elite for most of his life, wanted the creative genius of his home community represented in his car. Its design was commissioned from Georges Paulin and construction to Carrossiers Pourtout. A slightly higher compression ratio, some cam timing and larger carburetors raised the push-rod ohv six-cylinder output from 125 to 142 HP and moved the new "Continental" streamlined saloon, introduced in 1933, nearer the "silent-but-slippery sports car" — and fast.

Embericos sold his coupe to H. S. F. Hay in 1939, who put it in a safe place during the war. It had not been forgotten. After being refurbished, Hay entered his high-speed sports car in the 1949 24-Hours of Le Mans, the first Sar-



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the event since 1938, co-driving with respected journalist Tommy Wisdom - assuring the team of press recognition for its sixth-place finish. Hay drove the car to finish in the next two Le Mans events before submitting it to retirement from competition, but its successes — and popularity — reignited Rolls-Royce interest in something more like a real Bentley.

The "Continental" short-wheelbase chassis with its pushrod ohv, 4.5-liter six cylinder was sold without coachwork and new owners were free to commission coachwork from whom ever they chose. Most popular was a fastback design clearly inspired by the now well-recognized Embericos coupe. The H. J. Mulliner bodied R-type Continental was one of the world's most expensive automobiles when it was introduced in 1954 and, according to the motoring press, the world's fastest production car.

There have been many Bentley 2-door saloons masquerading as GT cars through the last half of the automotive century, but none offered genuine Bentley-ness until the



new century arrived, and with it the support of Ferdinand Piech, CEO of the Volkswagen Group and his vision for his company as a leader in automotive technology. With a compact engine concept created by Vincenzo Lancia in 1921, VW introduced its narrow-angle VR6 with great success. That idea taken a step further permitted two narrow-angle V-6s connected by a single crankshaft to be construed as a W-12. Add a turbocharger to each of the V-6 banks and you have the fastest Bentley ever created — and with performance unchallenged by a cabin filled with luxury and science. The 2003 Bentley GT delivered authentic supercar performance even as it was compared with the much lighter German and Italian editions of a grand turismo. The VW Group supported a racing program for the international GT series and it was an astonishing sight to see Bentley's 21stcentury 4-place luxury sports car leading a field of race-bred two-seaters.

Reaching for the moon, the Bentley EXP Speed 8, designed by Peter Elleray of Racing Technologies Norfolk and powered by an Audi R8 turbocharged 3.6 liter V-8, debuted at Le Mans in 2001 finishing behind two of the Audis. For 2002 the engine was redesigned as a 4.0 liter and finished fourth, again behind only Audi R8s. An entirely new body with improved aerodynamics now called sim-

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ply — with a nod to history — the Bentley Speed 8 delivered on its promise with Bentley's sixth victory in the 24-Hours of Le Mans n 2003. Authenticity is a hard-earned concept. It continues to be so in the firm's 100thyear.

When the production version of the EXP 100 GT is introduced in about 2035, it may or may not be a dual-purpose racing car, but it will certainly be a dual-purpose traveling sports car. Even looking a decade and a half ahead, the designer's vision for an autonomous GT car with the optional second purpose of a driver's Bentley is nothing less than an aspirational celebration of the marque; of robust, conservative thinking preparing away failure as the legacy of W.O. Bentley and his independent team of Bentley Boys — and a continuing theme of some of the most beautiful grand touring cars of their respective eras.

The 21stcentury sciences no one could have imagined will surround the cosseted passengers. Perhaps the most remarkable is the use of seamlessly integrated AI (artificial intelligence) described as Bentley Personal Assistant ... "which helps the car's occupants enhance and curate their Grand Touring experiences."

Stefan Sielaff, director of Design said: "The Bentley EXP 100 GT represents the kind of cars we want to make in the future. Like those iconic Bentleys of the past, this car connects with its passengers' emotions and helps them experience and safeguard the memories of the really extraordinary journeys they take."



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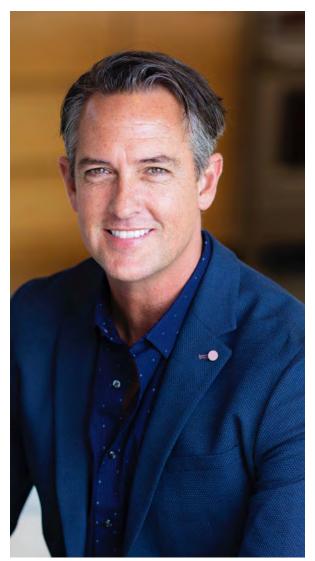
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GARDENINGPURSUITS 09.19

Eat Your Yard! Foodscape with Leafy Greens!

By Model Gardener Kelly Emberg



k it's time to pull out those spent flowers left over from summer and contemplate what to plant now. Think edible! Most of us have some sort of yard and are brainwashed into thinking we must plant ornamentals, but

actually there are many leafy greens that are delightful alone or as a complement to those fruitless flowers!

There are incredible benefits growing an edible garden. You save energy because food from your own garden requires no shipping and little refrigeration; you know where your food comes from, no more second guessing what chemicals are lurking in your produce; you save a little cha-ching by growing your own organic veggies; and YESSSSS, you are helping the environment because large scaled agriculture productions use twice as much water as a home gardener!

Now for the best news of all, your "Front Yard Food" introduces you to your neighbors and spreads the organic gardening word by your irresistible, delectable, bountiful garden!

More friends, better health, extra pocket change and you are saving the world one seed at a time. Now are you ready to take the edible garden plunge!

Timing is everything. Fall's warm soil makes this a fabulous time to plant from seed if you are willing to wait to fill in a bare spot. The soil is still nice and warm, so your seeds and transplants will develop faster than in cooler soil. Since cool-weather crops are slow growers, planting in early fall gives them ample time to mature.

After all that said, let's see what edible leafy greens might make your garden the envy of your neighborhood!

RAINBOW SWISS CHARD & SPINACH

Hope you aren't scared of a little color! All of the hues of Swiss Chard are stored in the stalks in vibrant oranges, reds, yellows and whites. Large prominent broad leaves grow in an upright rosette that is pleasing in a bed or container. A relative of the finger-staining beet, chard puts its energy in producing generous, tender leaves and colorful crunchy stalks. **GARDENINGPURSUITS EAT YOU YARD! FOODSCAPE WITH LEAFY GREENS!** WESTLAKE MALIBU LIFESTYLE 09.19







Multiple heads of purple cabbage

Edible garden with Swiss Chard and flowers

Purple Cabbage

If you're in love with spinach, you're about to start two-timing her with little Miss Chard! Both are nutritional powerhouses and similar in flavor. Excellent sources of vitamins A and K, potassium, iron, magnesium and manganese, and contain smaller amounts of other important vitamins and minerals. Low in calories, cholesterol and sodium and full of fiber making these versatile vegetables a vital part of a healthy, balanced diet.

Spinach wins nutritionally when it comes to the B vitamins which are important for helping the body metabolize food, produce red blood cells and ward off anemia. But the colored varieties of chard are packed with betalain pigments full of antioxidants and anti-inflammatory properties. Spinach wins with more calcium and chard with extra Vitamin C. So why not plant both? Spinach rich green leaves grow in bunches closer to the ground and chard grows upright with a presence to be reckoned with. So, there's room in your garden for both!

CABBAGE

You can grow the ornamental varieties of cabbage, but WHY?! You can't eat them! If you haven't grown real cabbage before, you are in for a treat. Their leaves come in a variety of colors, shapes and textures and I guarantee they will be a show-stopper in your garden! They do get pretty large so give them a 2-foot wide perimeter to grow. Patrol for snails, cabbage worms and aphids which like to make a meal out of them. Now that the weather is cooling, there should be fewer bugs bothering your plants.

Here are some of my favorite and strikingly beautiful cabbage varieties that will dress up your beds.

RED OR PURPLE CABBAGE

Cabbage is one of the oldest-known vegetables and is used in salads and stir-fries. 'Ruby Perfection' is a good one to grow. The flavor of red or purple cabbage is slightly peppery and when cooked, it changes color, so use vinegar or another acidic ingredient to prevent it from turning an ugly blue-gray color. This variety will bring lots of color to your beds.

SAVOY CABBAGE

It has multi-hued shades of green foliage, tighter at the center and gradually unfurling to reveal curly, puckered leaves. The center looks a bit brain-like with raised veins running throughout. The savoy leaves are remarkably tender even when raw. Their flavor is milder and sweeter than the green cabbage. Great in soups, salads, and more.





GARDENINGPURSUITS EAT YOU YARD! FOODSCAPE WITH LEAFY GREENS!

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Lettuce

Dinosaur kale

Mustard greens mix

Harvest cabbage heads when they feel firm and solid, before they split. It takes about 70 days for most green cabbage varieties to mature. When harvesting, cut the cabbage head out of the plant, leaving the outer leaves and root in the garden. Voila, your plant will send up new heads. Pinch off all but four heads and let them grow to a tennis-ball size. Perfect for your salads!

KALE

The leaves grow from a central stem that elongates as it grows. Kale is a powerhouse of nutrients. These large plants are quite ornamental, with leaves that can be curly or tagged, purple or shades of green. Pick the outer leaves when harvesting, leaving the center to continue to grow. There are many varieties of Kale to choose from and here are two of my favorites. **Red Russian Kale** has smooth, tender leaves with purple veins and edges. It is especially slug resistant. Purple stems support green leaves that are flat and toothed with purple veins.

Dinosaur or Tuscan Kale - a puckered leaf heirloom kale from Tuscany. Has a bluish gray hue. This is the buttery textured kale that people love in their salads. It grows upright and is perfect as border or backdrop in your garden!

SALAD GREENS

Growing salad greens is so easy! Once you plant the seeds, most will be ready to harvest in just 4 to 6 weeks. Grow them in your garden beds or containers. They love the cooler temperatures fall brings, while being pretty tolerant of the heat as well. Try the trendy mustard greens like the "green red giant" and "mizuna" and arugula to spice up your garden. Add Lettuces like "frieze", "Red Sails" and "Speckled Trout Back" for color and texture. "Endive" and "radicchio" are great additions as well. The list is endless! Harvest them in the early morning; they will last longer and be sweeter tasting.

This fall don't limit your front yard to those lazy ornamentals. Make your plants work for you. There are dozens of types of greens and hundreds of varieties with different colors, textures, and flavors. Add a little pizazz to your garden with some leafy greens. Once you're ready, they'll reward you with a delicious salad!

Now get to tearing out those tired old ornamentals... you got some planting to do!

Kelly Emberg, the model gardener For more gardening tips, follow me on Facebook, Instagram, YouTube & Twitter. www.kellyemberg.com



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Short Stories About Big People By Bob Eubanks

Hi there, it's time for more short stories about big people. This time, however, I want to tell you a very personal story about me.

Because of my rodeo life when I was younger, I've gone through some interesting health issues. I've had both hips replaced, had extensive back surgery, and had clots in both lungs. All of that caused me to have some mobility problems. I'd been an avid golfer, but had lost the ability to swing a golf club. I could no longer shoot hoops with my son. Going for

a walk with my beautiful wife was out of the question. I had lost the ability to do the simple things in life that require balance.

One day my friend, Dan Metcalfe, who is a renowned soccer coach said to me, "You have problems, mobility don't you?" He could see that my posture was getting bad, and that I was having trouble with the everyday things in life. Getting up from a chair or getting in and out of my car was very troublesome.

Dan invited me to come over to his house to work out. We worked on simple exercises that I practiced every day. At first I wasn't making any progress. I discovered that basic exercises will slow down your problems, but they won't cure them.

Unbeknownst to me, Dan

was working on an invention that he called the 60uP Balance Board. I can look you in the eye and tell you that in a very short period of time, Dan's invention changed my life.

We knew we had something special. My brain and my body were now working together and my balance and mobility improved almost immediately. Suddenly, I could swing a golf club and I could get out of a chair without help. We tried the 60uP Balance Board with other seniors and the results were amazing. The best news is that the 60uP Balance Board is now available to everyone.

What I learned for sure is that basic exercise will slow down the deterioration but it will not cure it. The 60uP

Balance Board will

stop your balance loss

and in a short period

of time, it will reverse

the problem so you

will regain the balance

and mobility you once

I did some homework

and I found out about

a medical group in

France that conducted

an extensive research program on seniors and

researchers discovered

that if seniors over the

age of 60 maintained

good balance they

The results

The

had.

balance.

blew me away.



Check out our website www.60uP.com and see this amazing balance board. It changed my life, and it can change yours, too.

Well, there you have it. More short stories about big people, only this time a very important long story about older people. I'll see you next time. 🅢

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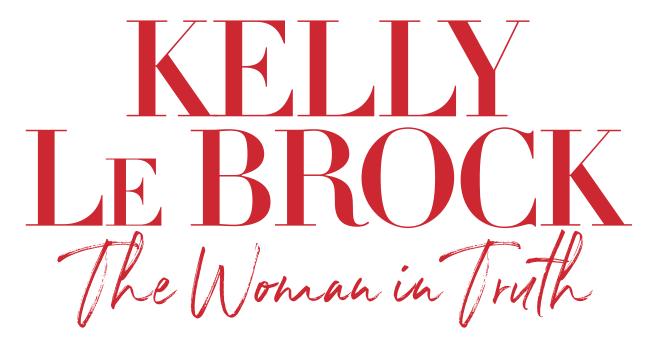


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COVERSTORY 09.19



The Woman in Red, Kelly Le Brock, is fascinatingly articulate and endowed with quick wit that outpaces the horses she gallops upon. Her delivery is accentuated by a Brit accent that is charming and exquisite in its conscientious pronunciation.

Underneath Kelly's compelling exterior is a sensitivity level that has been both her saving grace and a source of immense pain. From age 5, cruel circumstances began to hit Kelly with volition. She survived each avalanche with a kind of raw tenacity that she drew from deeply within. Her methodology varied: as a child, she rocked herself to sleep. Later, and more happily, she found her peace in nature amongst animals that seemed to understand her innately.

The 1984 star in *The Woman in Red* and Vogue Cover Model has faced metaphorical rock falls that should have derailed her path. She candidly admits that she spent many years as a young adult sofa surfing and surviving by a tenuous thread. But therein lay the stepping-stones of her resilience. In New York, American Vogue gave Kelly her big break: 22 pages of just her. Kelly will always be thankful to Eileen and Jerry Ford – and to other people who have been astute enough to recognize her worth and show her kindness along the way.

Kelly holds rock solid values that have been honed from her life experiences.

INTERVIEW: DIANA ADDISON LYLE PHOTOGRAPHER: STEVE ERLE WARDROBE STYLING: SUSANNA PUISTO HAIR AND MAKE-UP: LOUISE MOON FOR MAC COSMETICS CREATIVE DIRECTION BY LORI MODUGNO ICONICFOCUS MODELS NYC/LA SPECIAL THANKS TO NEIMAN MARCUS TOPANGA, CA

Black Chiffon Dress: Redemption at Neiman Marcus, Jewelry and Boots Kelly's own.

100

Section 1

COVERSTORY KELLY LEBROCK WESTLAKE MALIBU LIFESTYLE 09.19

he knew during her marriage to Steven Seagal – which was one of the most painful periods in her life - that her 3 children's safety was paramount. Fortified with the protective instincts of a lioness, she took them to the place where she had always found solace as a young child – back to the great outdoors and a natural habitat filled with animals and magical moments. It is on her Californian ranch that Kelly raised her two daughters and son – all 3 of whom have

grown into confident, beautiful young adults. Kelly's two daughters and grandchildren joined her on this magnificent cover shoot. Their strong ties to the ranch and the land are distinctly evident, as is their affection and respect for their mother.

Kelly made many sacrifices in order to raise her 3 children. She moved well away from Hollywood and the film industry in the 1990s. The good news is that she's back – starting with a small role in *Charlie Boy*, a movie directed by Timothy Hines, about a former mob member, Charlie Borakas, who changes his entire community of Astoria, New York.

Kelly is an authentic champion of the underdog. She's felt their pain and walked in their shoes. She deplores any notion that one human is better than another and has raised her children in a home where the premise has always been about equal respect for all. What fascinated me most during my conversations with Kelly is the strength of her convictions. That strength is palpable and so beautifully played out on a ranch where mountain lions, rattle snakes and every living creature indigenous to that ecosystem – has free rein. This boot-kicking woman knows how to survive off the land, wrestle through life-threatening wild fires – while savoring every new day and the restorative promises that lie ahead. This is a special interview about a woman who is truly living in truth. Our sincere thanks go out to IconicFocus Models who gave us this opportunity.



Q: You were born in New York City but spent your later childhood in St James, England. You describe your early childhood as happy and free. Your happiest moments were when you were in the wilderness – running free. That carefree part seemed to come to an abrupt end when you were put in an all girls, French-speaking boarding school in England – and your home life became increasingly challenging with a brother who was very ill. How did you cope with that chapter of your life?

KELLY: It can be hard when the crowd goes quiet. After so much attention I am still so traumatized about so many abuses in my life that the Me Too movement is still too painful for me to bear. I still have to see the man who destroyed my life, my marriage and myself, and the fact that he got off scot-free still leaves a hot poker in my heart.

The carefree part of my life - running naked in tall grassy fields in upstate New York - came to an abrupt end at age 5 when I was pulled out of nature and confined to a large brickwall hostel building that would house me day and night in an all French-speaking boarding school. I would rock myself to sleep, hugging my insides, to stop my streaming tears as I really missed being with mummy and daddy. You see, when my little brother was born, everything was turned upside down. He had a bad reaction to the measles/mumps vaccine that consequently left him with epic grand mal seizures. Sometimes for an hour and a half, he'd convulse with eyes in the back of his head; he'd be blue at the lips and unable to breathe when my mother would go in and check on him. We lived on a very isolated property on the Canadian American border so an ambulance was a long way away. This, I think, destroyed my mother, who had to deal with an extremely serious situation when really, I think, all she wanted was to have everything be the way it used to be - so she could continue in the marriage which was the most important aspect of her life. My father – her husband – was her god – till the lonely days he died. Due to this new horror, everyone suffered and everything changed. The house fell dark.

Q: You began your career as a model at age 15 and you moved from London to Europe and eventually to New York at age 19. Describe your decision process at the time.

KELLY: At 16 I was already a broken soul. I left home at 15 and sofa surfed with no direction. I was naïve as Bambi and

completely inept at coping with society and especially men. Having been in an all-girls boarding school for a good 15 years doesn't really teach you about anything, and it's funny that you asked me about my decision process because there really wasn't one. The worst thing that school does to the young is: we are scheduled to death. There are bells to take us to different classes and after leaving school, we are completely ill equipped to know how to manage or fill our day. My life in terms of success in New York – was not. I felt like the concrete was going to swallow me up.

Q: By age 19 you were center stage in Vogue magazine and you were one of Eileen Ford's most sought-after models. Give us a picture of that period in your life.

KELLY: I had thought because I had a big European career that New York would be an easy place to slide into. But no, I was rejected everywhere. I was homeless and broke, and a fish out of water - making things worse. Being from England may as well have been from another planet. Nothing was the same - whether it was words or behavior. It was very demoralizing being told I was too exotic, that my mouth was too full, so I quickly became depressed. Despite all that, Eileen and Jerry Ford continued to believe in me and funded my living expenses and rent for months. After trudging the streets for 13 'go-sees' a day, for about 6 months, I showed up at American Vogue for a potential job of 22 pages of just one girl - me! The girl that they initially wanted had gained too much weight and they were needing someone else quickly. Voilà! Finally, this was definitely a big time affair. Eileen's gamble had paid off. I was sitting on top in a foreign land and the funny thing is - I was never impressed with any of it.

Q: Pantene hired you as their hair shampoo spokesperson and the phrase, "Don't hate me because I'm beautiful" became a pop culture catchphrase. The phrase has come full circle.

KELLY: Don't hate any of us – because we are all beautiful. Don't hate me because I'm STILL beautiful. Beauty to me has always been mostly a shallow place to visit. There are many beautiful things about people and it's definitely not just the way they look. Sometimes the most beautiful people are ugly on the inside, while true beauty for me is the complete package – and that is not about the way we look.

The carefree part of my life - running naked in tall grassy fields in upstate New York – came to an abrupt end at age 5 when I was pulled out of nature and confined to a large brickwall hostel building that would house me day and night in an all French-speaking boarding school Kelly with her 2 daughters Annaliza, Arissa, and their children.



Q: What did you learn about life by age 25? What were the most important character strengths you recognized were vital to your integrity and growth?

KELLY: That partying and modeling were going to be short lived and that if I was going to be in film, now was the time to work – and not to party.

Q: In 1984 you co-starred with Gene Wilder in "Woman in Red". In it, you were the perfect fantasy woman. Describe that experience.

KELLY: How could I ever have the arrogance to believe I was the perfect woman – when all I was doing was recommending other people for the role! I never looked at myself with adoring eyes and was also surprised and happy if someone even paid attention to me. I guess I was very insecure my whole young life. Finally now, I'm more secure and happier than I've ever been – wrinkles and all.

Q: You have always gravitated to animals and have a gift in communicating with them. When did you first notice this gift and describe the massive and important role that animals have played in your life. KELLY: I guess not having TV as a child and parents that didn't parent - propelled me towards animals. When I was around the animal kingdom I felt a peace and genuine connection to things that I should have had no understanding of - and yet I did. It could be a grasshopper, a snail or a dog. I just felt they had more time for me, and I appreciated the animal kingdom and its honesty. It was and is still very important to me to be able to communicate with animals as they take me to many magical times - where no clock or time matters with their presence. Horses have been my life since I was 7 years old. I managed to get a job in a stable at age 9 and by age 12, I was running the place. I would get there at 8 am, ride all day long, clean and feed the horses, and by 7 pm I would be home. Slave labor was my existent reality but I never saw it that way. When one's love for what you are doing is deep, money means nothing. Exhaustion was a badge I wore proudly.

Q: The choices that women make in men are often driven by abuse that has been encountered in childhood. You have endured a great deal of abuse in your life. It has made you stronger and more resolute in avoiding

When I was around the animal kingdom I felt a peace and genuine connection to things that I should have had no understanding of and yet I did. It could be a grasshopper, a snail or a dog. I just felt they had more time for me, and I appreciated the animal kingdom and its honesty behavior and choices that you now know are destructive. You mentioned the Japanese proverb – "Broken is more fixed". You also emphasized the importance of forgiveness – because without that – we can never heal.

KELLY: Broken doesn't have to be fixed. I guess some of us go through life with very little trauma. I, unfortunately, have not been blessed with that. But it has built a resilience and strength that I have been able to fall into. It has enabled me to teach and show my kids how to navigate their troubles and pains. Sadly, I have felt like a victim most of my life and have had to learn forgiveness and love on a higher level or I truly believe I would have fallen very sick with a horrible cancer – as anger has a way of seeping deeply into our souls – causing dis-disease/discomfort.

Q: Your 3 children are pivotal to your happiness. They were 1, 3 and 6 when you removed them from an abusive situation in your marriage. You were resolved in insuring that they were not witnesses to unhealthy behavior.

KELLY: My 3 kids – 2 girls and one boy – are my life, my breath, my lungs, my reason. I stayed in an abusive relationship because I was afraid of what my husband would do. I was threatened with having my children taken away from me by planting lies and fear. Really, one gets to a point where survival and misery meet. I was at that point where if I didn't leave when I did, it would be impossible later. I don't need to badmouth that ex. He's done a good job of doing that himself.

Q: You live on a beautiful ranch – away from Hollywood. How has that helped you to heal and build a life wherein you are at peace?

KELLY: Being in nature and away from Hollywood has definitely been my savior, for sure. I felt it really important that my kids grow up with normal, working-class people, who usually have better family values (not always), and fight for their kids. But I'm not so sure that's true of today's society as everyone seems to be on their phones, and therefore unable to be at the same table together. I feel that if you can be comfortable in nature, you can handle most things due to the understanding that Mother Nature provides. My children have often expressed their gratitude for the life they have had growing up on the ranch. Q: You recently had a special encounter with a mountain lion on your ranch. Tell us about that encounter – as well as other special stories about the animals that live with you - domesticated and wild.

KELLY: Living where and as I do makes me a little strange – different. I'm very aware of my surroundings – unless I'm in the city – and then I'm completely lost. Living in one place for 25 years allows me the privilege of knowing where some of the wildest wildlife lives and where and how they travel. Call me silly, but I stop them in their tracks – the lions and bobcats that is – by meowing loudly and almost cartoonishly. Once they feel at a safe enough distance, they stop to turn and see who the strange-sounding creature is. This makes my heart race and reminds me of the magic that is out there. I was even able to photograph a very, very large mountain lion – bobbing his head from side to side – like one of those little bobbing heads in the back of a car. Am I crazy? No. I'm just a bit wild and I've always wanted to speak to animals like Dr. Doolittle.

Q: The 2017 Thomas Fire devastated the part of California wherein you live. You've always emphasized how caring for our communities and being kind to one another is so critically important. You talked about a lonely elderly gentleman in your community whom you visit regularly. Summarize what you know to be true.

KELLY: I think one of my best qualities is helping people whom most people would not bother with. I hate unkindness – most of all – and people who only do for those that will do for them. I've been known to hug strangers and help homeless people cross over busy intersections. For me, the unnoticed are the ones I notice. It's just how I am. Maybe it comes from being in the public eye so much and having many 'yes' people around that I always find it refreshing when someone is honest and has the courage to speak out.

Q: You are firmly principled in the necessity of parents instilling in their children respect and courtesy towards others. How have you raised your daughters and son, and how has their life growing up on a ranch enriched them? What has grand-motherhood done for you?

How could I ever have the arrogance to believe I was the perfect woman (in Woman in Red) when all I was doing was recommending other people for the role? I never looked at myself with adoring eyes and was also surprised and happy if someone even paid attention to me

White Chiffon Dress: Marchesa Notte at Neiman Marcus, custom boots, belt and jewelry Kelly's own.

This was

KELLY: My girls grew up in mud; they can track, shoot and make a fire and live outside if need be - whereas my son likes the Four Seasons - but who doesn't? They are complete opposites of my timid, tortured life, growing up in a drawing room and not speaking unless we were spoken to. My oldest daughter was a good-enough boxer to do amateur if she chose and my youngest daughter has fallen in love with jiu-jitsu. No man will ever mess with my baby girls. My son is a wonderful gentleman. He still stands for me when I come to and leave the family dining table. It's the electric shock therapy! What has being a grandmother done for me? It's made me a liar! No, these are my kids! How could my babies have babies? That's only for old people! Being a sex symbol kind of warps one's mind. So the title of grandparent did initially raise some insecurities in me, but hell, dating as a grandparent is definitely different but I'm not your average 59-year-old. I ride horses for days, I shoot, I've slaughtered my own livestock, and I'm on the dating scene. These to me are what I consider to be the bonus years. I will use them wisely, and I would love one more partner to complete the most important time in my life.

Q: Fame has its rewards but you must surely be suspicious of people approaching you – particularly men? How do you discern whether someone is genuinely interested in the inside Kelly or the benefits that come from dating a famous and beautiful woman?

KELLY: The greatest thing about getting old is that I really don't give a damn. I am now comfortable enough to know what I can bring to the table. If my wrinkles upset someone, I will win them with my charm. If that fails, I can just turn off the lights.

Q: You are a great food lover.

KELLY: Yes, food is love and I have the photos to prove it. I always say – don't trust people who don't like to eat. Food for me is where the family is. That is where unity is for me. A meal is where the nucleus of the family stays within our subconscious. I try to do all the things I didn't have growing up that were important to me – to instill in my charges.

Q: The hyperbaric chamber is something you believe is critical to our health and wellbeing. What are your thoughts on health, aging well and maintaining our bodies in the best way possible? What are some of your beauty secrets?

KELLY: It's not how many lasers, lipo's, nips and tucks you have. The real beauty is really always on the inside. When some of the most beautiful girls walk into the room, they aren't always obviously pretty until the hair and makeup team arrive. Really, it's all smoke and mirrors. I do believe the best medicine is a stress-free life with plenty of fresh air, organic and conscientious eating along with physical touch and joy. I've used a bit of filler and botox - no one but no one other than Jeanette Baer at Aesthetics Montecito will touch me. I'm also a big believer in bio-identical hormones. I want to look the best I can till I die and that can come from a little bit of outside help too. I'm a great believer in Rolfing where you go in and open up the fascia - which is the lace between the muscles and the skin. As we get older it becomes leathery and alters our bodies. After a good session of Rolfing, you can find your waist, your breasts are lifted, and your body hangs better like clothes would hang on a good clothes hanger. There are wonderful practitioners in Santa Barbara. I go to Zac Frank and Daniel Frank. I've always believed in the body's ability to heal itself if we just get out of the way. I spoke in Congress in 1991 to help get a Bill passed that would allow people to get acupuncture and chiropractic treatments paid for by their health insurance. 32 years ago, I was one of the first Americans to purchase a hyperbaric chamber to help my sister-in-law with cancer. This gave her many more years to her life but she did not stick to the protocol. Basically, cancer cannot live in an oxygen-rich environment.

Q: You are a great observer of the world. What are the changes you believe we most need to make - or the things you believe we most need to preserve?

KELLY: If I could have my magical wand, I would definitely start with getting rid of all screens. I would turn prisons into homes for the homeless. I would have all violent criminals be put on an island with no way of leaving because most prisoners – when they go to jail – will have more normalcy than they've ever had. Most prisoners would rethink their behavior if it were actual punishment instead of free housing, education and 3 square meals a day – and

It can be hard when the crowd goes quiet. After so much attention I am still so traumatized about so many abuses in my life that the Me Too movement is still too painful for me to bear

Long Floral Dress: Marchesa Notte at Neiman Marcus Topanga WESTLAKE MALIBU LIFESTYLE 09.19

healthcare! It's almost worth going to prison just to get healthcare. I would make educational classes as early as kindergarten - to teach our young and open-minded toddlers respect and manners for one another. I'd also squash racism. It is here in the schools and it's definitely taught at home at the table or within the confines of homes. I also often wonder what our society would have been like without mirrors. Have they altered our perceptions of self? Have they made us narcissistic? Also, I don't think Steve Jobs did us a favor. We are watching more change in these last 15 years than our planet has ever gone through before. We are the changes we most need to make. Our heroes have become cartoon characters and false eyelashes. How many name brand bags does one person have to own in order to feel valuable? The oceans and skies describe who we have become: a throw away, wasteful, greedy people soiling our planet as we are to our souls. Our planet is our reflection. Need I say more?

Q: You were in a recently released movie, "Charlie Boy". Describe that experience. What can we look forward to from Kelly Le Brock?

KELLY: Going back to work has been a dance I've played in my head very often. Choosing to quit to be the most present parent I could be allowed me the time to know what it is like to fail in the industry. Even though I left on my own free will, the world thinks I must have thrown it away. TV is not my thing. I truly love the art of film – for it is the time and way to tell a story. I love the pace and the pauses instead of pontificating massive lines of dialogue. When the Director asked me to play an ex wife in my new movie, Charlie Boy, even though a very small role (and I seem to be a professional ex wife) I said "no" for 2 weeks. Being out of it all this time made me insecure that I might not be good enough. His persistence paid off and while I was on set, I fell back in love again with the art of filmmaking and acting. It was as if I had never left. However, I suffer immensely from panic and anxiety - which is where I think my quick wit and swearing helps - to cover that up. Transcendental Meditation has also really helped me - and many of our Vets. If anyone wants to make a donation, please do so to the David Lynch Foundation. But getting back to Charlie Boy, our Director, Timothy Hines, gave me the confidence to feel like I was special and gifted - for which I will be eternally grateful to him.

Q: Favorite vegetable?

KELLY: Spaghetti!

Q: Happiest activity you enjoy on the ranch?

KELLY: Riding and sleeping.

Q: Characteristics you are most proud of in your children?

KELLY: How they've dealt with the dishes they've been served; their kindness and their honesty.

Q: Favorite vacation spot in the world where you most relax?

KELLY: I most relax when the big check is put in the bank. I love Mexico, my ranch, but I want to visit India.

Q: Necessity for humor?

KELLY: I would die if it were not for humor. I've laughed my way out of hell and cried my way back to happiness.

Q: Favorite movie of all time? Why?

KELLY: *Sunset Boulevard*. I've met and have had many dinners with Billy Wilder, who directed Sunset Boulevard. He was one of the biggest highlights in my life as far as film goes. He directed Marilyn Monroe in all her best work. I thought that Sunset Boulevard was ahead of its time with the way the cameras were set up. My other favorite film is *Harold and Maud*.

Q: Characteristics you most cherish in a man...

KELLY: Honesty, sense of humor, someone who spends less time in the mirror than me, beautiful hands.

Q: What's next on your bucket list?

KELLY: I'm doing it all and no less!

I truly love the art of film – for it is the time and way to tell a story. I love the pace and the pauses instead of pontificating massive lines of dialogue

White Chiffon Dress: Marchesa Notte at Neiman Marcus



🖉 FASHIONSENSE 09.19



Suit Yourself, Says Fashion, Lovingly By Magda Pescariu

hank goodness for the gin and tonic fizzling relentlessly in my glass, all along the mid-summer research I did into the fall-winter fashion trends. Not only did it mellow the scorching heat outside, harder to bear as I was sifting through hundreds of fur, leather, cashmere and tweed clad runway looks, but also it calmed down my increased dissatisfaction with the clickbait headlines referencing the field. Sixty-five best looks, forty-five must-haves, twenty go-to trends, the '70s are back, no, the '80s are this winter's obsession, or, better yet, the '90s is the major inspiration decade for this season. It went on and on. I don't know about you, but this kind of fashion report only annoys and confuses me to no end.

What personality has forty-five equally defining attributes? How can you depict a clear portrait by using sixty divergent and often contradictory features? I have no idea what it says about a seasonal fashion the fact that it has tens of distinctive looks. So I won't even try to sell you this concept. After hours of clicks, notes and reviews, I drew my own conclusions about the Fall-Winter 2019-2020 fashion style - it celebrates embracing our dark side while staying true to who we are, with both ingenuity and audacity. It salutes the woman of today exactly as she is - inspired, poised and rebellious, rather than attempting to create another absurd ideal of what society believes she should be.

And you are invited not only to explore and welcome your dark side, but also to have fun with it. You get to flaunt with a chuckle that part of you that defies tired rules, scorns gender-determined perceptions, tackles a shunned yet worthy cause in a heartbeat and takes no prisoners. This coming fall, you don't have to make a choice in stating who you are while keeping everything else hidden within in darkness, to wither and die from foolish social conventions and overblown political correctness. Fashion critics worldwide can call it all the names they want - **romantic Goth, preppy femme rebelle, bourgeois dominatrix, lavish punk spirit or dainty Matrix-y renegade** – **this fall-winter fashion style empowers us to express ourselves wholly, coherently and precisely,** and has force and elegance at its core.

Fashion styles are informed historically by current societal feelings, struggles and fears, so it comes as no surprise that **some of the 2019 fall trends are blatant calls for attention and reaction to climate change**, beyond the-point-of-no-return **consumerism**, **environmental**



Alexander McQueen

Celine

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Louis Vuitton

Chanel

awareness, the paradigm shift of **gender roles**, or the unavoidable **sense of doom** as we perceive the world to be headed towards collapse.

Quite a few designers used recycled, repurposed and sustainable materials in their fall-winter collections and proposed pro-earth slogans and statements during their shows. 'Buy less, choose well, make it last', said Vivienne Westwood while partnering with environmental organizations like Greenpeace, a practice everybody hopes will become fashion world mainstream in the coming years.

Moreover, the prominence of **faux-fur** on the catwalks all over the world was indicative of the fashion world's increasing environmental awareness. The **exaggerated volume of** Nanette Lepore

comfort-wear, the **ballooned designs**, the **heavy-layering of protective fabrics** (think of fur over tweed over leather over cashmere over knitted camisole), the **puffer coats**, the **maxi skirts** - they ticked all the sensible boxes in response to our climate obviously reaching a crisis-point.

Exactly as we've learned in the last century not to see color (or at least we desperately hope so), a newly-entered trend initiated us in the exercise of ceasing to see gender. '*Gender is out*', spelled the runways this season, presenting genderbending looks and unisex creations. The dominating silhouette is androgynous, cool and detached, asserting itself in both couture tailoring and preppy style. Representative for Saint Laurent

Givenchy

the couture tailoring is the **tuxedo**, which is making a comeback revisiting the iconic tuxedo launched by Yves Saint Laurent in his Fall-Winter 1966 Collection. Its proposed **unisex look** employs **chic sleeve detailing, sequins, satin inserts and sculpted shoulders. Shearling coats, relaxed suits, tweed jackets, cardigans, skirt-cum-culottes, ruffled-collars shirts, ties and moccasins** illustrate the non-binary approach in preppy style.

A **1980s vibe** is present loud and clear, featured in **statement English tweed coats and suits**; headto-toe **houndstooth** patterns; color-blocked **check motifs**; square, sharp or voluminous **shoulder pads; sharply pleated trousers**; as well as **patchwork** designs and opulent, versatile,



Fall 2019 Fashion Street Style in Paris (first and last from the left) and Milan (second and third from the left)

Photo editing by Dumitru Andrei | Photo Credits: Courtesy of Ermanno Scervino (by Luigi & Iango) * Gorunway.com – Filippo Fior (Alexander McQueen, Louis Vuitton, Elie Saab) and Alessandro Lucioni ni (Chanel, Saint Laurent, Givenchy, Oscar de la Renta) * Nanette Lepore (by Jaime Kahn) * Street Style Looks by Tyler Joe * Getty Images (Prabal Gurung) * Jenny Packham.

FASHIONSENSE SUIT YOURSELF, SAYS FASHION, LOVINGLY

WESTLAKE MALIBU LIFESTYLE 09.19



Oscar de la Renta

everywhere-you-turn **ruffles**. If designers let **black leather**, **see-through lingerie**, **cagelike corsets**, **vinyl**, **studs**, **and thigh-high sleek boots** walk the talk for our dark side, it's obvious they saw in **ruffles**, **lace**, **bows**, **and an explosion of feathers** the healing symbols of our redemptive good side. Not only that they added a ruffle or two or three everywhere it seemed possible, but made **whole items out of ruffles**, regardless of the fabric's traditional suitability to be folded this particular way - tulle and organza were followed closely in crafting all-ruffled blouses and dresses by leather, vinyl, cashmere, and, yes, tweed.

Among the **statement coats**, a fall-winter key design, **capes** are making one of the most

powerful statements of the season. Chic and comfortable, capes bring on a note of distinction, mystery, self-confidence and class to both casual looks and eveningwear.

Minimalism, utilitarianism, an aggressive casualness, and the need for preparedness to confront the everyday gloom explain the broad use of leather as though it is fabric, to make every clothing item imaginable, from dresses, jumpsuits, blouses, culottes and skirts, to suits, jackets, capes and trench-coats. The leather used is soft and malleable, supple and lush, in solid shades of black, deep red and purple, in neon blues, or

Alexander McQueen

printed with dramatically large dark florals. The coolest item by far is the black leather trench-coat, first glorified by *The Matrix* cast in the late '90s and early 2000s. Its superb badassness fits in both with our nowadays cyber prowess and the sobering responsibility we feel for creating a less-bleak and wholesome future. Wear the black leather trench-coat with **Morpheus-like small sunglasses** to complete the perfect fall 2019 look.

This season beauty comes with a bite, good side and dark side in tandem. Lingerie-style and see-through shirts or blouses, camisole dresses and mesh bodysuits worn under a masculine blazer or an oversized coat celebrate the womanly curves without seeming Elie Saab

out of place, objectifying or trivial. **Huge, bold earrings** complete the portrait of the provocative yet ingenuous woman today - a wise and wild woman, daring in the forefront of all significant modern battles, while yearning for a moment of tenderness in her own private sanctuary.

No matter how outlandish some of the fallwinter fashion looks are, they endorse personal taste over must-haves and encourage us to select the style that best showcases our complex, multi-layered persona. It takes only one light, one candle, as Anne Frank said long ago, to both defy and define the darkness.

There is a certain appeal in our dark side for sure. Knowing how to have fun with it rests on

> maturity, mischief and acquired joie de vivre. That's why I'm saying that this time you don't have to pick a side. In joining the upcoming auburn festival of falling leaves, visible breath and arguably desirable family reunions, you are welcome no questions asked - sweet and unruly, dignified and defiant, whichever wild mix you are. The cognac is waiting for you in silence, warming up in the sugar-rimmed glass on the mantelpiece. 'Hear the spirit call', whispers the song, completely attuned and nonjudgmental. 'Come just as you are'. 🌢

Jenny Packham



Prabal Gurung

Grace Kelly's Granddaughter Charlotte Marries

32-year-old Charlotte Casiraghi, the granddaughter of Grace Kelly of Monaco, married 37-year-old film producer Dimitri Rassam this summer in a series of ceremonies beginning with the civil ceremony at the Royal Palace of Monaco in terraced gardens overlooking the Mediterranean Ocean. A dinner was later held at the Monte Carlo Beach Hotel. The second wedding ceremony took place in Saint-Remy-de-Provence, France.



Charlotte marries Dimitri (Photo courtesy Felix-Dol Maillot)

WORLDNEWS GRACE KELLY'S GRANDDAUGHTER CHARLOTTE MARRIES WESTLAKE MALIBU LIFESTYLE 09.19



Princess Caroline's Wedding Dress (Photo courtesy Getty Images)

Charlotte's dresses were remarkably similar to her grandmother Princess Grace, and mother, Princess Caroline. For the civil ceremony she wore a stone-colored brocade dress by Saint Laurent by Anthony Vaccarello. Grace wore a similar wedding suit for her civil marriage to Prince Rainier in 1956. At the second wedding ceremony in France, Charlotte wore an off-theshoulder chiffon gown designed by Giambattista Valli – similar to Caroline's dress at her 1983 marriage to Phillippe Junot.

Charlotte's father, Stefano Casiraghi, was killed in a powerboat racing accident at Cap Ferrat in 1990 while defending his world offshore title. An interesting fact about the groom is that his cousin, Thomas Langmann, is the Oscar-winning producer of "The Artist". (



Charlotte and Dimitri at the civil ceremony on June 1 (Photo courtesy Eric Mathon. Palais Princier)



Princess Caroline of Monaco's daughter Charlotte Casiraghi marries Dimitri Rassam (Photo courtesy Daniele Venturelli Getty Images for Kerin)

THINGSWELOVE 09.19



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6. ILENE'S BOUTIQUE CHANEL Vintage.

CHANEL Vintage. Ilene's Boutique. 1145 Lindero Cyn. Rd. Westlake Village. 805-373-6633

THINGSWELOVE 09.19



7. FIRE TV STICK

The latest Amazon Fire TV Stick is finally capable of streaming 4K content with enhanced HDR visuals from the likes of Prime Video and Netflix, among others. To top things off, the discreet-looking gadget supports Dolby Atmos audio for total content immersion. amazon.com

8. MEDITERRANEO

Beautifully re-modeled Mediterraneo at the Westlake Village Inn is open with its fresh, modern décor. The Zagat rated restaurant radiates the ambiance of an open air Villa in the Mediterranean. 32037 Agoura Rd, Westlake Village, CA 91361. 818-889-9105

9. A GENTLEMAN IN MOSCOW

New York Times bestselling novel by Amor Towles - soon to be a major television series buzzes with the energy of numerous adventures, love affairs and twists of fate. amazon.com

10. BRICKS & BEAMS

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HOME&HEARTH 09.19

Sierra Design Studio

Interior Design that Soothes the Heart and Soul

obin Stater, the owner of Sierra Design Studio in Mammoth Lakes, is a mega talented professional interior designer who has been creating beautiful homes – from mountain to contemporary - for three decades in the Eastern Sierra. Many Los Angelenos have enlisted Robin's extraordinary skills to create their dream mountain retreat. Incorporating the latest materials and products while working with licensed contractors all under one roof, Robin's love of nature is central to her creative process – bringing a strong sense of comfort to all her beautiful designs.



Robin Stater

HOME&HEARTH SIERRA DESIGN STUDIO

WESTLAKE MALIBU LIFESTYLE 09.19





Ekvall Tile Detail Sheet

THE GRAY BEAR DESIGN PROJECT

Featured here is the Gray Bear design project for a Los Angeles-based couple who love to ski. The project was a seamless collaboration between the homeowners and Robin, and the end result proves that mountain modern design reigns in the Sierra!

Located in the heart of Mammoth Lakes, Gray Bear is a clean rustic design made with natural materials and mixed in with modern lines. Sleek white leather Eames chairs define the living space and a custom chestnut slab dining table adds warmth to the entire room.

Minimalist shapes and materials in the master bedroom with rich marble tile in the master bath brings a natural feel with a luxurious mood. The overall muted gray tones with white accents creates a soothing design that the family enjoys year round.



Master bath vanity







Kitchen



HOME&HEARTH SIERRA DESIGN STUDIO WESTLAKE MALIBU LIFESTYLE 09.19

UPCOMING SKI SEASON

Located on Old Mammoth Road, Sierra Design Studio has been a landmark feature of the beautiful mountain resort since 1988. If you haven't already visited it, put it on your next Mammoth trip relaxation visit



list. The retail store features the latest in home decor, furniture and gifts cherished by visitors. After 2019's record snow levels, Robin Stater looks forward to meeting you during the upcoming ski season.

Sierra Design Studio 550 Old Mammoth Rd, Mammoth Lakes, CA 93546 (760) 934-4122 www.sierradesignstudio.com • Robin@sierradesignstudio.com

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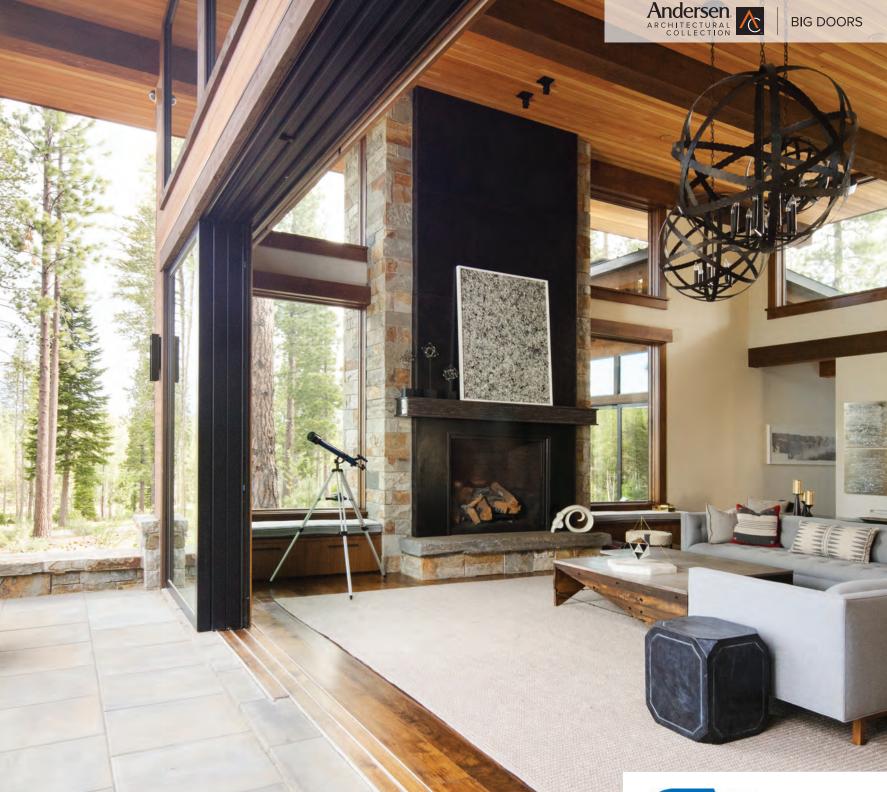






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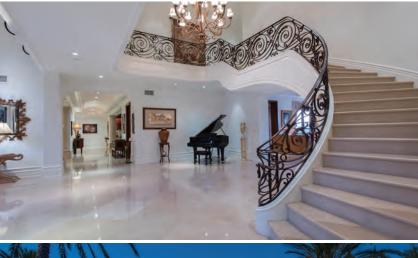
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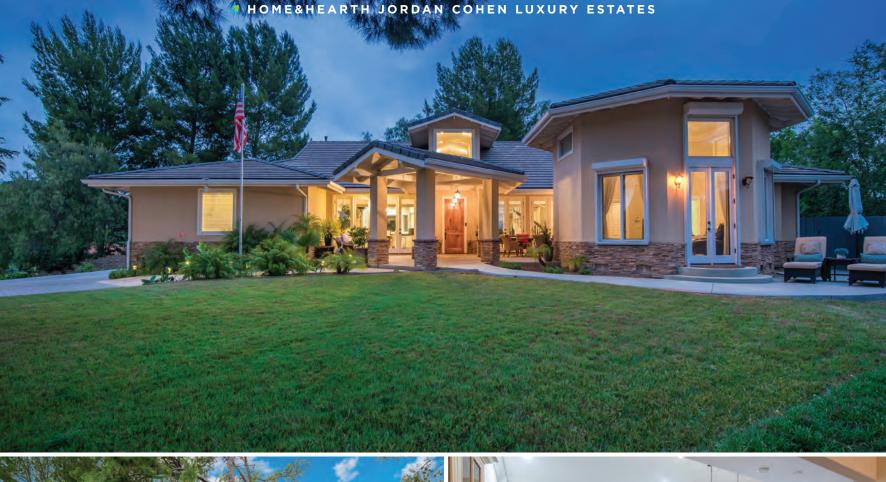
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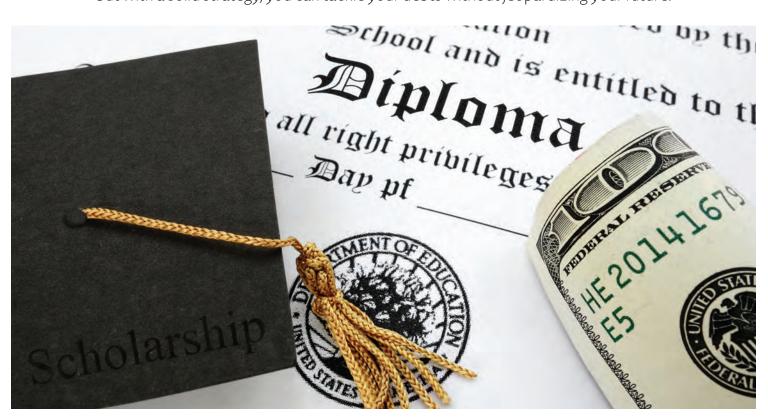
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Smart Ways to Pay Back Your Student Loan

What comes after graduation day? The job of repaying the cost of college. That often involves hard choices, but with a solid strategy, you can tackle your debts without jeopardizing your future.



wenty million students were enrolled in college in fall of 2018—and seven in 10 are likely to graduate with debt. They will have lots of company. As of December 2018, Americans collectively owed \$1.5 trillion in student loan debt, making it the second-largest source of consumer debt after mortgage loans and home equity lines of credit, according to the Bank of

America Chief Investment Office.

How much individual graduates owe is partially dependent upon where they go to school. The Institute for College Access and Success surveyed more than 1,000 public and nonprofit four-year colleges and found that in states like Utah, for instance, the average student loan debt for the class of 2017 was only \$18,850, while in Connecticut it was \$38,500.

FINDING THE RIGHT REPAYMENT PLAN FOR YOU

There are a number of repayment options available to graduates with federal student loan debt. They include a 10-year repayment plan, a graduated repayment plan with payments that start low and steadily increase, and various income-based plans. Those who work for the government or in the nonprofit sector may also be eligible for the Public Service Loan Forgiveness Program. If you owe private loans, the issuing bank sets the repayment terms. "Deciding which repayment plan is right for you requires hard choices and a solid strategy," says Jean Kim-Wall, managing director and wealth strategist at Merrill's Strategic Wealth Advisory Group. "For instance, having lower monthly payments and more time to pay off your loan may sound tempting, but you will end up paying more in interest over the life of the loan." For that reason, she says, "even if you are eligible for an income-driven plan with a lower monthly payment, it may not be your best choice. If you can afford to pay more, you should."

HERE ARE THREE MORE TIPS FROM KIM-WALL.

• First, "try to pay the interest on your loans while you are in school. Otherwise, it will be added to your principal and accrue even more interest, which means a larger loan balance when you graduate."

- Also, "pay back the loan that has the highest interest rate first."
- Finally, consistency is key. "Regular payments show future lenders that you have discipline."



For more information, contact Merrill Financial Advisor Ray DiBartolomeo of the Thousand Oaks, California office at 1.805.381.1473 or ray.o.dibartolomeo@ml.com.

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TRAVELSCAPES 09.19

THE TROPICAL PARADISE OF FRENCH POINTESIA

BY MICHAEL GRAHAM

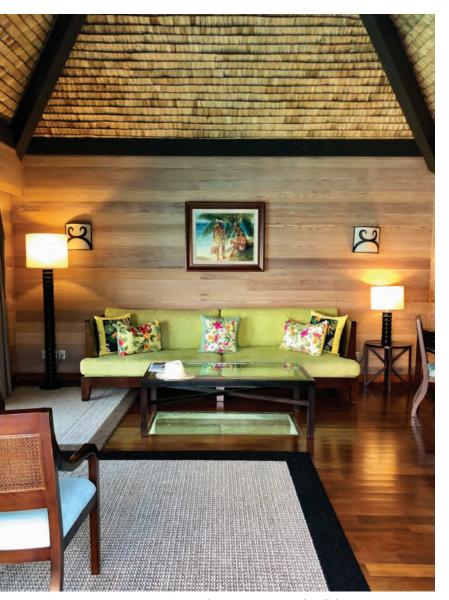


rench Polynesia consists of 118 geographically dispersed islands stretching over 2,000 miles in the South Pacific Ocean. Tahiti is the economic center of French Polynesia with its capital, Papeete, on the northwest coast of Tahiti. It's here that you would fly in internationally. Bora Bora, like Tahiti, is one of the islands in French Polynesia.



TRAVELSCAPES THE TROPICAL PARADISE OF FRENCH POLYNESIA WESTLAKE MALIBU LIFESTYLE 09.19





St. Regis Bora Bora Bungalow living room with vaulted ceilings and glass-bottomed floors

St. Regis Bora Bora master bath

My wife Suzy and I recently flew to Tahiti to celebrate our wedding anniversary, and cruised to Bora Bora on the m/s Paul Gauguin ship in French Polynesia. We chose the 7-night cruise, which allowed us to visit five different islands: Tahiti, Huahine, Taha'a, Bora Bora, and Moorea. Longer cruises where you can visit more islands are also available with the Paul Gauguin Cruises.

Our LAX to Papeete 7 1/2-hour flight was easy. Upon arrival we were taken straight to the ship's dock (about a 20-minute drive) and we launched within one hour. The m/s Paul Gauguin holds about 300 passengers and just over 200 crew. The service

was excellent, and nearly every crew member called us by name each time they saw us. The m/s Paul Gauguin has a shallow hull and was designed to sail in the shallow waters and coves between the islands in French Polynesia.

People of all ages would enjoy Bora Bora and the islands of French Polynesia. The air and water temperatures are both in the 80's, which makes it easy to enter and enjoy water activities. (So much of the water is shallow, calm, clear, and warm, making it easy to enjoy for young people and seniors.) Activities include boating, snorkeling, SCUBA, Jet skis, kayaking, stand-up paddling, ATV's, Island tours, hiking, and shopping.

People of all ages would enjoy Bora Bora and the islands of French Polynesia. The air and water temperatures are both in the 8o's, which makes it easy to enter and enjoy water activities.





TRAVELSCAPES THE TROPICAL PARADISE OF FRENCH POLYNESIA WESTLAKE MALIBU LIFESTYLE 09.19



A Charles and a charles of the

Suzy at the St. Regis Bora Bora bungalows

ISLAND VISITS: TAHITI, HUAHINE, TAHA'A, BORA BORA, MOOREA

Each island that we visited - Tahiti, Huahine, Taha'a, Bora Bora, and Moorea - was a tropical paradise. I liked Bora Bora the best. My wife liked the mountain scapes of Moorea. The most memorable activity for me was swimming with the sharks and stingrays. This excursion took place while visiting the Island of Moorea. Admittedly, I have a fear of sharks... but I found it to be safe and exceptionally fun. The sharks were "black-tip sharks" and about 3-4 feet in length. They swam around us, but did not touch us. The guides fed the stingrays, held them, and allowed us to touch them. The water was about 4 feet deep, so everyone could stand the whole time, or snorkel underwater. I took an underwater camera and came home with amazing photos. The variety of experiences and activities range from picnics / BBQ's with "local" menus, snorkeling, scuba diving, ATV tours, guided tours, hiking, shopping, etc.

100



TRAVELSCAPES THE TROPICAL PARADISE OF FRENCH POLYNESIA WESTLAKE MALIBU LIFESTYLE 09.19

BORA BORA OVER-WATER BUNGALOWS

We stayed overnight in Bora Bora at the St. Regis Hotel in an over-water thatched-roof bungalow. Our stay exceeded my expectations. Upon arrival, there were so many personal touches that celebrated us: there were rose petals sprinkled in the shape of a heart on our bed; there was chilled champagne on ice. The attention to detail and thoughtfulness was evident in everything we encountered. The iconic, tropical and picturesque island of Bora Bora was in the background from our deck. (The Bora Bora St. Regis Hotel is actually located just off the coast of Bora Bora on its own little island.) It is only accessible by taking a small boat from the island of Bora Bora. The square footage was much larger than I expected - starting at 1550 square feet for one-bedrooms and going much larger for additional bedrooms. Our bungalow had a large bedroom, living room, master bath with huge open shower, bath tub, and separate sinks. We had three decks for privacy, meals, and water entry / exit. There were several glass panels on the floors throughout the bungalow to



Michael and Suzy bike riding around the St. Regis resort

TRAVELSCAPES THE TROPICAL PARADISE OF FRENCH POLYNESIA Westlake Malibu Lifestyle 09.19

be able to see the beautiful turquoise water from inside the rooms. There was a huge lagoon in which we snorkeled, and the variety of tropical fish was extensive. We also lay out on a hammock in the water, which was so relaxing, and each of the bungalows had a couple of bicycles available to us to ride around the resort. The St. Regis's Executive Assistant Manager, Richard Vuillemin, met us at our check-in and went out of his way to make sure our experience was amazing. It was. We dined at the glass-bottomed Lagoon Restaurant - a Jean Georges Restaurant. Sharks that were six feet long swam in the clear water below us as we enjoyed one of our finest meals ever - the Black Papio crusted with spices, sweet and sour broth. When we complimented the chef and asked for the recipe, we were given a printed recipe on restaurant letterhead, addressed to Mr. and Mrs. Graham. Incredible!



St. Regis Bora Bora deck view from bungalow

Moorea turtle

TRAVELSCAPES THE TROPICAL PARADISE OF FRENCH POLYNESIA



Michael Graham

Bora you can reserve a secluded beach villa surrounded by lush palms. Each individual villa features unique amenities including spacious terraces with gazebos, whirlpools or plunge pools. You can sail around the island's azure waters, or dive under to meet black tip reef sharks and rays up close. After your island adventure,

For ultimate privacy at the St. Regis Bora

you have the option of swimming in the Lagoonarium, working out in the fitness center, or unwinding with a spa treatment. You can order a cocktail at the swim-up bar, or sample international and Polynesian-inspired cuisine at four restaurants.

There are 7 hotels on Bora Bora that have over-water bungalows: The St. Regis, Four Seasons, the InterContinental, Le Taha'a Island, Marara Private Island, Le Meridien and Nui.

CHOICE IN PRICE POINTS

Important to note for multiple budgets is that the hotels range in price point to meet your needs. The Intercontinental resort on Tahiti appeared much older than the St. Regis on Bora Bora, but it was also more affordable. The St Regis was in excess of \$2,000 per night, vs. a less expense bungalow at the Intercontinental. For those who want a similar over-water bungalow experience at a more affordable rate – there is the option of the Intercontinental. The PG cruise ship anchored off two islands – Bora Bora and Moorea overnight during the cruise - allowing passengers the option to get off the ship and to stay in hotels.

Many people have French Polynesia on their bucket list. Don't hesitate. It's well worth the tropical vacation experience.



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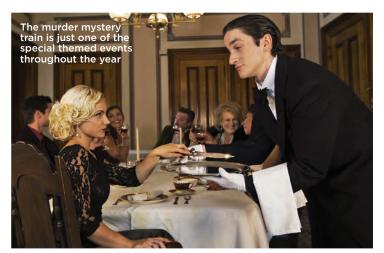
WINETRAIN

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LOCALSCAPES NAPA VALLEY WINE TRAIN

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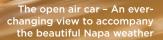




Napa, an agricultural epicenter of upscale entertainment, is one of America's most active destinations. Travelers find themselves amidst an endless option of welcomed distraction - often unable to accomplish their checklist in a single visit. There is one way, however, to experience the sights, sounds and flavors of Napa - all in a single moving voyage.



The Napa Valley Wine Train, a long-loved staple of Napa Valley, whisks passengers away to a variety of favorite wineries while serving up an impressive menu of delectable fare. Choose from multiple journey options on your choice of train car or select a travel time that works best for your schedule. The Vista Dome offers superlative views, while the Full Day Tours offer multiple winery stops



Our two-story Vista Dome - an elevated observation-style dining car



with interiors inspired by the era of train travel.

The train's impressive list of wines pair perfectly with ever-changing menus of locally sourced and inspired dishes. Ride along for lunch or spend a romantic evening aboard. Multiple events take place throughout the year for riders to celebrate in a unique and festive atmosphere. The murder mystery train experience is a fan favorite. No matter which package you choose, a ride aboard the train makes for Napa memories that last a lifetime.

APA VALLEY

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