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Rosemary Allison's Fine Luxury Estates



2351Applewood.com | Santa Rosa Valley | \$1,675,000

Sited discreetly behind the Wildwood Ranch Estate gated entry on over 1.7 acres in the heart of the Santa Rosa Valley, this magnificent French style estate resembles a private European Castle chateau offering impeccable craftsmanship and quality and is highlighted by uncompromising extraordinary finishes. Rivaling any 5-star resort, the two story 4 bedroom, 4.5 bath home features a gourmet chef's kitchen located on an over 1.7 acres in the gated Wildwood Ranch neighborhood. Grand estate home features a full theater (karaoke room) with stage. Extraordinary finishes throughout this home blending the ultimate in entertaining, relaxation and recreational amenities. Resort styled rear yard boasts an oversized pool, spa, gazebo, and decorative fire pit. Formal double sided fireplace, family room with entertainment center and wet bar. Gorgeous kitchen with center island cherry finish and granite counters. Huge formal dining room. Downstairs bedroom and full bath for guests. Stunning master bedroom suite with rain head over the infinity styled sunken bath. Steam shower. Large balcony. Plenty of room in yard for tennis court or equestrian facility. Offered at: \$1,675,000



2901Peninsula.com | Oxnard | \$365,000

This one bedroom residence has incredible views. Highly desirable west-facing sunny location with views out to the Marina, Ocean and Islands beyond. This premium location accessible with building elevator, offers a secluded patio off both the living room and bedroom. The resort-like amenities include three pools, a spectacular waterside clubhouse, Spa, saunas, gym, tennis and more. Halfway between Malibu and Santa Barbara. This development offers the best view for the best value at the beach! In our opinion, Channel Islands Waterfront Homes is the most economical option for a beach getaway, second home, retirement, first-time buyer or a place to call home forever. Nearby is a weekly Farmer and Fisherman's Market, summer concert series in the park next door and a lively calendar of special events. The Maritime Museum, a community center and live theater offer year-round cultural activities. Scenic sidewalks line the harbor and water activities include paddle boarding, kayaking, surfing, sport fishing, diving, sailing and more. Five of the Channel Islands are right off our coast making this a boater's paradise. Board Island Packers for a wildlife excursion to the Channel Islands National Park or cruise about the harbor on the Scarlett Belle Paddlewheel or on a rented electric boat. Located on the Coast, halfway between Malibu and Santa Barbara and boast uncrowded soft-sand beaches in a quiet-laid-back coastal atmosphere with a mild Southern California climate. According to the Washington Post, Ventura County as the "#1 Most desirable place to live in America."



10990LasPosas.com | Santa Rosa Valley | \$1,499,000

Privately gated Las Brisas Estates, in the heart of Santa Rosa Valley, creates a spectacular setting for this stately Tuscan home. Amazing curb appeal, accented with a front court yard, fountain, and beautiful stone work. 5 bedroom, 4 bath, over 5200 sq ft home, sits on a knoll, providing beautiful panoramic views. The interior has distressed hardwood flooring which flow throughout the downstairs. Spacious family room, living room/pool room, and formal dining room are enhanced with beautifully Venetian plastered walls. Hand carved wood columns separate the family room from the pool room, defining each space, yet giving that open concept feel, a plus for entertaining. The upstairs includes a great room ideal for a playroom or home theater, and 2 large secondary bedrooms. The master suite is a nighttime oasis, with a large sitting area, floor to ceiling fireplace, and stunning views from the interior and outside patio. The backyard is in a resort style setting with a pool and spa, a charming dry creek bed with a bridge that leads to one of the beautifully appointed grass areas. It offers the beauty of nature, coupled with fine estate living. There is an oversized, 1200 square foot, 8 car garage with a loft, that would thrill any car enthusiast, or perfect for a workshop area. Offered at: \$1,499,000



1850Freeborn.com | Santa Rosa Valley | \$1,990,000

Santa Rosa Valley estate home reminiscent of Monticello with dramatic columns that frame the entry doors and showcase the lush landscaping surrounding the entry. Elegant six-bedroom, 7 bath home, formal dining room with the finest Zuber Wallpaper Scenic Murals, step down living room. Dedicated office. The entire floorplan is on one level except for two secondary bedrooms which are upstairs. There is an abundance of windows allowing bright sunlight to flood the formal spaces. The spacious informal living areas include a large hobby/study room. Sunlight and moonlight filter into the foyer through glass walls. An elegant stepped ceiling, accented by moldings, lends a finishing touch to the living room. The open arrangement of the kitchen, leisure room and nook provide a continuum of space that is roomy, yet comfortable. The leisure room of the Monticello plan boasts an appealing large fireplace with hearth, built-in entertainment center with doors leading to outdoor patio and pastoral view. The master suite of the Monticello plan encompasses a sitting area with a bay window. Two walk-in closets and a large bathroom with garden tub overlooking a private garden spot add to the ambiance. A butler's pantry is cleverly accessible to both dining room and kitchen. This floorplan has approximately 6800 square feet of living area., a swimming pool, sports court and five car garage. Offered at \$1,990,000

**Now is the time to Call / Text Rosemary at 805.479.7653
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exquisite homes • extraordinary settings • exceptional values



1985BrittanyPark.com | Santa Rosa Valley | \$2,300,000

One-Story Santa Rosa Valley Estate Home Gated Neighborhood. Conceived of the drama & the romance of an exquisite New England Estate, this one estate spans over 6,400 SF is located on an acre in the exclusive gated Camelot neighborhood of Santa Rosa Valley. Distinguished architectural bearing & the use of enduring gleaming hardwood flring, granite & fine wood craftsmanship. Built in 1998, there are 5 spacious BRs each w/their own BA; walk-in closets, a separate ofc/library, bonus/hobby rm, add'l Media rm. Lg master BR suite is a retreat onto itself w/coffered volume ceiling w/double sided FP. Custom designed separate his & her closets. 4-car garage w/built-in garage organizers. The park-like ambiance with huge swimming pool with spa, Sports Court, detached loggia area with fireplace completes this estate. CALL/TEXT ROSEMARY @ 805.479.7653 to view this home today. Earning impressive accolades for her breadth of knowledge, ethical practices, and expertise in negotiating, Rosemary is one of most well-respected and sought after real estate agents in the business. Offered at \$2,300,000.



12953Ridge.com | Santa Rosa Valley | \$1,059,000

Great opportunity to live at the east end of Santa Rosa Valley! Located at the end of a ridgetop cul de sac in the Bridlewood development, this two story estate features classic traditional architectural elegance from grand two story foyer entrance, stunning spiral staircase, archways and soaring volume ceilings. The Gourmet island kitchen features an extended eat-in kitchen area with French sliding door, granite counters, newer kitchen appliances and walk-in pantry. Upstairs master bedroom suite with sitting area, fireplace, walk-in closet and luxuriously remodeled master bath. Downstairs there is an office or 4th bedroom that would be perfect for guests as it is adjacent to full bath. Panoramic views all the way to the Channel Islands from the viewing gazebo in the rear yard. Back yard privacy and expansive feel with low maintenance. Offers possibilities for planting an orchard or vineyard. Santa Rosa Valley is where magnificent homes rest amidst nature's most perfect setting, located within minutes of Westlake Village, Hidden Hills, 101 Freeway providing a uniquely charming relaxed lifestyle, located close to award winning SRTMS magnet school, freeways and shopping.



758Donnington.com | Wood Ranch, Simi Valley | \$4,500,000

Behind private gates high above the Wood Ranch Country Club, this palatial Tuscan-inspired villa captures 360-degree sunlit views across lush lawns on its lot sized approximately 23 acres. European romance mingles with Californian magic in this incomparable two-story residence which is aptly situated as the crown on its own hilltop. Classic architectural elegance is revealed from the grand foyer, archways and volume ceilings to state of the art technology and rich inlaid flooring. The superb resort-size backyard seems to be at the top of the world, enjoying a resort-style infinity pool and spa, private one acre lake, nature preserve, space for a helipad, separate guest house, outdoor entertainment barbecue center, fruit trees, lush landscaping and circular stamped drive gracing the entrance. Membership in Wood Ranch Country Club is included in ownership. The master bedroom suite located upstairs is a separate wing with his and hers closets and a luxury bath. 6 car detached garage. Wine room. Offered at \$4,500,000



11925Pradera.com | Santa Rosa Valley | \$1,175,000

Stunning remodeled home in Santa Rosa Valley sitting on over an acre of land. This home exudes Tuscan warmth from the customized formal living and dining room w/volume ceilings & tile floors, gourmet kitchen granite counters, rich dark cabinetry w/breakfast room, huge family room with fireplace & large wet bar, hardwood floors, indoor laundry, & dual heating and A/C. Master bedroom with fireplace. There is a large pool that is sheltered from damaging sun with pool roof cover. Car enthusiasts will rejoice w/ 4 car garage plus concrete driveway to allow potential RV or multiple car parking. The home is surrounded by many fruit trees and landscaping. Zoned for horses. One-bedroom downstairs is currently utilized as office. Huge laundry room. Award winning SRTMS school district. Offered at \$1,175,000



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ON THE COVER:
FABIO

Photography by Curtis Dahl
Hair/Grooming: Kathleen Hagan
Styling by Jana Rajlich
Location: Brian Whitcanack: Malibu

Barry Garapedian

Top 400 Advisors
in America
—*Financial Times*

Seth Hays

Forbes Top
Next-Gen Advisor
(#2 in CA and #16 in USA)

Top 40 Under 40
—*On Wall Street*

FRONT, LEFT: **Seth Hays**: Executive Director, Financial Advisor; **Barry Garapedian**: Managing Director—Wealth Management, Financial Advisor; **Gregory Giwin**: Senior Vice President, Financial Advisor; BACK, LEFT: **Anna Quirino-Miranda**: Client Service Associate; **Carlos Garcia**, Financial Advisor; **Elisa Decker**: Assistant Vice President, Relationship Manager; **Stephanie Hartmire**: Senior Registered Service Associate; **Clint Spivey**: Relationship Manager; **Lanelle Morin**: Client Service Associate

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il Ristorante

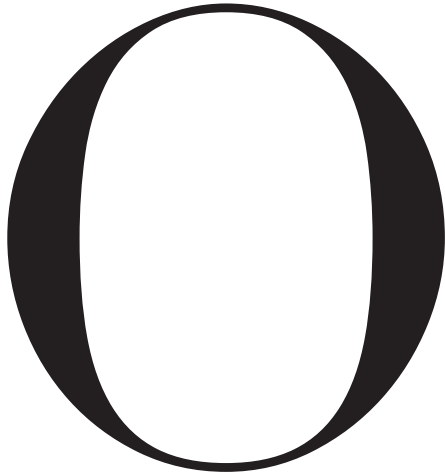
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ur Cover gentleman, **FABIO**, is world-renowned as the most successful male supermodel, and he is the face of the billion-dollar romance novel industry. An avid car and motorcyclist enthusiast, as well as a technology buff, Fabio's passions were strongly evident in the weeks we worked with him. Dynamic and super-charged with goal-directed energy, this Human Stallion charmed the large group who encircled him. Friends arrived at his cover shoot to show their support - and the ensuing conversations were elevated with wit, quick repartee and a healthy dose of laughter. Enjoy FABIO's story on Page 46.

The 2018 PyeongChang Olympics are done and snow dusted with a record-breaking 102 events including the most daring aerial events ever seen at any Winter Olympics. 2018 also saw the greatest number of women's and mixed events in history. Critically importantly, the athletes showed the world a far better version of their political leaders. North and South Korea were a united front - once again proving that sport and the Olympics uphold the very best human ideals (Page 16).

Our Motoring Editor, Larry Crane, gives us an in-depth look at **TESLA** - which is steeped in a legacy of genius and power. It was Nikola Tesla who created sciences so profound that they were unlikely to be even understood until a century later. The TESLA story is on Page 28.

Glenn David takes us on a fascinating tour of **Japan** - giving us the depths of his perspective in great photography and words. Enjoy his unique story on Page 110.

Fashion Editor Magda Pescariu (on Page 60) recalls the words of Nicole Kidman's character in the film *'The Interpreter'* - words that have turned out to be prophetic as we navigate a new era in gender equality.

'The power uproar around us makes it hard to hear. But the human voice is different from other sounds. It can be heard over noises that bury everything else. Even when it is not shouting. Even if it's just a whisper. Even the lowest whisper can be heard - over armies - when it's telling the truth.'

Diana



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PYEONGCHANG 2018

The Olympics uphold so many critical, valuable components of life. Every 4 years, a divisive world joins together in harmony. Opposing nationalities put down their weapons and their caustic vitriol. They partake in a miraculously unifying event that upholds the very best human ideals. PyeongChang 2018 was a shining example of that. North and South Korea united – showing the world a substantially better version of the political chessboard. A record-breaking 102 events included the most daring aerial events ever seen at any Olympic Winter Games, and 2018 also saw the greatest number of women’s and mixed events in history.



Mikaela Shiffrin



Steven Nyman



STEVEN NYMAN- ALPINE SKIING

Four-time Olympian (2006, 2010, 2014 & 2018) Steven Nyman has an illustrious career. He started skiing at age 2 and was racing by age 8. Nyman and his 3 brothers chased each other all over the mountains teaching and pushing each other to different skiing heights.

MIKAELA SHIFFRIN - ALPINE SKIING

At age 18, Mikaela Shiffrin became the youngest athlete in history (male or female) to win an Olympic slalom gold medal. She represented the USA in Skiing at the 2014 and 2018 Olympics. Her 2017 FIS World Cup Standings are: 1st (overall, slalom), 2nd (giant slalom), 6th (combined).

ASHLEY CALDWELL - FREESTYLE SKIING

Reigning women's aerials world champion and Olympic veteran (2010, 2014 & 2018), Ashley Caldwell, led the 2018 PyeongChang team that included Kiley McKinnon and Madison Olsen. She won the 2017 world title and became the first woman to land a quadruple-twisting, triple flip, named "The Daddy." Her greatest wish is that gender stereotypes be eradicated at Olympic level.

GUS KENWORTHY - FREE SKIING

Gus Kenworthy made history as one of the first two openly gay men to compete for the U.S. at the 2018 Winter Olympics. He qualified for

PyeongChang - his second Olympic team - when he finished second at the Toyota U.S. Grand Prix at Mammoth Mountain in California.

NATHAN CHEN - FIGURE SKATING

Nathan Chen became the first man to complete six quads in a free skate. He went into the U.S. Nationals with tons of momentum, and cemented his place on the 2018 Olympic team with his second national title. He is the reigning U.S. Champion and Four Continents Champion.

MIRAI NAGASU - FIGURE SKATING

Mirai Nagasu started skating when she was 5 years old in Pasadena, California. She said, "My goal is to accept any challenge that life throws me and to become a better person from each experience. I'm going to make mistakes and have success; I hope that under all circumstances, I can come away from everything as a role model and an inspiration."

SHAUN WHITE - SNOWBOARDING

4-time Olympian Shaun White has notched up a few gold medals. He holds the record for the most X-Games gold medals and he has won 10 ESPY Awards.

LINDSEY VONN - ALPINE SKIING

Lindsey Vonn has compiled more World Cup wins—78—than any female ski racer in history. Although plagued by injuries that ended her 2013, 2014 and 2016 seasons prematurely, Vonn appeared



Ashley Caldwell

Gus Kenworthy



Monique Lamoureux



Lindsey Vonn

to be on top of her game in 2017 until another training crash and a back injury in St. Moritz, Switzerland occurred 4 months ago. But later that month, she was back on top of the podium, winning in Val d'Isere. "I guess I'm not a washed-up old hag," Vonn said after her victory.

MONIQUE LAMOUREUX - ICE HOCKEY

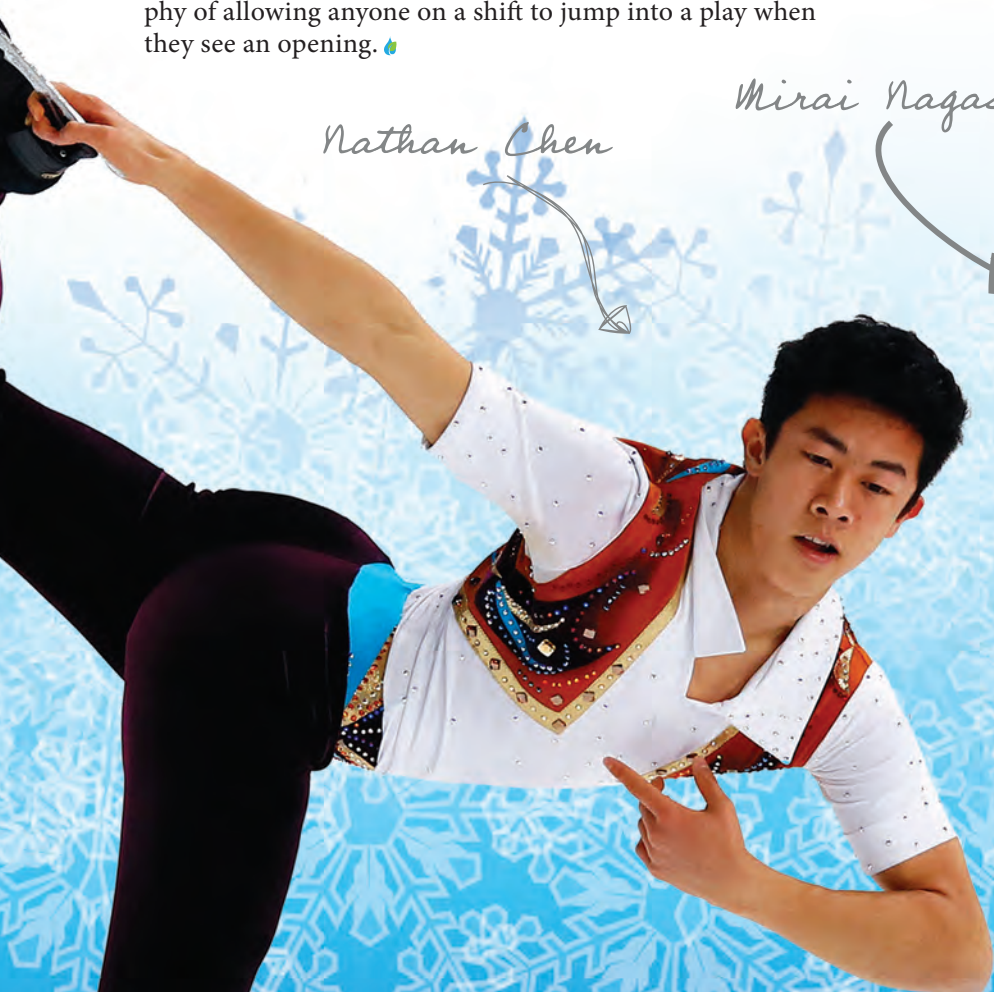
Silver medalist Monique Lamoureux made history as the first identical twin (with sister Jocelyne) ever to play women's ice hockey in the Olympics. She was originally named to the national team as a defenseman when she was 17. Her style of play is an aggressive one, which fits Team USA's new philosophy of allowing anyone on a shift to jump into a play when they see an opening.



Shaun White

Mirai Nagasu

Nathan Chen



Rosa Van Parys

Photography by Rachel Owens Rachelowensphotography.com
Event Production: bellavitaevents.com

December 7th, 2017 marked the official launch party for Rosa Van Parys, the highly anticipated line of fine jewelry by the brand namesake and local Westlake Village community member. Rosa, who is best known as the co-founder of Van Parys Architecture + Design, has added another accomplishment to her résumé. The artist, architect and designer hosted a glamorous private preview in West Hollywood with sales of the evening benefiting the Malala Fund, which benefits every girl's right to free, safe, quality education.



Rosa and Michael Van Parys



Rosa Van Parys and Shana Collett



Gary Collett and Ted Elliott



Malala Fund www.malala.org



Estelle Elliott (left), Dawn Nelson (center), Nicole Van Parys (right)



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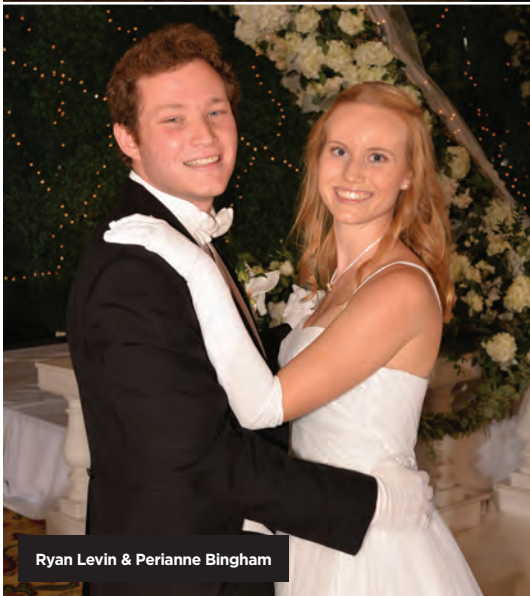
National Charity League, Inc. Conejo Valley Chapter

Ken Taylor Photography

The Conejo Valley Chapter of National Charity League, Inc. (NCL) honored 14 debutantes for their philanthropic endeavors and community service at the 36th Annual NCL Ball. The event took place in the Grand Ballroom of the Four Seasons Hotel in Westlake Village. Collectively, the 2017 NCL class has contributed over 4,000 community service hours to local philanthropies. *(Continued on page 26)*



Father/Daughter Waltz



Ryan Levin & Perianne Bingham



Christopher & Victoria Miles



Sarah & Josh Lavin



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National Charity League, Inc. Conejo Valley Chapter

Ken Taylor Photography

(Continued from page 24) National Charity League, Inc. is a non-profit organization of mothers and daughters in grades 7-12 who join together in community service in chapters throughout the United States. The purpose is to foster a sense of community responsibility in the girls as well as to strengthen the mother-daughter relationship through participation in philanthropy, leadership activities and cultural events. The Conejo Valley Chapter supports twenty-one local philanthropies, including Therapeutic Recreation, Manna Conejo Valley Food Bank, Casa Pacifica, Many Mansions, Senior Concerns, Los Robles Regional Medical Center, and Operation Gratitude, as well as provides scholarships to deserving high school graduates.



Elizabeth Lippel, Olivia Coto, Emily Schultz, Alexandria Parmele, Alanna Hurd, Caitlin Ryan, Victoria Miles, Katelyn Sand, Grace Smith, Sarah Lavin, Perianne Bingham, Jeanette Simanek, Morgan Melito, Katelyn Lee



Nicole Parmele, Alexandria Parmele, Meghan Thornton, Julia Sullivan



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2006 Tesla Roadster

Tesla Currency

A legacy of genius and power

By Larry Crane

A

t the beginning of the automotive century American gas-car makers were vigorously promoting their product against the limitations of the electrics and the steamers. All suffered from complex — primitive — science and a population of horsemen.

Concurrently, Nikola Tesla was busy creating new sciences so profound they were unlikely to be even understood

until the following century.

Futurist entrepreneur Colonel Alfred Pope made fine bicycles toward the same goal. He refitted his long narrow Columbia bicycle frame-tube plant in Hartford, Connecticut, as the Motor Carriage Department and within four years was delivering seven different types of electric-powered vehicles. Venture capitalist, William C. Whitney, offered \$3,000,000 for a piece of the Columbia and Electric Vehicle Company.

As the new century arrived, J. Pierpont Morgan had a similar inspiration to support the fantastic scientific advances being accomplished by Nikola Tesla. Wardencliff, his new laboratory for the study of electrical power transmission, was constructed in Shoreham, Long Island, including a 187-foot tower (and another 120 feet below ground) with its great copper dome from which Tesla planned to transmit enormous electrical current around the globe — for both power and signals. Tesla wrote that his 1901 tower's ability to transmit information would someday allow the creation of "an inexpensive instrument, not bigger than a watch, [which] will enable its bearer to hear anywhere, on sea or land, music or song however distant." (As the concept developed in his head, it became weaponized as a "Death Ray," the idea of massive electrical power being focused across oceans to destroy military targets made Tesla even a bit more frightening — and reclusive.) Morgan finally asked, "If anyone can draw on the power,



Elon Musk no limits



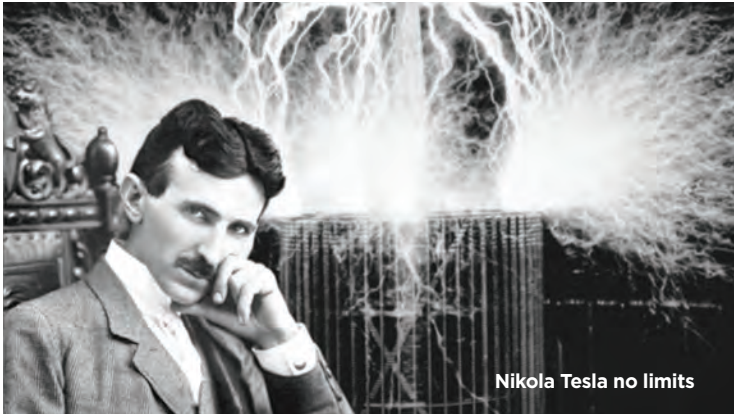
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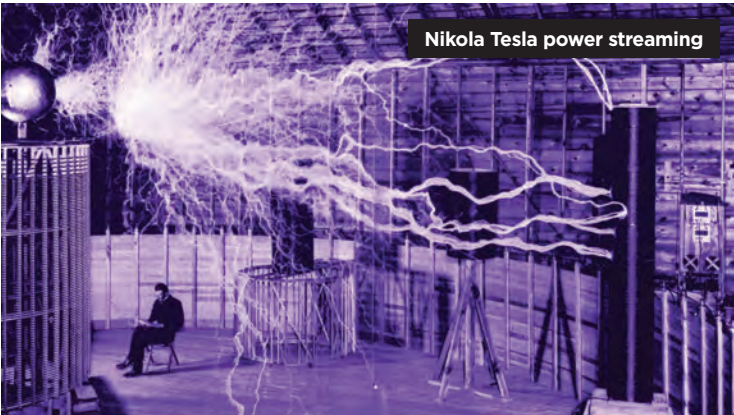
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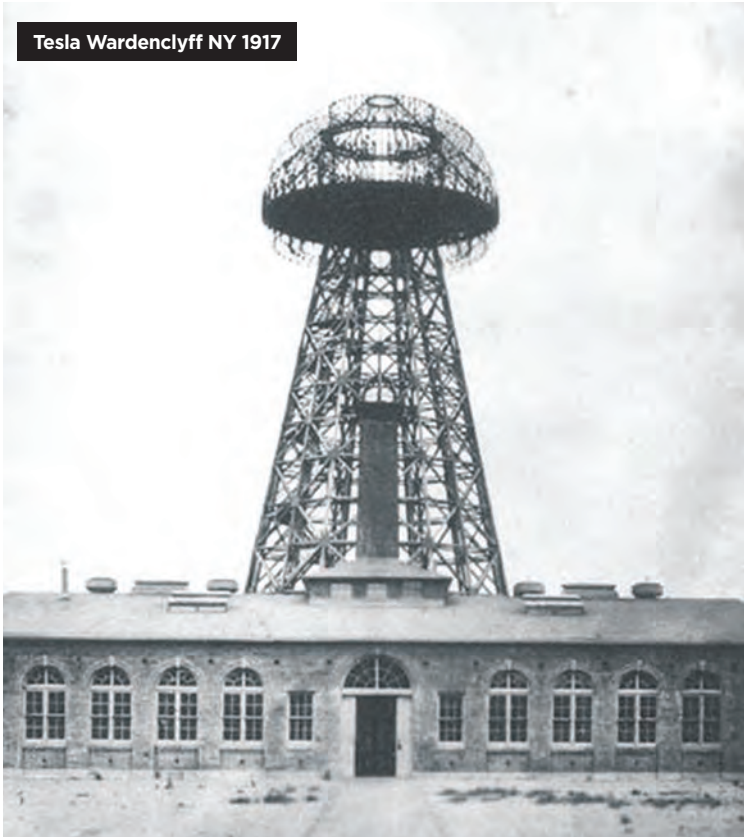
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Nikola Tesla no limits



Nikola Tesla power streaming



Tesla Wardenclyff NY 1917



Tesla Sparks NV 2017

where do we put the meter?" Morgan's support suddenly ended.

Electricity and steam were in competition to be the answer to personal transport for the new century. In fact, in 1899, the first self-propelled vehicle to exceed a-mile-per-minute was Camille Jenatzy's double-ended bullet propelled by two 25kw motors fed by 200 volts and 124 amps, for a combined 68 horsepower. That established the world's speed record. It was six years before the American Stanley brothers covered two miles in a minute in their steam-powered streamliner.

These two systems were in a "heated" battle with the noisy, smelly, explosive "infernal" combustion engine for the hearts, minds and

bank drafts of the growing cadre of motorists considering their options. Then, of course, an exploratory oil well erupted conveniently on "Spindletop" hill in southeast Texas on January 10, 1901 and flowed 17,500,00 barrels in 1902, promising combustible energy forever. The following year Dr. H. Nelson Jackson and Sewall Crocker drove a gas-powered Winton from San Francisco to New York and introduced the automobile as the tool of independent travel, quite free of railroad routes — and schedules. They unwittingly set in motion the death of the electric coach as anything but an urban shopping car. Colonel Pope hedged Whitney's capital by including one vehicle with a com-

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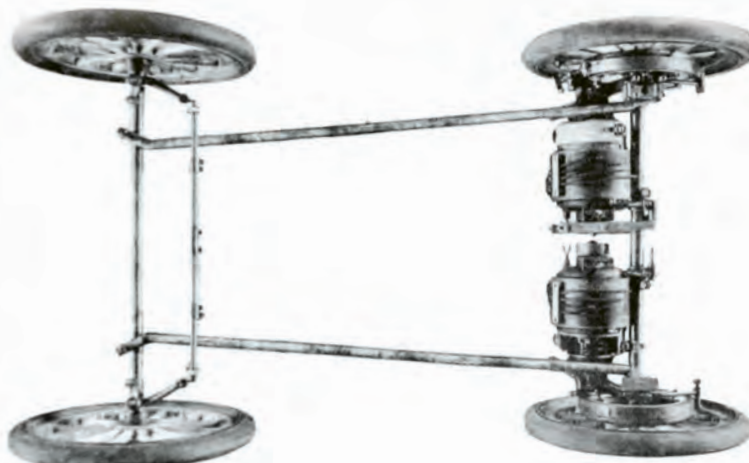
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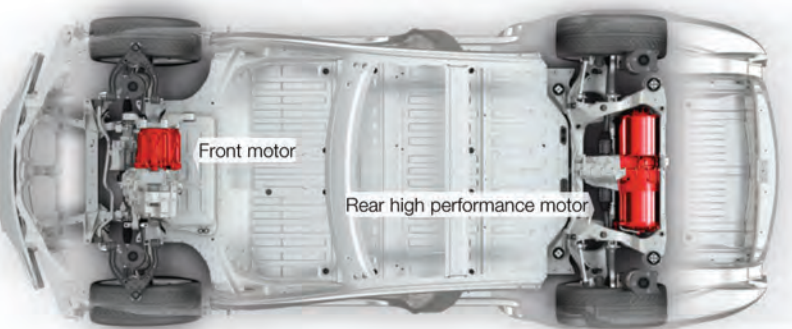
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Pope Waverley line



Pope Waverley Sports 2 motors



Tesla Model S P100D 3 motors

bustion engine in his product lineup. But Whitney soon bought him out and moved the business to New York City. The rebranded Electric Automobile Company's most successful horseless product was the ubiquitous electric Hansom Cab.

Bring in Carl Fisher, a development partner in the Prest-O-Lite compressed acetylene auto headlight (the replacement for the carriage-light candle in a crystal vase), it quickly became a universal component. In 1909 Fisher sold his one-third partnership to Union Carbide for \$5.6-million and launched his plan for a cross-country motor road he called the Lincoln Highway, connecting Times Square in New York City with San Francisco's Lincoln Park. The Official Road Guide of the Lincoln Highway gave detailed instructions for navigating a continent where useful roads were either unfinished, or even unplanned, but it brought an independent population west.

Within half a century garages were included in every home plan and often had to accommodate two gas-powered cars. For the remainder of the century the automobile lexicon included something about translucent urban atmosphere rapidly becoming opaque. That and a 1973 oil embargo conspired to give us a more modest view of our energy requirements — and a more ardent look for alternatives — for both stability and mobility.

We lost Nikola Tesla and his fervent cerebral processor early in 1943. He had been granted 112 patents, along with a great number of honors, for his scientific achievements, many of which were beyond the practical capabilities of his contemporaries. But his inspiration continued to drive young minds toward the future.

In 1961 Robert Noyce discovered he could construct a miniature

electronic system with particle pattern applied to a tiny silicon chip. In Japan, Akira Yoshino developed a lithium-ion rechargeable battery in 1986. Together they changed the dimensions of energy development and processing for the NEXT century.

Martin Eberhard and Marc Tarpenning met in 1990 and cofounded NuvoMedia in 1997 after several years of practical experience in the art and science of their computer engineering degrees. The NuvoMedia "exit plan" resulted in a \$187 million cushion while they developed a plan. They discovered AC Propulsion Incorporated and its "tzero" ("t0" a mathematical symbol to denote the beginning of time within a system) sports car that delivered 100% torque at start. Tesla Motors was incorporated in 2003. The Executive Summary for investors included: 0-60 in less than 3.9 seconds; World-class handling; 100 mpg equivalent; Zero tailpipe emissions; 300 mile range; Zero maintenance for 100,000 miles; and a selling price of less than half of the cheapest competitive sports car.

The first 30-minute presentation to Elon Musk (already deep into SpaceX) lasted two hours. He shared their vision and added: "Make a vastly superior car, not just a car that sucks less." Musk led the \$7.5 million investment round and became chairman of the board. A Lotus-built working mule was on the track in November of 2004 and JB Straubel the new chief technical officer (and brilliant achiever in his own right) was its driver. A quarter scale clay body-design model was seen in 2005 and the Tesla Roadster launch party at the Santa Monica Airport was a resounding success in July of 2006. There were more than 120 \$100,000 full price buyers and the personality challenges began in earnest. In August of 2007 Eberhard resigned and Elon Musk,



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Tesla Model S



Tesla Model X



Tesla Model 3

already in for \$55 million, became CEO in October of 2008 while the “Whitestar” project was already underway. It was introduced as the Tesla Model S, a four-door sedan capable of 0-60 in 3.2 seconds, in April of 2009. Multiple versions followed with varying battery range and with or without four-wheel drive. We know it’s a success because we see them everywhere in our neighborhood.

Not unexpected was the delayed launch of Tesla’s brilliant Model X SUV. The reason is no less unexpected: more unique features, fully developed and logically functional. The introduction was delayed more than three years — to get everything right. During its September 2015 launch party in Fremont, Musk explained: “In retrospect, we would not have done so much in the way of features and functionality for the X. People are going to get an incredible car that does so many things no other car does, but it didn’t have to do quite as many things.

“Now that it’s done, I think anyone who buys it is going to love it.

So too, the new Model 3. It was predicted to be in full production (20,000/month) last December. Only 260 were delivered. Our Canoga Park dealer (Westfield Topanga) has yet to have a Model 3 in their inventory. At the price of a 3 Series BMW it will be the star



Tesla New Roadster

of your neighborhood.

Elon Musk, in his effort to change the world as we know it, like his colleague from another century, has spoken often about the possibility of collecting solar energy in space and transmitting it to earth — sounding remarkably like Nikola Tesla. Where on earth to receive such a bolt of power and what would it effect as it passed through the atmosphere — and might it, if it got into the wrong hands ... 🔥

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Veronica Aravena
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Be In Tune With The Moon

...for your garden's success!

By Model Gardener Kelly Emberg



You might think I am a little looney when I tell you gardening by lunar cycles could benefit your garden. I have been growing vegetables for a decade and never thought stages of the moon could boost my plants' health and guarantee a bumper harvest. The Farmer's Almanac is a believer and many of our ancestors have had successes, so I might as well give it a try this season!

Don't worry, being in tune with the moon doesn't mean you need to start gardening at dusk, even though some diehard gardeners actually do! Where the moon is in relationship to the sun notifies the gardener what to plant and when. Following the moon phases

will bring you closer to nature's patterns and success in your garden.

Unfortunately, most gardeners have lost sight of this age-old tradition. The truth be told, lunar planting has been practiced by farmers dating back thousands of years. Civilizations from the Nile and Euphrates River valleys have gardened by the moon. Some scientists might balk at this theory but the proof is in the harvest; ask any lunar gardener!

HOW IT WORKS

THE MOON'S PHASES

The Moon revolves around the Earth every 28 days reflecting differing amounts of sun depending on its angle toward the light of the sun. Lunar phases pivot from the New Moon

through to the Full Moon and back again. Each time this occurs there are four phases or quarters, each lasting 7 days. The first two quarters is considered the "waxing stage" when the moon is dark and the light becomes increasingly visible until the moon is full. The last 2 quarters are considered the "waning stage", when the full moon's light starts to decrease until there isn't any light on the moon; this is called the New Moon. Then the cycle starts all over again.

LET THERE BE LIGHT!

The theory is that the moon's gravitational influence effects rise and fall of the tides as well as the soil moisture, plant sap and water table. When the moon is full, lunar gravity pulls the tides up and draws the moisture of the earth



Green Cabbage Plants



New Potatoes



Soybean Plants Sprouting

up towards the surface. The extra moisture in the soil encourages the seed to swell, burst and sprout. Timing has a major effect on the seeds' success of germination.

The light from the moon also influences the growth of your plants. The first 2 quarters, the moon is in its waxing stage. The increasing light stimulates the plant's growth and its leaves. This is the best time to plant annuals that bear their fruit above ground.

During the 3rd and 4th quarters, when the full moon's light begins to decrease or wane, energy goes to the plant's roots and the gravitational pull draws the moisture and the plant's roots down. The growth of the leaves slow down, making it the optimum time to plant your root crops and bulbs.

There are times when you shouldn't plant at all. Never plant during the full moon and new moon; they are considered "barren" signs. Avoiding planting on the first and last quarter days is also a lunar gardening practice.

So, remember:

- Waxing moon - plant leafy greens or plants that grow above ground.
- Waning moon - plant root or bulb plants.

WAXING MOON

Pick fruits and vegetables that you intend to eat right away. Because the water content of the ingredients is higher, salads are crunchier during the waxing moon.

- **During the first quarter**, from the new moon to the half- full moon, plant above ground annuals, particularly leafy plants which produce their seed outside the fruit. Examples: asparagus, cabbage, celery, endive, and spinach.

- **During the second quarter**, from the half-full moon to the full moon, plant annuals that grow above ground; vine and produce seed inside the fruit. Examples: beans, peas, peppers, squash, eggplant, tomatoes, and cucumbers.

You can plant garlic, melons, hay, and grains and cereals, in either the first or second quarter.

TIP: During periods of drought, sow seeds when the moon is waxing, as close to the full moon as possible.

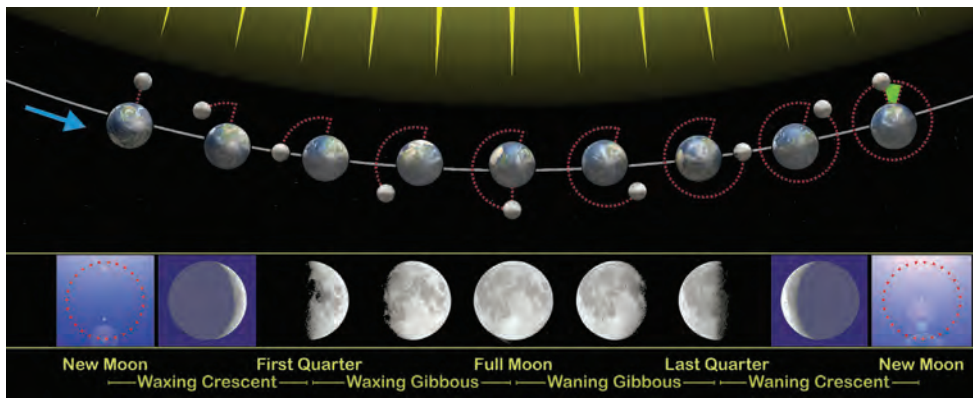
WANING MOON

During the entire waning phase, sow root vegetables. Examples: beets, radishes, carrots, parsnips, potatoes, onions and turnips.

- **During the third quarter**, from the full moon to half-full moon, plant bulb and root crops; any crops which are planted in one season to winter produce yields the following year. Examples: onions, potatoes, rhubarb, grapes and berries.



Cool Season Harvest



MARCH

FULL MOON	MARCH 1	DON'T PLANT
3RD QUARTER	MARCH 2 - 8	WANING MOON PLANT ROOT VEGETABLES.
LAST QUARTER	MARCH 9	DON'T PLANT
4TH QUARTER	MARCH 10 - 16	WANING MOON PLANT ROOT VEGETABLES
NEW MOON	MARCH 17	DON'T PLANT
1ST QUARTER	MARCH 18 - 23	WAXING MOON PLANT ABOVE GROUND PLANTS
FIRST QUARTER	MARCH 24	DON'T PLANT
2ND QUARTER	MARCH 25 - 30	WAXING MOON PLANT ABOVE GROUND PLANTS
FULL MOON	MARCH 31	DON'T PLANT

APRIL

3RD QUARTER	APRIL 1 - 7	WANING MOON PLANT ROOT VEGETABLES
LAST QUARTER	APRIL 8	DON'T PLANT
4TH QUARTER	APRIL 9 - 14	WANING MOON PLANT ROOT VEGETABLES
NEW MOON	APRIL 15	DON'T PLANT
1ST QUARTER	APRIL 16 - 21	WAXING MOON PLANT ABOVE GROUND PLANTS
FIRST QUARTER	APRIL 22	DON'T PLANT
2ND QUARTER	APRIL 23 - 28	WAXING MOON PLANT ABOVE GROUND PLANTS
FULL MOON	APRIL 29	DON'T PLANT
3RD QUARTER	APRIL 30	WANING MOON PLANT ROOT VEGETABLES



Sugar Snap Pea Plants

- During the fourth quarter, from half-full to new moon, cultivate, pull weeds and destroy pests.

TIP: During the dark of the moon, plants should rest. This is a good time to kill weeds because they won't grow back.

BENEFITS OF MOON GARDENING

- Seeds germinate sooner which speeds up harvest time. Root veggies and bulbs break the soil much quicker.
- Plants grow faster. They are healthier, larger, more robust.
- Higher yields.
- Less problems with pests because plants are stronger and healthier.

LUNAR PLANTING FOR MARCH & APRIL

Planting by the moon it is a good practice to find the right times to plant. I have figured out when you should plant during the months of March and April. (see chart to left)

Old-time farmers swear that gardening by the moon gives their plants their best start, producing a larger, tastier and healthier harvest. You might be a skeptic, but unless you give it a shot you will never know! Once you see how the moon's magnetic energy works miracles on your garden, you will be a believer. I am always up for a challenge, so this spring I will be getting in tune with the moon! Won't you join me?

Check out The Farmer's Almanac website for more information on Gardening by the moon. www.almanac.com

Kelly Emberg, the model gardener
For more gardening tips, follow me on Facebook, Instagram, YouTube & Twitter.
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Short Stories About Big People

By Bob Eubanks

Hi, it's time for more short stories about big people.

With all the bad news about personalities in show business these days, I want to point out that there are some really great people in the business but they don't get the press. So I thought I'd tell you about a couple of experiences that I've had with a few of these special personalities.



Carol Burnett

When Carol Burnett was at the peak of her popularity, I saw her in the Polo Lounge at the Beverly Hills Hotel. Her TV show was number one at the time and she was truly a household name. As she was walking out, she stopped at my table and said, "Hi, I'd like to introduce myself. My name is Carol Burnett and I really enjoy you on the Newlywed Game."

I was blown away by her kindness and lack of ego. What a wonderful lady!

I produced some concerts with the folk singer Gordon Lightfoot several years ago. At the last concert, he called me aside and said, "How did you do?" I answered, "Oh, we lost about \$10,000, but it's no big deal."



Gordon Lightfoot

Two weeks later I received a check for \$10,000 in the mail. Amazing.

At the Beatles concert in 1964, I was having a really rough day. Their road manager came up to me and said, "The boys would like to talk to you." When I went into the dressing room, Paul McCartney said, "We understand you're having a difficult time and if there's anything our organization can do to help, just let us know." After that, I wasn't having a bad day.



Paul McCartney

I like to salute big people in our community. I met Simi Valley residents Scott and Lorena Jucean at the

Sacramento Airport a while back. They were there giving a speech about child abuse. They'd had a terrible experience with a babysitter. I found out that they have a company called The Tax Defense Group. They are truly the best at helping people with IRS problems. What's so great about their company is, if they can't help you, they don't charge you a dime. They're great people and I'm proud they're my friends.

I'll leave you with a chuckle... An Associated Press news story in a Boston newspaper read, "STUDY SHOWS FREQUENT SEX ENHANCES PREGNANCY CHANCES." Duh.....

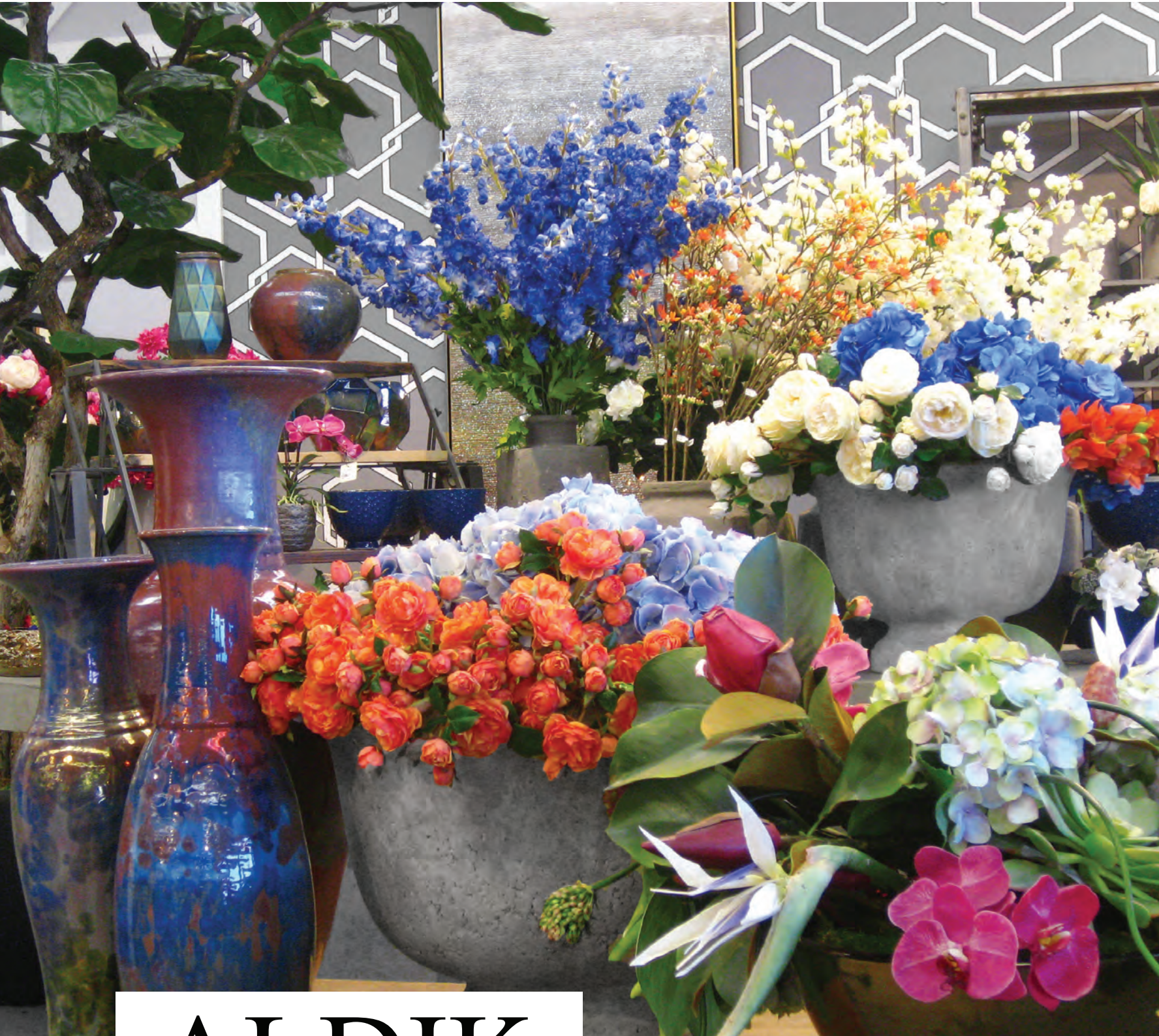
Well, there you have it. More short stories about big people. I'll see you next time. 🍀

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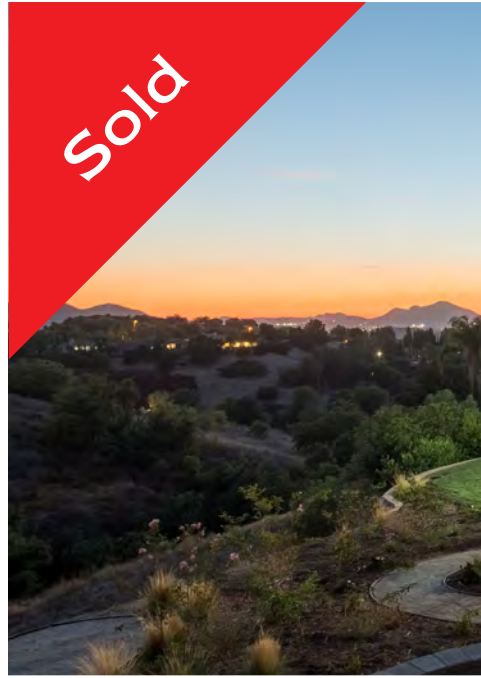
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RYAN SHIMP

FABIO

MASCULINITY DEFINED

I first heard the powerful throttle of Fabio's Lamborghini Aventador Superveloce growl its way up the steep Malibu road towards our cover shoot location. After navigating the silver-blue bullet around a few pesky road bumps, the Italian-American Stallion unfurled himself from the hug-the-road height of his pristine car - and the charm offensive began. The neighbors heard the car, came out to survey the action - instantly recognized Fabio - and asked if they could have their picture with him taken. Nothing was orchestrated. Fabio came, they saw, and he conquered. It was a classical piece of literature.

The son of a mechanical engineer father and a mother who is Italian royalty, Fabio was raised in Milan, Italy. He had already established himself as a top model and Mr. Europe before arriving in America.

During his first week in New York, he signed with Ford Modeling Agency and overnight - became their number one model. From there, an assignment to pose for a romance novel cover turned into over 1,000 assignments. Once readers became aware that their "fantasy" cover model was a real person, life changed drastically for Fabio, the super model. He became the face of the billion-dollar romance novel industry - an industry created, directed and controlled by women - for women. His opinion on what makes relationships work: equality and mutual respect.

STORY BY DIANA ADDISON LYLE • PHOTOGRAPHY BY CURTIS DAHL
BEAU IDEAL BEAUTY PRODUCTIONS/KATHLEEN HAGAN
STYLING BY JANA RAJLICH

Location: Malibu:
Brian Whitcanack's Property.
The WhitcanackGroup.com
310-499-3045



Location: Malibu:
Brian Whitcanack's Property.
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In 2016 Fabio returned as spokesperson for the incredibly successful “I Can’t Believe It’s Not Butter!” Campaign. He previously developed and launched his “Healthy Planet Nutrition” line of whey protein nutritional supplements that instantly became a best seller at Whole Foods Markets, Sprouts and other major retailers across the country. His series of online and TV spots for Old Spice in 2011, as part of the “New Old Spice Guy Fabio” campaign resulted in over 190 million views on the Internet & 68,000 new friends on Facebook and was the Number 1 Viral Video Campaign of the Year. His Super Bowl XL commercial for Nationwide Insurance was the most viewed commercial of the game. He helped Gillette launch its Oral-B Sensitive Advantage Toothbrush campaign. In 2003, Fabio started his own signature line of women’s apparel at the Sam’s Club division of Wal-Mart with stores reporting increased sales by as much as 2,000%. Previously, he authored numerous romance novels, a fitness book, created a work-out video and served as a spokesperson for the American Cancer Society. Fabio lost his sister to ovarian cancer at a young age.

An avid car and motorcyclist enthusiast, as well as a technology buff, Fabio’s passions were strongly evident in the weeks we worked with him. Dynamic and super-charged with goal-directed energy, this Human Stallion charmed the large group who encircled him. Friends arrived at his cover shoot to show their support - and the ensuing conversations were elevated with wit, quick repartee and a healthy dose of laughter. This is a man who has dived into life with the velocity of a titan.

Q: You were born and raised in Italy. Your childhood friend, Allesandra Gerini, with whom you went to school, describes you as a fiercely loyal and protective friend who stood up to schoolyard bullies and people whose actions were hypocritical. He says you were never afraid to confront people or situations where you felt a strong sense of injustice. Explain that.

FABIO: From a very young age I was always bothered by the concept of bullies. The idea that someone would enjoy picking on others, or that their life would improve by picking on others, seemed strange. The fact that bullies would always torment the smaller or weaker kids just seemed unfair. I was always bigger than other kids my age so I had no problem standing up to bullies and saying, “Okay, if you want to fight with someone, fight with me”. I got into a lot of fights. It was only later that I realized that the bullies were acting out because of their own insecurities. In fact, when I was living in NY, I ran into one of the bullies I beat up as a kid, and he apologized to me saying that he was only doing that because he was getting beaten up at home and didn’t know how to deal with it.

Q: You have a rich history. You were raised by solidly—devoted parents. What are your best memories of that childhood?

I am very blessed to have 2 amazing parents who gave us plenty of love and attention. More than anything else, they gave us their time. They were there for us and created a sense of protection so that we felt safe and free to grow and explore with a sense of confidence.

FABIO: I am very blessed to have 2 amazing parents who gave us plenty of love and attention. More than anything else, they gave us their time. They were there for us and created a sense of protection so that we felt safe and free to grow and explore with a sense of confidence. Don't get me wrong - there was also plenty of screaming, lectures and the occasional smack to the head - we are Italian after all.

Q: At age 13 you visited the United States with your dad. It made an indelible and immediate impression on you - so much so that you said to your dad, "I'm moving here when I'm 18". What was it about this country that made such an impact on you?

FABIO: I was very fortunate as a child in that growing up in Italy, we always traveled every summer and I got the chance to see different cultures and different ways of thinking. I first came to America when I was 13 years old. I loved it! I felt right at home and comfortable because it's such a melting pot with so many different influences and ideas.

Q: After working with a top photographer from Italy, you moved to New York at age 19. Your success was immediate. Ford Models signed you up and literally the next day, you jetted off to Hawaii for an 18-day shoot - having closed one of the biggest modeling campaigns in the USA. Describe that initiation and how you felt.

FABIO: It all happened so fast... Originally, I had moved to Seattle to attend University and model on the side. A friend passed my card to an agent at Ford Modeling Agency in New York who called me. Seeing as I was way more interested in partying than studying, a trip to New York sounded like fun. The agent at Ford signed me on the spot. They told me that they were sending me out that day for a casting even though the campaign had already been booked. I met a fashion photographer named Barry McKinley. He immediately called the client and insisted that they had to replace the 2 male models they had hired for the job, and use me as the only male model instead. The next day my agent called me to say I had gotten the job. The client was a new company called

The Gap and the job was for a 20-day shoot in Hawaii with Kathy Ireland and Andie MacDowell. If there's an exception for every rule, then I'm the exception for "Stay in School".

Q: You and a core group of other models - took modeling to another level in the USA. You strongly believe that success is dependent on a strong philosophical approach to life. Describe what you believe lights the fire that creates success?

FABIO: Success comes in many forms but it comes down to not just what you believe, but how you believe. By that I mean that some people believe 50%, some 75%. I believe in the infinite. It's a different mindset and a different way of seeing things. It helps you overcome obstacles and challenges. God is the foundation for everything and as they say it's easier to swim with the tide than against it. Miracles happen but if you don't believe that they can, then don't be disappointed when they don't. One way or another your expectation will come true.

Q: You became just about every woman's fantasy of a man. Every time the publishers of romance novels placed you on the book's front cover - sales soared. What do you believe are the key elements of successful romantic relationships?

FABIO: For me it's all about balance. We are comprised of 3 elements: Body, Mind and Spirit. You need to have internal balance to then find someone who shares those same traits. Most importantly: 1) Don't Settle. Have the patience to wait for the right one; but 2) Make sure to have fun along the way!

Q: You are realistically aware that men are different from women. They mature later in life and they are testosterone-driven. What advice would you give to women if they want to understand men better?

FABIO: Just because men and women should be treated and paid equally does not mean they are the same. We are different. Women are complex and multi-dimensional; men are simple. We appreciate simple things, like the kindness and

Think of your body as a racing car; the better you take care of it, the better it performs. Just like higher-octane fuel gives better performance, better quality nutrition will make you feel better and live healthier

Location: Malibu:
Brian Whitcanack's Property.
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Rather than preaching a political philosophy, I just ask people to go by what they see. Western Europe, once the center of political power and cultural influence, has fallen into disarray. Socialism doesn't work. It's a disincentive

tenderness that a woman can offer. A woman cooking a meal for a man can be as big a turn on as the sexiest pair of lingerie, though for me nothing tops the sight of a woman cooking a meal for me while wearing her sexiest lingerie!

Q: Your parents have been married for 65 years and you describe them as great role models - particularly in parenting. What is your opinion on family life and raising children?

FABIO: It really comes down to simplicity, commitment and creating a healthy environment for the family. I believe that a child needs 2 parents. While I'm not saying that a child needs a mother and father married and living in the same house, I do believe that a 2 parent dynamic is beneficial.

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Q: You are keenly interested in the world, politics, world economics, and social issues. You prefer to live in the USA because it has taken a completely different path from Europe. Share some of your thoughts.



FABIO: My thoughts are simple: Rather than preaching a political philosophy, I just ask people to go by what they see. Western Europe, once the center of political power and cultural influence, has fallen into disarray. Socialism doesn't work. It's a disincentive. As a proud American who grew up in Europe, I say we should look at whatever Europe has done and do the opposite.

Q: You are a successful businessman. What are the ingredients behind that success?

FABIO: I only endorse products that I truly believe in - so I never have to feel conflicted about anything. People are smart. They can tell the difference between someone who truly believes in what they are saying versus someone who is just doing it for a paycheck. I also believe that more important than having the cheapest product on the market, is having the product that offers the best value. People know and appreciate quality.

Q: Your nutrition line "Healthy Planet" embodies your belief in nourishing our bodies healthfully and doing everything we can to give ourselves the best fighting chance against disease and aging. You produce quality products that are packed with powerfully good ingredients. What advice do you have for people who want to live long, healthy lives?

FABIO: Most importantly: Reduce Stress. Also, I created and formulated my own line of protein powder called Healthy Plant Nutrition (<http://healthyplanetnutrition.com>). Think of your body as a racing car; the better you take care of it, the better it performs. Just like higher-octane fuel gives better performance, better quality nutrition will make you feel better and live healthier. Our protein powder is derived from unpasteurized whey product, so it gives the nutrients that nature intended without being killed off by heat pasteurization or chemicals.

Q: You are passionate about cars and motorcycles. Speed and the adrenalin rush are all part of your makeup. What's the insider story behind your cover Lamborghini and some of your favorite machines?

FABIO: I am a speed freak and passionate about my cars and motorcycles (I own over 300 bikes.) My father was a mechanical engineer so I grew up understanding technology and coming from Italy, appreciate design. I have a Lamborghini Aventador Superveloce and believe that the soul of a person can be seen in a beautiful design. We are really fortunate to be living in this age where the quality of the performance finally matches the quality of the design and that's all thanks to technological innovations. It's easy now to get high quality machines that can be used for every day driving. I also have a Corvette, Porsche and a Chevy Silverado pick up. Everybody should drive a pick up at some point in their life! I also love the look of the Ford Raptor & Ford GT. Los Angeles is such a car culture city and that is one of my favorite things about living here. I am fastidious about my cars and buy only from top-notch dealers like EuroCar OC and Ogara in Beverly Hills. I'll gladly spend a few extra dollars to get my Porsche wrapped at Sticker City in Sherman Oaks rather than replace a piece for \$15,000 or more. CEC wheels in Century City has the best wheels on the market and is the official dealer for Pirelli tires. It is the only place in town that has special machines for balancing the tires. L.A. really does have it all!

Q: You have a magnificent farm in Washington State. What is it about the place that you love?

FABIO: It is the greenest place I have ever seen. Nothing that man makes could ever match the beauty of God's creation.

Q: You are strong supporter of the police. Explain.

FABIO: I am shocked that this has become such a controversial position. To me, it's simple: 99% of all cops are good, dedicated people while 100% of the criminals are bad. While it's important to protect the rights of all people, we shouldn't do it by disparaging all cops. Police officers put their life on the line every day and pledge an oath to protect and serve. Don't we have a duty to them also? This is an important issue that needs thoughtful discussion rather than simple slogans.

I am a speed freak and passionate about my cars and motorcycles (I own over 300 bikes.) My father was a mechanical engineer so I grew up understanding technology and coming from Italy, appreciate design

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WESTLAKE MALIBU LIFESTYLE 03.18

Q: You have 4 Rottweiler dogs. Why that choice in breed and what are some of the misunderstood aspects about Rotties?

FABIO: Rotties have a bad reputation. They are a great breed but require training and attention. And while they can be a little stubborn, they make great guard dogs. This breed was used over 2,000 years ago by the Roman army to guard their camps, so security is definitely in their bloodline. And unlike other breeds, they don't bark much so it makes them even more effective.

Q: What are your hopes and wishes for the future of the USA?

FABIO: I have traveled all over the world and can assure you of one thing: There is no such concept as the European Dream or the Asian Dream. Yet, the American Dream is alive and well and admired by people all over the world. My hope is that we keep the American Dream alive for future generations so that they can enjoy the same rights and opportunities that we have.

A woman cooking a meal for a man can be as big a turn on as the sexiest pair of lingerie, though for me nothing tops the sight of a woman cooking a meal for me while wearing her sexiest lingerie

Q: Favorite food delicacy?

FABIO: Sushi

Q: Favorite indulgences that make you really happy?

FABIO: A full body massage and making love with a beautiful woman.

Q: Best way to spend a rainy Sunday afternoon?

FABIO: Same as my favorite indulgence: a full body massage and making love with a beautiful woman

Q: Favorite place in the world?

FABIO: America – there really is nowhere like it.

Q: Person whom you admire immensely?

FABIO: I admire God, not other people

Q: Best memory you have of an event in your life?

FABIO: I have been very blessed. It's too hard to pick one.

Q: Characteristics that you most admire and respect in women?

FABIO: Intelligence, class, honesty, being upfront and having a great sense of humor.

Q: Plans for the next 5 years?

FABIO: To settle down with the right one and start a family!

I have traveled all over the world and can assure you of one thing: There is no such concept as the European Dream or the Asian Dream. Yet, the American Dream is alive and well and admired by people all over the world.





Binx Walton and
Gigi Hadid in
Versace
(Photo by Carlo
Scarpato)



So the Color of Our Backbone Is Black

By Magda Pescariu

I know I owe you a detailed report on the **Spring-Summer 2018 fashion trends**, since in the previous article I talked mainly about **transparency**, the most relevant look of the season. But meanwhile, the year has started off with a remarkable fashion experience that broadcasted what was happening socially, where waves of courage, energy and solidarity pressed forward to a much-needed change in the gender equality paradigm. So you see why I can't go straight to chatting about **fringes and feathers, pastels, plastics and polka-dots**, without saying first a few things about the style choice that represented, at the beginning of this year, a landmark in fashion history and in its social significance. By the time you read my lines, the entire Awards Season will already be concluded – done, gone, talked about, dissected, probed, envied, frowned upon, or gloated over. People will go about their lives, pursuing projects and relationships that give their lives meaning, in both a private and a social sense. However, I think that the Golden Globes 2018's all black dress code will go down in history as a testimony of fashion's often scorned ability to make powerful social statements and to elicit cultural change.

In Europe at the time, I sat in front of the TV in the wee hours of the morning, waiting for the Golden Globes red carpet to unfold, unnerved with mixed feelings. I knew about Time's Up calling for the attendees to show support for the movement by wearing black to the ceremony, and

really appreciated the initiative as a cathartic way of speaking up about a toxic state of affairs that went unchecked since the beginning of time, but I wasn't sure at all of how this black dress protest movement would work or how effective it would be. There was a certain risk of drowning a strong social statement in a sea of boring little black dresses and standard black tuxedos, as it was of indulging a fashion style-code for aesthetic and egotistic sake, while forgetting entirely the revolutionary motive behind it. Providentially, it didn't happen like that. I watched with pleasure and increasing pride every arrival of the night, as they were photographed, cheered from the sides, interviewed about their movement, and justly honored.

For a cut-throat world as divisive, narcissistic, conceited and competitive as Hollywood proved to be time and again, to be able to rise to the occasion in unison, so selflessly, so kind to each other, and in such good humor, it demonstrated not only a firm and resolute collective character, but also the maturity of a social group that has finally grown a backbone. It was a great moment, with substantial social consequence, as well as a great fashion moment, a protest symbol as part of a larger, deliberate statement.

The sea of black showed women standing together united, asking for a complete change of the rules that have debased their lives and experiences for far too long. What added to it was also the designers' extraordinary creativity in managing to set apart each one of the hundreds of attendees – no two black dresses looked alike, no two tuxedos were identical. Each participant, emerging young hopeful or fully-fledged celebrity, got his moment in the spotlight, her message



Jessica Biel in Dior



Kate Hudson in Valentino



Penélope Cruz in Ralph & Russo



Adam Selman



Reese Witherspoon in Zac Posen, Eva Longoria in Genny, Salma Hayek in Balenciaga, and Ashley Judd in Elie Saab at Golden Globes 2018



Versace

listened to, and enjoyed their individuality in solidarity. Like every time when people do something significant that is in line with what they believe, the experience felt transformative and exhilarating.

I crossed my fingers for the feeling to last and the potentially-iconic movement to evolve with wisdom, that is to avoid falling out of one extreme into another and the too tempting dérapage in between. Born and raised in Europe, with a decades-long life experience on two continents, where I got to work with several different cultures, I'm comfortable with men's gallantry, friendly banter, witty innuendos

and clever flirting, as I've come to know how to receive a compliment gracefully and diffuse with humor awkward attempts or ambiguous situations. But things are never quite so simple, nor are they only black and white. As women, we walk an extremely fine line to navigate through a world where a patriarchal, obsolete mindset is the norm, and the simple notion of being valued as equals at all times remains a daily uphill battle; yet we crave men's respect and support in our lives as much as we crave their attention, affection and love. Nevertheless, what we wear and how we wear it should always be perceived as the creative expression of

ourselves, and never as an invitation or excuse for any kind of aggression.

The 21st century woman doesn't put up with a culture of gender-based victimhood anymore, as she's too busy creating an environment of normality, regard, savoir-faire and joie de vivre. Speaking of which, respecting women's passion for fashion and for the infinite possibilities it generates to celebrate our individuality, should be a mark of any civilized society. For dignity, like beauty, is in the eyes of the beholder as well.

The fashion styles introduced by this Spring-Summer season are a welcome visual and attitudinal antidote to any sense of hopelessness, helplessness or disdain still felt by women worldwide.

First of all, we get to wear **potent, fully-saturated colors**, bright monochromes or color-blocked, lively shades of **pastels**, but no neutrals at all. **Lavender is the king-color of the warm season**, crowning the **purple shades palette** that goes from **pale lilac, African violet, and amethyst to antique fuchsia, rich magenta, and aubergine**. I wonder whether the prevalence of purple shades this season has anything to do with purple being the color associated with dignity, power and wisdom, or it's just a coincidence. Well, let's just say that the enduring use of 'suffragette white' by women protesters all over the world is a fair indicator of fashion's force as a tool for dissent; so, coincidence? I think not! **Lavender** is closely followed by **sporty neon orange** (aka the safety orange), considered to be the new millennial pink, **brilliant yellow, apple**



Ralph & Russo



Temperley London



Ralph & Russo

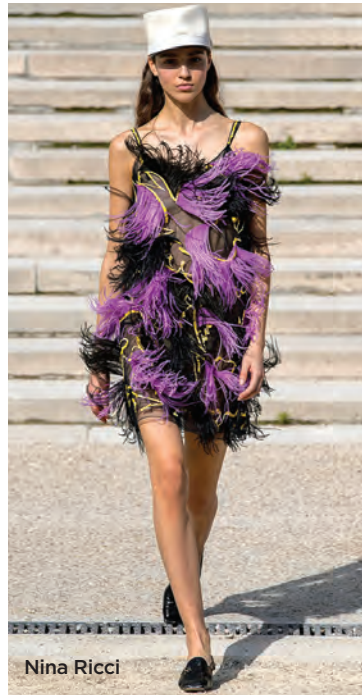
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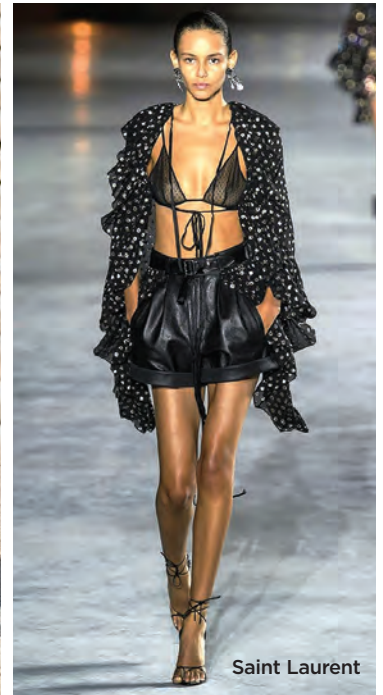
Nina Ricci



Alexander Wang



Nina Ricci



Saint Laurent

green and glossy copper.

Denim is another staple of the season, present in a deep, double-dark indigo shade with much less embellishments and ripped-effects, giving a polished, more sophisticated look. Head-to-toe denim is seen proper even as evening attire for a formal event, when bejeweled and paired with exclusive accessories.

The trench-coat gets a makeover as well, using new cuts and trimmings on unusual fabrics, all shiny and slick. Fashion designers propose trench-dresses as well, in heavy silk, brocade, organza, satin or taffeta.

This warm season everything fashionable is see-through, nimble and illuminated. From dusk till dawn we wear tulle, lace, sheer silk and plastics - an avant-garde trend taking over from vinyl in trench-coats, windbreakers, hats, handbags and knee-high boots; we jiggle fringes, feathers and drawstrings; and we elevate our silhouettes with metallic shades, rainbow sequins or shimmering polka-dots.

To keep us grounded, a 90s urban vibe brings to the table a genderless and utilitarian style, emphasized by a naturel make up. From super casual to dressier, we can choose from anoraks, parkas, deconstructed jackets, work-wear jumpsuits with multi-pockets and zillion zippers, extra-long shirts worn as dresses, short suits (long jackets with short pants or skirts), or high-cut bodysuits with low-cut pants. Utilitarian doesn't mean flairless

at all, because the down-to-earth look is smartened up by whimsy scarves, turbans, single earrings and the unexpectedly omnipresent fanny pack. Yes, you heard me right. The silly fanny pack we are so used to associate with zany travellers is the uncontested ruler of this season's handbags. Worn over the shoulder like a real handbag, or around the waist traditional-way, we get to see it paired even with evening attire and in most formal happenings. You ask me, I find the accessory insufferable. But dozens of



Zimmermann

looks from worldwide runways beg to differ.

This year has started with a few empowering moments provided by fashion. Ethereal clothes proved to have a meaningful weight in key progressive events. On catwalks all over the world, models of all genders found a place to promote the idea of expressed personal style and individuality in solidarity. Transgender, macho, boyish, curvy, plus-size, bad girls, good girls, and everything in between, got their voice heard, their confidence applauded, their aspirations showcased. Modern crusaders against inequity and intolerance, they trust to change a little bit the world through fashion's clout and lasting power. I don't know how, when, or if we'll get to live in the world we are crusading for these days, but I'm content to recognize the color of our backbone and the clear sound of our newfound voice.

Years ago, at the end of *The Interpreter*, I watched Nicole Kidman's character reading a foretelling quote from a fictional book, and her unmistakable voice came to mind while watching the arrivals at the Golden Globes, prophetically paraphrasing: "The power uproar around us makes it hard to hear. But the human voice is different from other sounds. It can be heard over noises that bury everything else. Even when it's not shouting. Even if it's just a whisper. Even the lowest whisper can be heard - over armies - when it's telling the truth."

We'll just have to carry the torch and hope for the best. 🌿

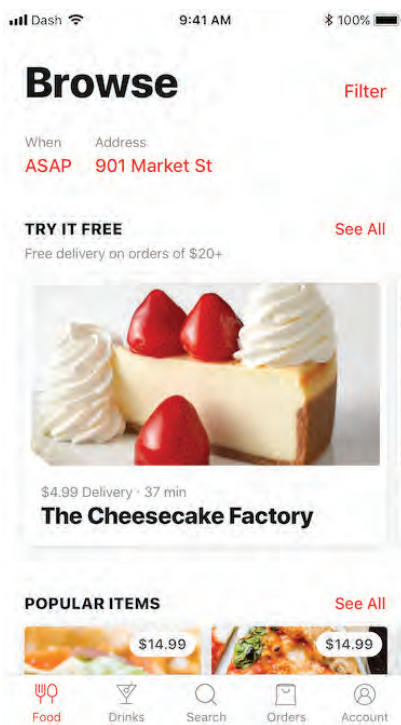
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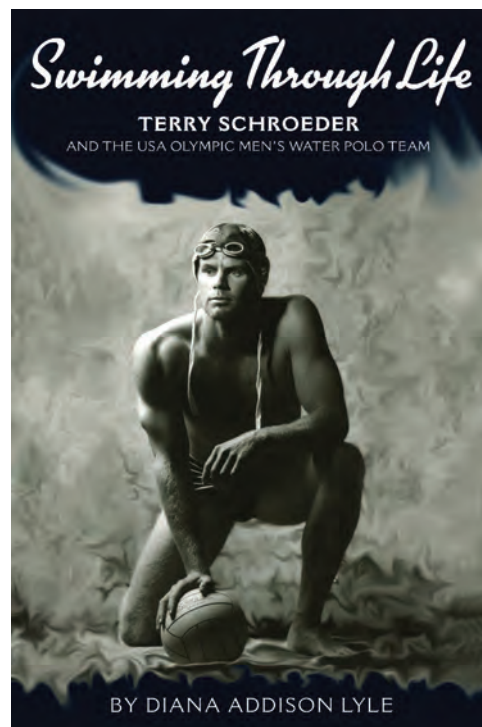
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4



5



3

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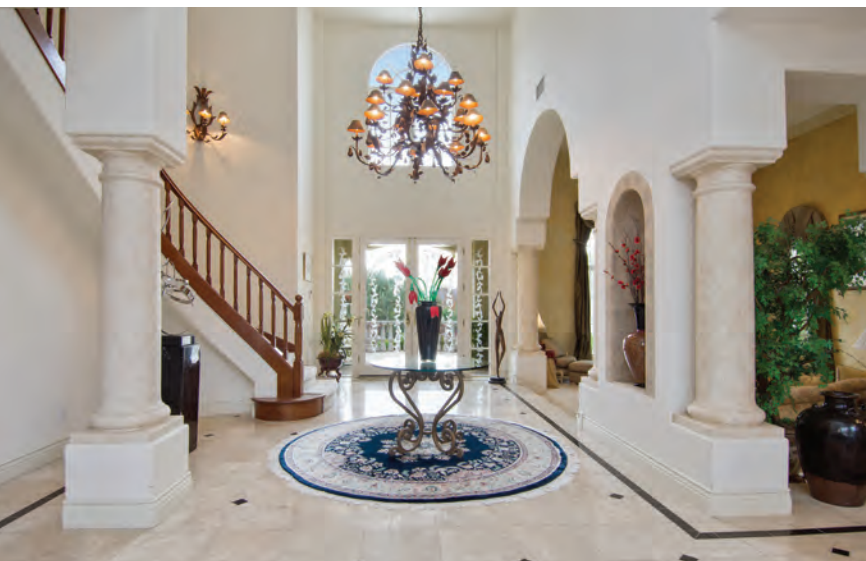
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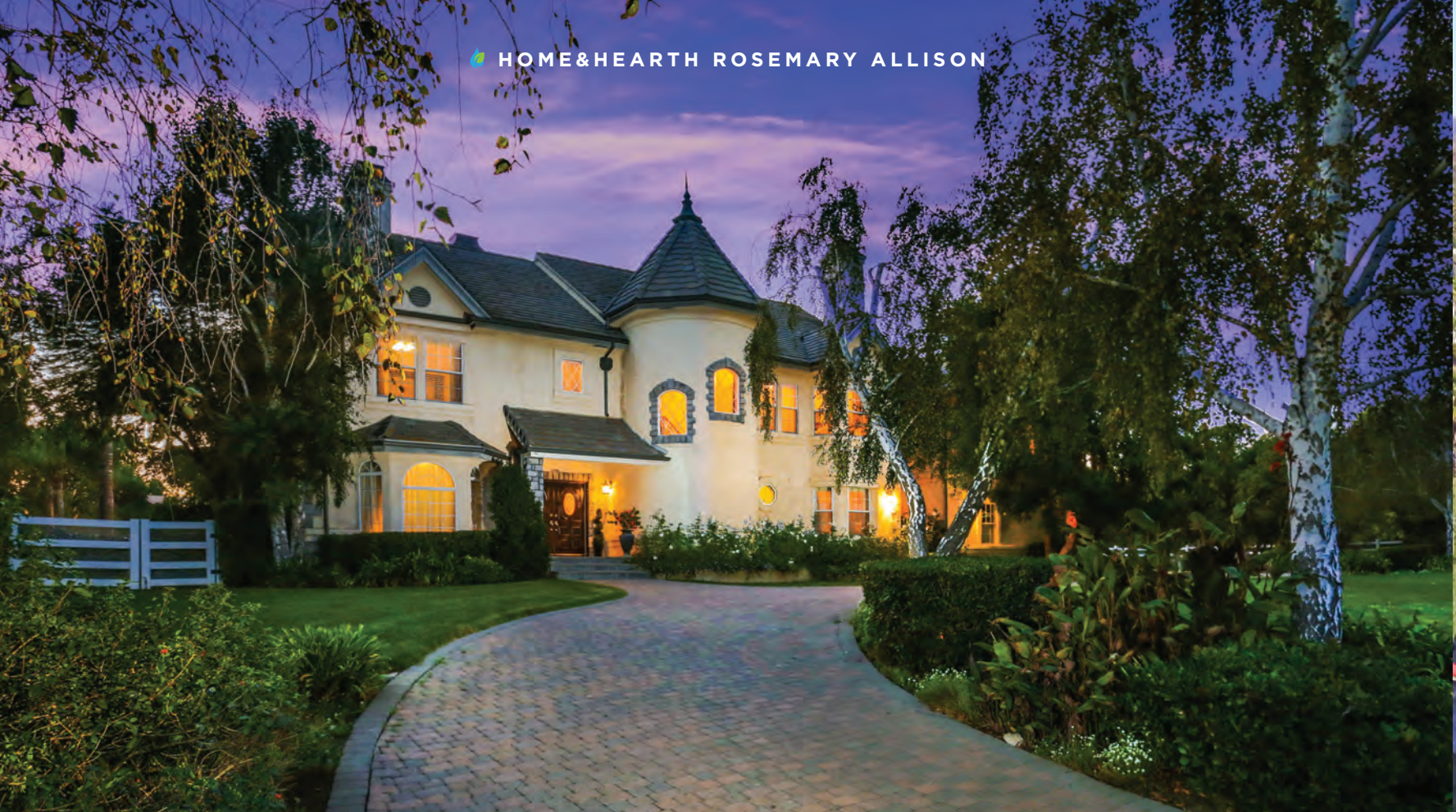
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traditional architectural elegance from the exterior entry, grand two story foyer entrance, stunning spiral staircase, archways and soaring volume ceilings. The Gourmet island kitchen features an extended eat-in kitchen area with French sliding door, granite counters, newer kitchen appliances and walk-in pantry. Upstairs master bedroom suite with sitting area, fireplace, walk-in closet and luxurious bath. Downstairs there is an office or 4th bedroom that would be perfect for guests as it is adjacent to full bath. Panoramic views all the way to the Channel Islands from the viewing gazebo in the rear yard. Back yard privacy and expansive feel with low maintenance, yet offers possibilities for planting an orchard or vineyard. "Award winning Santa Rosa Valley Technology Magnet school district. Reduced to \$1,059,000

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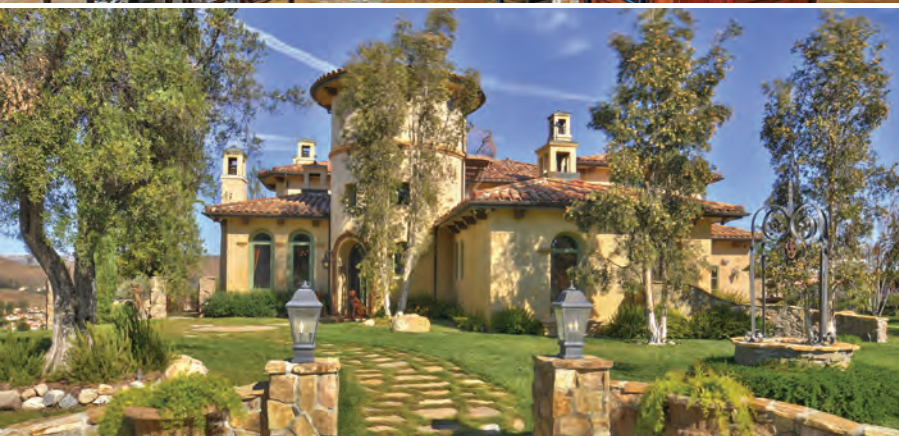
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Sited discreetly behind the Wildwood Ranch Estate gated entry on over 1.7 acres in the heart of the Santa Rosa Valley, this magnificent French style estate resembles a private European Castle chateau offering impeccable craftsmanship and quality and is highlighted by uncompromising extraordinary

finishes. Rivaling any 5-star resort, the two story 4 bedroom, 4.5 bath home features a gourmet chef's kitchen. This grand estate home features a full theater (karaoke room) with stage. Extraordinary finishes throughout this home blending the ultimate in entertaining, relaxation and recreational amenities. Resort styled rear yard boasts an oversized pool, spa, gazebo, and decorative fire pit. Formal double sided fireplace, family room with entertainment center and wet bar. Gorgeous kitchen with center island cherry finish and granite counters. Huge formal dining room. Downstairs bedroom and full bath for guests. Stunning master bedroom suite with rain head over the infinity styled sunken bath. Steam shower. Large balcony. Plenty of room in yard for tennis court or equestrian facility. Offered at: \$1,675,000

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Behind private gates high above the Wood Ranch Country Club, this palatial Tuscan-inspired villa captures 360-degree sunlit views across lush lawns on its lot sized approximately 23 acres. European romance mingles with Californian

magic in this incomparable two-story residence which is aptly situated as the crown on its own hilltop. Classic architectural elegance is revealed from the grand foyer, archways and volume ceilings to state of the art technology and rich inlaid flooring. The superb resort-size backyard seems to be at the top of the world, enjoying a resort-style infinity pool and spa, private one acre lake, nature preserve, space for a helipad, separate guest house, outdoor entertainment barbecue center, fruit trees, lush landscaping and circular stamped drive gracing the entrance. Membership in Wood Ranch Country Club is included in ownership. The master bedroom suite located upstairs is a separate wing with his and hers closets and a luxury bath. 6 car detached garage. Wine room. Offered at \$4,450,000

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How to Prevent Divorce from Ruining Your Financial Life

By Jennifer Leighton

There are many aspects to a divorce. There's the legal aspect – and it is huge. The divorce laws in California are voluminous, complex, and often murky. There's the financial aspect – and that is overwhelming as well. Many of us who've gone through divorce are all too familiar with the uncertainty of what our finances will look like post-divorce. And, of course, there's the emotional aspect – which permeates every other part of the process.

A good family law attorney will be able to guide you through the legal side of your case. And an experienced therapist or counselor can help you to deal with the emotional pieces. In a similar way, financial professionals are available to assist you with the financial effects of divorce. Divorce doesn't have to mean financial devastation! Here are some tips to keep in mind as you work on the financial aspect of your divorce.

BE REALISTIC ABOUT INCOME AND EXPENSES. It is a rare couple who will not feel the financial effects of a divorce. In almost all cases, there is at least some sort of necessary lifestyle adjustment. It's the natural result of separating one household into two. And the days of depending on support payments to carry you through the rest of your life – especially if you are on the younger side – are all but gone.

If you divorce in California, your attorney will have you fill out a form known as an "Income and Expense Declaration." This form shows everything you earn and everything you spend. While you don't want to underestimate the dollar amount you will need to meet your living expenses post-divorce, you also don't want to be unreasonable. This form is also valuable to help you create a new budget as you move forward.

BE MINDFUL OF TAXES. The recent Tax Reform Act created some significant changes regarding spousal support payments. For couples whose divorce is finalized after January 1, 2019, spousal support payments will no longer be tax deductible for the payor nor included in the taxable income of the payee. While the short and long-term consequences of this provision have yet to be determined, it is highly likely the amount of spousal support payments will decrease.

Don't forget your filing status will also change after a divorce. You may file as "Married Filing Jointly" so long as you were still legally married as of December 31st of the year for which you are filing. It is important to keep your future filing status in mind while you are negotiating the terms of your divorce. If you have the ability to file as "Head of Household," you will see a greater tax benefit than simply filing as "Single."


DON'T FORGET INSURANCE. It is crucial that the spouse who receives support payments have a life insurance policy on the spouse who pays them. In addition, the payee spouse should be the owner of the policy, the beneficiary, and the one who pays the

premiums. Don't rely on your spouse's life insurance through his or her employment! In many cases, those policies will not provide enough coverage and you will never have 100% control over your name being taken off as the beneficiary.

If you've relied on your spouse for health insurance, make sure to account for increased costs once you are on your own in your new budget. It is also a good idea to at least investigate the possibility of buying long term care insurance. Women, especially, have a likelihood of needing care toward the end of our lives.

PROTECT YOUR RETIREMENT ASSETS. We often think of our retirement accounts as "yours" and "mine," especially since accounts such as IRAs and 401(k)s are held in an individual's name. However, retirement assets accrued during the marriage are considered community property. Without getting too complex, the general rule is that gains or returns on separate property investments are likely also community property. And these assets may be one of the largest of your marital estate.

All too often, one spouse will fight to keep the house and "make up the difference" by walking away from their interest in the retirement accounts. Unless you have a very large marital estate – or would be able to meet all of the expenses of the home without your former spouse's help – this is usually a bad idea and can have severe consequences on your financial future. Think carefully before you forgo retirement assets and utilize a financial planner to analyze the true cost of making such a decision.

While there is no "ideal divorce," your ideal goal should be to have your family law attorney, your CPA, and a financial advisor experienced with divorce cases work together to guide you through this time. Employing the right team of professionals can help to smooth out your transition period and prevent your divorce from being any more of a financial stress than it needs to be. 



Jennifer C. Leighton, JD, Certified Divorce Financial Analyst™ is a Senior Analyst at Manchester Financial, an Investment Counsel/Wealth Management firm located in Westlake Village. She specializes in helping divorcing and divorced individuals achieve financial peace of mind and she is passionate about educating and empowering women to take control of their financial lives. Jennifer is a published book author and her article, "7 Financial Tips for Women Facing Divorce," was published on The Huffington Post. For more information, call 805-495-4405.

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Is a Trust Right for You?

Trusts can be an efficient way to provide the next generation with a financial legacy—but that’s not all. Here, Merrill Lynch Wealth Management explores some of the lesser-known benefits of trusts.

Many people assume that trusts are only for the very wealthy. That is not the case. “Trusts are tools that give you very specific control over how your wealth is used and protected, no matter how much money you have,” says Kevin Hindman, managing director and national trust executive at Merrill Lynch Wealth Management. They can be set up while you are alive to provide for the management of assets in the event that you or a loved one becomes incapacitated — a valid concern given our increasing life spans and the prevalence of conditions like Alzheimer’s. But they are also very useful as a way to help ensure that your money is distributed as you wish after you are gone. Here are three potential benefits to consider.

MORE CONTROL. You can use a trust to set rules or conditions about when and how your beneficiaries will receive their inheri-

tance. For instance, if you prefer that your son pursue a professional degree or start a career rather than buy sports cars, you could establish a trust that sets a specific age or milestone, like graduating from law school, or turning 30, before the money is made available. Trusts can also help you reach charitable goals or improve tax efficiency.

A MEASURE OF PROTECTION. Trusts can help ensure that your children, grandchildren or other loved ones receive their inheritance if you divorce or remarry. They can also help shield assets if you or your heirs are in professions, such as surgery, that come with a high risk of litigation.

INVESTMENT GUIDANCE. A trust lets you designate a professional money manager, so if loved ones can no longer handle investments, family property or a business, they might be protected from costly mistakes. The same goes for heirs who are too young to invest and manage an inheritance.



Ray DiBartolomeo

For more information, contact Merrill Lynch Financial Advisor Ray DiBartolomeo of the Westlake Village, California office at 805.381.1473 or ray.o.dibartolomeo@ml.com.

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KONA KAI RESORT & SPA

SAN DIEGO, CALIFORNIA

Sip chilled drinks with marina views on the beach



Shelter Island - Just minutes from downtown, yet a world away

Just down the coast, hidden at the tip of San Diego's Shelter Island, a legend is reborn. Renowned for its mid-century roster of illustrious guests —like the Rat Pack and JFK — Kona Kai Resort & Spa has recently added 41 new brilliantly appointed suites to their 170 guestrooms. In addition, a brand new adult-only pool will debut, offering a quiet sanctuary for those seeking relaxation. Sunset Terrace Lawn, a lush knoll for beautiful weddings and social events, now overlooks Point Loma and a serene Marina.

With any stay at the Kona Kai, a dinner or drinks at Vessel Restaurant is not to be missed. Sit around the 360 degree glowing bar and order from a menu of classically reinvented cocktails. Dine with peaceful marina views as the boats sway gently on the lulling Pacific water.

To make it a truly relaxing getaway, onsite SpaTerre offers globally inspired treatments and rituals, many that are hard to find within the United States. At the end of the day, retreat to your spacious guestroom, or spoil yourself by being amongst the first to stay in the fabulously designed suites.

Renowned for its mid-century roster of illustrious guests like the Rat Pack and JFK — Kona Kai Resort & Spa has recently added 41 new brilliantly appointed suites to their 170 guestrooms



Marina View Lawn - The perfect spot to mingle outdoors



Paloma Pool Bar - Lounge around, take a dip, have a ball



SpaTerre - Rejuvenate mind, body and soul at the spa

RELAX, RENEW, REVIVE

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JAPANESE DISTINCTION

Godzilla was nowhere to be found. Frankly, I did not know what to expect from Japan. Most people I meet have no desire to go there. What I discovered was so magical that I told my family I would like to live there one day. I find this feeling to be shared by most people who have made the 12-hour journey across the Pacific. I asked my teenage daughters to find one word to describe Japan. In unison they proclaimed, “Utopia.”

How could Tokyo, teeming with 38 million people, be anything close to perfect? Could a place routinely rated first in categories of “helpfulness of locals,” “nightlife,” “shopping,” “local public transportation,” “lowest crime rate,” and “cleanliness of streets” live up to its reputation? Yes, it does. Japan is all of those things and more.

PHOTOGRAPHY & STORY BY GLENN DAVID

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The people of Tokyo are in sync with each other. If someone is sick, they wear a mask to keep others from catching their cold. Cross at Shibuya intersection with 1 million people per day and no one will ever bump into you or even touch you. Lose your phone in a tea house? No fear, it will be turned in to lost-and-found.

Attention to detail is everywhere. Taxi drivers wear white gloves, fish is so fresh you can eat sushi in a train station (and want more!), ride the bullet train and receive a welcome bow fit for a King, and countless more examples everywhere you go. It is no surprise that Tokyo has more Michelin Star restaurants than any other city in the world. Like everything else, food is treated with the highest regard. At the Tokyo Fish Market, tuna is carefully examined and bid on.

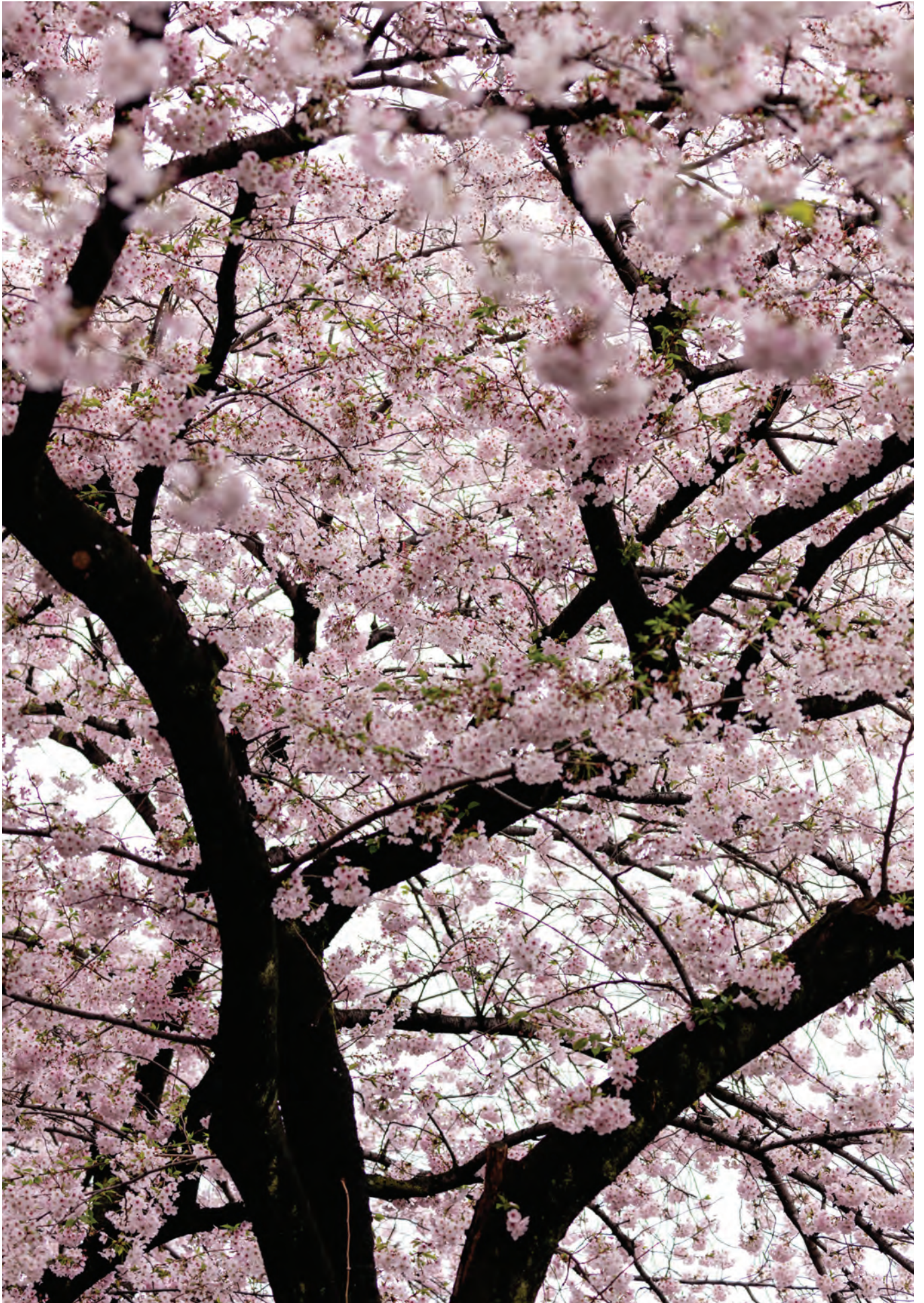




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The Japanese are proud of everything they do. Their chocolate is some of the finest I have ever tasted. In one shop, I ordered a single piece of dark chocolate-covered orange peel. The shop owner used a white glove to choose the best looking piece. This was then gently placed in a small box, wrapped and carefully tied with a bow. The presentation was completed only after the box was carefully handed to me with both hands. In Japan, these types of details are equally as important as the taste of the chocolate.

I hope you are inspired to experience the visual beauty, the flavor, and the culture of Japan. 🍫



THE STONEHAUS

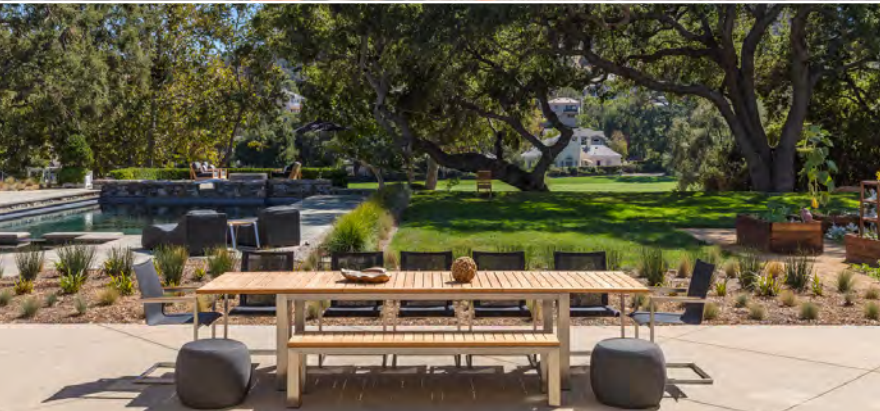
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the art appliances & chic dining area accented by a baccarat chandelier. The sprawling grounds feature a guesthouse with a spacious balcony, swimming pool & spa, built-in barbeque, sport court, herb & vegetable garden, fruit trees & manicured rose bushes. Spectacular views of the famous Jack Nicklaus golf course & shimmering lake evoke a relaxing & charming lifestyle, creating the ultimate oasis.



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