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A woman with long, wavy brown hair is seen from behind, walking on a sandy beach. She is wearing a white, sleeveless, knee-length lace dress with a V-neckline and a fitted waist. The background is a bright, hazy sunset over the ocean, with waves gently lapping at the shore. The overall mood is serene and romantic.

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Editor's letter



Supporting Team USA.
Photo by Curtis Dahl

Thanksgiving and the Holiday Season are upon us after what seemed to be a never-ending summer. This is the time of year when we snuggle up in our cozy homes with our loved ones and reflect on 2012.

The elite athletes that make up the **USA Olympic Men's Water Polo Team** have graced our cover this Holiday issue to remind us that natural strength and physical perfection does, in fact, exist. Not a single bit of air-brushing was necessary in this photo shoot that soon became known as 'Men from Heaven.'

The entire **2012 Olympics** is summarized on Pg 48 and we reflect on the moment when **Michael Phelps** entered the world's history books - becoming the Greatest Olympian of All Time. As he climbed the Gold Medal podium for the final time in his career, the self-effacing Michael Phelps turned to his coach, Bob Bowman, and said, "We got here together".

Santa Barbara Polo & Racquet Club has hosted an exciting season of Horse Polo this summer and we interviewed the undisputed best player in the world, **Adolfo Cambiaso**, as he led his team to victory. Enjoy the action on Pg 12.

Magda Pescariu takes us through the change of seasons in her inimitably artistic way. Her Fashion article is entitled "Only Snow Feels New Everytime" (Pg 60).

Antique Menagerie showcases some warm Holiday Home ideas as we get into the mood and celebrate the season. The accent is on having fun and remembering to let the inner child in all of us - out to play (Pg 34). Also in the Home and Hearth section are some magnificent homes offered by **Sigi and Pam** (Pg 70) and **Jordan Cohen** (Pg 76).

Our **Localscapes** (Pg 90) features beautiful Paso Robles for a day trip in the perfect days of autumn, and we sail away in our **Travelscapes** (Pg 94) on some of the most glorious ships.

Happy Holidays to you ALL.

Diana Lyle



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Adolfo Cambiasso in action [# 4 white shirt] at Santa Barbara Polo & Racquet Club



Portrait of a Champion

CAMBIASO STYLE POLO

BY ROBERT CHELBERG & DIANA LYLE · PHOTOGRAPHY BY DAVID LOMINSKA

There's exciting Horse Polo and then there's Cambiaso Polo - the type where the ruggedly handsome 37-year-old Argentine, Adolfo Cambiaso, thunders across a polo field at 40 mph, bouncing the ball on his mallet before hitting it into the goal. Apart from the unfathomable courage that play at that level requires, Cambiaso's innate talent is so mesmerizing that opposition players have been known to stop and stare at his incomprehensible abilities - instead of playing. And that is what has made this South American phenomenon the Number 1 polo player in the world for going on 20 years.



Adolfo Cambiaso (center) receiving MVP award for The Pacific Coast Open

His raw talent allows him to control the ball while he is flying down the field no matter if

the ball is stationary, rolling, or bouncing wildly; as long as it is within reach of his mallet, it is his. It's an ability he does so naturally that even he cannot explain it. When probed, Cambiaso responds, *"I just play, that's all. When I'm in the field, I always connect with what I'm doing. I can't explain it. I can't control it. It just happens."*



Prince William and Adolfo Cambiaso



THE STATS SAY IT ALL

There isn't a polo trophy that Cambiaso hasn't won. To date, he has led his teams to victory in 7 Grand Slams, including 5 British Opens. He holds 31 Master Cup titles including the US Open and Argentine Open, 15 titles in the World Polo Tour Cup, and 6 in the Challenge Cup. In the 1998 Argentine Open – the toughest polo tournament in the world – he set the record at 67 for the number of goals scored.

RANCH LIFE IN ARGENTINA

Home for Cambiaso is La Dolfina, a 100-acre polo ranch that he built in Cañuelas, the same region he grew up in, 30 miles south of Buenos Aires. Cambiaso's father, also Adolfo, was a keen polo player and a 3-time South American long board surfing champion. His mother created the La Martina Polo Ranch on the family's 350-acre estate on the edge of the Pampas. It was here that Cambiaso grew up with his polo-playing half-brothers, Salvador



Thrilling high-speed
action at The Pacific Coast
Open at Santa Barbara
Polo & Racquet Club

and Marcial. Polo is such a passion in Argentina that Cambiaso was put on a horse before he knew how to walk. Later on he displayed a distinct flair for tennis but he stuck to his roots and the game that came most easily to him - polo. He has famously and self-deprecatingly quipped, "In polo you jump on a horse and you play. *To play tennis, you have to train every day. It's your legs that do all the work. In polo, it's the horses' legs that do the work.*"

TURNING PROFESSIONAL

By the time he was 12, Cambiaso had a one-goal handicap. At 14, he decided to play professionally and took up an invitation to come out and play in the U.S. Needless to say there was no holding him back after his American baptism. Together with his equally-famous wife, Maria Vázquez (Argentina's top model) and their three children, Mia (11), Adolfo Jr. (6) and baby Mila, Cambiaso travels the world polo circuit with his family.



Adolfo Cambiaso, Andrews Weiss, Santi Torres, John Muse, Mia & Adolfo Jr. (Cambiaso's children)

SANTA BARBARA POLO & RACQUET CLUB'S PACIFIC COAST OPEN

We caught up with Adolfo Cambiaso at Santa Barbara Polo & Racquet Club where he played in the thrilling final of the Pacific Coast Open on September 2, 2012, and scored the winning goal over 150 yards in overtime to retain the trophy for team Lucchese with a 16-15 win over Grant's Farm. Not surprisingly, Cambiaso was named MVP (most valuable player). The crowds were on their feet during the 5th and 6th chukkas as they watched the number 1 player in the world pull his team out of a 7-13 losing hole at half time - to a final 16-15 win. Anybody who's ever played against Cambiaso knows that once he picks up the ball - he's capable of producing superhuman feats.

The unpretentious polo super-star shares a house on the beach with his family when he plays in Santa Barbara. He clearly enjoys the Southern Californian laid-back lifestyle and chatted about his love of surfing while he's not on horseback. The importance of Cambiaso's family is vastly evident the second he alights from his horse. His eldest children Mia and Adolfo Jr. affectionately surround their dad - proudly sharing in another one of his victories.

GOING INTO THE 5TH CHUKKA (OF THE FINALS OF THE PACIFIC COAST OPEN), YOU WERE DOWN 6 GOALS. HOW DID YOU TURN THE GAME AROUND?

CAMBIASO: We had a couple of good breaks for our team; Santi Torres scored a couple of goals and things seemed to go our way. The first

3 chukkas things definitely didn't go our way but then, thankfully, things turned around in the last 3 chukkas. It was an unbelievable comeback when you consider that we scored 7 goals in 2 chukkas and 8 goals to win. I guess that is amazing.

WHERE DO YOUR HORSES COME FROM FOR THIS PACIFIC COAST OPEN TOURNAMENT?

CAMBIASO: Everywhere: Argentina, Australia....I bring them over here. These are the same horses I play during the winter season in Florida and that I use for the U.S. Open.

HOW LONG HAVE YOU BEEN IN SANTA BARBARA?

CAMBIASO: We (my family and I) have been here since August. I was playing in England before we came here. Coming here in August gives me a little bit of time to practice with the team before this final tournament. My family and I stay at the beach. We have a house there and together with my kids we have a great time. I surf. My father was a 3-time South American long board surfing champion. I know how to surf! (Laughter ensues)

WHAT IS IT ABOUT POLO THAT YOU LOVE?

CAMBIASO: Definitely the horses. I was born and raised on a farm with horses and they are a very important part of my life. The sport of polo has given me a lot. I am very grateful. 🍀



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Nautica Malibu Triathlon

Photography by Chris Polk / Getty Images

Over 5,300 participants swam, biked and ran in the 26th Annual Nautica Malibu Triathlon held on September 16th, raising over \$1.17 million for Children's Hospital Los Angeles' Pediatric Cancer Research Program. Celebrities, tri-athletes and corporate teams alike raced side-by-side on the sands and in the waters of Malibu - cheered on by enthusiastic crowds - who all came out to support this truly worthy cause. *(continued on next page)*

Entering Swim



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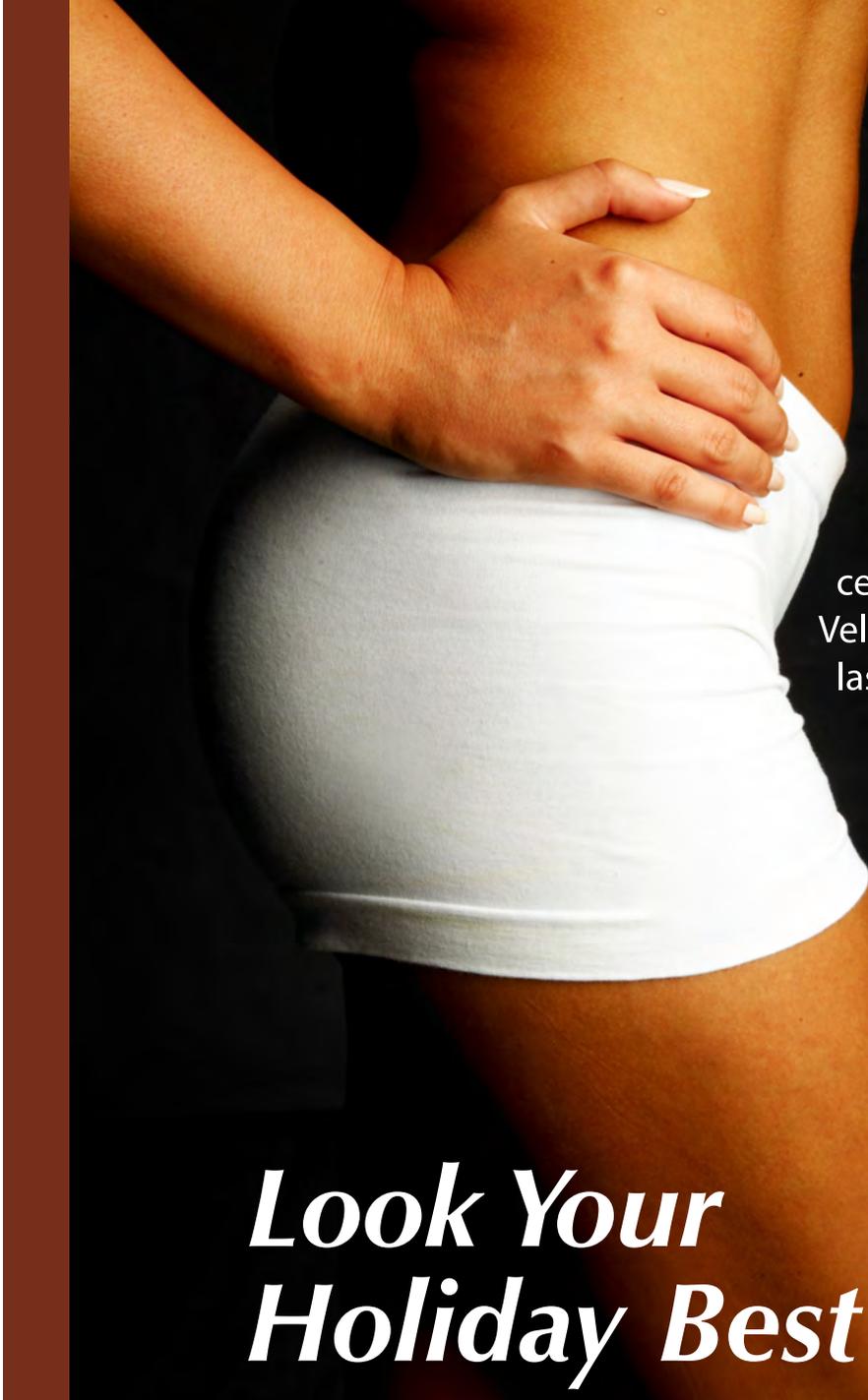


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Nautica Malibu Triathlon

Photography by Chris Polk / Getty Images

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James Scott



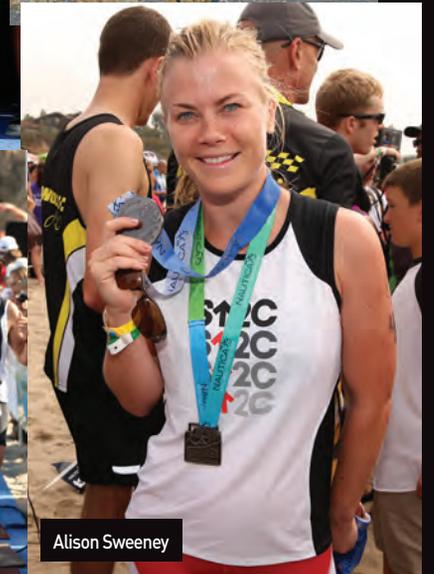
Mark-Paul Gosselaar's team takes 1st Place



Rainn Wilson



Alison Sweeney



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Tot Trot



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Malibu home of Catherine Oxenberg and Casper Van Dien, circa 2012



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Ride On Therapeutic Horsemanship

Ride-On Therapeutic Horsemanship recently held its fall fundraiser on Rancho de Caballos in Hidden Valley. The organization serves the needs of mentally and physically disabled children and adults through therapeutic horseback riding. Over 170 families benefit from Ride-On's efforts on a weekly basis. Larry Goldman, whose daughter has autism, made this observation: "Each week I witness the joy and connections made between the riders, the horses, the many volunteers, and Ride On's trained staff." www.rideon.org (continued on next page)



Megan Selleck, Kirsten Selleck, Vicki Shinn, Debbie Taymour



Mikey Roseberg on Lego



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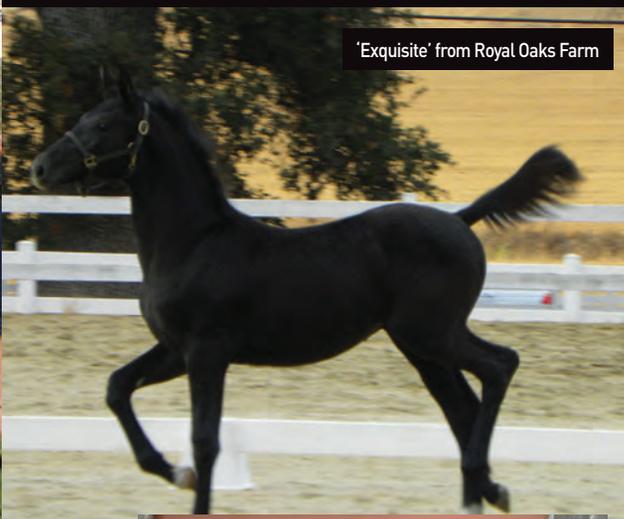
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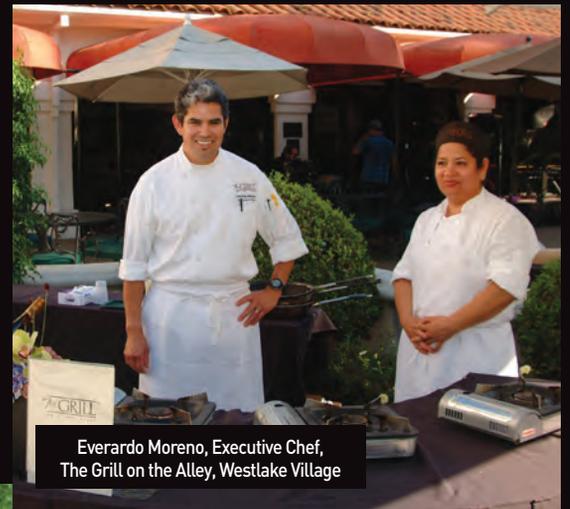
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Senior Concerns

On September 9, 2012, 380 attendees showed their support for community seniors by attending the 27th Annual Ultimate Dining Experience at the Hyatt Westlake Plaza. The event raised over \$145,000 for Senior Concerns, a non-profit in Thousand Oaks, CA dedicated to serving all seniors, especially those who are frail and have special needs. Caregivers and families are also supported. The diverse services include Meals On Wheels, a professionally managed Adult Day Program for cognitively impaired seniors, and an Alzheimer's Resource Center.



Everardo Moreno, Executive Chef, The Grill on the Alley, Westlake Village



Attendees supporting Senior Concerns



Keets Cassar and family



Mr. & Mrs. Gary Trow, Former Sr. Concerns Board Member, Carol Freeman, Sr. Concerns Past President, Jacqui Irwin, Thousand Oaks City Councilmember, Jon Irwin



Karl Klessig, Phillipa Klessig, Westlake Village Mayor Pro Tem, Debbie & Chris Rolin

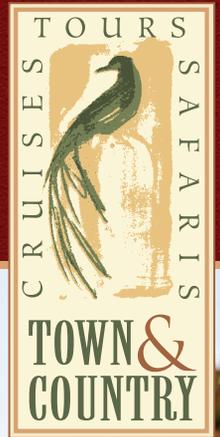


Joanne Chang, Los Robles Hospital, Sr. Concerns Board Member, Kim Lucas, Baxter, Sr. Concerns Board Member, Dylan & Cassandra Hull



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Motoring pursuits

A Stabile Base

Billy's solid foundation of family friends—and family **By Larry Crane**

“**W**e knew all the big parking lots in the Valley and when the businesses would be closed. We used a different one every weekend,” Billy Stabile remembers, “in an effort to keep my racing go kart practice sessions out of sight—and sound—of the police. I was 9.”

Willie Stabile moved his family from New York City to join his three older brothers on the left coast after WWII. All were gifted artists and well established; two as fine cabinetmakers and one a well-known band leader, Dick Stabile and His Orchestra. Willie preferred creating with metal and quickly found work in the booming aircraft industry before becoming part of the developing hot rod culture. The most effective car builders and hot rodders in the San Fernando Valley were trained as aircraft fabricators and mechanics. The demand for quality work was a direct transfer. As he became known for his automotive knowledge and devotion to detail, Willie was able to open his own shop offering both car repair and carefully crafted hot rods. In that highly-focused atmosphere he mentored his young son, Billy.

“By the time I was 10 I was working with my dad, and was a pretty good mechanic. I already knew what I wanted to do, so with dad’s blessing I applied for the local International Harvester training pro-

gram as an intern and by 16 was already qualified for a journeyman license. I was living at home and making as much as men twice my age with families. I had car money.”

Local movie and television people became regulars at Willie’s shop and his reputation caught the attention of Universal Studios who finally brought him aboard as a staff mechanic. Late in 1970, Willie finished the cross-country shooting marathon for “Two Lane Blacktop” with James Taylor, Dennis Wilson, Laurie Bird and Warren Oats. One of the actors (probably Wilson, the only car nut in the cast) needed some work on a big-block Corvette. As a thank you for both the Corvette work and for staying with the exhausting project, the crew gave Willie one of the film’s Richard Ruth-built ’55 Chevy two-door sedans from the project. In Billy’s hands it got a supercharged big-block engine that was moved rearward in drag racer style, and lots of lightweight fiberglass bodywork. The beautifully finished film veteran was eventually contracted as Harrison Ford’s street racer in “American Graffiti.” More important to the Chevy’s legacy, though, is its eventual sale to help fund the first few months of married life.

Billy’s multi-talented uncles finally transitioned from fine cabinet making into the music business with the Lewis and Martin band. Uncle Joe even became manager for Jerry Lewis and served in that capacity until he (Joe) passed away. From the days in New York through

Billy Stabile and his Aston Martin Vanquish (grey) and the latest Aston V12 Vantage at Stabile’s home in Hidden Valley







Joy is driving your V12 Aston Martin

the celebrated status in Hollywood, Frank Sinatra remained a friend of the family—so did a host of others with names we all know.

“I was never star struck,” says Billy. “I grew up with the Rat Pack as family friends. Mom’s Sunday dinners were an open house for anyone stuck in a studio project that week. There would be note-worthy actors, wanna-be-actors and showbiz characters sharing the table with the back-lot wizards who made careers possible.”

Like father... Billy was recruited into the Paramount Studio automobile department at the age of 20. His first projects were the TV cars of “Happy Days,” “Taxi,” “Laverne and Shirley” and “Mork and Mindy.” After a move to film projects with “Grease II” he was added to the team for Steve McQueen’s film “The Hunter.” Running late after an all-night scramble preparing a McQueen car for a morning shoot, the caps were left off the battery. Immediately upon his arrival on set, McQueen lifted the hood for a quick examination of the preparations. The open-top battery was right in front. His dissatisfaction was thermo-nuclear and personal. Billy remained on set only with, “...a lot of softly spoken ‘Yes sirs.’”

As trust for Billy’s reliable, dynamic team grew among the studio production groups, it seemed possible to move his resources off site and open a facility outside the traditional studio chaos. Aaron Spelling supported the move with

both encouragement and resources. Creating his own work environment brought Billy’s father’s mentorship into focus. “My dad taught me the importance of an organized shop and a clear work space.” The Stabile facilities were famously clean, organized and efficient; they quickly became the favorite hangout of the studio’s celebrity cast and crew. The original 25,000-square-foot shop operated behind the façade of an Italian restaurant on Santa Monica Boulevard; a celebrated effort in the Hollywood cleanup campaign.

With a bemused smile, Billy remembers: “One afternoon a Santa Monica Boulevard derelict wandered into the shop in search of a restroom. As he departed, he announced that the place had the cleanest one in Hollywood.”

It was also a safe place with a certain sense of discretion—even philanthropy. Among the regulars was the 1980’s class of hopeful audition chasers who could not afford to keep

their transportation alive. That growing Stabile fan base included about a dozen who simply dropped off their ailing transportation to be resuscitated. It would be collected at the end of the day with neither invoice nor comment. The shop’s workload blended the studio projects with civilian repair work and eventually out-grew its near legendary space. Additional properties were purchased on near-by side streets to service the non-studio public and new façades disguised the workman-like interior spaces, until Stabile Properties, LLC, became far more valuable than the businesses it disguised.

Through it all there were cars and racing—with dad. There was a very exotic Rotax 250-powered go kart, an elegantly-made Honda 350-powered Bonneville speed record car that Billy’s dad created because he thought it would be fun. Just for fun, Willie’s shop truck became an always surprising Q-ship (think stealth fighter as pickup truck); a modest 1951 Dodge work truck with a Dodge 426 Hemi, an engine of revered racing history—many stories that remain Top Secret. Eventually, there were real, open wheel formula racing cars for Billy - first a Formula Ford, the transition everyone made from go karts to big horsepower cars. Billy raced that one for 7 years and still has it. His last was a 1986 March American Indy Racing Series car with Chevrolet V-8 power. It had the provenance of seasons in the hands of legendary American racing star Pancho Carter.

Stabile family horse power is now carefully ensconced in elegant stables in Hidden Valley. The ranch occupies dramatic topography decoratively detailed with field stone walls and architecture inspired by memories of Westchester County. Even so, the sweetness of California life is everywhere. In the property’s elegantly faced garage lives a V-12 Aston Martin Vanquish coupé. While not a silent specter on the road, it is a grand presence in local parking lots and a sumptuous place to spend the day cruising between vistas from Hidden Valley to the coast. 🌿



Dad & son with Billy's last racecar



The movie star Chevy

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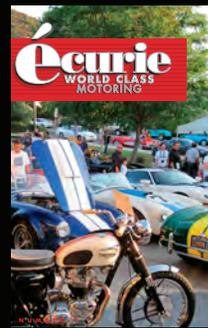
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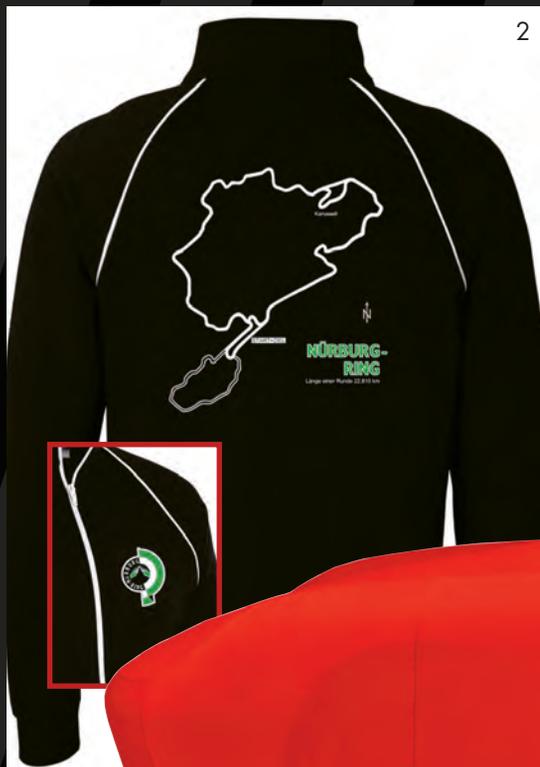
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6



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“Inspire Reality” at Four Seasons Westlake Village

On October 5th Mr. David H Murdock and Mayor Susan McSweeney hosted an event entitled “Inspire Reality” at the Four Seasons Westlake Village. This event was part of an ongoing effort to raise funds for the New Park and Triunfo YMCA.



David H. Murdock & Colbie Caillat



Mayor Susan McSweeney

Mrs. Holland Alexander & Mr. Clayton Alexander



Mrs. Yarrow, Miss Caillat, Mr. Yarrow



Colbie Caillat



Tadd Ekstrand, Holland Alexander, Janine Peck-Evans, David H. Murdock, Colbie Caillat, Clayton Alexander, Marissa Djernes, Josh Tuz



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Holiday Home Flair

by Antique Menagerie • www.antiquemenagerie.com

Ken and Donna Gill at Antique Menagerie (at the Via Colinas Designer Store Center in Westlake Village) have established a loyal clientele at their store because of their uncanny ability to seek and find one-of-a-kind vintage items. Ken, in particular, goes on these exciting expeditions and brings back to the store the kind of conversation pieces that nobody else is able to find. Ken and Donna then creatively marry an elaborate vintage piece with comfortable modern features. The carefully-crafted end result is a warm, inviting, comfortable home that is accentuated by a touch of something elegant and whimsically elaborate. There is no end to the Gills' imagination, their sense of fun, and their undeniable eye for beauty. In Antique Menagerie you will find delightful mixtures of luxury and curiosity.

Ken and Donna have taken an elegant 1940's dining room set and buffet from Turino Italy, and mixed it with old vintage farm artifacts to create a room that has been transformed into farmhouse chic. It's not antique old and stuffy; it's warm and inviting





(From Left) Rustic place settings with English Iron Stone dishes. 150-year-old window planter box married with fresh gourds and autumn rust beading. Close up of vintage handmade European farmers hay fork mixed with spanish moss.





Homeandearth

The pictures of crystals and snow balls are the inspiration for the living room (left)

(Left) Early 1800's French Entry Door with mirrored panes with mounted pair of French sconces draped with a willow twig wreath
(Right) Crystals are used for the feel of cool winter icicles.
(Below) Glistening snow balls to remind us to be playful and carefree during this season.



Rustic Wood Meets Elegance: Snow sprinkled pine trees, pine cone garland wrapped with delicate crystals dangling from the mantel. The fire blazing with candles lit make the perfect setting for a cozy winter's eve.



Homeandhearth

Holiday at the Menagerie Open House Saturday, Nov 10th 10am-5pm. Please join to celebrate the Holidays and browse while you enjoy hors d'oeuvres and warm cidar. All merchandise from these seasonal pictures are available at Antique Menagerie. Ken and Donna Gill wish everyone a happy holiday season.

Antique Menagerie, Ken & Donna Gill
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Green French Doors serve as a backdrop for pair of turn-of-the-century skis and poles, farmhouse chair with European grain sack pillow.

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Motoring pursuits

2013 Mercedes GL- Better Than Ever Model

The bold muscular shape of the all-new GL houses not just a cavernous cabin but surprising dimensions in luxury and efficiency. It goes head to head with vehicles such as the Cadillac Escalade, Audi Q7, Lincoln Navigator, and Infiniti QX56. The GL may not be for everyone, but apparently was right for some 25,000 Americans last year. With this new refresh, Mercedes expects to sell even more this year. Its advanced, high strength body structure elevates comfort, safety and roominess while every model offers higher fuel efficiency and quicker response.

From its heated-power front seats to its power-folding third row, the GL class combines full size accommodations with meticulous attention to detail. Hand polished wood and sleek brushed metal trim present an abundance of user-friendly innovation with a timeless aura of craftsmanship. Standard Eucalyptus or Burl Walnut wood trim provides a warm glow. Top-stitched upholstery is fitted to each seat by hand.

More spacious than ever, the GL glass accommodates up to seven adults or 93.8 cu ft of cargo. The 60/40 split 2nd row seats fold flat in seconds, and offer convenient 3rd row access from either rear door, with power EASY-Entry a new option. The 3rd row offers generous head and legroom, or power folds in a 50-50 split. Even with all seats in use, there's still as much cargo space as an E-class Sedan. The roomy second and third rows offer easy access and ample room. Easy-entry features are provided on both



sides. For even greater enjoyment, the optional Rear Seat Entertainment system lets 2nd-row passengers watch DVD movies, attach a por-



table gaming console and more. Optional Panorama roof takes the sunroof to an entirely new dimension. The first of its kind in a full size SUV, it offers a view of the sun and stars to all three rows, along with a power front section that opens wide to deliver full sun with a gentle breeze. Its hands-free Bluetooth to its paddle shifters to its available voice control system, the GL-class cockpit puts

a world of control within easy reach. An array of listening choices include an in-dash 6 DVD/CD changer, SD memory card reader HD radio stations, IPOD integration, Bluetooth wireless streaming, an AUX jack and USP input, all standard, and you can expand your options further with available SIRIUS XM radio, a 10GB Music Register for storing your digital music, and a 830 watt Harman/kardon LOGIC7 surround sound system with 13 speakers plus a powerful subwoofer. Three advanced Direct Injection engines generate impressive power output with minimal emissions. A pair of biturbo gasoline V-8's in the 362-hp GL450 and 429-hp GL550, along with a clean diesel v-6 in the 240 hp GL350 Bluetec eagerly produce the torque-rich response necessary for quick acceleration and up to 7,500 lbs of towing capacity. Each teams up with a paddle shifted 7-speed automatic that's been reengineered for smoother, crisper shifts and higher efficiency. Standard 4matic all wheel drive integrates our 4-wheel electronic traction system. 4-ets continually redistributes the engines torque to the wheels with the best grip, even if that's only one wheel. And with a permanent 50:50 front /rear torque split a new load sensing Electronic Stability program, 4matic offers sporty handling on dry roads, too. 🌊

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Chatroom



Short Stories About Big People

By Bob Eubanks

Here we go, some more Short Stories About Big People. In the late 70's, I was doing a live game show at Resorts International Hotel in Atlantic City, N. J. Because I lived in the toy department, one of the games I played was having a man and an elderly woman have a race as to who could put a girdle on the fastest. Oh, did I mention they had to wear boxing gloves? While in the middle of the game, I playfully pushed the male contestant and he fell off the stage. Needless to say, the contestant sued Resorts and I had to show up at a deposition. When the judge asked the contestant what happened, he replied, "I was putting a girdle on while wearing boxing

gloves and Mr. Eubanks pushed me off the stage." The court room exploded with laughter but the guy collected a hundred grand.

I did a live TV show for the Turner network in the 70's - also from Resorts International. One of my musical guests was Sam Butera and his band *The Witnesses*. In the middle of their instrumental version of OLD BLACK MAGIC, the swimming pool on the second floor crashed through the ceiling and San Butera and The Witnesses were underwater on live television.

There is a new television show called *Vegas* coming out in the fall starring Dennis Quaid and Michael Chiklis. It's based on the life of the sheriff of Clark County whose name was Ralph Lamb. Lamb was a friend and he was the most powerful man in all of Clark County. His brother, Floyd Lamb, was a senator; another Darwin Lamb ran a very interesting business in Nevada, and another relative was a veterinarian. I knew Lamb, because like me, he was very active in the rodeo world. I was sitting in his office one day when he said, "Bob, I've got to go. There is some guy who's brought some hookers to town and I've got to go straighten him out." Ralph was a good man and he made a tremendous impact on Las Vegas.

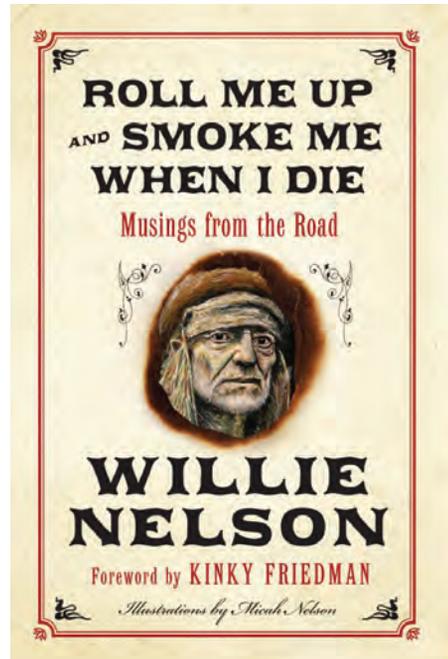


VEGAS is a drama inspired by the true story of former Las Vegas Sheriff Ralph Lamb

Hey hats off to Farmers Insurance. On their Rose Parade float this year they are going to stage an actual wedding. The parade lasts about 2 hours. I was thinking there are some Hollywood celebrities whose marriages last about that long. Oh and if they need a wedding planner, Bella Vita Events is the best in the world.

Speaking of marriages, one time on the Newlywed Game, I asked a lady "What's the one thing your husband told you not to talk about on the show?" She immediately replied, "my husband and my cousin are going to kill my uncle for the insurance." It's amazing what people will say to win a lifetime supply of Rice-a-Roni!

Here are some things I miss in our community: California Pizza Kitchen ASAP at the Promenade. Gum at Starbucks and the big old tree at Westlake Blvd and Triunfo.



Before I go, Willie Nelson's new memoir will be out soon: "Roll Me Up and Smoke Me When I Die". See you next time with more Short Stories About Big People. 🍀

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What's new in town

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Yoga Everyone opened its doors September 2012 in the beautiful Atrium at Whizzin Market Square. With a focus on community, the studio offers unique classes to the Conejo Valley including *Social Thinking Yoga* to children with Autism, ADHD, Yoga Care for cancer support and survivors; Yoga for Athletes, in addition to traditional Hatha/Vinyasa yoga and meditation.

Yoga Everyone's instructors teach from the heart and bring their unique joy and experience to each class. They invite you to explore a yoga or meditation class; browse through their beautiful boutique, or just stop by for tea so that they can get to know you!



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Laguna Furnishings

More than furniture...it's a lifestyle

Laguna Furnishings recently opened at the Via Colinas Design Center in Westlake Village. It is owned by a local certified Interior Designer who has several years of design experience combined with over 20 years of furniture knowledge. Laguna Furnishings offers leather seating with hand-finished leather; leather hides; pre-made floral arrangements, coordinated textiles and designer lighting. The idea at Laguna Furnishings is not just to sell a sofa, but to offer a stylized designer room. Don't forget to check out

LAGUNA FURNISHINGS their pillow and designer mirror walls.



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en Route Travel

en Route Travel was established by Carole Paquette in 1984 in Pacific Palisades and merged with Classic Travel in Westlake Village in 2011. Carole's son Shane joined the business in 1998 and brings a new perspective and an understanding of the next generation of travelers. Since en Route Travel joined the prestigious Virtuoso network in 1996, the leading association of luxury travel agencies, its clients have enjoyed unsurpassed amenities while traveling the world. en Route's primary focus has always been client satisfaction and it continually works to improve this to build long-lasting relationships with its valued clients. Carole and Shane are excited about working with the dynamic team of advisors from Classic Travel

and becoming integral members of the Conejo Valley community. Please stop by or call one of its locations to see how en Route Travel can add value to your next travel experience.

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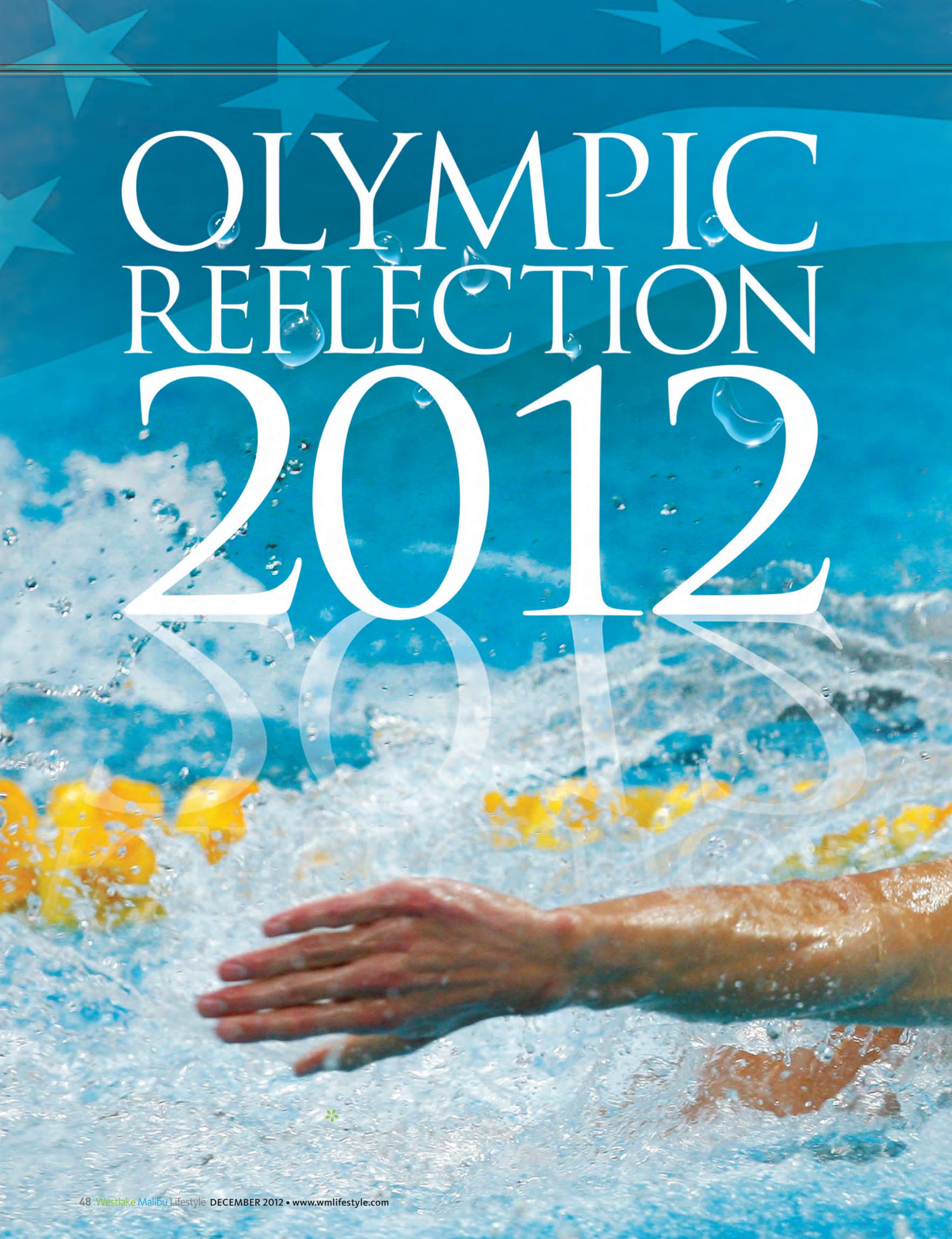
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A close-up photograph of a swimmer's hand in a pool, with water splashing and yellow lane markers visible. The background is a bright blue sky with white clouds. The text 'OLYMPIC REFLECTION 2012' is overlaid in a large, white, serif font. The number '2012' is significantly larger than the words 'OLYMPIC' and 'REFLECTION'.

OLYMPIC REFLECTION 2012

MICHAEL PHELPS

The Greatest Olympian of All Time ★ By Diana Lyle



Michael Phelps dominated in the pool for one final time, and left the London Olympics the most decorated Olympian of all time with 18 gold medals. Easy plain-swimming? Absolutely not. He had a shaky start on his first day and didn't even make it to the podium. He said after the race, "I had to get over that and move forward. It was either I was going to tank for the rest of the Olympics or move forward." The second water sting occurred in his next race - the 4 X 100 freestyle relay. Phelps gave his team the lead they needed but their last swimmer, Ryan Lochte, was beaten to the wall by the French team in the next lane. It was a heart-breaking moment of reckoning. Phelps's third major disappointment came in the 200 fly. He was clearly ahead of all the other swimmers, but South Africa's Chad le Clos out-touched his swimming idol at the wall by 1/100 of a second. Instead of being crushed, Phelps graciously climbed the podium and advised the up-and-coming le Clos to hold his gold medal closer to his face for the cameras. It was a gesture of humility and brotherly support that accurately portrays the real greatness of Michael Phelps. Swallowing that loss in front of the world only made Phelps more determined to turn things around. He said, "I'm not going to make excuses. Le Clos had his hand on the wall first. I'm going to try and shut that out of my head and move forward." And he did. One hour later, Phelps attained his first gold medal at this Olympics in the 4 X 200 relay, and this time he did it with ease with nobody chasing him. Before getting up on the podium to receive the gold medal with his teammates, Phelps said to them, "Boys, you're going to have to sing this one alone (the U.S. anthem). There are too many emotions in me right now and I'm not going to be able to get a word out." The 200 individual medley followed and Phelps notched away yet another gold - making history as the first male swimmer to win 3 golds in the same individual race. The final 100 fly relay was the emotional send-off that would cap off Michael Phelps's glorious career. He delivered and was up on the gold medal podium for one last time. Reflecting on the moment, the most dominant Olympian of all time thanked his long-time coach, Bob Bowman, saying "I've been able to become the best swimmer of all time. We got here together."







THE BRYAN BROTHERS

Olympic Gold Medal in Men's Doubles Tennis

At age 34, local Camarillo twins, the Bryan Brothers (Bob and Mike), achieved their greatest goal - winning their first Olympic Gold Medal in Men's Doubles Tennis. They beat Frenchmen Michael Llodra and Jo-Wilfried Tsonga in a 6-4, 7-6 thrilling final game. Rumor has it that the Bryan Brothers' parents, Kathy and Wayne, were too nervous to watch their sons play in the gold medal final and Wayne was calling Kathy while she was at a Camarillo carwash to find out if she had heard any news. The incredibly good news was eventually relayed to them from London. Previously the brothers had won the bronze medal at the 2008 Beijing Olympics and in Athens 2004, they didn't reach the podium. This time in London they triumphed. Despite probably feeling fatigued from their Olympic win, Bob and Mike went on shortly afterwards to win the U.S. Open Men's Doubles tennis - setting the Open-era Grand Slam title record. Their Dad, Wayne, reportedly loves to keep spreadsheets on his sons' statistical successes . Right now that spreadsheet is looking pretty impressive.



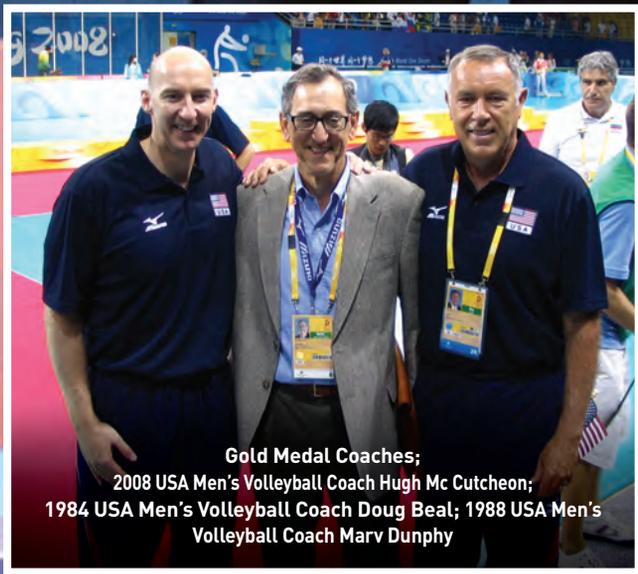


USA WOMEN'S WATER POLO

Photo by Jeff Cable USA Water Polo

USA Women's Water Polo brought home the first ever gold medal in U.S. Olympic Women's Water Polo history. They are also the only team to medal in all 4 Olympic Games featuring women's Water Polo. The team played Spain in the gold medal championship match and beat them 8-5. This was Defender, Maggie Steffens' first Olympics and she was literally on fire in the water. She scored a slew of goals with emphatic precision. At one point, the U.S.'s domination over Spain in the gold medal final made it appear like there was little competition. Not surprisingly, Maggie Steffens was named MVP (Most Valuable Player) of the Olympic Games and set an Olympic record with 21 goals overall, and another record with 7 goals in a single match. Goalie Betsey Armstrong was named the tournament's top goalkeeper. Watch out for Maggie Steffens in Rio. Her career has just begun.

Back Row : Annika Dries, Elsie Windes, Betsey Armstrong, Melissa Seidemann, Lauren Wenger, Courtney Mathewson, Kelly Rulon, Tumua Anae **Front Row:** Jessica Steffens, Maggie Steffens, Heather Petri, Brenda Villa, Kami Craig



Gold Medal Coaches;
2008 USA Men's Volleyball Coach Hugh Mc Cutcheon;
1984 USA Men's Volleyball Coach Doug Beal; 1988 USA Men's
Volleyball Coach Marv Dunphy



USA WOMEN'S VOLLEYBALL

Coach Marv Dunphy, who has the distinction of being head coach of the 1988 USA Men's Olympic Volleyball Team that took home the gold medal at the Seoul Olympics, has been involved in 7 Olympic Games and was a consultant coach for the USA Women's Volleyball Team that took home the silver medal at this year's London Olympics. We caught up with him at his office at Pepperdine University where he shared his thoughts on the USA Women's Volleyball achievements in London: He said, "One of the things that interested me was the number of people who came up to me and asked whether I had coached women's volleyball before. My response was that teaching and coaching are not age or gender specific. USA Women's Volleyball is a team of elite athletes. One of the special things about coaching is that you get to choose the people with whom you go through life. I was invited by Hugh McCutcheon (who was Head Coach of USA Men's Volleyball who took home the gold medal from the Beijing Olympics) to be part of this great staff and this talented team. It was my Dad who had said to me, 'if you ever have the opportunity to be in the presence of greatness, you take it.' It was an absolute honor to have been with the quality of people who were involved with this team and to represent the United States. The goose pumps and the realization that I was involved in something really special hit me when I boarded the plane. At the Games we played Brazil in the gold medal final. They had previously won the gold at the Beijing Olympics so we knew we were up against a really good team. On that particular night, Brazil was just a little bit better than us, and that's the nature of the Olympic Games: there are all these moving parts that you don't have control over. At the Olympic level, everyone is an elite athlete, and the margins between winning and losing are so incredibly thin. The Olympic Village and the Cafeteria there are awesome. All the international athletes gather there and the respect they share for one another transcends boundaries and nationalities. For that reason I'm very much an 'Opening Ceremonies' guy; I'm not a 'Closing Ceremonies' guy. I think that the spirit of the Olympics is truly embodied in that Opening Ceremony. You see the real heart of the athletes and the hopes and aspirations."

2012 Team USA Women's Volleyball Silver Medal Presentation, London Olympics: Lindsey Berg, Danielle Scott-Arruda, Tayyiba Haneef-Park, Tamari Miyashiro, Nicole Davis, Jordan Larson, Megan Hodge, Christa Harmotto, Logan Tom, Foluke Akinradewo, Courtney Thompson, Destinee Hooker





Top row: Chay Lapin, Tim Hutten, Marco Palazzo (Assistant Coach) Jeff Powers, Adam Wright. **Middle row:** John Mann, Shea Buckner, Peter Hudnut, Terry Schroeder (Head Coach), Peter Varellas, Layne Beaubien. **Front row:** Jesse Smith, Merrill Moses, Robert Lynn (Assistant Coach), Ryan Bailey, Tony Azevedo (Captain)

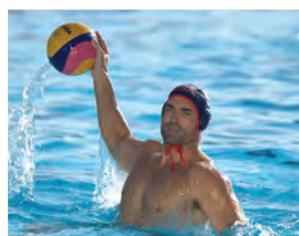


USA MEN'S WATER POLO

Photography by Curtis Dahl

The USA Men's Water Polo team had a successful first week at the London Olympics: They came out of the gate beating Montenegro (a strong team who eventually took 4th place), Romania and Great Britain in 3 successive games. 3 games and 3 straight wins is a pretty commanding way to begin the Olympics. Hungary, which had won the last three Olympic gold medals, began the 2012 Olympics with two losses against Serbia and Montenegro. Essentially in the first week, the USA was looking as good as Serbia and Croatia (the latter eventually took the gold medal). The defense, particularly during the game against Romania, came alive - frustrating the Romanians no end. There was no question that the USA was firmly on track to medal success. The veterans in the team - silver medalists from the 2008 Beijing Olympics - kept the team focused with their strong, positive leadership. Even Prince William (himself a pretty good Water Polo player) came out to watch USA Men's Water Polo. He was sitting discretely in the stands with a t-shirt and baseball cap. The tide turned for team USA in the game against Water Polo powerhouse, Serbia. In any qualified person's opinion, Serbia has been the best team in the world for the past few years. Interestingly, they didn't even make it to the gold medal final of the London Olympics. USA had beaten Serbia in the 2008 semi-final match of the Beijing Olympics and London was Serbia's chance to avenge that searing Beijing loss. After that game, the U.S.'s winning streak in London - ended.

There is such a huge amount of sacrifice and effort that goes into the Olympics and sometimes, it's anybody's guess who makes it to the coveted gold medal podium. Team USA didn't achieve their dream this time - even though they had all the right ingredients: talent, fitness, leadership, experience and the right attitude. But we know they can do it because they proved that to us in the 2008 Beijing Olympics - when they brought home the silver medal under Head Coach, Terry Schroeder. Schroeder has had a significantly successful career - leading Team USA to the silver medal stand in 1984 (arguably that should have been the gold medal against Yugoslavia) and 1988 - and then again in 2008..



From Left: Team USA Captain Tony Azevedo, Ryan Bailey, Peter Varellas



Portraits of Surfing Champs



Don't miss the Vans Triple Crown of Surfing: Top Surfers from around the World Competing North Shore, Hawaii: December 2012

Accommodation available at: Turtle Bay Resort. turtlebayresort.com
(Below) John Florence at Pipeline. Photo by Cestari









Fashionsense



Only Snow Feels New Everytime

By Magda Pescariu

As the year changes its rhythm from a jog to a sprint, the old icky realization of how fast time is passing us by creeps up with annoyingly deepened insight. Another year is coming? That fast? We live our lives trying not to think we are even in this race, ever underprepared to face the passage of time. However, as we are hurried through the relentless sequence of seasons, our acquired wisdom and precious experiences bring about a much-desired silver lining. While it's true that fewer and fewer things feel new to us these days, we still enjoy the signs of each new season. We curl up on the sofa with a cup of hot cider, listen to the hum of the fireplace, and rest our eyes on the window where the fall's auburn light is taken over by fog first, and then by silent rain. Oh, and did I mention that we get to go shopping a lot, too? There is no better upside of everything that feels tired, rehearsed and clichéd in the Holiday Season.

Fashion designers have kept busy all over the world to come up with fresh **trends for the Holiday Season** and their efforts have not been in vain. We say good bye to 2012 in great style and with playful sartorial edge. **Fall and winter are seasons of contrasts, beautifully reflected in the fashion commandments' confident duality: the look is masculine (tailor-made à la garçonne for her) with feminine details; the soft and light side of fabrics and colors changes on a dime into all things dark and sexy; and the muted elegance of the day turns its tune into a shinny metallic vibrancy before the night falls.**

Of course, we should never be a slave to fashion, but always interpret it in our own style and invest only in those things we can build our look around, fresh and uniquely ours. For the following months, it helps a lot to keep those trends in mind while revamping our closet or going on the mandatory seasonal shopping sprees.

The jacket is at the top of the list - and it goes over everything from business attires to New Year's Eve elegant dresses, whether it is the **aviator leather jacket**, the **Coco Chanel one** (fitted and below the waist), or the **man-inspired coat** in the proper cover-the-knee length. Certain flair is added by wearing the jacket **draped over the shoulders**, nonchalantly yet gracefully. The favorite colors are **black and white**, or a vintage combination of them, always sophisticated and classy.

Faux-fur and leather continue to define the season's silhouette, which is elongated with accents of volume. The **leather pants**, second-skin tight or cut out like a trouser, paired with a **faux-fur jacket** and **smoking-slipper luxury loafers** create a look both rich and impactful.

The colors range from velvety, jewel-like, to moody shades of **greens and earth tones**. Like never before, we see **mixed greens of all shades** worn together in chic patterns, **forceful browns** and **fiery reds**. **Navy is the new neutral** for the season, surprisingly paired up with black or in traditional combinations with bright colors.





The Holiday Season calls for **interesting and powerful accessories** to render our styles memorable. **The brooch** makes a spectacular come-back, adding individuality and novelty to any outfit. **A big trend of the fall and winter**, the brooch can be worn single or in a cluster (two or three **vintage brooches together** bring on a theatrical effect perfect for a Holiday event). So omnipresent are brooches this season that you can see them in the most unusual places and worn not only with solid colors, but on prints as well. A stunningly chic example came up in the political arena, at the DNC, where Michelle Obama had on a well-tailored burgundy floral printed dress by designer Laura Smalls, adorned with an Alexis Bittar flower-pin in perfect match.

Come party time, the color focus switches like traffic lights from green to red, stopping us in our tracks with its great shades: from

coral, red-flame and cherry, to bloody-red or Bordeaux. **For the Holiday Season's cocktail soirées the champion is the shimmering red dress**, be it the **little red dress**, sequined and strapless, or the **long diva dress**, in metallic satin and tulle, sensual and sumptuous. Think about going to a rich, deep red where you would have usually chosen black and you'll rock!

That doesn't say that **black** is gone from this season, it's just **used with deliberate style**, in unusual fabric combinations (leather with silk or satin, fine jersey with naughty inserts of lace); in asymmetrical cuts; or with fluid, eccentric and colorful accessories (brooches, certainly, and feathers, stars, sequins, fringe and faux-fur). Also in black comes **the masculine edge for ladies eveningwear**, best represented by the **tuxedo-style jacket** (preferably sequined) and slim-cut pants sitting high at waist.



We part with 2012 shimmering from head to toe, in a successful attempt at getting some glitter in our otherwise rather dull lives – even **the shoes are shiny: with gold or silver sequins, lacquered, in red satin, embroidered velvet or glistening lace.**

The **makeup is simple and warm, hand selecting a feature to highlight with one color** – like a sweep of **copper** across the lid, a **soft apricot** touch on the cheek, or a **cherry** glossy lipstick to tempt that magic kiss under the mistletoe.

As attractive as this fashion news is, we still feel pensive and tired at the simple thought that another year is slipping away and we don't have too much to show for it. It used to be different, right? Less hurry, less hollowness, less blame, less cynicism. We liked each other more and we liked ourselves better. We listened and we heard. We enjoyed wholeheartedly and hoped for the best. These days it takes courage to feel the same way. It takes resilience and a certain naïveté very hard to muster. As I said, fewer things feel new anymore and even fewer illusions are left in place to be defeated later on. This being said, another Holiday Season's bliss becomes, like everything else in life,

a matter of choice. We can choose to feel sorry for ourselves and mope our way into next year with no fight and no fire. Or, as a good friend of mine said, we can choose not to go down without putting up a hearty fight first and to make the most out of it. Please go with the latter. It warrants more fun, it lifts you up and it fills that nasty void you feel increasingly often. And it could be the same group of friends that you'll see for the Holidays; and naturally, the same family you'll have to bear at the traditionally quarreling Thanksgiving dinner; and you may dance on the same old songs you've loved in college; and savor the same menus, long ago a surprise and a hit; and you may have to open presents completely unrelated to who you are and what you like, and be gracious in your thanks. You can choose to embrace it all as it is, old and comfy and safe and oh-so-lovable. Your life, another year. The promise of resurgence and revival. Hope and possibility. Only snow feels new everytime. ❄️



Things we love

For the Holidays



1

1. Room at the Beach. Home decor that is distinctly ocean-inspired and Malibu chic. 3835 Cross Creek Rd. Malibu. 310-456-9777 roomatthebeachmalibu.com

2. Cozy up for winter with luxurious, soft Barefoot Dreams blankets/throws. **Malibu Market.** 25001 PCH, Malibu. 310.317.9922 www.malibumarket.net

3. Find one-of-a-kind items for the home from a fascinating array. **Antique Menagerie.** 818.889.0200. 31143 Via Colinas. Ste 511. Westlake Village. Facebook: antiquemenagerie

4. Mia leopard flats 6-10 \$60. Niki Biki print leggings one size available in teal, taupe and grey \$25. Feel the Spirit Buddha bracelets available in onyx & labradorite \$50-\$55. Ilene's Boutique: 1145 Lindero Cyn. Rd. Westlake Village. 805.373.6633

5. Beautiful flower arrangements - reasonably priced - created by Janet Webb of Greenwich Floral Design. 805-427-3399. Email: janet@greenwichfloral.net www.greenwichfloral.net



2



4



6

6. Penny Preville 18k Blue Sapphire & Moonstone Enhancer (.96ct), \$6,375 Polacheck's Jewelers- The Commons at Calabasas. 818-225-0600



3



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7



8

7. **SONAX Nano Technology Detailing Kit.** Meticulously detail your vehicle. Sale price: \$94.99 (Reg: \$127.99). **World Class Motoring.** 800.986.4977 www.worldclassmotoring.com

8. **Kitchen Wolf Steam Oven.** Unique technology senses the amount, size, and shape of food once an automatic mode has been selected. While cooking, it monitors time, temperature, and environment. **Universal Appliance and Kitchen Center,** 26767 Agoura Road, Calabasas. 818-880-0011 www.uakc.com

9. **Let's fight breast cancer.** Peace Love World hat: \$27. t-shirt xs-l \$35. **Ilene's Boutique:** 1145 Lindero Cyn. Rd. Westlake Village. 805.373.6633

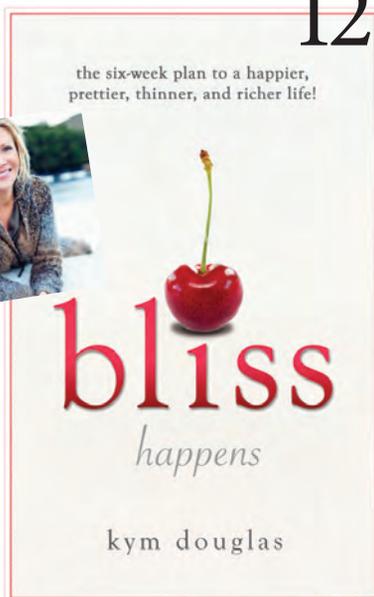
10. A variety of delectable treats from **CHOCOLATEBOX CAFE.** Malibu Lumber Yard 3939 Cross Creek Rd, Suite C100, Malibu, 310.456.7977 www.chocolateboxcafe.com

11. **Remedy Signature Facial:** A luxurious deep-cleansing customized treatment that repairs skin and provides essential nourishment & protection. \$90. Avail at either Remedy location: **Remedy Skin + Body,** 3723 Thousand Oaks Boulevard, or Remedy at the **Westlake Village Inn,** 31943 Agoura Road. 805.497.9400

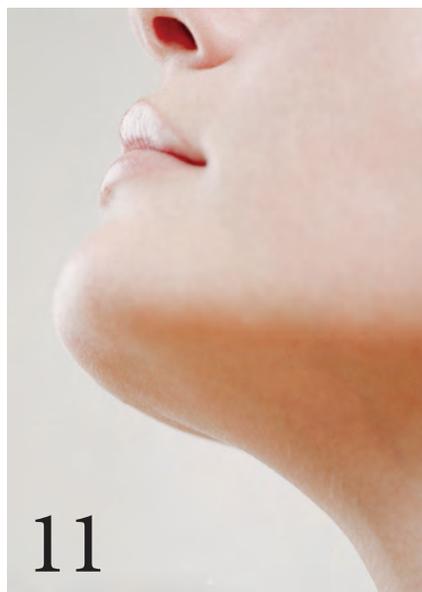
12. **'Bliss Happens'** by Kym Douglas. Great book for wives and girlfriends. The 6-week plan to a happier, prettier, thinner & richer life! thebooknook.com



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12



11



10

RMS - 001



Navy SEAL Team 6

RMS

The SEAL Strike that Canceled out Osama bin Laden

By Diana Lyle

It took under 40 minutes for SEAL Team Six's 24-man team to conduct the historic counter-terrorist strike that took out Osama bin Laden - the mastermind behind the deaths of almost 3,000 American civilians on 9/11/2011. Al Qaeda's leader had been hiding out in a large house in a wealthy suburb of Abbottabad, Pakistan - one mile from a Pakistani military base - for as long as five years. Although Pakistan has denied any knowledge of bin Laden's presence there, it seems improbable that Al Qaeda's notorious leader could have resided there for so long without Pakistani knowledge. The already tense relationship between the United States and Pakistan was dealt a severe setback by what unfolded.

Mark Owen (not his real name) was the SEAL operative that supposedly shot bin Laden in the raid about to be described - and he recently released his book, *'No Easy Day'* - a detailed account of the stealthy operation of this elite team of highly-trained men. It's a gripping read.

In April 2011, the SEAL team's highly-secretive preparation training began in North Carolina for the bin Laden operation named *'Operation Neptune Spear'*. Mark Owen describes how his team was informed that the C.I.A. finally knew where bin Laden was hiding. The female C.I.A. analyst, who had been on bin Laden's trail for five years, was 100% certain that they finally had their man. Her information was meticulously accurate. They had tracked a bin Laden courier to a compound in Abbottabad, Pakistan, and had been watching the 12-foot-walled residence with satellites. In their surveillance they had noticed a 'pacer' - a tall man who would come out of the house and walk around a courtyard - presumably for exercise. The 'pacer' was bin Laden.

A replica of bin Laden's Pakistani compound had been reconstructed at the SEALs North Carolina training base, and the rigorously-accurate preparation began for this historic operation. They knew exactly what to expect as far as the outside perimeter of the house was concerned, but they knew nothing about the interior. They were going in blind.

The raid on the compound had received approval from the highest echelons and was scheduled for April 30th, 2012. However, the weather that night

made for poor visibility and it was postponed to the following night.

Flying to Pakistan via two helicopters was the second challenge for this skilled team of SEALs: Given the lack of trust between the two countries, the U.S. decided not to inform Pakistan of the mission, in case they tipped off bin Laden. That meant that two unknown helicopters would be flying into Pakistani air space in the middle of the night - and the chance of the Pakistanis shooting down the helicopters was highly possible. The pilots of the two modified Black Hawk helicopters (code named Chalk One and Chalk Two) were from the army's 160th Special Operations Aviation Regiment and Owen recounts in his book that one of the pilots was around 50 years old - indicative of the need for highly-experienced individuals in a mission of this magnitude. They were to drop 24 SEALs and a dog named 'Cairo'. Mark Owen was on Chalk One helicopter and the plan was to have it hovering over the compound while two fast ropes were dropped. The men would slide down the ropes into the courtyard. Chalk Two would land close by and provide external security while the interior operation of finding bin Laden was conducted.

The next night the two blacked-out helicopters made their stealthy way from Jalalabad - the U.S. base in Pakistan - to Abbottabad - just before midnight. It was a clear, moonless night, perfect conditions for the operation. The highly-skilled pilots wore night goggles and flew the choppers at tree-top level to avoid Pakistani radar. The temperature outside was 66 degrees



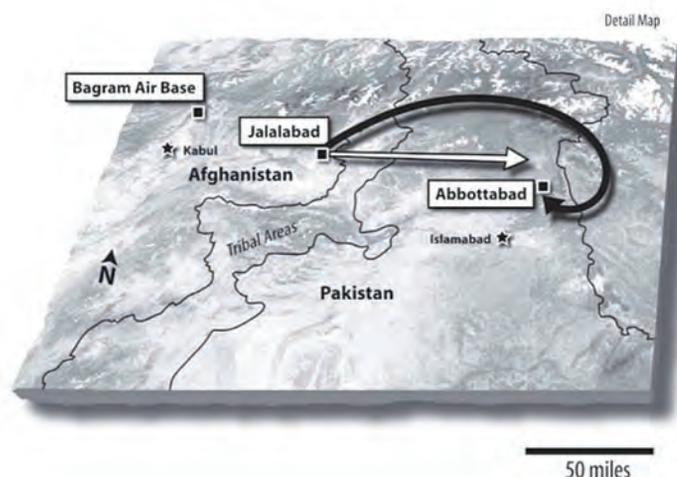
ROP III 12

with calm winds. Mark Owen recounts in his book that the first thing he noticed when he swung his legs outside the helicopter were the pools and manicured lawns of the surrounding houses. This was no poor suburb in Abbottabad. Fortuitously, there was a blackout in the neighborhood, which made for ideal black-out conditions for the raid. But that's about where the SEALs' luck ran out.

What happened shortly afterwards could have been disastrous: one of the helicopters began to lose lift when the turbulence of its own downward draft occurred. The problem of the downwind draft was being accentuated by the numerous walls around the compound - forcing the helicopter to go down more than it should have. The tail's load-bearing section landed on the white wall. The second helicopter, which was scheduled to do a roof assault, abandoned that plan immediately because with one helicopter down, it was too risky to jeopardize the second helicopter: improvisation was their only route from here on. By now the inhabitants of the house knew that something was up and the scheduled 30 minutes allotment for the operation was in danger of running over time. The remaining helicopter in the air only had enough gas to last 30 minutes. Going over-time was not an option.

Owen describes his responsibility which was to "clear and secure the southern compound section". He also describes the SEALs' level of preparedness as "shoot, move and communicate". By now the SEALs were in multiple groups: one group was outside the perimeter walls to make sure that no one escaped from the house; the group that was supposed to rope to the roof was outside the wall - looking for a way in. Owen describes going to the solid metal locked door of an outer building. The only way to prize it open was via explosives but by this time, the inhabitants inside began shooting at them. An exchange of gunfire occurred and then everything went quiet. The latch on the door began to move and Owen and his SEAL buddy didn't know if the people inside were going to come out with suicide vests.

When one of the SEALs communicated in Arabic to the inhabitants, asking them where the 'husband' (bin Laden) was, the woman



The plan called for 2 Black Hawk helicopters to ferry 22 SEALs, an EOD tech, and a CIA interpreter from a base in Jalalabad, Afghanistan, to the target compound located in Abbottabad, Pakistan. Two CH-47s that carried extra fuel and a quick reaction force of additional SEALs set up a forward refueling point 15 minutes from the target.

replied, "You shot him." More SEALs entered the compound and converged on the first floor of the main building. Inside they found another courier with an assault rifle. They secured the ground floor and then the second floor. They headed to the third floor and Owen was directly behind the 'point man'. At that stage they found bin Laden's son, Khalid, popping his head around a corner, and they shot him. Given that everyone in the house was heavily armed (AK-47 rifles were present), they could not take the chance of asking questions. Enemy fire from the inside of the house began at the inception of the operation - making the ideal concept of 'taking prisoners' realistically impossible.

The SEALs headed up the stairs, entered a room, and Owen could see a body lying on the ground with two women over it. The point man moved the women away from the body and pushed them against the wall - recognizing that they may well be wearing suicide vests. The SEALs fired again at the body - which turned out to be Osama bin Laden. At first they did not recognize him and before they notified the President of the United States that they had the right person, they wanted to be absolutely sure. Their Arabic speaker spoke to the women, asking them who the person was,

and the reply was: "Osama bin Laden". They placed him in a body bag and their Commander identified him as definitively bin Laden. Their code name for him had been "Geronimo" and at that point, they notified the White House with this message, "Geronimo ekia" (enemy killed in action). In case something happened to the sole remaining helicopter, the SEALs took DNA evidence of bin Laden (in the form of blood and saliva samples, and Owen took pictures) so that they would have duplicate evidence of everything that they needed to identify him.

Meantime, neighbors around the compound had woken up and noticed the SEALs around the walls' perimeters. Curious, they began to converge on the SEALs guarding the compound and the last thing the U.S. needed was for Pakistani military personnel to be notified. That would mean a direct skirmish between the SEALs and Pakistanis, who would greatly outnumber them. In the meantime, on the second floor, SEALs were grabbing computers, discs, flash drives and other critically important intelligence to take home for analysis. There wasn't enough time, though, to take everything they would have liked to have taken. The clock was ticking and getting out of there safely was the next priority. They had their man.

The last part of the mission was that they had to blow up the immobile helicopter whose tail had hit the wall compound. A bit of confusion ensued as to what the pronoun 'it' referred to: the house or the helicopter. The confusion was rapidly solved, but they had to move fast - in time before the explosion took place. The one remaining Black Hawk helicopter picked up Owen and some of the SEALs while two CH47 helicopters, filled with reinforcements and fuel, picked up the remaining SEALs. Getting out of Pakistani airspace as fast as possible was critical. Once the helicopters cleared the air space and were back in Afghanistan, the White House was notified. The mission was accomplished and in some significant way, the insurmountable wrongs that had been enacted on 9/11/2001 by Al Qaeda and its leader, had been ameliorated. 🌊

Acknowledgements: 'No Easy Way' - The Autobiography of a Navy Seal - Mark Owen (Not his real name)

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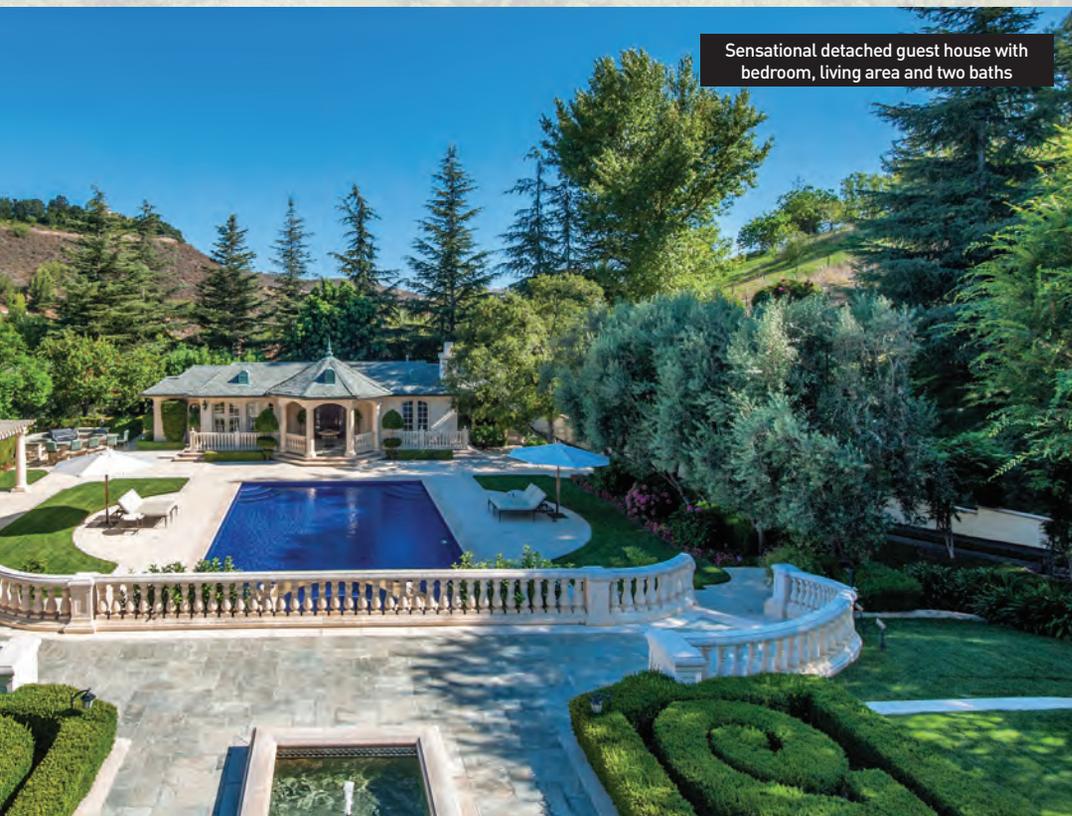




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Dramatic double island kitchen



Landscaped grounds with infinity pool, tennis court, manicured lawns, French limestone fountains

World-class Masterpiece Estate set on over 20 usable acres.



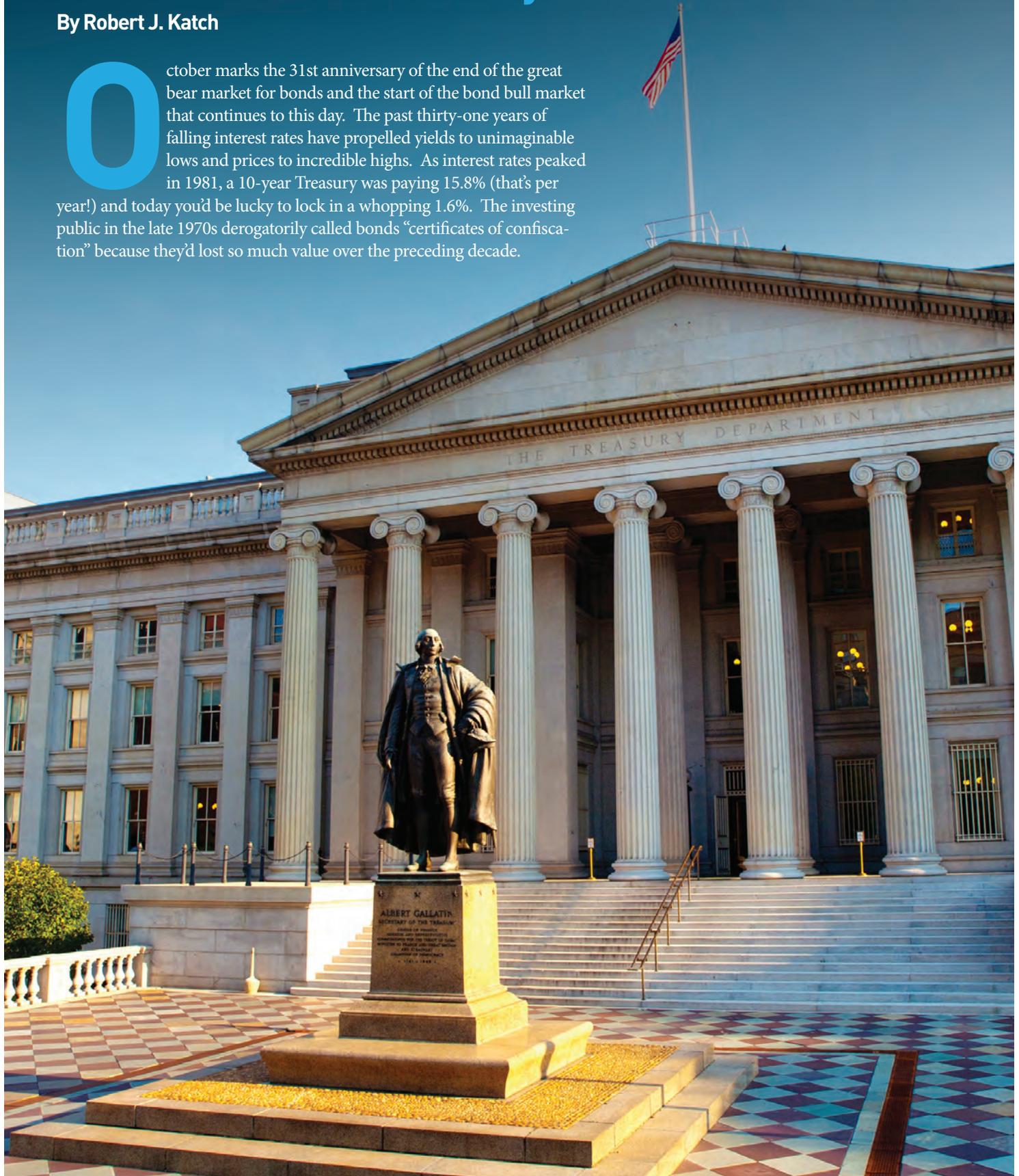


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From Here to QEternity

By Robert J. Katch

October marks the 31st anniversary of the end of the great bear market for bonds and the start of the bond bull market that continues to this day. The past thirty-one years of falling interest rates have propelled yields to unimaginable lows and prices to incredible highs. As interest rates peaked in 1981, a 10-year Treasury was paying 15.8% (that's per year!) and today you'd be lucky to lock in a whopping 1.6%. The investing public in the late 1970s derogatorily called bonds "certificates of confiscation" because they'd lost so much value over the preceding decade.



Epoch	Yield	Duration	1% Rise	2% Rise
1981 Bond	15.8%	5.3	10.5%	5.2%
2012 Bond	1.6%	9.3	-7.7%	-17.0%

Most investors today are holding Treasuries for “safety” and look at past returns and see nothing but consistently positive returns – which seems to only further the appearance of safety. Like driving while looking in the rear-view mirror, this will end badly for many investors.

Investing nirvana is risk-free return, but today’s Treasury securities yield 90% less than in 1981 and are as close to “return-free risk” as we may ever see. First, there’s inflation to consider – a bond paying 15.8% has a much better chance of exceeding inflation than a bond paying 1.6%. Second, there’s volatility to suffer through – the higher a bond’s interest rate, the lower its volatility. The financial calculation that measures a bond’s sensitivity to changes in interest rates is called duration. Thus, a 10-year bond paying 15.8% sports a duration of 5.3 versus the 1.6% bond’s duration of 9.3.

What does this mean to the investor? If interest rates rise 1% after the bond is purchased, the 15.8% bond will drop -5.3% in value, leaving a one-year return of 10.5% (15.8-5.3). The 1.6% bond, on the other hand, will drop -9.3%, leaving a one-year return of -7.7% (1.6-9.3). If interest rates rise 2% then just double the damage – the 15.8% and 1.6% bonds return 5.2% and -17%, respectively. (See chart above)

At the time, many on Wall Street blamed 1981’s high interest rates on the \$80 billion budget deficit, which was about 2.5% of GDP. Today, our Government’s annual deficit is just over \$1 tril-

INVESTING NIRVANA IS RISK-FREE RETURN, BUT TODAY’S TREASURY SECURITIES YIELD 90% LESS THAN IN 1981 AND ARE AS CLOSE TO “RETURN-FREE RISK” AS WE MAY EVER SEE.

lion and clocks in at 7.4% of GDP. We are tossing around some pretty big numbers nowadays and it’s helpful to be able to put them in perspective. Using \$100 bills stacked on standard wooden pallets, \$1 billion would fit in the back of a typical delivery truck, whereas \$1 trillion would cover more than a football field with the pallets stacked double high! To get a better understanding just Google the term “1 trillion dollars visualized” and select the YouTube video with the guy standing next to a pallet of money. It’s well worth the one-minute view.

Why then are our deficits larger and the cost (1.6% vs. 15.8%) of our debt lower in contrast to Italy and Spain who now pay rates north of 5% on their 10-year debt, yet their budget deficits are lower in dollar terms and lower as a percentage of their GDP than ours? Why can we borrow what seems to be an unlimited amount at a negligible interest rate? There are three reasons! First, the main answer is our “dollar” - the world’s reserve currency. We alone can print it, yet every other Governments’ central bank needs it. Since Americans consume more than we produce, we send more dollars overseas to pay for the stuff we buy and many of these dollars end up being invested in our Treasury securities by the central banks of our trading partner countries. This creates demand for our Treasuries and helps to push prices up and yields down.

While the dollar’s reserve status has traditionally been the main reason our debt was stronger and cheaper than other countries, the second reason is more recent in origin. Our Federal Reserve, through its various “Quantitative Easing” (“QE”) programs, over the past 4 years has become one of the biggest buyers of our own Treasury debt by merely creating digital dollars to make the purchases. While the Fed used to simply regulate the Treasury auction market, it has now become the market.

In 2011 alone, our Fed purchased \$656 billion of Treasury securities which is almost 60% of the entire amount sold to the investing public. QE programs just create more demand for our Treasuries and help to push prices up and yields down.

Third, with all the economic trouble around the world and the fear of financial surprises, America is perceived to be the safest place to stash money, the “least dirty shirt in the laundry” as Bill Gross of PIMCO has termed it. Every time something goes wrong here or overseas, the global investing public just buys more of our Treasuries! It’s so weird out there that even when the problem is here in America, like last summer’s Treasury debt downgrade, panicky investors still lined up to buy even more Treasury bonds – ostensibly because they were afraid of the downgrade? Global fear creates even more demand for U.S. Treasuries and, as Barney Stinson would say, “...wait for it...” helps to push prices up and yields down!

Our Federal Reserve is three sheets to the wind with these three factors working in its favor to keep interest rates low. While the Fed’s QE programs seem to be grabbing the headlines for keeping interest rates low from here to “QEternity,” forces are building that will inevitably change their course. 2008’s financial damage hurt all Americans, but many have since benefited, directly or indirectly, from today’s low interest rates. Bond investors, us included, have benefited immensely over the past few years. There is no such thing as a bad bond, just bad bond prices, and today’s prices will eventually look too high. And, that provides a nice transition to next issue’s topic of what bond investors should expect going forward. Wait for it... 🍀

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Robert J. Katch is the founder of Manchester Financial, an Investment Counsel/Wealth Management firm located in Westlake Village. For more information call 805-495-4405



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The Law of Averages

The world has changed and so must we...

By Doug De Groot, CFP®, MBA

There has been a tremendous amount written about the state of our current economy and what we are facing. For those that plan and prepare, the law of averages may work in their favor and for those that are average, they will face far tougher decisions and tougher times.





According to The New York Times, “since house prices peaked in 2006, the average equity in homes has fallen from \$200,000 to \$76,000. Americans’ net worth has been hit just as hard. According to the recent census bureau data released in June and reported by the Times article dated June 20, 2012, Americans have lost 39% of their net worth since 2007 (\$126,400 down to \$77,300 in 2012). The question is will we recover? As a nation, absolutely. We have time. Unfortunately as individuals, your time is limited by age, health and fewer assets working for you. We have many questions to ponder such as, can you afford to take risk with fewer assets available to risk? Will you choose a path of safety? More importantly, how will you keep your money safe from market risk, inflation, and higher taxes? Yet, if faced with the opportunity, will you have the ability to take advantage of that opportunity?

Our world has changed and currently many Americans are unaware and ill

prepared. They are focused on the now - hoping for a future - yet unwilling to sacrifice to prepare for it. Currently the Law of Averages is leading us down a path of mediocrity. More and more people will fall in to the averages as incomes continue to flat line - forcing individuals to deleverage and borrow less and spend less while the government increases spending and the Federal Reserve continues down the path of printing unlimited amounts of money - further devaluing our dollar and destroying purchasing power.

While every one of us is unique and your circumstances are yours alone, we as investors must understand the herd mentality and how the law of averages dictates the landscape of investing.

We have seen our markets run in both directions in 2012 and prior to the election we have seen both Bernanke, the US Federal Reserve Chairman, and Draghi, the Chairman of the European Central Bank, work in concert to provide “unlimited liquidity” to help prop up banks and

governments in Southern Europe and here at home. The end results have been a rush to higher risk assets like stocks causing the market to rally short-term. The question is if things are so good, why the need for more bail-outs and artificial stimulus? What are the long-term effects and when does the market recognize the reality of our economic situation both here and abroad?

The future is clear. With over \$500 billion in unfunded pensions in the private sector (and the public sector is even worse off), California alone has over \$500 billion in unfunded pension plans. Our biggest states face very similar issues - according to the Chicago Tribune article dated August 28, 2012. According to Kiplinger’s October 2012 article, cities are “Under Siege”. For many, the median income for Americans has dropped from \$54,916 in December of 2007 to \$50,054 in 2011 according to the US Census Bureau. The Fiscal cliff is on the way and the government is faced with the growing



entitlement issues that will eventually be the monster that eats our economy if not dealt with soon.

While our unique circumstances will dictate our actions and the risk we are willing to take, our ability to plan will eliminate much of the emotions and fear that hamper our ability to make a good decision. Planning requires complete information, honest analysis and deliberate action. But without such a plan - action is often muted by uncertainty and investors often fall victim to the emotions of the market, buying high and selling low.

LIQUIDITY EQUALS OPPORTUNITY

Can you afford to tie up money in an asset that is not generating cash flow or providing you liquidity? When opportunity presents itself, one can only take advantage of that opportunity if one is well prepared and has sufficient liquidity to do so.

With near zero interest rates, investors are forced to live in a difficult situation.

Lack of certainty and record low rates put every investor in a dilemma. You may be questioning the idea to sacrifice safety for more risk now in the hope for a better return. The question is, can you afford to wait for opportunity to show itself? This is difficult as the Fed is truly pushing investors to take on more risk by keeping rates low.

While our future decisions are dependent on many issues both economically and politically, **one thing we know for certain is that the economy is going to happen.** Just like the seasons we face each year, our economy goes through changes as well. In our lifetime we will be faced with a spring of new growth and opportunity, maybe like the one we enjoyed from 1982 through 2000. At some point we will fall dormant, experiencing a time of self-doubt and yearning for the good old days of growth. We might experience something like what we went through from 2000 to 2003 or the recession in the early 90's. But one thing is certain: we will

eventually face a winter - maybe like the one Japan has been going through since 1990, or like the one our economy experienced from 1968 to 1982.

While we all face many questions unique to our own situation, every financial decision should be made in the context of your Master Plan, containing specific and measurable milestones to keep you on the right course. 🌱



Doug De Groot

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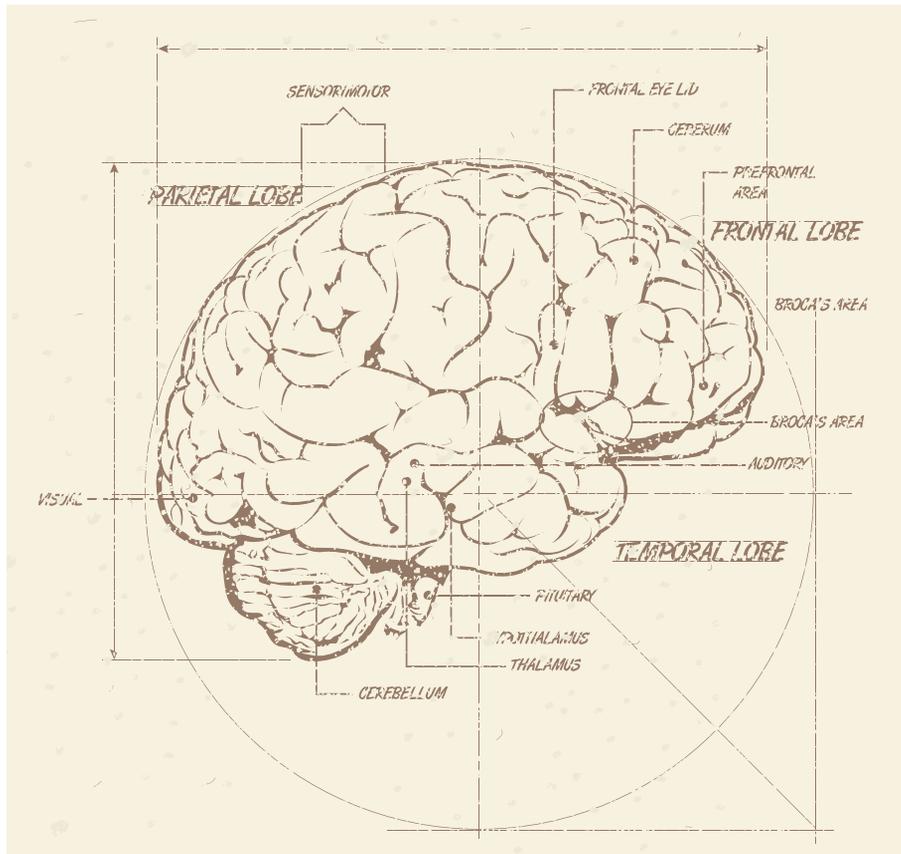


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Brain and Behavior

By Ian Armstrong, M.D.

Every time there is a tragedy in the United States like the Columbine High School massacre or the Aurora, Colorado movie house shootings, we shake our heads – troubled and perplexed – at how any human being can carry out such a heinous act against his fellow man. There are complex reasons as to why human beings behave the way they do – but for the purposes of this medical article, we’re going to look at just one component: The Human Brain and its Perception of Reality. Please note that what we are about to discuss in no way exonerates the individuals who perpetrate crimes against humanity – but it does give us some insight into the trigger mechanisms that can cause someone to act in such an incomprehensible, bazaar manner. Furthermore, as we become more knowledgeable about how the brain

functions and as we develop societally, we can improve upon the social policies that respond to so-called ‘abnormal’ behavior.

STRUCTURE OF THE BRAIN

The brain is a massive network of tens of billions of cells that shoot information back and forth numerous times per second. The wiring in the brain is so dense that literally trillions of connections are taking place every second.

PERCEPTUAL MACHINERY OF HOW OUR BRAIN VIEWS THE WORLD

Our perceptual machinery of how we view the world guides us in terms of 1) How we make decisions; 2) How we arrive at beliefs or ‘truths’; 3) What motivates us to act.

Clearly all of these factors matter hugely on a societal level. We share this planet with billions of other human beings, and ideally, from a behavioral perspective,

we’d like everyone to behave in a relatively rational, orderly manner. We are baffled when somebody behaves in an irrational way - and this irregular behavior is usually triggered by the individual’s massive distortions of their world.

CRICK’S FINDINGS ON HUMAN CONSCIOUSNESS

Francis Crick was an English molecular biologist, biophysicist and neuroscientist who co-discovered the structure of the DNA molecule in 1953. He received the Nobel Prize in 1962 for “discoveries concerning the molecular structure of nucleic acids and its significance for information transfer in living material”. Crick’s findings played a crucial role in research related to revealing the genetic code. Moreover, his research put the spotlight on human consciousness and the notion of private, subjective awareness. Up until then, the topic was relegated to the scrap heap of ‘illusionary behavior’ - but it was Crick who brought the study of a person’s awareness and the individual’s perception of his/her world - into mainstream science.

ILLUSIONARY BEHAVIOR

One of the most troubling aspects of our complex human brain is the notion of ‘delusional perception’. When the mechanisms of the brain go awry, an individual may have a very fragmented perception of the world. Some people even have the illusion of something happening before they have caused it to happen. It’s an illusionary reversal of action and effect and if one studies schizophrenia – that’s exactly what happens in the schizophrenic’s brain. They might have auditory hallucinations where they hear a self-generating voice which they attribute to somebody else. That occurrence was demonstrated in the movie “A Beautiful Mind” where famous Princeton mathematician, John Nash, was depicted as suffering from bombarding voices that supposedly told him that danger was imminent. He had delusions of being a secret government aide that was helping the U.S. find bombs that were placed by the Russians. What is fascinating is that Nash’s mathematical code-breaking abilities were

supposedly made possible by his hallucinations. Even though the codes that Nash saw in his secret code-breaking project were imaginary, the movie portrayed that they became the blueprint for him to figure out ground-breaking mathematical formulas. In real life Nash went on to serve as a senior research mathematician at Princeton University and in 1994, he shared the Nobel Memorial Prize in Economic Sciences. It remains debatable whether his brilliance was accentuated by his diagnosed schizophrenia or whether he would have been brilliant despite the schizophrenia. However, it certainly illustrates that not all schizophrenics become dangers to society.

INDIVIDUAL VARIABILITY

Just like every one of us has different finger prints, the variability in each person's brain is just as unique. That accounts for wide ranges of human behavior that are uniquely characteristic to a particular person.

THE REASONABLE MAN STANDARD

For the sake of order in society, we have laid down the 'Reasonable Man Standard' in terms of what is deemed reasonable behavior by individuals in society. Anybody with an IQ (intelligence quotient) of at least 70 falls into the 'reasonable man' graph. However, within this framework, there are vast differ-

ences in terms of how people calculate risk, formulate decisions and control impulses. Genetics, environmental influences and upbringing all play critical roles in the framework of the "Reasonable Man Standard".

PSYCHOSIS

Psychosis is defined as a 'disconnection from reality' where a person thinks that he is somebody that he is not. This was well illustrated in John Hinckley – who attempted to assassinate President Ronald Reagan in 1981. He held the dangerously delusional perception that he could win the love of actress Jodie Foster if he shot President Reagan. His disconnection with reality was vast. Stalkers often act out upon an infatuation for somebody famous with the delusional belief that they will one day win that person's attention or affections.

PSYCHOPATHS

Another potentially dangerous malady is the Psychotic – the person who is so distanced from his own conscience and sense of right and wrong that he/she can coldly and calculatedly harm another human being without any feeling of empathy or human compassion. Not all Psychopaths turn out to be psychotic but when studies are done on mass murderers, there is often the diagnosis of psychotic tendencies.

BEHAVIORS THAT EMANATE FROM BRAIN INJURIES

Recently the spotlight was put on athletes who are in high-impact sports where they might incur frequent injuries to the head. These sports include wrestling, boxing and football. Over a period of time the infliction of the brain injury can have severe effects on their behavior. In the past 2 years we have seen the deaths of some of these athletes and their actions at the end stages are often irrational and baffling. Former NFL star Junior Seau's death by apparent self-inflicted gunshot wound follows a pattern of suicides by other high-profile football players who suffered from long-term effects of repeated brain injury. That list of players includes Andre Waters of the Philadelphia Eagles and Terry Long of the Pittsburgh Steelers. And just last year, former Chicago Bears player Dave Duerson shot himself in the chest, but not before requesting that his brain be donated to science so that researchers could study the long-term effects caused by concussion and other repeated brain injuries.

THE FUTURE OF BRAIN STUDIES

With the advent of non-invasive brain imaging technologies, we can now intricately study the brain and the trigger mechanisms that offset certain behaviors. For instance, somebody who has an addiction to a substance like cocaine can be studied while his/her brain goes through the 'craving' process that is behind the addiction. The number of connections that a single neuron makes is almost mind-boggling. Simply put: understanding the complexities of the brain is the next frontier. With new, non-invasive technologies, we will have unprecedented insight into the inner workings of the brain. This in turn will help us to understand more clearly the mysteries of the brain and hopefully apply that knowledge towards treating neurological disorders. At the forefront of the Baby-boomer generation will be a clearer understanding of what offsets Alzheimer's

disease in the brain - a critical concern with our increasingly aging population. 🌱



Dr. Ian Armstrong, CEO and Medical Director of Southern California Spine Institute, ianarmstrongmd.com.



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PASO ROBLES



DAOU VINEYARDS

TASTING ROOM IN THE SKY • PHOTOGRAPHY BY CHARLES ROBERTS

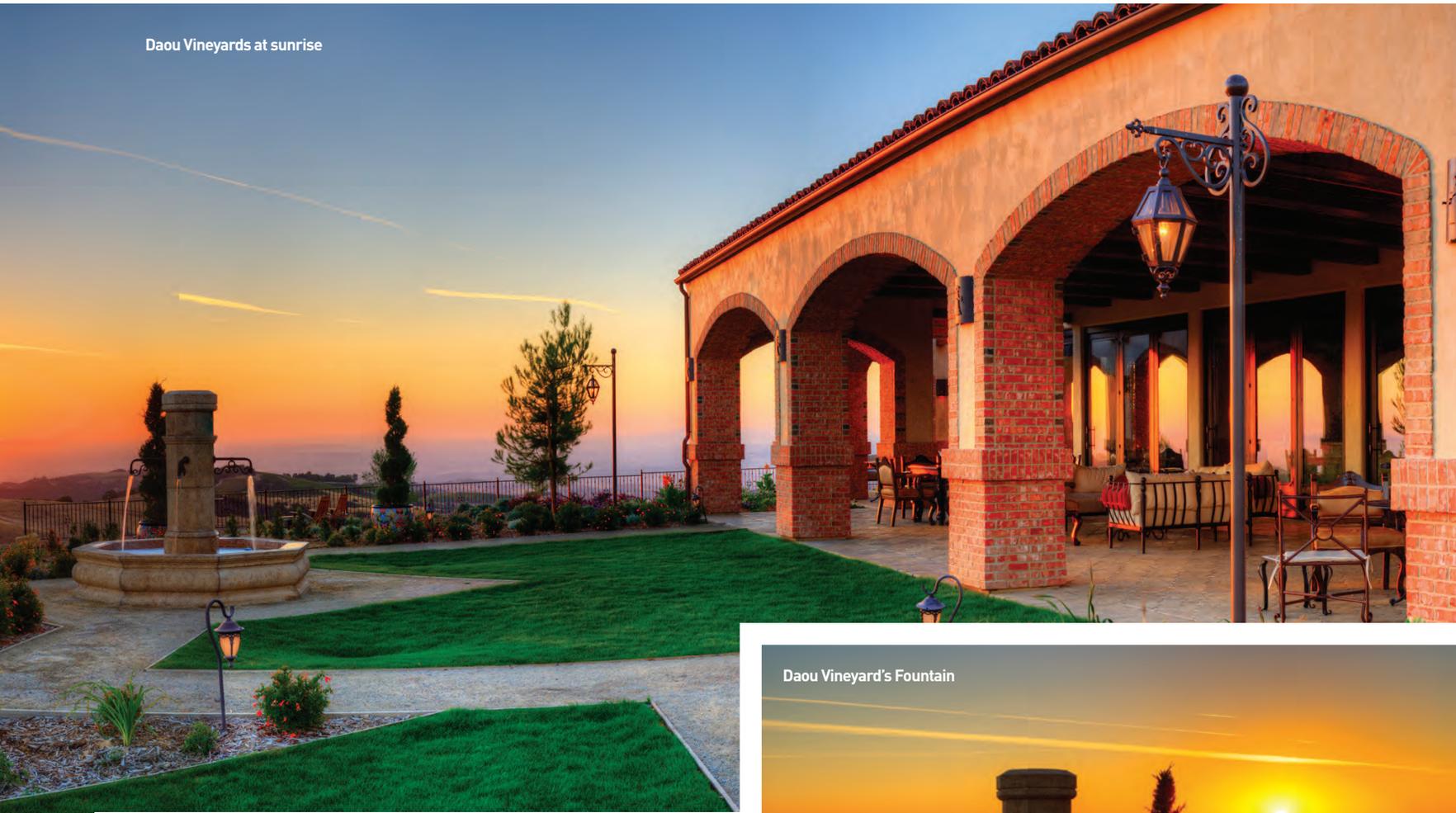


Daou Vineyards View

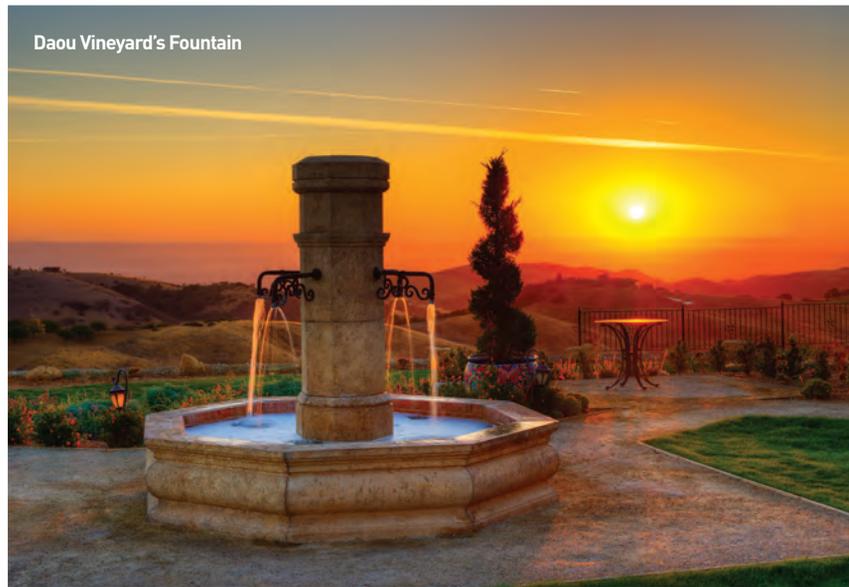
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Daou Vineyards at sunrise



Daou Vineyard's Fountain



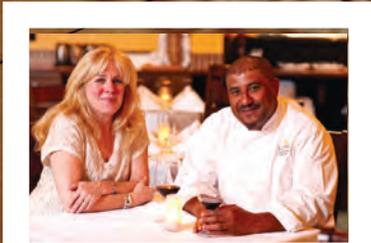
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Kabocha Squash Gnocchi



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PASO ROBLES IL CORTILE RISTORANTE

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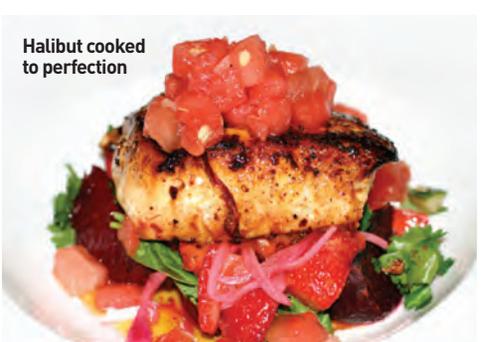
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Pool Deck on Silver Spirit



The Bar on Silver Spirit



Silver Whisper

and then head west to spend a month exploring fascinating Asian cultures -- from **China, Japan, and Vietnam** to **Thailand, Singapore, and India** -- including 3 days in **Yangon, Myanmar**. The journey concludes at modern capitals and ancient cities in the Mediterranean. It's a world voyage crafted for connoisseurs who appreciate in-depth cultural exploration which the overnight calls provide. There are 2-night stays in **Yangon and Hong Kong**, and overnight calls in **Sydney, Cairns, Shanghai, Ho Chi Minh City, Bangkok, Singapore, Istanbul and Barcelona**. The World Cruise has an optional extension with a pre-cruise **Panama Canal** voyage from Fort Lauderdale to Los Angeles (17 days), or an extension from Barcelona to Lisbon (7 days) or Southampton (16 days). Fares for World Cruise 2014 start at \$54,550 per person, based on double occupancy.

CELEBRITY CHEFS

Renowned chefs and food writers are set to share some of the world's finest gastronomic traditions on 7 upcoming **Culinary Arts**

voyages aboard Silversea Cruises. These unique culinary theme cruises showcase the skills of culinary experts and award-winning chefs of top dining establishments from around the world, including the internationally acclaimed chefs of Relais & Châteaux. A special **Culinary Arts** voyage titled "**The Flavors of Europe**," will take place aboard **Silver Explorer's** Expedition Voyage 7309, sailing April 29 to May 13, 2013, from Lisbon to Portsmouth, offering an array of culinary demonstrations and activities on board and ashore.

On this unique culinary sea adventure, guests will have the opportunity to visit a farm near Bordeaux dedicated to the cultivation of heirloom fruits and vegetables; learn how to prepare Basque pintxos (bite-sized delicacies); partake in a gastronomic celebration at Château Kirwan in the Bordeaux countryside; experience an authentic afternoon tea at a manor house in Guernsey; and join Silversea's culinary team for a provisioning excursion to a seafood market in Santander, Spain. Celebrity chefs will display their exceptional talents during dynamic cooking demonstrations where guests can taste



Silversea Cooking
Demonstration



A Silver Suite on
Silver Spirit



A Veranda Suite
on Silver Shadow



Treatment room
on Silver Spirit

RENOWNED CHEFS AND FOOD WRITERS ARE SET TO SHARE SOME OF THE WORLD'S FINEST GASTRONOMIC TRADITIONS ON 7 UPCOMING CULINARY ARTS VOYAGES ABOARD SILVERSEA CRUISES. THESE UNIQUE CULINARY THEME CRUISES SHOWCASE THE SKILLS OF CULINARY EXPERTS AND AWARD-WINNING CHEFS OF TOP DINING ESTABLISHMENTS FROM AROUND THE WORLD, INCLUDING THE INTERNATIONALLY ACCLAIMED CHEFS OF RELAIS & CHATEAUX.

and learn firsthand the secrets of enticing signature dishes. These voyages also feature escorted provisioning trips to international markets (when the itinerary permits), food and wine pairings, creative regional dishes, and a 5-course grand gourmet dinner.

NEW SHIP FOR THE GALAPAGOS ISLANDS

Silversea recently purchased Canodros S.A., the premier Ecuadorian tourism company that operates in the Galapagos Islands, and their upmarket expedition ship, *Galapagos Explorer II*. The acquisition will enable the award-winning cruise company to expand the Silversea Expeditions brand. Its existing expedition ship, *Silver Explorer*, is regularly deployed in the polar regions, and the addition of a second vessel, offering year-round unique luxury expedition cruises in the Galapagos archipelago, means Silversea will have the opportunity to offer the adventure traveler a broader portfolio of itineraries, encompassing some of the world's most desired and least explored regions. The as-yet-unnamed Silversea new ship offers the stylish elegance of a mega-yacht, attentive onboard service and an enriching naturalist education program. All of its 50 spacious suites feature ocean views and 24 include private balconies. Public spaces include a restaurant, piano bar, library and Internet station, main lounge, outdoor bar, two outdoor whirlpools, and a marine observation deck.

NEW BED LINENS

Silversea guests will soon find their sleep experience elevated to a new level of comfort and luxury with the debut of Pratesi custom-made bed linens. Renowned for creating masterpieces in linens for the Italian and European aristocracy, the legendary Italian linens firm is bringing its high-quality and stylish creations to the beds in every Silversea suite.

TOP SPA

The Spa aboard Silversea's *Silver Spirit* was chosen by the readers of *Condé Nast Traveler* as the top spa at sea in the magazine's 2012 Spa Poll (Steiner Leisure Limited). *Silver Spirit* was the only ship to score a perfect 100 for its treatments. The Spa aboard *Silver Spirit* is a sanctuary of pure bliss, featuring 9 treatment rooms, indoor/outdoor relaxation areas, and an outdoor whirlpool. The wide range of restorative therapies including facials,

body wraps, massages and acupuncture. The ceramic-tiled Thermal Suite is an exclusive spa area furnished with heated lounge chairs. With its connecting private Hammam (Turkish bath) Chamber, it serves as the setting for the Private Hammam Experience, one of several unique *Silver Spirit* treatments. For more information:

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Silver Spirit

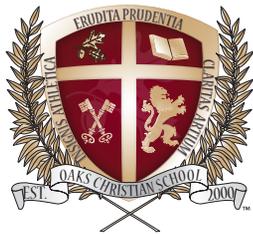




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