

Westla Malibu™

Lifestyle

JULY/AUGUST 2011 \$4.50

Brooke Burke

Dancing with
Stardom

Great
Legends
of Golf

The Future
of Nuclear
Energy
Post Fukushima

Will China, Japan
and India Eat
our Cheese?

The
Magical
Isle of
Maui



The Best Thing to Happen to CENTRAL COAST GOLF Since the *Mulligan*

- 2 Acclaimed Golf Courses
- Spa & Restaurant
- Exceptional New Homes & Custom Lots

Nationally
Acclaimed by:

GOLF
MAGAZINE

Golf Digest



THE GOLF CHANNEL

Located on California's central coast just minutes south of San Luis Obispo, inside Monarch Dunes, lies The Old Course. This award winning links style golf course is further complemented by the addition of the nationally acclaimed new 12 hole par 3 Challenge Course. Designed by Pascuzzo & Pate, these courses will test your skills and tempt your senses. Monarch Dunes is the premier location to transform your game and lifestyle.

Stay & Play Packages:
monarchdunes.com/stay
Golf Reservations:
805.343.9459

Tour our models in June or July and play the Challenge Course on Us!



**Monarch
DUNES**

**Custom Golf Estate Sites,
Business Park Sites**

Rebecca Larsen 805.268.3551

Blacklake Realty DRE #01730381

**MONARCH RIDGE
TOWNHOMES**

monarchridgetownhomes.com

805.343.1010



EQUAL HOUSING
OPPORTUNITY

ANNOUNCING
the Largest Campaign
in Pepperdine's
75-Year History.

The
Campaign
for PEPPERDINE
CHANGING LIVES

Learn more at:

www.pepperdine.edu/campaign

Pepperdine is a Christian university committed to the highest standards of academic excellence and Christian values, where students are strengthened for lives of purpose, service, and leadership.

PEPPERDINE UNIVERSITY

Malibu • West Los Angeles • Encino • Irvine • Silicon Valley • Westlake Village
Heidelberg • London • Florence • Buenos Aires • Lausanne • Shanghai

S O U T H E R N

CALIFORNIA SPINE

I N S T I T U T E

COMPREHENSIVE SPINE CARE

www.southerncaliforniaspineinstitute.com

The Southern California Spine Institute (SCSI) offers a comprehensive, multi-disciplinary approach to the diagnosis and treatment of spine problems. Conservative, non-surgical management is emphasized with the latest in minimally-invasive techniques. Major spinal reconstructive surgery is also offered. Every patient is treated as if they were a family member.



Ian Armstrong, M.D.
Medical Director
Neurosurgical Spine Specialist

COMPREHENSIVE SPINE CARE

SPINAL CARE SERVICES

- Surgical spine evaluation
- Comprehensive physical medicine/rehabilitation evaluation
- Functional capacity evaluation
- Electro-diagnostic testing
- Work capacity evaluation and job analysis

SURGICAL EXPERTISE

- Spine stabilization/fusion/instrumentation
- Microsurgery
- Percutaneous laser disc decompression
- Minimally-invasive techniques for back pain relief
- Complex spine reconstruction
- Spinal cord tumors
- Artificial disk surgery



EDUCATION

MEDICAL MENTORS— through one-on-one mentoring, SCSI strives to lead, inspire and direct the next generation of those called to medical service. <http://www.scsimedicalmentors.com>

Dr. Armstrong has appeared on CBS' The Doctors Show (<http://thedoctorstv.com>) In this nationally-syndicated show, Dr. Armstrong has demonstrated the following:



The XLIF: a new minimally-invasive technique that targets back pain



Live surgery which shows a new way to correct neck pain that involves adult stem cell technology

To view the Doctors Show segments with Dr. Armstrong, go to:
http://thedoctorstv.com/main/home_page?init_type=Feature&init_id=230
http://thedoctorstv.com/main/home_page?init_type=Feature&init_id=231



NEW CONVENIENT LOCATION

WESTLAKE VILLAGE
415 Rolling Oaks Drive
Suite 210
Thousand Oaks, CA 91361
805.496.1717

ADDITIONAL SOUTHERN CALIFORNIA LOCATIONS

BAKERSFIELD

8701 Camino Medea, Suite C,
Bakersfield, CA 93311
661.665.2070

CULVER CITY

3831 Hughes Ave, Suite 105
Culver City, CA 90232
310.557.0741



SHARE THE JOY WITH SOMEONE SPECIAL

WHEN YOU STAY, PLAY AND DINE ON US.

COMPLIMENTARY
SECOND NIGHT
AND YOUR COMPANION ON US

Your companion's spa and dining charges are on us with our Double the Fun package, which even includes a complimentary second night. For reservations, contact your travel consultant, Four Seasons at 1-800-332-3442 or the Hotel directly at 1-818-865-5870. Or visit www.fourseasons.com/westlakevillage/packages



FOUR SEASONS HOTEL
Westlake Village, California

Advance reservations required. Weekend rates start at \$425 per room, based on Moderate Room accommodations. Complimentary charges for the second person in the room must be of equal or lesser value than the charges for the first person in the room. Companion charges exclude dining at ONYX, alcohol, taxes, gratuity, special events and spa packages. The package is available through December 31, 2011. Complimentary night must be used in conjunction with initial stay. Only one complimentary night is available per stay. Complimentary Hotel charges apply to one person only. Offer is subject to availability. Certain restrictions may apply.



▲ **Runco Q-750i Projector**

Runco's new Q-750i home theater projector pairs their revolutionary QuantumColor brightness with energy saving InfiniLight lampless LED technology. Combine that with Runco's unsurpassed performance and legendary engineering and you're left with the best performing, most energy efficient projector we've ever offered.

Starting at \$14,999.99



▶ **Panasonic Viera VT30 Series Plasma 3D HDTVs**

Step into the 3D world with the new Viera VT30 Series Full HD 3D Plasmas. Features include Infinite Black Pro 2 Panel, Viera Connect Wi-Fi ready, 24p Cinematic Playback and 1 pair of 3D glasses included. Available in 55" and 65" screen sizes.

Starting at \$2,799.99



Panasonic



Integra

▲ **Integra DTR-30.3 7.2-Channel Network A/V Receiver**

For music and movie lovers seeking pure A/V quality, the new Integra DTR30.3 is a versatile, mouthwatering prospect. Sophisticated audio and video processing are complemented by superb home-network functionality. Network connectivity allows you to Playback audio files from your computer or listen to your favorite internet radio stations and music streaming services. **\$799.99**

◀ **Monitor Audio Gold GX Speakers**

The new Monitor Audio Gold GX Speaker line is a completely new 'ground up' design featuring advanced driver technologies and materials that have been expertly crafted to reproduce rich, natural sound from the most demanding music. Available in a wide variety of sizes, configurations and finishes for every application.

Starting at \$1,795.00/pair

▶ **Sonos Wireless Multi-Room Music System**

If you love music, you'll love Sonos! In one room or in many, Sonos makes it easy to play all the songs stored on your computer or tune in to the most popular online music services or thousands of free internet radio stations. You can also control it all with an iPhone or Android app. **Starting at \$349.99**



Pro-Ject

▶ **Pro-Ject RM-1.3 Turntable**

The new Pro-Ject RM-1.3 turntable has a contemporary design with no compromise on sound quality. All ingredients, like the shape of the chassis with decoupled motor, inverted main bearing and newly designed tone-arm all add up to deliver the great warm sound only vinyl can offer. **\$499.99**



Home Theaters • Media Rooms • Audio Systems
Outdoor A/V Systems • Home & Lighting Control



866.685.0956 | WilshireHE.com





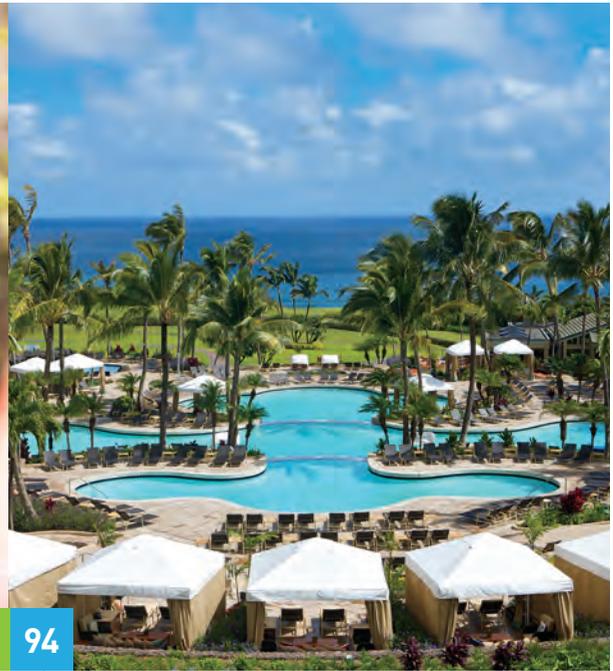
In this issue 07.11



12



44



94

Portraits of Excellence

- 12 **LEGENDS OF THE GREAT GAME OF GOLF**
By DAVID APPELL & TOM OHARA

Scenearound

- 16 **JUVENILE DIABETES RESEARCH FOUNDATION'S GALA**
PHOTOGRAPHY BY TIFFANY ROSE/WIREIMAGE
- 18 **VIEWPOINT SCHOOL'S 50TH ANNIVERSARY**
PHOTOGRAPHY BY ERLINDA OLVERA
- 20 **OAKS CHRISTIAN SCHOOL'S ANNUAL DINNER AUCTION**
PHOTOGRAPHY WWW.CHRISTOPHERGLENN.COM
- 26 **HUMAN RIGHTS WATCH / ROOM AT THE BEACH L.A. CHILDREN'S HOSPITAL / J CREW MALIBU**
- 40 **2011 BRENT'S DELI GOLF CLASSIC**
- 42 **KITCHENS & COOKS TOUR**

Motoring Pursuits

- 22 **DRIVEN LESSONS**
By LARRY CRANE
PHOTOGRAPHY BY WILLIAM FOX

Portraits of Distinction

- 28 **GARY WICHARD'S DEEP-ROOTED LEGACY**
By DIANA LYLE

Portraits of Splendor

- 30 **OUR ROYALTY AT THE OPRAH WINFREY FAREWELL**
- 32 **BRITAIN'S ROYAL WEDDING**

Portraits of Local Film

- 34 **MOVIE MAGIC**
Created in our Backyards
By CRAIG DETWEILER

Chatroom

- 38 **SHORT STORIES ABOUT BIG PEOPLE**
By BOB EUBANKS

Coverstory

- 44 **BROOKE BURKE**
Dancing with Stardom
By DIANA LYLE.
PHOTOGRAPHY BY ANDREW MACPHERSON

Things we love

- 54 **ENTICING ITEMS FOR SUMMER**

Fashion sense

- 56 **SUMMER ROADS, TAKE ME AWAY**
By MAGDA PESCIARIU

Portraits of Power

- 60 **THE FUTURE OF NUCLEAR ENERGY IN A POST-FUKUSHIMA WORLD**
By CHRISTINE SEISUN

Home and hearth

- 64 **TIM AHERN CONSTRUCTION**
Outdoor Pools and Spas
- 70 **JORDAN COHEN ESTATES**

Moneysmart

- 76 **A FUNNY THING CALLED STATISTICS**
By DOUG DE GROOTE
- 79 **DIGITAL DO GOOD**
By ROBERT J. KATCH

Your health

- 82 **DIABETES**
By IAN ARMSTRONG, M.D.

Leisurely Pursuits

- 86 **THE ART OF BARGING - PERFECTED BY THE MILLERS**

Localscapes

- 90 **ULTIMATE WINE COUNTRY DAY TRIP**

Travelscapes

- 94 **MAUI**
The Magical Isle of Hawai'i



On the cover

BROOKE BURKE
PHOTOGRAPHY BY ANDREW MACPHERSON
STEVEN LAKE - HAIRSTYLIST
SPENCER BARNES - MAKEUP
KAYLA MCGEE - STYLIST

The cool, non-invasive answer to a sculpted body.



chill the fat.

Introducing CoolSculpting®. It's a new, non-invasive way to gently and effectively reduce stubborn fat in specific problem areas of your body. CoolSculpting uses advanced cooling to selectively "chill away" the fat that creates love handles, muffin tops, bra bulge and tummy pooch. You'll see a 20% reduction of fat in the treated area after just one visit, on average. Call us today for a free consultation: 805-497-9400. CoolSculpting is available exclusively at Remedy in the Conejo Valley.



remedy
skin + body



Learn more about CoolSculpting by scanning this QR code with your smartphone >

Visit us at: www.remedyskinandbody.com



Talia Emery, M.D.

EDITOR-IN-CHIEF

Diana Lyle
818.865.9016

CREATIVE DIRECTOR

Robbie Destocki
Creative Image Design Group
805.530.0316

CONTRIBUTING PHOTOGRAPHERS

Christopher Ameruoso
Dahl Photographers

MARKETING/SALES DIRECTOR

Camille Block

SALES/MARKETING MANAGER

Lonna Weber

GENERAL LEGAL COUNSEL

Arthur H. Barens, Esq.

CONTRIBUTING EDITORS

FEATURES EDITOR Elaine Yamasaki
FASHION EDITOR Magda Pescariu
MEDICAL EDITOR Ian Armstrong, M.D.
INTERNATIONAL AFFAIRS EDITOR Christine Seisun

CONTRIBUTING EDITORS-AT-LARGE

SURFING Shaun Tomson
FINANCE Doug De Groot
Robert J. Katch
HEALTH Gilbert M. Rishton PhD

ADVISORY BOARD



Bob Eubanks



Ian Armstrong
M.D.



Michael J. Silver
Attorney at Law



Kym Douglas



Kouros Azar
M.D.



Hannah
Grossman, M.D.

ADVERTISING

Camille Block (805) 630-8565
camille@socalblocks.com

Lonna Weber (818) 535-8500
lonnaweber@gmail.com

Debra Schmidt, Sales Executive
(818) 661-0496
westlakemalibudebra@gmail.com

Cheryl Fishman, Sales Executive
(818) 219-8073
Cherylfishman22@gmail.com

MEDIA KIT

Online media kit information available at
www.wmlifestyle.com

©2009 Westlake Malibu Lifestyle magazine is published bi-monthly. All rights reserved. Reproduction in any form without written permission from the publisher is prohibited. Please send comments to the attention of the publisher. The Advisory Board serves to give business advice and cannot be held responsible for any of the magazine's content

Printed in U.S.A. by Custom Printing • customprintinginc.com

WILDFOX

20% OFF YOUR NEXT TWEEN OR HIP ADULT PURCHASE.
OFFER EXPIRES 7/2011

Now carrying new tween lines such as Wildfox, seen on celebrities like Vanessa Hudgens, Beyonce, Megan Fox, Halle Berry, Kim Kardashian, and Taylor Swift

**2903 AGOURA ROAD,
WESTLAKE VILLAGE, CA
805-494-0900
WWW.SHOPHIPSTERKID.COM**



DERMATOLOGY

FRAXEL

JUVEDERM

VBEAM

MINI S-LIFT

CHEEK LIFT

BOTOX

EYELID LIFT

RADIESSE

Introducing
A Cool Way to Lose Fat
Non-Invasive Fat
Layer Reduction
Zeltiq
PROCEDURE

*Complimentary Cosmetic
Consultation... Call today!*



Anna D Guanche, MD

*Diplomate, American Board
of Dermatology*

***Trust your health and beauty
to a Board Certified physician.***



Where Beautiful Skin Happens

BELLA SKIN INSTITUTE

23622 Calabasas Rd, Ste 339
(Across from the Commons)

818.225.0117



www.bellaskinstitute.com

Scan our QR Code for our info



Editor's letter



The exotically-beautiful **Brooke Burke** is sure to lighten up your July and August while encouraging plenty of positivity during those warm summer days. Read about her accomplishments - which include winning Season 7 of 'Dancing with the Stars.' Since August 2010, Brooke has co-hosted the smash hit show while managing a multi-faceted career. In our cover story on **Pg 44**, Brooke opens up about the importance of family and how she fits so much into her full life. This was one of our favorite Cover Shoots with talented photographer, Andrew Macpherson.

Due to popular demand, we've done a substantial article on the **Legends of the Great Game of Golf (Pg 12)**. The sport is so much more than just chasing a little white ball around a course. The greatest players have conducted themselves with dignity - on and off the course - and the true definition of sportsmanship is an integral facet of golf.

For all the car buffs, there's a fascinating story on **William Fox**, the man whose car-racing thrills began once the green flag went by in a blur (**Pg 22**).

Ever wondered where all your favorite **summer movies** were shot? Find out on **Pg 34** as **Pepperdine University** enlightens us.

Our International Affairs Editor, Christine Seisun, has provided a fascinating analysis on the future of **Nuclear Energy (Pg 60)**. Japan's recent tsunami tragedy has caused the world's second worst nuclear power plant accident in history after Chernobyl....and once again, we're being forced to assess the risks against the gains.

Our **Home and Hearth section** features beautifully-designed swimming pools at a time of the year when most of our leisure activities are spent outdoors. If you're thinking of enhancing your lifestyle at home - there's plenty of inspiration - both from **Tim Ahern (Pg 64)** and **Jordan Cohen (Pg 70)**.

Our **Localscapes section (Pg 90)** features the beautiful vineyards in the **Santa Ynez** valley. Take an inexpensive day trip that is a short car ride away, and savor our local wine country.

In keeping with sensible budgeting, our **Travelscapes** section offers a complete away-from-it-all feeling on **Maui** - the magical isle of Hawai'i. Our experts have provided 4 great accommodation choices on the island (**Pg 94**), so start packing and head for the island where the aloha welcome awaits you.

Happy summer reading.

Diana Lyle



Vein Center
WESTLAKE VILLAGE
HEALTHY LEGS ARE BEAUTIFUL LEGS

Treatment of Varicose and Spider Veins

Vein Center of Westlake Village

Gentle, non-invasive treatment sessions improve appearance of skin on legs, arms, chest, neck and face

VeinGogh Technology

This virtually painless procedure has nearly replaced lasers for eliminating spider veins in our practice

Ultrasound Guided Sclerotherapy

State-of-the-art techniques and technology
Address fatigue, pain, ulceration and more
No incisions – No scarring – No down time

Karel Douglas Vaughan, M.D.

Physician-administered Personalized
treatment plans for Men and Women
Dynamic and Lasting Results

To schedule an appointment call

805 495-8305

1240 S. Westlake Boulevard, Suite 123
Westlake Village, California 91361
veincenterwlv.com

Jack Nicklaus drives off from the first tee during final practice round for the 114th British Open Golf Championship, July 17, 1985 at the Royal St. George's Golf Club



LEGENDS OF THE GREAT GAME OF GOLF

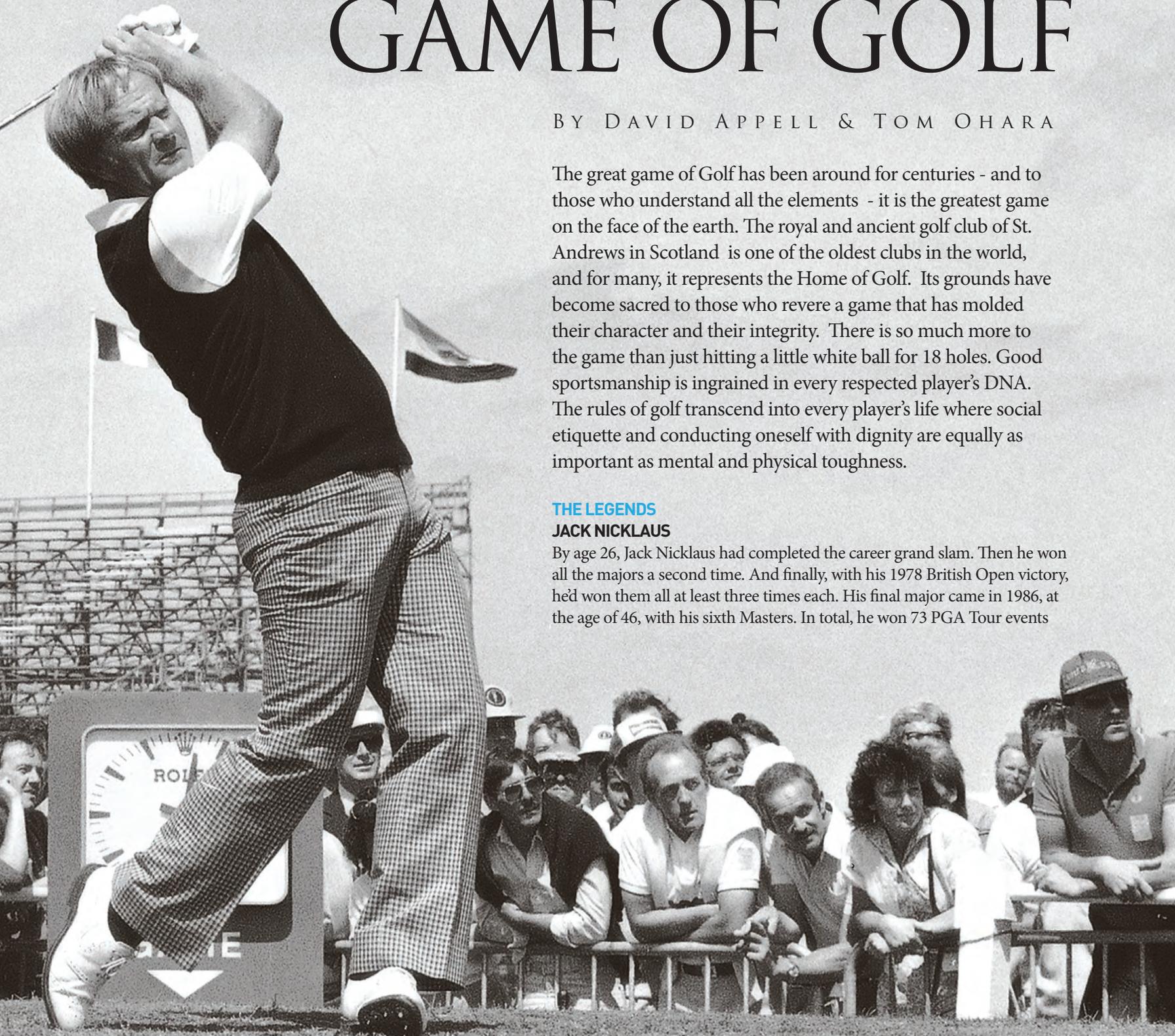
BY DAVID APPELL & TOM OHARA

The great game of Golf has been around for centuries - and to those who understand all the elements - it is the greatest game on the face of the earth. The royal and ancient golf club of St. Andrews in Scotland is one of the oldest clubs in the world, and for many, it represents the Home of Golf. Its grounds have become sacred to those who revere a game that has molded their character and their integrity. There is so much more to the game than just hitting a little white ball for 18 holes. Good sportsmanship is ingrained in every respected player's DNA. The rules of golf transcend into every player's life where social etiquette and conducting oneself with dignity are equally as important as mental and physical toughness.

THE LEGENDS

JACK NICKLAUS

By age 26, Jack Nicklaus had completed the career grand slam. Then he won all the majors a second time. And finally, with his 1978 British Open victory, he'd won them all at least three times each. His final major came in 1986, at the age of 46, with his sixth Masters. In total, he won 73 PGA Tour events





Portraits of Excellence

in his career, and when it came to the majors, nobody can rival his record. He won 18 professional majors - twice as many as all but one other golfer. He finished second 19 more times, and third nine times. In all, Nicklaus posted 48 Top 3 finishes, 56 Top 5 finishes and 73 Top 10 finishes. Perhaps Tiger Woods will someday challenge that record but for now, Nicklaus remains - by far - the most accomplished player in the history of major championship golf. Even more impressively, he did it all exhibiting great class and sportsmanship.



ARNOLD PALMER

Every sport has one player who transforms the game from pastime to art form, a person who attracts public attention by presence alone. Arnold Palmer not only played a magnificent game of golf - but his magnetic personality and unfailing kindness and thoughtfulness to everybody - have made him one of golf's best-loved icons. He won the Masters Tournament in 1958, 1960, 1962 and 1964; the U.S. Open in memorable fashion in 1960 at Cherry Hills Country Club in Denver, and the British Open in 1961 and 1962. He came from seven strokes off the pace in the final round in that U.S. Open win and finished second in four other Opens after that. Among the majors, only the PGA Championship eluded him. He finished second in the PGA three times.

GARY PLAYER

Gary Player has achieved the kind of worldwide acclaim reserved for only a handful of sporting greats. He's renowned as much for his dedication to the principles of excellence as he is for his golfing accomplishments. A perfectionist, he has lived his life with an impeccable set of values, as well as a stringent health and fitness regimen. His courageous style of play was always fired up by a fiercely

competitive nature, a courteous demeanor, and a penchant for always wearing black. Not surprisingly, he's often referred to as "The Black Knight".



BEN HOGAN

Hogan is arguably the greatest ball-striker ever to play the game. Even today, when a player is making great contact with the ball, the term "hitting it like Hogan" is often the response. His nine career professional Major Championships tie him with Gary Player for fourth all-time, trailing only Jack Nicklaus (18), Walter Hagen (13), and Tiger Woods (10).

PETER THOMSON

Five times British Open Champion from 1954-1965, three times Australian Open Champion and nine times the New Zealand Open Champion, Peter Thomson has won a hundred tournaments worldwide, including the World Cup for Australia twice. His record on the PGA Seniors Tour is scarcely less impressive; in 1985 he set the standard by winning nine tournaments out of a possible 27.

TOM WATSON

Watson won the first of his five Open titles in 1975. His dedication to the Open has earned him much respect in the U.K. By 1977, the years he won his first US Masters, Watson became the leading money winner and the greatest challenge to Jack Nicklaus. In the period between Jack Nicklaus' peak and Tiger Woods' peak, Watson was the guy to watch. His victories were earned through perseverance and determination, and his place in golf's history is assured.

SEVE BALLESTEROS

Seve Ballesteros' recent untimely death from cancer shocked his legion of fans worldwide. This charismatic, risk-taking player whose star power took the European Tour to new heights - will be best known for his creativity and short-game brilliance.



History recalls how he made birdie after playing from a parking lot during his 1979 British Open win! Ballesteros was one of a kind and he will be sorely missed.

CURRENT DRAMATIC PLAYERS

TIGER WOODS

Tiger Woods held the number 1 spot in the world's golf rankings for almost 7 years. However, his recent conduct off the golf course has certainly had an impact on his game, and he's fallen dramatically from the world's top rankings. His private turmoil has - in my opinion - been further compounded by a change in swing coaches. His past swing coaches, Butch Harmon and Hank Haney, utilized his natural loading abilities to maximize his swing potential. His new swing puts



JACK NICKLAUS PERHAPS DESCRIBED IT BEST WHEN HE SAID, "I NEVER WENT INTO A TOURNAMENT OR ROUND OF GOLF THINKING I HAD TO BEAT A CERTAIN PLAYER. I HAD TO BEAT THE GOLF COURSE. IF I PREPARED MYSELF FOR A MAJOR, WENT IN FOCUSED, AND THEN BEAT THE GOLF COURSE, THE REST TOOK CARE OF ITSELF."



Tiger Woods

a large amount of pressure on his lead leg before he even starts. That constant pressure on the lead leg coupled with the power of Woods' swing may well be the reason for the problems that he is having with an already repaired knee and Achilles tendon. Despite all this, Woods is still the best golfer in the world, and anybody who cares about the game wants to see the legend rise up again - to where he belongs. He is second to Jack Nicklaus with most majors won at 14 (Nicklaus won 18 in his career), and he's won 71

tournaments on the PGA tour, 38 on the European tour, and 19 on various other tours. How can anyone argue with those numbers?

PHIL MICKELSON

While Mickelson has been fairly quiet this year, he can always be counted on to be a favorite in any of the four major championships. His explosive drives and flawless short game make him a threat to anyone in the field.

BUBBA WATSON

I don't know if you can say that Bubba Watson created a bunch of drama but he is just so much fun to watch. Whether he is hitting a 350-yard drive, or slinging a 40-yard hook around a tree to put it to 10 feet, Watson



Bubba Watson

is filling a void in golf right now with his fun antics, his energy and his creativity. He's what fans love to watch despite the fact that he has one of the ugliest swings I have ever seen, but he makes it work. Watson has never taken a lesson in his life and is on record as saying that the day he takes a lesson is the day he will quit playing golf. The entertainment value in Bubba is endless; did I mention he wears a \$500,000 watch when he plays? Nothing about this guy is orthodox and that's what makes him so great to watch. And the name Bubba? C'mon... It's priceless! He has won twice on the tour this year and his 320+ yard drives give him a competitive advantage over many in the field.

DUSTIN JOHNSON

This guy is ready to break out! Last year he had the lead going into the last day of the U.S. Open and was in contention at the PGA Championship. The mental side of the game played its course as Johnson folded to the field on the last day of the U.S. Open at Pebble Beach. At the PGA Championship at Whistling Straights, the mental

game was also a factor as he tied the leader on the last hole only to receive a penalty for illegally grounding his club in a bunker. Johnson will not make those mistakes if he finds himself at the top this year.

GRAEME MCDOWELL

In the Chevron World Challenge at local Sherwood Country Club, Graeme sank a couple of long putts on the 18th hole in regulation and in a playoff, to ultimately defeat Tiger Woods at his own tournament.



Graham McDowell

He was the winner of the 2010 U.S. Open. He was the benefactor of the mental demise of Dustin Johnson as he took the lead on the third hole and never gave it back. Any time there is a playoff or a player takes over the lead on the last day of a major when they presumably had no shot, it creates a lot of drama and a great Sunday of golf.

K.J. CHOI

If Mr. Consistency is not his nickname, it should be since he always managed to be towards the top of the leader board in every tournament he plays in. This guy hits the ball straight, has a great iron game and short game, and is one of the better putters on tour. He won the Players Championship this year (which is the unofficial 5th major) and by the time this magazine goes to press, it's anyone's guess whether he would have been a serious contender in Bethesda, Maryland for the 2011 U.S. Open.

CURRENT EUROPEAN DOMINANCE

4 of the top 5 players in the world right now are not American but European golfers: **Lee Westwood, Luke Donald, Martin Kaymer and Graeme McDowell** are taking home the honors - and **Phil Mickelson** is the lone American. This lends to the fact that The European PGA tour is becoming more competitive and the prize money is rivaling the outrageously high purses on the U.S. PGA tour. The competitive fields on the European tour are allowing these players to stay near their homes, friends and families while still maintaining a fat wallet.

MENTAL TOUGHNESS

Having great natural ability is only one component of what makes a world-class golfer. High levels of concentration and finely-tuned focus are a vital component of a champion's DNA. Jack Nicklaus perhaps described it best when he said, "I never went into a tournament or round of golf thinking I had to beat a certain player. I had to beat the golf course. If I prepared myself for a major, went in focused, and then beat the golf course, the rest took care of itself." 

David Appell & Tom Ohara are TPI -Titlist Performance Golf Fitness Instructors at Body Logic Sports Therapy

Juvenile Diabetes Research Foundation's Gala

Photography by Tiffany Rose/WireImage

The JDRF's 8th Annual Gala - 'Finding a Cure: A Love Story' benefitting Juvenile Diabetes Research Foundation was held on May 5th, 2011 at The Beverly Hilton in Beverly Hills. The stars who turned up to support this worthy cause included Al Pacino. www.jdrf.org



Natalie Kenly, Charlie Sheen, Todd Zeile, Sugar Ray Leonard, Anna Trebunskaya, Hannah Zeile



Brad Garrett & Ray Romano



Avi Lerner



Anna Trebunskaya & Sugar Ray Leonard



Charlie Sheen & Al Pacino



Jenny Sandersson, Dolph Lundgren



Greg Mc Elroy



EVERY MEAL, EVERY DAY ALWAYS BRENT'S

For over forty years our family has welcomed yours. We deliver friendly service, consistent quality and true value, 365 days a year. Come on in and have a nosh during happy hour or a lovely brunch with friends. For an unforgettable meal any time, choose Brent's.

#1 DELI IN L.A.
-LOS ANGELES MAGAZINE

BEST HAPPY HOUR IN
TOWN, 7 DAYS A WEEK!

VOTED #1 DELI
-ZAGAT SURVEY

Northridge 818-886-5679

Westlake Village 805-557-1882

brentsdeli.com

Viewpoint School's 50th anniversary

Photography by Erlinda Olvera

Music legend Stevie Wonder celebrated Viewpoint School's 50th anniversary at the School's "Golden Jubilee Benefit and Auction," at the Four Seasons, Westlake Village. Emcee Rainn Wilson of NBC's "The Office" helped Viewpoint raise \$750,000 to sustain the school's mission and provide an academic program that nurtures and educates each child.

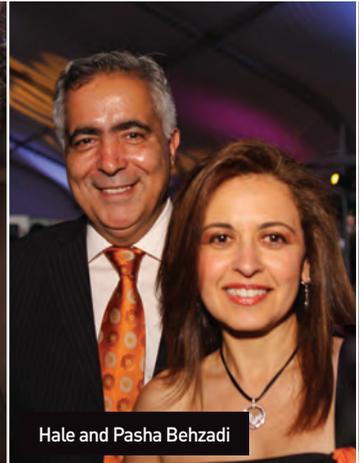
Stevie Wonder and Viewpoint Moms



Denise and Irv Richards



Laker Girl Brilane, Rainn Wilson, Adam Alexander



Hale and Pasha Behzadi



Robyn Zimmet, Bernadette Geckle & Kelly Berka



Bill and Christina De Ronde



Matt and Ramona Serletic

VIA COLINAS DESIGN CENTER

YOUR
Architectural Home & Garden Destination

HEATHER FIELDS
Custom Iron Work
818.991.0441

KARMA HOME ACCENTS
www.karmahomeaccents.info
818.706.0715

MEADOW GARDENS
www.meadowgardensdecoration.com
818.879.9555

VINTAGE VILLA HOME COLLECTION
www.vintagevillahomecollection.com
818.889.8647

OAKS FLORIST
www.oaksflorist.net
818.991.5444

TESOROS
Interiors & Drapery
818.865.1184

ASIAN FURNISHINGS
www.myasianfurnishings.com
818.865.8265

B.P CUSTOM FINISHING
Master Finishing Artisan
818.889.4945

HOOT N' ANNY HOME
www.hootnannyhome.com
818.575.9011

R.F SHAW
Custom Reupholstey & Fabrics
818.889.7770

à la Maison
www.alamaisonwlv.com
818.338.3301

A.E. RUGS
Importer of fine handknotted rugs
818.889.7847

BPL DESIGN GROUP
interior design group
818.597.3202

PACIFIC RIM HOME
www.pacificrimhome.com
818.338.3386

RAFFIA GIFTS & BABY BOUTIQUE
www.rafiagiftstore.com
818.706.1191

NITE NITE MOON
childrens gifts & more
818.889.2820

MERRITTS UNIQUE
FURNISHINGS
www.merrittsunique.com
818.874.9000

THE SHOWROOM
Designer Furniture Consignment
805.914.8869

THE DRAPERY GUY
www.TheDraperyGuy.com
818.707.8500

THE SOFA GUY
www.thesofaguy.com
818.991.0802

HOLISTIC HAVEN
www.holistichaven.org
818.865.1900

Come...Explore Our World!

VIA COLINAS DESIGN CENTER
31149 VIA COLINAS, WESTLAKE VILLAGE, CALIFORNIA 91362
(ACROSS FROM THE FOUR SEASON HOTEL)



**SPANISH HILLS
COUNTRY CLUB**
CAMARILLO, CALIFORNIA

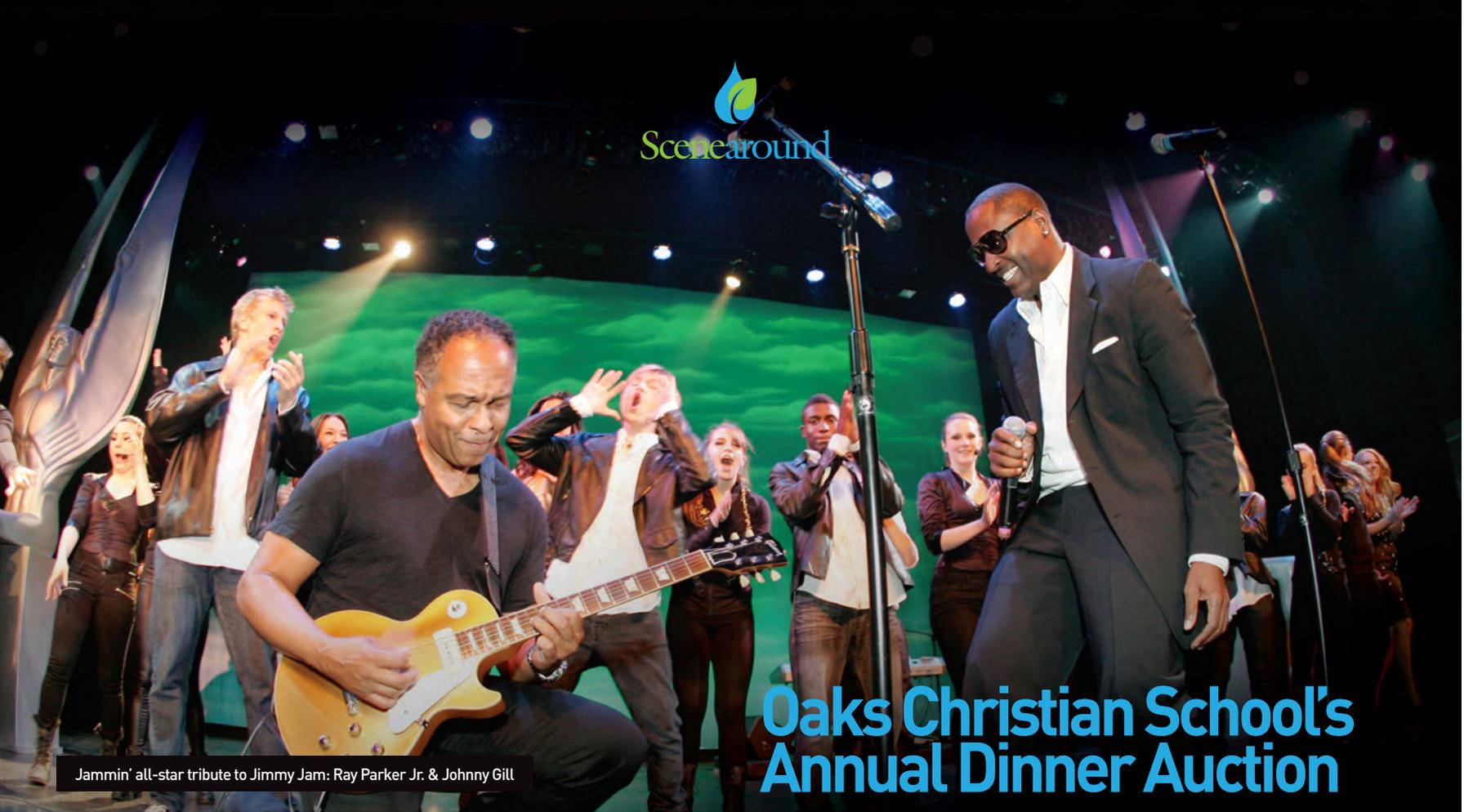
Minutes away...worlds apart...

The Country Club experience of a lifetime is closer than you imagine. Spanish Hills Country Club is one of Southern California's premier private clubs.



Offering a championship golf course, spectacular tennis facilities, lavish swimming pool, professionally equipped fitness center and fine and casual dining. For information on Membership opportunities please call 805-388-5000.

999 Crestview Avenue Camarillo, CA 93010 | 805-388-5000 | www.spanishhillsc.com



Jammin' all-star tribute to Jimmy Jam: Ray Parker Jr. & Johnny Gill

Oaks Christian School's Annual Dinner Auction

Photography: www.christopherglenn.com

Oaks Christian School's recent dinner auction with the theme: The Legacy: Yesterday, Today & Forever - was put on by **Go West Events & Multimedia**. The successful event raised over \$800,000 for the school's financial aid program.



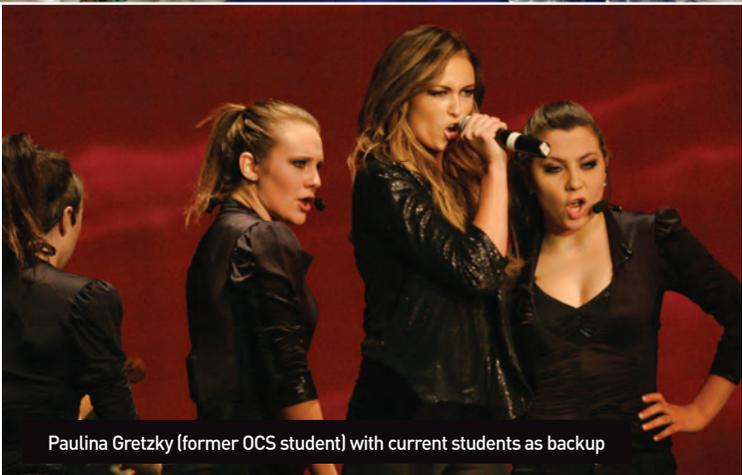
Jean Jones, Wayne & Janet Gretzky



Sinbad



Johnny Gill of New Edition



Paulina Gretzky (former OCS student) with current students as backup



Emcee and OCS parent Fred Roggin



Matthew Chen



Motoring pursuits

FOX's Mini Champ



Bill Fox in the '70s



Fox's GT3

Driven Lessons

William Fox's road to championships continues as a learning-experience, from Mulholland to mastery **By Larry Crane**
Photography From The Archive of William Fox

Mulholland Highway and its many paved tributaries offer topography with some drama for the sporting motorist. Gravity is your friend on a canyon ascent; simply lift, change from third to second and accelerate up the next climbing corner; the brake pedal becomes redundant. Not so on Antelope Valley's historic Willow Springs Raceway. After a few seasons on the Santa Monica Mountains' favorite learning-how-to-drive circuit, Bill Fox took his beautiful new Sting Ray Roadster—made possible in part by youthful initiative; including repair and resale of two of his own canyon-veteran Corvettes—and chased his race driver dream to the real track.

"I spun off of every corner. EVERY corner!" He repeated to me with the exact words he had used to explain his dusty Corvette to his good friend and racing mentor Jeff Klein 40 years ago.

"What are you doing?" Klein enquired. "Talk me through your lap."

"Well, I come down the front straight flat in fourth and down shift into third for turn one. Then the dust cloud."

"What do you use for your braking point?"

"Braking?"
And so began the advanced education of a life-long—championship-winning—racer; it was destined to be thus. William Fox's dad was



Bill Fox in the '70s

the son of a Viennese pharmacist and learned early the discipline of economies (available work and income) versus goals. His success was clearly illustrated by his hobby of running local rallies and hill climbs in his own Bugatti Type 37 1.5-liter grand prix car. It was not to last. The *Anschluss Österreichs* (German annexation of Austria) was imminent; the Fox family made the bold, not-unprecedented, decision to emigrate to America in 1937 before the Nazi's plan was a *fait accompli*.

By the end of the war the family had set up housekeeping in car-friendly southern California. The second generation Mr. Fox had lost none of his enthusiasm for cars and was determined to include his young American-born son in his interests. They traveled the Golden State, following the new California Sports Car Club (forever CalClub) to races at Palm Springs in 1949, Torrey Pines, north of San Diego



WORLD CLASS MOTORING

The Finest in Automotive
Gifts & Accessories

Orders and Catalog Requests:
800-986-4977

www.worldclassmotoring.com



J. Paul Nesse

KEN MILES FORD GT40 BRONZE SCULPTURE

This exquisitely hand-crafted sculpture by renowned artist J Paul Nesse features the beautiful #1 Ford GT40 car driven by Ken Miles. The bronze is highly detailed and captures the true spirit of the golden era of motorsport. Nesse's sculptures are to be found in public and private collections throughout the world. It is Nesse's desire to bring an historic accuracy and romantic atmosphere to his subject matter, and this piece truly delivers on all levels.

Please call for price.

World Class Car Covers

At World Class Motoring we've got luxury covered with our extensive line of car covers featuring fabrics for both indoor and outdoor storage. Our fabrics range from the most luxurious and plush material for indoor use to the most rugged and durable material for outdoor protection. All of our covers are custom made and are guaranteed to provide you with a proper fit for your vehicle. Car covers start at only **\$159.99**.



ZEYNER MOTORING COLLECTION

Zeyner's Motoring Collection combines luxury and performance, creating the most unique and perfectly crafted business carrier goods on the market. Constructed of high-quality cowhide leather and rugged ballistic nylon, and exquisitely accented with custom crafted, automotive themed exterior details and hardware, Zeyner bags are the epitome of durability, design, and motoring style.

\$410.00



Lloyd's Plush Carpet Mats

Two water resistant layers of polypropylene backing provide strength and firmness while the matching woven nylon binding will never unravel and completes a custom finished look. They are available in a wide array of colors and we can even "factory match" most new makes and models. High quality custom embroidery is also available in a wide range of colors, featuring many trademarked vehicle makes, models, and emblems.

2 Piece LLO100 **\$89.99**

4 Piece LLO100 **\$109.99**

Cargo LLO100 From **\$69.99**

ZYMOL STARTER KIT

This kit contains a full-size container of each of the basic products that make up the Zymol Automotive Enhancement System: 8.5 oz. Zymol Clear, 8.5 oz. HD-Cleanse, 8 oz. Zymol wax (Creame or Carbon), wax applicator, pre-wax applicator, and Zymol microwipe towel. The starter kit is the perfect introduction to the world of Zymol.

ZXDS **\$140.00**



TEAM SHELBY WOOL MELTON STADIUM JACKET

This fully authentic and licensed Team Shelby Jacket is an upgraded version of the original worn by the Shelby race team. The shell is 80% Soft Melton Wool and the jacket features custom quality sewing throughout. The jacket is finished with a fine satin lining, a zippered inside pocket, and white leather trimmed outside pockets.

Available in sizes S-XL - **\$200.00**

Available in sizes XXL & XXXL - **\$225.00**



WORLD CLASS
MOTORING

5076 Chesebro Road
Agoura, CA 91301



in 1950, and added the Sports Car Club of America (SCCA) race events at Cotati, near San Francisco, and Pebble Beach on the Monterey Peninsula. By this time the opportunity to become part of an auto repair business in the car-obsessed San Fernando Valley was offered and led to the purchase of that business in 1953. Fox Motors proved to be a grand idea. It even afforded the family a high performance sports car, in the form of one of Bill Tritt's Glasspar G-2 roadsters. Tritt had built a successful business in Newport Beach creating boats from the new glass fiber reinforced plastic and a handsome home-built-kit sports car seemed a logical addition to the business. The kit included a Mameco steel-tube frame, and a Ford V8 drive train—including a car—for under \$50. Now engulfed in the fire of his father's passion, the youngest Mr. Fox had discovered dad's new car magazines (*Hot Rod*, *Motor Trend* and *Road & Track*) and insisted that the new roadster be painted in the white with blue stripes livery of the Briggs Cunningham American Le Mans team.

Therein was composed chapter one of young William Fox's auto-biography. Chapter two began with a driver's license and a much-modified 1959 Corvette, one of Bill's early reconstruction projects, which offered an opportunity to learn how to *really* drive.

An education must begin with elementary schooling, even if the classroom is more like graduate school. When a towing service was added to Fox Motors to get damaged vehicles to the shop, the lot behind became the L.A.P.D. impound. Eventually, irreparable derelicts shared the space and became both a source of useful pieces and young Bill's field of dreams. That first Corvette morphed into a '63 Sting Ray, which quickly became a veteran of parking lot gymkhanas that offered no more discipline or damage than could be applied with a plastic cone. Time trials were next, a lap against the clock on a faster circuit, one car at a time. Perceived driving skill is the equivalent of a high school science student in a hospital operating theater, but the risk is higher. The '63 soon found itself upside down in a field of glass fiber shards. We'll call it the finals before matriculation. The special engine from the wreckage found its way into an engineless '65 Sting Ray Roadster and Bill Fox entered wanna-be-racer higher ed; the ridges and canyons of the Santa Monica Mountains. Memories include encounters with a young actor named McQueen and his Jaguar XKSS and later his Ford Cobra, and others among the recently discovered and overly funded. In 1968 a new Corvette L 89 427 with aluminum heads and too much horsepower sharpened the Fox driving focus

and the racetrack at Willow Springs was grad school—and included the freshman memory of our opening anecdote.

On a particular warm summer evening, after a would-be study/socializing session at the U.C.L.A. library, Bill and one of his trusted pals were gassing up the big-block Vette when they first encountered Jeff Klein, a talented SCCA racer and eventual Fox mentor. His transportation was a tiny rectangular box of a car. A run up Sepulveda from Sunset to Mulholland was arranged; Fox would lead in his thundering Vette and the guy in the tiny box would arrive when he could. After a few corners, the Corvette took a wide line and the little box snapped by on the inside and disappeared in the distance. Dumbfounded and dispirited, the guys in the mighty Corvette found the little car parked along the road and joined it. "What is that thing?"

"A Mini Cooper S." It was seventy-eight cubic inches, 75 horsepower, and 1435 pounds of power-to-weight magic.

When it was time to race for real, that memory remained. There was no reason to fund a racing program to be a back marker, and winning in a Corvette required out-of-reach resources. With the able assistance of an English friend and fellow "motorhead," a fully prepared Downton-developed racing Mini was found in the U.K. The best

known Mini tuner in the Valley was Harvey Waldman at MRA (Mulholland Racing Associates) and he was contracted to lead the team. "Best known" is not necessarily the best metric. The new Mini did qualify for the SCCA National Championship Runoffs at Road Atlanta in 1970, but a Waldman prototype throttle pedal system was problematic and the resulting failure required removal of the engine and transmission at the track in Georgia. After a 14-hour session spent machining parts and re-installing the drivetrain, an engine rod knock, discovered at 2:30 AM, resulted in the team's effort ending in a DNS (Did Not Start). They went home with nothing but new ideas for the next year.

The following season had flashes of brilliance. Bill finished first in the Southern Pacific Division and with it came, another invitation to the Championship Runoffs. A third place qualifying position was wasted when the crew miscalculated their pre race preparation and did not have the Mini to the starting grid within the allowable five-minute window. Fox had to start from the pit lane after the entire field of 47 competitors had passed.

"It was the best race of my life," Bill remembers. "From dead last into the top five with more to go when the clutch exploded. Failed again." Mentor Klein won the class in '71 with an Alfa Romeo GT Junior. But, the following year, surrounded by an impressive field of Regional Champions and supported by the best Mini minds available, Bill Fox went into the record book as an SCCA C-Sedan National Champion in 1972.

That accomplished, the attention—and resources—were refocused on a beautiful piece of ranch property on the Malibu end of Mulholland Highway in 1973. The power of that name in the psyche of a motorhead cannot be over overstated, but while the ranch and the business were developed in parallel, racing, even sports cars, were pushed into romantic memory, but never deleted.

Today the ranch remains beautiful in retirement; the business operates by telecommute and Bill Fox's second Porsche 911 GT2 is prepared for a national Porsche Owner's Club racing series championship. Its headlights are painted over; the interior is bare, save for a complex racing roll cage and a single competition seat; and its unmuffled exhaust, while symphonic in some circles, precludes a friendly run on that historic ribbon of highway. But the smile on Bill Fox's face is in full luminescence, a life time of competitive friendships line the office walls and fill the well-dusted circuits of his mind, and a racer's "red mist" remains as vital as it ever was when the helmet visor snaps closed and the green flag goes by in a blur. 🌊

J☆Girl
LINGERIE & COSMETICS

SWIMWEAR SALE

Voted Best Lingerie Boutique In Los Angeles!

Featuring:

- Luli Fama® • L-Space®
- Betsey Johnson®
- Cosabella® • Beach Bunny®
- Bettinis™ Bikinis

and much more...

Lingerie • Robes • Slippers • Candles • Jewelry

J☆Girl
LINGERIE & COSMETICS

20% OFF
ALL SWIMWEAR

805-449-9999

2900 Townsgate Road Suite 107 • Westlake Village, CA 91362

Expires 04/31/11. Offer valid in-store only, with this coupon. Offer good for swimwear only. Coupon must be presented at time of purchase. Not valid with any other offers or prior purchases.

Gift Certificates Available!

www.Jgirlingerie.com



Scenearound



Liza Utter-Pernice, Kaira Rouda, Elizabeth Lamont

Room at the Beach hosts Kaira Rouda

Room at the Beach in Malibu hosted a launch party for **Kaira Rouda's** debut novel, **'Here, Home, Hope'** with proceeds from the evening going to **Human Rights Watch** - a formidable world-wide organization that holds people accountable for travesties of human rights. www.hrw.org



Katherine & Richard Buckton, Andrea Tennant-Hall



Justin Conolly, Lonna Weber



Deborah & Jim Ramo, Barbara Silberbusch, Charlie Arneson



Jill Kinder, Christina Nelson, Gigi Nelson

The Centennial Guild and JCrew Malibu

The **Centennial Guild** raises critical funds to support **Children's Hospital Los Angeles**. Current funds are for the **Clinical Imaging Research and Technology Initiative** - which is key to new cures and life-saving treatments. Supporters gathered at **JCrew Malibu** - shopping the latest spring fashions with 20% of the proceeds going to **CHLA** programs.



Jill Kinder, Monica Teurlings, Allisyn Cashdan, Erin & Paulette Walker



Jill Kinder, Monica Teurlings, Heather Martin, Bernadette Geckle, Nanette Leonard



A Sound Investment

Let Custom Printing orchestrate your next printing project and we'll show you how service, quality and competitive pricing can help your business prosper.

Custom Printing offers complete prepress services along with 7 sheet-fed offset presses, a complete bindery department, in-house die-cutting equipment and full mailing services. From the press to the post office, we are 100% focused on your printing and mailing requirements.



CUSTOM
PRINTING
Quality Lithographers

805.485.3700

Take a plant tour at
www.customprintinginc.com
click on "behind the scenes."

Portraits of Distinction



Gary Wichard's Deep-Rooted Legacy

By Diana Lyle

Gary Wichard, a prominent sports agent who not only lived in our community - but filled it with his larger-than-life presence - died recently from a year-long battle with pancreatic cancer. His death has left a significant void in the lives of the people who loved and respected him. Known for his unconditional loyalty to his family, friends, and his 'guys' - Wichard spent his all-too-short life impacting others whose vision for themselves may not have been as broad or as vivid as his. It's no coincidence that when people called his cell phone, they'd hear "Don't Stop Believing" by Journey. Wichard's value system, his energy and positivity changed a lot of people's lives for the better - not least of which were many football players who looked up to him as a father.

Former New York Jets defensive end Jason Taylor dedicated his 2010 season to Wichard after learning of his agent's illness. The New York Jets had just upset the New England Patriots, and Taylor made his usual call to Wichard. It was then that he learned that his mentor was seriously ill. The devastation he felt was channeled into something uniquely positive as he rallied

with his team mates while displaying the strength of character that defined Gary Wichard's life.

The relationship between Taylor and Wichard began in 1996 when Wichard took him under his wing. Taylor's Mom said to Wichard, "You have to promise me you'll take care of him. He needs a big bed." Wichard assured her there'd be a big bed. Taylor's distinguished NFL career followed and the impact that Wichard made on his charge was incalculable: Taylor says, "I needed someone like Gary in my life, or else I would not be who I am today, wouldn't be the player I am, wouldn't have the wife and kids that I have now. I loved Gary like a father. He's been by my side - through thick and thin - both on and off the field." Taylor's Mom, Gigi, gave this heartfelt tribute: "Gary made a promise to me 15 years ago to take care of my son. Jason needed a special man like Gary in his life. He took my son and loved him as his own. He spent years sharing his wisdom, and the result is that today - Jason's heart is as generous as Gary's." The Jason Taylor Foundation is testimony to that generosity.

It was back in the early 1990s when film director, Cameron Crowe noticed a magazine photo of Wichard hugging one of his players. He immediately brainstormed a script about a football agent who had a close relationship with one of his players. The movie, *Jerry Maguire*, starring Tom Cruise, later earned an Oscar nomination for Best Picture.

Terrell Suggs of the Baltimore Ravens, Dwight Freeney of the Indianapolis Colts, and Keith Bullock of the New York Giants were also Wichard's clients who rarely went a few days without calling him. Wichard also represented Chris Cooley of the Washington Redskins, Jimmy Clausen of the Carolina Panthers, Elvis Dumervil of the Denver Broncos, Darren Sproles of the San Diego Chargers, Antonio Cromartie of the New York Jets and C.J. Spiller of the Buffalo Bills, amongst others. "I didn't have any sons," Wichard said. "But these players are my sons. They're my guys." It showed.

But Wichard's impact went way beyond the world of football.

Denzel Washington's family wrote this tribute: "On behalf of John David, Denzel and I (Pauletta), I want to say that we feel a huge loss. No words can truly express our feelings, but we do know that we feel blessed to have had Gary in our lives. He touched us in a special way."

New York Jets Manager Mike Tannenbaum said, "In Gary we've lost a



Gary Wichard & former New York Jets Defensive End Jason Taylor

good friend, a really good agent, a better person, and an excellent husband and father. Gary inspired me to be better - in all aspects of my life. We've lost an outstanding person and we'll miss him."

David Steinberg - President of Long Island University - said, "Gary was a larger-than-life figure; an athlete of extraordinary grace and skill. He brought great credit to C.W. Post and the University - both during his playing days, and in the decades that followed. We will miss his warmth, his endless optimism, and above all, his decency."

CFL, NFL Coach Marc Trestman sums up Wichard's legacy like this: "When I think of Gary, I will remember this quote by Albert Pines: 'What we do for ourselves dies with us. What we do for others will live on forever.'"

Born and raised in New York, Wichard became a star quarterback at C.W. Post, where he played for longtime Colts personnel executive, Dom Anile. "My style was a little like Rich Gannon,"

Wichard once said. Prior to the 1970 season, the New York Giants held their training camp at C.W. Post, and Wichard began shagging Pete Gogolak's practice kicks, throwing the ball back 60 yards in the air. Legendary Giants quarterback Y.A. Tittle told reporters Wichard had a better arm than Joe Namath and Sonny Jurgensen, and the hype began. Gil Brandt scouted Wichard for the Cowboys, while Al Davis came to campus for the Raiders, and Wichard was touted, at one point, as a potential first-round pick. After the 1971 season, Stan Isaacs gave Wichard a Heisman Trophy vote, and the quarterback was invited to the Senior Bowl that year. Disappointment followed and Wichard's career with the Patriots ended a year later due to a shoulder injury. With talent and vision his driving forces, he went on to carve out an extraordinarily successful career with his company, ProTect Management.



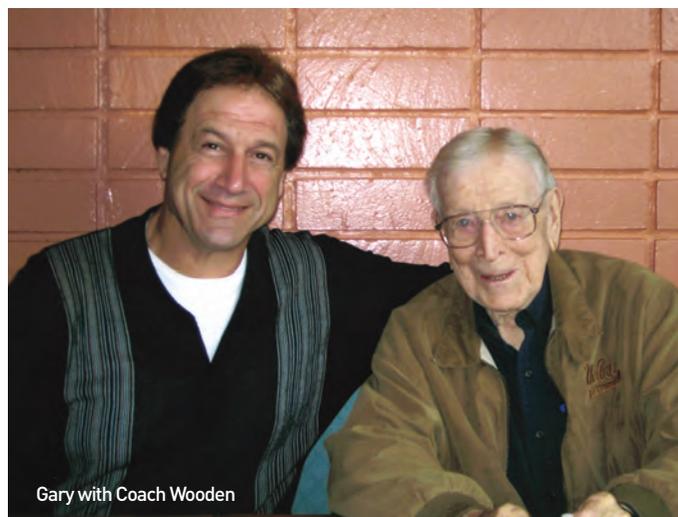
Gary with legendary Giants Quarterback, YA Tittle

CFL, NFL COACH MARC TRESTMAN SUMS UP WICHARD'S LEGACY LIKE THIS: "WHEN I THINK OF GARY, I WILL REMEMBER THIS QUOTE BY ALBERT PINES: 'WHAT WE DO FOR OURSELVES DIES WITH US. WHAT WE DO FOR OTHERS WILL LIVE ON FOREVER.'"

But on March 11th, 2011, the clocks stopped as Gary Wichard passed. To many people who mourned, he was their 'North, their South, their East and their West'. LAX became a runway to mourners flying in to pay their last respects - to a man who enjoyed the 'no fuss' aspects of a simple life. His weekend 'Breakfast Club' was his comfortable lair where there was always plenty of playful sparring. Maury Fagan describes Gary as the 'schtick' in the group - the person who was the main attraction and the glue that held it together. Wichard's chair at The Breakfast Club is now vacant as a mark of respect to a man whose place can never be filled. His good friend, Tommy Imperato, whom he nicknamed 'Numbers', would refer to Wichard's number 10 football jersey while imitating Bob Sheppard's legendary voice as he used to introduce the Yankee players: "Now batting, number 10. Gary Wichard, number 10."

Gary Wichard is survived by his wife, Maire (whom he met when he was a 19-year-old freshman at C.W. Post College), and two daughters, Dana and Jessica. 🌟

Memories/stories can be sent to: gwichardmemorial@gmail.com



Gary with Coach Wooden

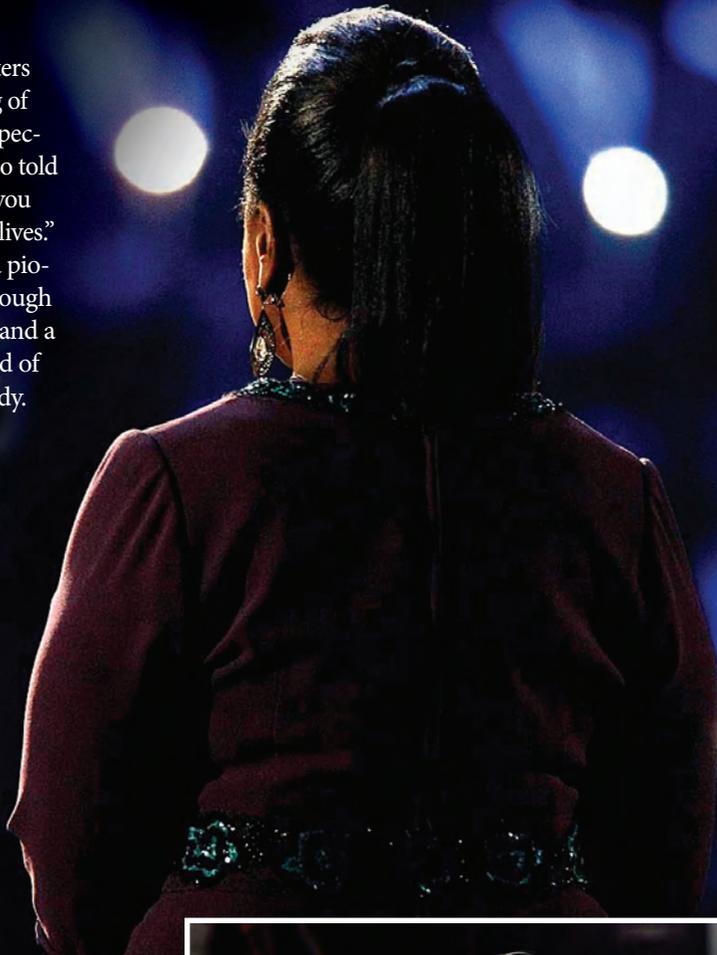


Portraits of Splendor

Our Royalty

An estimated 13,000 Oprah Winfrey fans and supporters gathered inside Chicago's United Center for the taping of the two shows, dubbed "Surprise Oprah! A Farewell Spectacular." Winfrey was met on stage by Tom Hanks, who told her, "You are surrounded by nothing but love. Thank you for what The Oprah Winfrey Show has meant for our lives."

America's Royalty and loyal fans bade farewell to a pioneering legend who has been a daytime constant through four presidents, the Sept. 11 terror attacks, two wars and a few recessions. The Aretha Franklin climax at the end of the Spectacular was a fitting tribute to a very regal lady.



Oprah watches as men from Moorehouse College sing



Oprah and Dakota Fanning



Oprah talks as she is surrounded by Kristin Chenoweth, Gayle King, Tyler Perry and Maria Shriver



Beyoncé



Oprah and Tom Cruise



Oprah Winfrey and Maria Shriver



Oprah and former Chicago Bulls great Michael Jordan



Oprah wipes away tears as Tom Hanks talks to her



Oprah acknowledges fans during the taping



Patti LaBelle, Beyoncé, Madonna, Oprah Winfrey, Dakota Fanning and Halle Berry



Oprah acknowledges fans as she is surrounded by Will Smith, Usher and Stevie Wonder

Country Music artists Rasal Flatts Performing on stage





Portraits of Splendor

British Royalty

The new Duke and Duchess of Cambridge wowed the world in their April 29th wedding ceremony that re-ignited British pride and stirred world-wide admiration. Catherine Middleton carried herself with grace, dignity and poise, while her handsome husband, Prince William, was every inch the dashing, regal prince. Long live this royal couple who have earned the respect they enjoy.

Royal Wedding inside The Abbey





Pippa Middleton



David Beckham and Victoria Beckham



The Royal Couple off in their Aston-Martin

Portraits of Local Film



Planet of the Apes Village

Movie Magic

Created in our Backyards
By Craig Detweiler

As director of **Pepperdine University's new Center for Entertainment, Media, and Culture**, I've been honored to host our talented neighbors—the actors and filmmakers who create movie magic. With school out, it is time for beaches, barbecues, and blockbusters—those summer films that cause us to pass the popcorn. As we cruise along PCH or across the rolling Canyons, consider the indelible movie moments created in our backyards.

Summer surf movies were invented in Malibu. Kathy Kohner's diaries served as the inspiration for her father's book, *Gidget: the Little Girl with Big Ideas*.

Malibu's Surfrider Beach provided the memorable setting for Columbia's 1959 movie starring Sandra Dee. Gidget falls for surfing and Moondoggie, declaring, "You can't imagine the thrill of shooting the curl. It positively surpasses every living emotion I've ever had."

Frankie Avalon and Annette Funicello celebrated their first *Beach Party* on Corral Beach in 1963. Five more low-budget surf movies from American International followed, concluding with *How to Stuff a Wild Bikini*. Jan Michael-Vincent and Gary Busey took to the epic waves in *Big Wednesday* (1978). Santa Barbara substituted for Surfrider, but a beachside diner scene was shot in the parking lot of what is now the Beau Rivage restaurant.

Grease begins with John Travolta and Olivia Newton-John sharing a bittersweet goodbye at the end of a summer romance. They exchange

parting glances in the coves along Leo Carrillo State Beach before Sandy ostensibly heads back to Australia. Their divergent memories of their relationship form the backdrop for the memorable duet, "Summer Nights." We join their friends in urging them to "Tell Me More!"

Before Ralph Macchio developed his "Dancing with the Stars" moves, he learned from Mr. Miyagi how to become the original *Karate Kid*. As Daniel, Macchio and his friends play soccer with the rocks of Leo Carrillo as a backdrop. And at night, the rival Cobra Kai gang rides their motorcycles down from the cliffs. Perhaps the most enduring image, captured on the poster, is Daniel's "Crane" move. He practices the position atop a tree stump. And while the stump is long gone, the beach remains as inviting as ever.

Malibu homes have long provided a

High-Class Service. Low Prices.



"Stop in and experience our Great Service, Great Prices, Great People, and Great Products."

Brian, Manager



THOUSAND OAKS
399 E Thousand Oaks Blvd
(805) 418-9915

M-F 8:00am-6:00pm SAT 8:00am-5:00pm



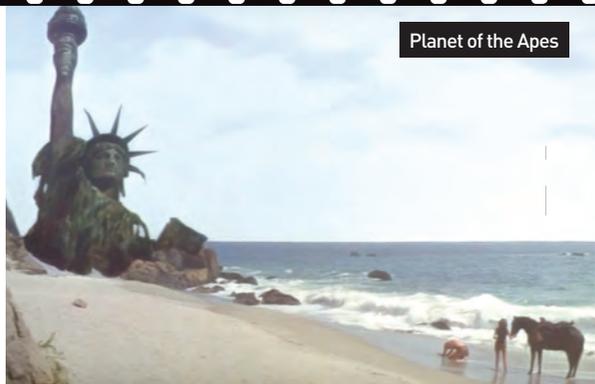
americastire.com

SHOP, BUY AND SCHEDULE AN APPOINTMENT
TO THE NEAREST AMERICA'S TIRE.

AMERICA'S
TIRE



Grease



Planet of the Apes



Planet of the Apes

SOME STARS LIKE ADAM SANDLER HAVE ENJOYED SHOOTING CLOSE TO HOME. 50 FIRST DATES SUBSTITUTED MALIBU BEACHES FOR HAWAII. AND IN FUNNY PEOPLE, SANDLER HEADED UP ZUMA CANYON RATHER THAN WHAT THE MOVIE SUGGESTED WAS NORTHERN CAL.

dramatic setting for the movies. Back in 1945, Joan Crawford inhabited a Latigo beachside home in *Mildred Pierce*. In the first *Sex and the City* movie, Samantha and Smith occupy a sparkling white home on the water's edge. Tourists searching for Tony Stark's mansion at the edge of Pt. Dume will be frustrated. Digital trickery created a home that exists only in the *Iron Man* movies. Some stars like Adam Sandler have enjoyed shooting close to home. *50 First Dates* substituted Malibu beaches for Hawaii. And in *Funny People*, Sandler headed



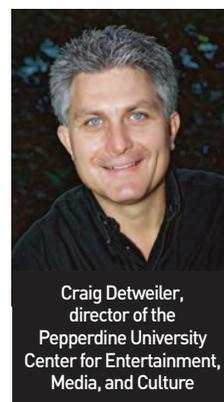
up Zuma Canyon rather than what the movie suggested was Northern Cal.

The original *Planet of the Apes* (1968) made effective use of our valleys. Charlton Heston and his fellow astronauts bathe in the rock ponds of Malibu Creek State Park. They're chased and caught in a cornfield created especially for the movie. He is brought back to an elaborate ape city created on the Fox Ranch. And the shocking twist at the conclusion of *Planet of the Apes* occurs on Westward Beach. Heston falls off his horse in horror at the site of the Statue of Liberty, confirmation that we failed to protect and preserve the future of our planet.

The Conejo Valley provided rugged forests for Robin Hood and jungles for Tarzan. Lake Sherwood was named after Douglas Fairbanks rode as *Robin Hood* in 1921. Historic Russell Ranch provided backdrops for countless westerns and the singing in *State Fair* (1945). David Murdock's Ventura Farms transported audiences to *Memoirs of a Geisha*. Frank Capra staged the magical world of *Lost Horizon* amongst the mountains of Ojai and Conejo. Current residents proudly consider Westlake an ongoing Shangri-La.

Steven Spielberg produced the suburban thriller *Poltergeist* in our neighborhoods. The opening shot of a large oak tree occurs in Agoura, while the Freeling family home is in Simi Valley. Oak Park served as the backdrop

for the recent buddy comedy, *Role Models*. The Rock, Dwayne Johnson coached the *Gridiron Gang* in Camp Kilpatrick, and at Westlake High, Agoura High, and Moorpark College. And Vin Diesel drove away



Craig Detweiler, director of the Pepperdine University Center for Entertainment, Media, and Culture

from the Westlake Village Inn in a bright red Corvette in XXX. So when cruising between Pepperdine's Westlake and Malibu campuses, keep an eye out for the next magical movie setting. 🍿

FOR THE (UN)COMMON GOOD

The Center for Entertainment, Media, and

Culture at Pepperdine University serves as a creative catalyst for students, neighbors and alums. Professors like Randall Wallace (Braveheart) and Tom Shadyac (Bruce Almighty) empower the next generation of storytellers. Recent screenings have featured special guests Emilio Estevez, Gary Sinise, Oliver Stone, Pierce Brosnan and Keely Shaye Smith. Find out more at www.pepperdine.edu/emc

THE DESTINATION IS NEARBY,
THE EXPERIENCE IS OUT OF THIS WORLD.



Embrace the local lifestyle within this uniquely exquisite destination...

The Inn is a haven of Mediterranean charm and serenity, inspired by passion for great wines, incomparable fare and unmatched comfort.

WESTLAKE VILLAGE *Inn*



Chatroom



Short Stories About Big People

By Bob Eubanks

Each month, I write an article for this wonderful magazine about big people. The definition of big people is very personal. To me, the fireman that saves your house is a big person, or the parents of an autistic child. Or, in this case, someone who lives in our community that is unique to the world we live in.

This issue, I want to feature three different entities that excel in the Westlake-Malibu area. Here are some more short stories about some very special big people.



CHRISTINE GARBOSKI

Unbeknown to almost all of us, there is a very special lady in our community who has one of the most interesting jobs you can imagine.

Her name is Christine Garboski, and she is in charge of developing new recipes for the Nestlé Food Company. Every day in her kitchen she is actively designing and experimenting with new products that we consume from Nestlé. It might be a Wonka Smoothie, or she may be working hard in the heat of August to develop a Christmas recipe. What is unique about this lady is that she has taken her creativity and has gained the respect of one of the biggest food companies in the world. That makes her a very special person.

Also, what makes her a special person is

that she is the mother of eight-year-old triplets, two boys and one girl, and is married to a professional golfer. So, rather than sitting around the house eating cookies, this lady is in the kitchen inventing cookies for the entire world to sample. To me, she is a really big person.



Each year, thousands of young brides and grooms get married here in Southern California. It is usually one of the biggest days of their lives. The planning that goes on is incredible; the emotions that flow are indescribable, and it's the beginning of a young couple's life together. It takes a very special person to bring this all together so the bride can be a guest at her own wedding. There are over 160 wedding planners in Southern California and recently The Los Ange-

les Hotlist voted Bella Vita Events as the number one Wedding Planner throughout the Southland. Bella Vita Events is owned by a very beautiful and competent woman named, Deborah James. When Deborah puts her mark on a wedding, you know it's going to be a mark of class, competency, and heart. It doesn't matter if it's at Sherwood Country Club, Westlake Village Inn, The Four Seasons Hotel, Bel-Air Bay Club in Malibu, or in a beautifully decorated home; each wedding that Bella Vita Events stages is unique and different from any you have ever seen before. Bella Vita Events is in Westlake Village and once again an example of big people in our wonderful community.

My final feature on big people involves a family that is so unique and contributes so much to our area.

Hidden away in a shopping center near the corner of Kanan and Lindero, is the Johnny Gyro Karate School.

This is more than a martial arts studio. It is a studio about self defense, morality, and respect. The Johnny Gyro studio is owned and operated by seven-



JOHNNY GYRO

time world karate champion Johnny Gyro, his wife, Noel and their three sons; Ryan, Brandon, and Harley. All are black belts, and the majority of students that complete their program from white belt to black belt are confident, talented, and most importantly, they have respect for life. Their contribution to our community is invaluable, and they too, in my opinion, are big people.

So there you have it, more short stories about big people. I guess the definition of big people is whatever you want it to be. 🍀

www.bobeubanks.com

Follow Bob on Facebook!

EACH YEAR, THOUSANDS OF YOUNG BRIDES AND GROOMS GET MARRIED HERE IN SOUTHERN CALIFORNIA. IT IS USUALLY ONE OF THE BIGGEST DAYS OF THEIR LIVES. THE PLANNING THAT GOES ON IS INCREDIBLE; THE EMOTIONS THAT FLOW ARE INDESCRIBABLE, AND IT'S THE BEGINNING OF A YOUNG COUPLE'S LIFE TOGETHER.



TYLIE Vintage components handbag \$255.



TWISTED HEART Plaid shirt. s-xl. \$135



TWISTED HEART sequined tank s-xl \$115

TRUE GRIT Shorts sizes 2-8. \$79
LUCKY Leather belt \$49.50



BAMBOO 54 Mother of pearl wedge size 6-10. \$50

Ilene's Boutique

1145 Lindero Canyon Road, Westlake Village, CA 91362
805.373.6633 www.ilenesboutique.com
E-Mail: ilenesboutique@sbcglobal.net



Scenearound



Bill Schoenholz, Rich Hernandez, Steve Smith, Hadi Morshed

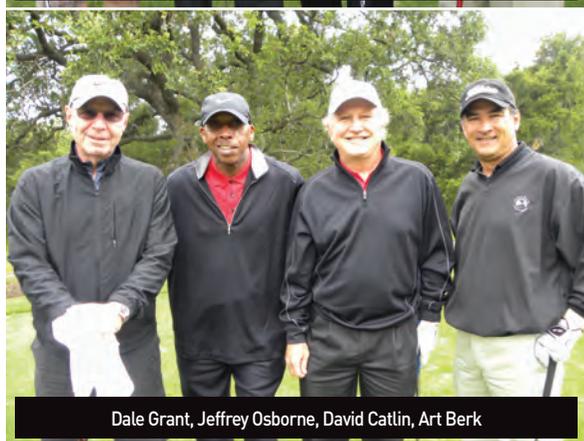


Maurice Green

2011 Brent's Deli Golf Classic

Benefiting The Boys & Girls Clubs of Conejo & Las Virgenes

On June 6, the 2011 Brent's Deli Golf Classic benefiting The Boys & Girls Clubs of Conejo & Las Virgenes, was held at North Ranch Country Club. Members of the community rallied in a combined effort to help young people reach their full potential. 🌱



Dale Grant, Jeffrey Osborne, David Catlin, Art Berk



Dan Cimino, Tony Tesoro, Tom Schlender, Alex Scurez



Derek Marquis, Travis Goethel, Bob Mc Allister



John Duttadway, Doug DeGroote, Dr. Yazdan Alami



Marc Hernandez, Jason Schimmel, Steve Strull, Steve White, Neal Dem



Sam Chroukian, Albert Chrikjian, Howie Minkow, Rob Resnick



Parin Johnson, Jeff Johnston, Dan Ragsdale, Michael Weiner



Paul Portias, Todd Turnham, Chris Hansing, Phil Williams



Randy Stabler, David Purkey, Rich Foster, Greg Shanfeld

Visit our New Location!

Westlake Village Animal Hospital & Agoura Westlake Animal Hospital



31166 Via Colinas Westlake Village

We are located off the Lindero Canyon exit across from The Four Seasons Hotel and Dole Headquarters.

From Left: Dr. Steve Rosenstein, Disco, and Dr. Daniel Slaton, doctors at Westlake Village Animal Hospital.

- State-of-the-Art Veterinary Facility
- 24-Hour "On-Call" Pet Emergency
- **NOW OPEN SUNDAYS**
7 Days a Week with
Extended Hours:
Mon-Fri 7am to 7pm
Sat-Sun 8am to 4pm

NOW OFFERING
Low Cost Vaccine Clinics
All Day Sat & Sun



Adjacent to the new 20,000 sq. ft. Barkley Pet Hotel and Day Spa, for all of your boarding, day care and grooming needs.

805-497-4900

31166 Via Colinas, Westlake Village | Email: BestPetCare@westlakepet.com | www.WestlakeVet.com

Pick-Up & Delivery Services Available

Follow us on:

FOR MEN & WOMEN

GIVE US 5 DAYS AND WE WILL GIVE YOU BACK 10 YEARS

Dr. Azar is introducing the **SmartSkin CO2 Laser** to the Conejo Valley



- > Dramatically reduces wrinkles
- > Tightens skin
- > Treats brown spots
- > Improves skin irregularities
- > Smooths and treats uneven pigmentation
- > Treats dark under eye circles
- > Reduces pore size
- > Minimizes acne scars and other scars

Call us today **888.379.4955** for a complimentary consultation.

ONE FREE BOTOX area with laser treatment. Financing available upon approved credit.



NEWEST TECHNOLOGY WITH LESS
DOWN TIME AND FASTER RECOVERY.



Kouros Azar, MD

PLASTIC SURGERY
CERTIFIED, AMERICAN BOARD OF PLASTIC SURGERY

425 HAALAND DRIVE, SUITE 200 • THOUSAND OAKS CA 91361

WWW.DOCTORAZAR.COM



AMERICAN SOCIETY OF
PLASTIC SURGEONS



Scenearound



Antonio Sabato Jr., Roberto Giliberti



Kally McMurray-Fisher, Dr. Karie McMurray

Kitchens & Cooks Tour

The annual Kitchens & Cooks Tour - benefiting Assistance League of Conejo Valley - was held on May 15th. Assistance League of Conejo Valley is an all-volunteers, non-profit organization committed to philanthropic community programs. www.alcv.net



Susie Cowen, Kally McMurray-Fisher, Carol Muller, Debbie Rolin



Antonio Sabato Jr., Katso Morrow, Diane Casey, Yvonne Sabato



Phyllis Vaccarelli, Jackie Ryan



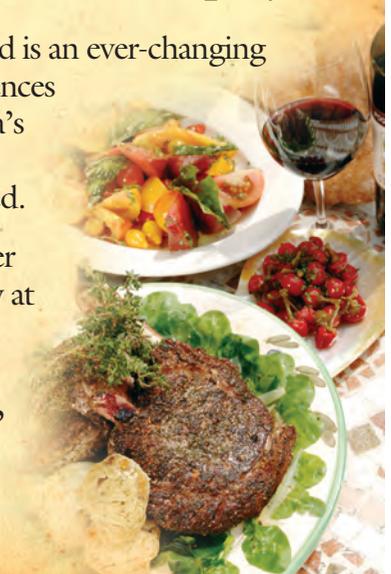
Tuscany il Ristorante

The Finest Gourmet Italian Restaurant Requests the Pleasure of Your Company

Tuscany's is a passion. The food is an ever-changing variety of Mediterranean influences with owner, Tommaso Barletta's old family recipes carefully nurtured and proudly presented.

Follow your senses and discover superlative food and hospitality at reasonable prices.

968 South Westlake Blvd. #4,
Westlake Village, California
Telephone 805.495.2768
www.tuscany-restaurant.com



Trust Is a Beautiful Thing



DR. AZAR IS CELEBRATING OVER 7 YEARS IN THE CONEJO VALLEY IN HIS STATE-OF-THE-ART 3,000 SQ.FT. PLASTIC SURGERY AND SKIN CARE FACILITY

Schedule your appointment to receive \$50 off Botox® treatment and \$100 off Juvéderm® treatment.

FACE & NECK LIFT
RHINOPLASTY
BREAST AUGMENTATION & BREAST LIFT
EYELID & EYEBROW REJUVENATION
LIPOSUCTION
JUVÉDERM® & BOTOX®
A VARIETY OF FACIALS AND PEELS
MEDICALLY SUPERVISED SKIN CARE LINES

Member



AMERICAN SOCIETY OF
PLASTIC SURGEONS

CERTIFIED,
AMERICAN BOARD OF PLASTIC SURGERY



Kouros Azar, MD
Plastic and Reconstructive Surgery

805.373.7073 OR 818.761.1340 · 425 HAALAND DRIVE, SUITE 200
THOUSAND OAKS 91361
WWW.DOCTORAZAR.COM



BROOKE BURKE

Dancing with Stardom

The exotically-beautiful Brooke Burke wowed audiences when she won ‘*Dancing with the Stars*’ (Season 7) with partner, Derek Hough. The show has been a smash hit with audiences world-wide and Brooke says of that experience, “It was truly the most difficult thing I’ve ever done in my life “. In August 2010, she began co-hosting ‘*Dancing with the Stars*’ alongside Tom Bergeron. Her strength in hosting is the compassion she feels for the contestants - having gone through exactly the same pressure that they are experiencing. Our exclusive cover shoot with famous photographer, Andrew Macpherson, captures Brooke - the consummately professional model and actress - juggling all the dynamics in her life with serenity and poise.

BY DIANA LYLE  PHOTOGRAPHY BY ANDREW MACPHERSON



Steven Lake - hairstylist
Spencer Barnes- makeup
Kayla McGee - stylist

She's an energetic Mom to four young children, Neriah (11), Sierra Sky (9), Heaven Rain (4) and Shaya Braven (3), who keep her busy, fulfilled and amused. We find out in our interview that Brooke has learned a great deal about life through her children, and she's enormously appreciative of what she has, not least of which is her supportive partner, David Charvet. Brooke, the efficient multi-tasker, is enjoying the fruits of a

booming career. Her company, *'Baboosh Baby'* (founded in 2007) offers wraps for pregnant women so that they can get back into shape quickly once they've given birth. Within that theme, Brooke has just released a book called *'Naked Mom'* in which she shares with fellow Moms the life-changing full spectrum of motherhood. It's a remarkably honest account of her own journey. Brooke's full schedule also involves numerous

commercial shoots including the *'Sketchers'* commercials. This in-shape Mom is the perfect representative for the brand. She recently co-hosted the Miss America 2011 pageant. At the time of our interview with Brooke, she was whisked away to the airport for another 17-hour day, but what was so apparent was how happy she is with the place she's in. Her life is full and she's thoroughly enjoying the aerial pace.

AT THE TIME OF OUR INTERVIEW WITH BROOKE, SHE WAS WHISKED AWAY TO THE AIRPORT FOR ANOTHER 17-HOUR DAY, BUT WHAT WAS SO APPARENT WAS HOW HAPPY SHE IS WITH THE PLACE SHE'S IN.

Steven Lake - hairstylist
Spencer Barnes- makeup
Kayla McGee - stylist







Steven Lake - hairstylist
Spencer Barnes- makeup
Kayla McGee - stylist

What usually makes you laugh - well?

BROOKE: Life. I find that I have to laugh at myself in the most stressful moments. Of course my children also make me laugh with the wonderful questions that they ask.

Favorite weekend activity (when you're not working)?

BROOKE: I love to cook so I spend a lot of time in the kitchen.

Favorite food?

BROOKE: Margarita Pizza.

What's your guiding principle in life?

BROOKE: Love. I think that's the core. It bonds us as a family; it's what holds everything together and gets us through tough times.

A favorite Mom moment ?

BROOKE: I have so many. The most recent and cutest was when I took my 3-year-old son to 'Dancing with the Stars', and he was watching all the pro's dance. He went up to some of the beautiful pro female dancers and told them that he was a dancer too, and then he proceeded to show them his Hip Hop moves. It was absolutely adorable.

Favorite vacation spot for your family - or for just you and David?

BROOKE: For both, St. Barts.

What's a favorite piece of wisdom that you're happy to share?

BROOKE: To learn to take each day as it comes; to learn to expect the unexpected; As a Mom, I've learned not to expect perfection.

Characteristics you admire in people?

BROOKE: I admire loyalty; intelligence; self respect; compassion; charisma and people who are philanthropically-minded.

You are philanthropically-minded; Operation Smile is one of the charities you support?

BROOKE: Yes. Very important.

Essential ingredients for a happy and satisfying relationship?

BROOKE: Communication; passion; confidence and unconditional love

Person you respect immensely and why?

BROOKE: My daughter's pre-school teacher. I respect her patience; her commitment to shaping the lives of children and showing them the value of commitment and selflessness. I admire the way our teachers can manage groups of 20 children in such a calm manner. In my opinion they are underpaid for the valuable work that they do. I have so much admiration for my daughter's teacher.

What are the 'non-negotiables' in your life or....do you not believe in non-negotiables?

BROOKE: I definitely have non-negotiables: Family time is sacred, as is respect for my children and my partner.

What's on your 'to do' list in the 2nd decade of the 21st century?

BROOKE: To learn how to speak French

The secret to making Brooke Burke really happy?

BROOKE: Love. It sounds sappy but it's true.

What's one of your favorite movies?

BROOKE: Meet Joe Black. It reminds me of my Father and I think there were some beautiful messages in the movie. I find myself very emotional watching it. It's very moving.

If you could re-live any experience in your life, what would that be?

BROOKE: The birth of my first daughter. At the time, it was overwhelming and terrifying and I don't think I allowed myself to really enjoy the experience

and connect with her as much as I would have liked to have done. I have three other children now with whom to compare that experience.

You see every aspect of the behind-the-scenes drama in 'Dancing with the Stars'. It's all LIVE and there must be some anxiety-ridden moments. How do you cope with that aspect -both while you were a contestant- AND now - as the co-host?

BROOKE: Raising four children really prepared me for 'Dancing with the Stars'. You have to multi-task and be able to manage chaos. I have to say, though, that I love live television and the fact that it's unpredictable. Anything can go wrong. A classical example was the coin toss that I did in Seasons 12's semi-final. I flipped the coin and then I gave the coin toss to the wrong person! I mean, I screwed up...but it's live television and you have to roll with it, correct your mistake, and laugh it off.

In Season 12, what was it like commenting on your 'Free Style' Dance and reliving that moment when you won 'Dancing with the Stars'?

BROOKE: To be able to watch it again and experience it years later was special and something that I really appreciated. At the time, you become so caught up in the moment with the pressure and the fear. It's so good to be able to relive it - without being judged. I'm so proud of what I accomplished; it's truly the most difficult thing I've ever done in my life and that's why I think I have such compassion for the contestants on 'Dancing with the Stars'.

You are this super-fit, healthy, modern Mom who's borne 4 children while enjoying a booming career. What's one of the most crucial pieces of advice from your book, 'Naked Mom', that you'd like to share with other Moms?

RAISING FOUR CHILDREN REALLY PREPARED ME FOR 'DANCING WITH THE STARS'. YOU HAVE TO MULTI-TASK AND BE ABLE TO MANAGE CHAOS. I HAVE TO SAY, THOUGH, THAT I LOVE LIVE TELEVISION AND THE FACT THAT IT'S UNPREDICTABLE.



Steven Lake - hairstylist
Spencer Barnes- makeup
Kayla McGee - stylist

Brooke with 3-year-old Shayla



BROOKE: I've learned to let go of expectations. Also, really listening to my family's needs and feelings, and taking it day by day seems to work better. It relieves you from a lot of guilt and a lot of disappointment as a Mother.

You recently visited the White House. What was that for? What was the experience like?

BROOKE: It was the White House Correspondents' Dinner. I found it very stimulating. The most amazing part of it was the historical, breaking news about

the capture of bin Laden. We learned the following day about it. I had the opportunity to see first-hand the kind of pressure that our President is under. He knew about what had happened, yet he had to keep the news confidential while putting on his social face at the dinner. It was truly incredible to have been in Washington DC at that time.

You and David did a video for Prince William and Catherine Middleton on their impending marriage. Did you watch the Royal Wedding?

BROOKE: I was in Washington but I did manage to catch glimpses of it. It was beautiful.

This upcoming summer vacation: What's your family planning and what does a typical summer's day look like in your household?

BROOKE: I'm one of these mothers who really enjoys summer time. I love having my children home - without them being overly-scheduled. We're all so busy and our lives are so scheduled that it's a luxury to be able to sleep in and then be

I'VE LEARNED TO LET GO OF EXPECTATIONS. ALSO, REALLY LISTENING TO MY FAMILY'S NEEDS AND FEELINGS, AND TAKING IT DAY BY DAY SEEMS TO WORK BETTER. IT RELIEVES YOU FROM A LOT OF GUILT AND A LOT OF DISAPPOINTMENT AS A MOTHER.



Steven Lake - hairstylist
Spencer Barnes- makeup
Kayla McGee - stylist

spontaneous for the rest of the day. We'll either spend it by the pool or we'll have an impromptu barbecue. I love having a break with my children and letting them just be 'kids' without all the pressures of life.

What has life taught you, and does it get better with age?

BROOKE: It definitely gets better with age. Life has taught me patience and humility ; it's taught me to really listen to all the different languages in my family including my man's! I've also become so appreciative of everything that I have. There's not a day that goes by when I'm not grateful for all that I have. 🌿

Steven Lake - hairstylist
Spencer Barnes- makeup
Kayla McGee - stylist



Thingswelope



1



3

1. Boys + Arrows Fringe Swimsuit. Ban Yellow. Top: \$110. Bottom: \$90. **J Girl.** 2900 Townsgate Rd. Ste 107. Westlake Village. **805.494.0900.**

2. Luli fama Swimsuit. Top: \$92. Bottom: \$90. **J Girl.** 2900 Townsgate Rd. Ste 107. Westlake Village. **805.494.0900.**

3. Aspen Bay Candles. 90-hour burn. Pure soy. \$24.50. **Vintage Villa Home Collection.** 31149 Via Colinas, Westlake Village. **818.889.8647**

4. Bronze Dog: \$239. **Dog collars with Swarovski crystals.** \$65. **Vintage Villa Home Collection.** 31149 Via Colinas, Westlake Village. **818.889.8647**

5. Tylie vintage components cosmetic bag. \$100. Tylie vintage components clutch. \$125. **Ilene's Boutique.** 1145 Lindero Cyn. Rd. Westlake Village. **805.373.6633**

6. CE Ferulic advanced topical Anti Oxidant with unprecedented anti-aging benefits including skin glow enhancement and reduction in inflammation. \$144. **Kouros Azar M.D.** 425 Haaland Dve, Ste 200, Thousand Oaks. **805.373.7073.**



2



4



5



6





7

7. Pool/Beach Wrap or Tunic by Subtle Luxury. \$78 or \$90. **Madison.** 100 Promenade Way. Westlake Village. **805.496.9191**

8. Visit the magical isle of Maui and soak up Hawaii's unsurpassed hospitality. Call **FROSCH Classic Cruise & Travel.** 800.688.8500 or 818.936.2000

9. Bamboo 54 - abalone sandal. \$50. **Ilene's Boutique.** 1145 Lindero Cyn. Rd. Westlake Village. **805.373.6633**



9

10. **Summer Hair Beauty:** Moisturize hair while controlling frizz. It's a 10 Miracle Hair Mask. \$33.95. Alterna Bamboo Smooth anti humidity spray. \$17.95. Alterna Bamboo Smooth Kendi dry oil mist. \$8.95. **Planet Beauty.** 140 Promenade Way # C, Westlake Village. **805.494.0944**



10

11. Hand-carved exclusive 90" X 41" **Sofa.** \$4,299. **Vintage Villa Home Collection.** 31149 Via Colinas, Westlake Village. **818.889.8647**

12. **TaylorMade R11 Golf Club.** \$359.95. FootJoy Number 1 preferred Glove on PGA Tour. \$16.95. Adidas Coolmax Golf Polo. \$51.50. **Westlake Golf Course.** 4812 Lakeview Cyn. Rd. Westlake Village. **818.889.0770**

11



12





Fashionsense



Summer Roads, Take Me Away

By Magda Pescariu

I wish there was a map to steer us easily and expertly through the anarchic labyrinth of our hearts. I daydream we could Google our way out of the daily anxiety and frustrations. I wish we could ask for driving directions out of midlife dilemmas or too close encounters with fools. But I know there is nothing of sorts. We are, as always, on our own in all the tricky pursuits we try so hard to master.

In the last decade I took the gentle habit of keeping separate tabs on my accomplishments. I go over my social, external exploits sometime around New Year's Eve, drawing the bottom line and

judging with kindness whatever is there. Any success matters, and the extrovert *me* thrives on palpable: perky career steps (fewer and further apart lately), ingenious projects miraculously wrapped up, interesting new people met, or seductive novel places visited. The crispy-cool season stimulates my critical eye, making this annual evaluation honest (with a funny bone as well). My inner world, however, is a different animal altogether. I need the summer's languid air to bring about a certain mood, the only one able to catalyze the scrutiny of passions, desires, emotions and experiences staged in the flow of my life through the year.

Liberated from any constraint, I believe our summer quests allow us to see clearer and to be inquisitive about what has happened and what will happen next. As we try to re-create ourselves over and over again, summer time – with its promise of escape and respite – is the perfect time for a fresh and unbiased start. “It’ll be so much easier to take care of that when we come back from vacation!” Yes, it will. And what exactly is it that we contemplate to think over this summer? Whereto down these summer roads? Simple answer in complicated times: we search for a way back to the essence – the kismet of *balance* and *health*.

Escada



Dolce & Gabbana



Robert Rodriguez



This summer's major interest – be it feeling or look - is for the *authentic and natural*. Every heartbeat, shape, color, cut or texture exudes the freedom of health and the recognition of harmony. Poise is the key and the expression of the ideal spiritual getaway.

Having to conduct **business** in the heat of the day, our salvation is in **the style of the '70s with a minimalist streak: free trousers with high waist, flared from the hip, or an A-shaped skirt, paired with feminine, light blouses or with elegant interpretations of stylish men's shirts.** Lots of **white, nude, pearl-gray and ivory** help to keep our cool in the stuffy, sticky air of the office.

In a less demanding work environment, the **short-suit** is the word: all serious and business on top, all playful and ready-to-party at the bottom. The **jacket** is manly and unicolor, but the bottom part - either **tailored shorts or tennis skirt** - is daring and in lively prints (floral, paisley, geometric or stripes).

For all the other summer routines - meaning, going to the beach, visiting your travel agent, mindlessly sipping gin-tonics by the pool, or hanging out with relatives or friends conveniently residing in posh resorts – we cannot get enough of the **comfort** stylishly provided by **silk pajamas** made for outer wear, **wider pants, floor-grazing tank dresses, bohemian Gipsy-skirts and jumpsuits.**

I mentioned already the reign of white; let me add that black is also a classic, never-gets-old choice. When worn in combination, **black & white** asks for aggressive heels to affix the final touch of sassiness and style. But the coolest buzz of this summer comes from **the explosion of bright colors, fruity and veggie, the embodiment of health: orange, tangerine, neon lemon, mango, peach, lime, berry and cherry** (are you hungry yet?).

This is a summer of **balance and nature-consciousness, of beauty without being-in-your-face sex-appeal.** So, pair jeans with statement

jewelry; wear a fine cocktail dress with minimal make-up and unfussy hairdo; match aviator sunglasses and platforms with an ethereal floral dress, or enliven a nude suit with chunky, tribal jewelry and a “true grit” vintage belt.

While **cotton, linen and bamboo** fabrics make their **eco-green style statement**, **lace** is coming out in the streets in enticing accessories (hairbands, scarves, handbags) and classy footwear (ballet shoes, sandals, booties and pumps – they are all lace).

When it's time to hit the road for the beach, the **swimwear** lights up the way with glamour and razzle dazzle. **Ladies** have a lot of hot trends to choose from, all flattering the female silhouette and complimenting any skin tone: **retro** (high-waisted, two pieces swimsuits, with carefully detailed bottoms), **safari - tribal** (lots of nudes, ethnic looks and animal prints), **sparkly – metallic** (bathing suits with accents in studs, beads, sequins, rhinestones or made of glossy, luxurious fabrics in copper,

Laura Biagiotti

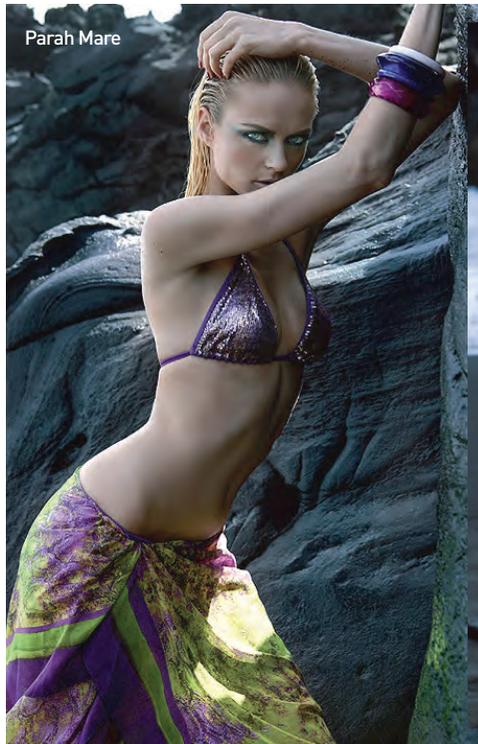


Ed Hardy



Elie Tahari





silver, gold and bronze), **nautical**, or **boudoir-chic** (lacy swimsuits in soft pastels or wild black, in designs straight out of the lingerie closet).

Even **men**, who so rarely lose sleep over the fashion trends, have a few interesting options for this season's swimwear. They follow the ladies' lead in looks and colors (**nudes, solids with color blocking, vibrant fruity, customized or vintage prints, glossy finishes**), focus on **environmentally-friendly fabrics** and **move away from the baggy, below-the-knee styles** of the previous seasons. The **hemlines are getting shorter and the cuts are thigh-grazing**, closer to the European approach and the volleyball courts. Even board shorts show some knee and go for a less baggy, more slimmed-down silhouette.

As I said, everything moves gracefully towards poise and harmony. This summer's dusty roads may carry us away for a while, may put some distance

between the daily grinding effort and our dreamy hopes for something much more, and may even replenish our depleted enthusiasm. But on the way back home we still have to make some thinking ourselves. We need to look for what is missing in the puzzle of our lives and to take another shot at finding it, with fresh and open-minded energy.

Living healthfully, in awareness and decency, has become a long-forgotten, lost art. The quest for beauty, authentic emotion, clever balance, moral composure (*what am I talking about?!*) or simply for the truth of the heart is regarded as eccentric behavior or lack of the indispensable "business sense". I noticed quite a while ago how people around me (some of them more than simple acquaintances) couldn't comprehend the flawless splendor of the Royal British wedding. Seduced by their own summer thrill for hurried adventures, they followed with befuddlement the impeccable memo on

grace and class. Unable to perceive the results of hundreds of years of education and of knowing your place in the world (whichever that is), they equated the experience with a money show. "It's easy to act like this when you are so rich". No, it's not. On the contrary, we see more often than we'd like to how wealthy people can behave irresponsibly, with smug entitlement or the arrogance of the rotten-spoiled. It is not about money, or the lack thereof. It is all about our quests and how we face living them.

It is all about a wistful line we decide to draw in the sand on that silent summer night, when the first touch of autumnal shiver tells us how much everything will change pretty soon...like there will be something after mediocrity, or midlife, but there is no way to know how we will get there and at what cost.

And I didn't say we can't settle for a regular life, spent in the conventional pursuit of a grasping, second-best happiness. I say we don't have to. 🌿

THIS SUMMER'S MAJOR INTEREST - BE IT FEELING OR LOOK - IS FOR THE AUTHENTIC AND NATURAL. EVERY HEARTBEAT, SHAPE, COLOR, CUT OR TEXTURE EXUDES THE FREEDOM OF HEALTH AND THE RECOGNITION OF HARMONY. POISE IS THE KEY AND THE EXPRESSION OF THE IDEAL SPIRITUAL GETAWAY.





Portraits of Power



The Future of Nuclear Energy in a Post-Fukushima World

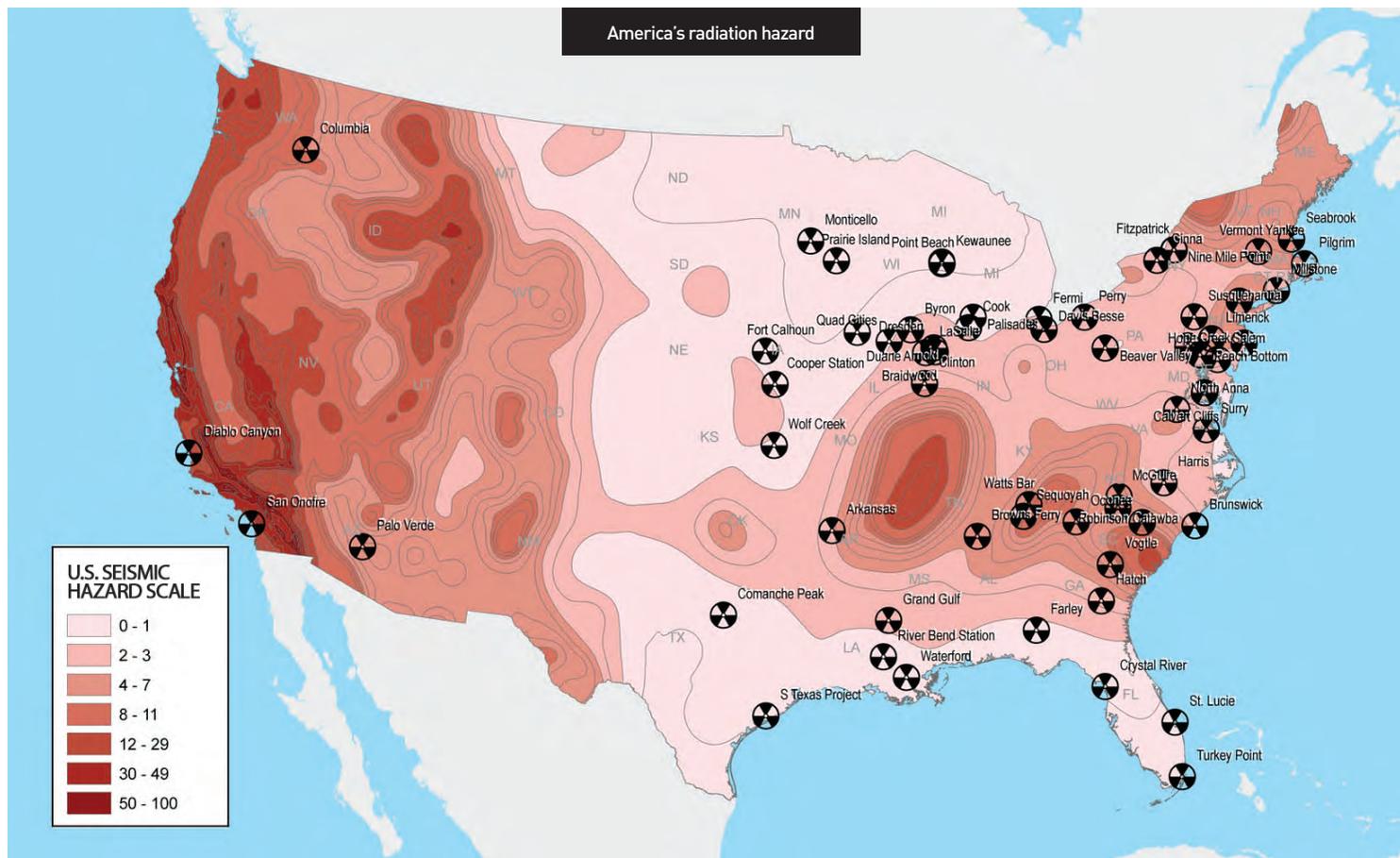
By Christine Seisun

At a little before 3 p.m. on March 11th, 2011 the world's fifth most powerful earthquake struck Japan registering a catastrophic 9.0 on the Richter scale. The earthquake triggered tsunami waves measuring up to 128 feet with the water hitting the Japanese coastline 45 minutes to 1 hour later and traveling up to 6 miles inland causing horrific damage and death. Yet, Japan is one of the most trained and advanced nations in the world in the area of disaster response and in the weeks following the earthquake, the Japanese government stated that "Japan is a highly-developed country and has, in principle, enough resources as well as the ability to respond to existing humanitarian needs." While the damage from both the earthquake and tsunami has been estimated by the World Bank to have caused up to \$235 billion in damage, it was the slowly unfolding disaster at Fukushima I nuclear plant in northeast coastal Japan which took center stage. The earthquake automatically shut down the 3 functioning nuclear reactors (the other 3 were non-operational at the time); however it was the subsequent tsunami hitting the reactors which triggered what would soon be known as the world's second worst nuclear power plant accident in history after the Chernobyl.

The 46-foot wave that hit the Fukushima nuclear reactor plant approximately 45 minutes after the earthquake struck was over twice the size of the 19-foot seawall protecting the nuclear reactors. The reactors, sitting at 33 to 43 feet above sea level shut down automatically following the earthquake but the tsunami took out all the multiple sets of backup emergency power generators. Offsite power could not be restored and the reactors cores began to dangerously overheat. In emergency situations such as this, a venting system had been put in place so as to relieve the pressure building up inside the several reactors. The venting system at the plant – built by General Electric – unfortunately relied on the same sources of electricity as the rest of the plant: the backup generators had been placed in the basement of the plant and were obviously vulnerable to tsunamis. While it isn't known whether the earthquake damaged the valves which are crucial to the venting system or if technical malfunctions caused the valves to not open, by the following day, nearly exactly 24 hours after the tsunami struck, the first reactor unit at Fukushima I Nuclear Plant exploded. At the second reactor, workers had tried to manually open the safety valves but pressure did not fall inside the reactor, making it unclear whether venting was successful. At the third reactor, workers allegedly tried seven separate times to manually open the valve, but it kept closing.

Two days after the first reactor exploded, Reactor No. 3 and No. 2 exploded over the following 24 hours with a damaging fire at Reactor No. 4 the day after that. All non-essential workers were cleared from the reactors with only a small group of 50 workers, dubbed the "Fukushima 50" staying on to perform vital emergency functions. The results of the 3 radioactive explosions and fire at the nuclear plant have been cataclysmically disastrous.

The number of those who will be critically affected by the Fukushima nuclear plant explosions is impossible to predict this early after the explosions. Over 25 years after Chernobyl – the only other level 7 nuclear disaster to have ever taken place – estimated numbers of those seriously affected by radiation still vary widely between 4,000 to 60,000. The extent of damage at Fukushima and relocation of fuel and debris, both highly radioactive, is likewise unknown, but it is clear that the damage is very severe. In a world where the economic feasibility, environmental impact and above all, the safety of nuclear energy was far from assured pre-Fukushima, the sustainability debate over nuclear energy has once again reared its head.



Much like post-Chernobyl, countries previously ready to fully adopt nuclear power as an energy source have now begun renouncing any such plans to do so and are seeking alternative energy sources. Switzerland is mulling over whether to mothball all nuclear activities while Germany has already decided to phase out their nuclear programs and opted to place their focus on solar energy. In the United States however, nuclear power, and the nuclear energy industry, has remained firmly entrenched within the political framework of the U.S. Government for over a decade and remains popular with both President Obama and the Department of Energy.

In the early 2000s as public concern over climate change and carbon-producing fuels started becoming the headline of environmental concerns, the nuclear energy industry took the opportunity to hammer home the message to the American public that nuclear energy was a safe, affordable and “clean” energy source that does not spew harmful carbons into the

environment or rely on foreign producers. It also did not hurt that nuclear industry firms and their employees contributed more than \$4.6 million in the last decade to members of Congress to both Republicans and Democrats, including then Senator Obama according to MAPLight.org, a Washington non-profit which tracks money and politics. Tyson Slocum at Public Citizen commented: “While everyone was focused on shutting down coal plants, the [nuclear energy industry] had a couple of years to themselves to just talk to the American public in very sophisticated ad campaigns and to reintroduce a generation of Americans to nuclear power. That was very powerful.”

Americans per capita are the most voracious of energy consumers in the world and with American fossil fuel consumption largely dependent upon foreign powers, the quest for an environmentally friendly alternative energy source has been at the forefront of concerns for many environmentalists and politicians.

Nuclear power proponents assert that the energy source is just that: a viable energy alternative that will provide the opportunity for the American public to phase out their dependence on foreign energy supplies.

However, an ever-growing and very vocal group of anti-nuclear energy advocates have been quick to fire back that they believe the costs, environmental damage due to its water intensive needs and potential risk factors associated with nuclear energy far outweigh the benefits. And in the face of the Fukushima disaster, international governments are slowly aligning themselves with this position. Currently, it is very unlikely that nuclear energy will expand in democracies; however the United States is the world’s largest producer of nuclear power, accounting for more than 30% of worldwide nuclear generation of electricity and might prove to be an exception to the post-Fukushima trend of bucking nuclear power.

In June of 2008, an independent organization, the International Energy

AMERICANS PER CAPITA ARE THE MOST VORACIOUS OF ENERGY CONSUMERS IN THE WORLD AND WITH AMERICAN FOSSIL FUEL CONSUMPTION LARGELY DEPENDENT UPON FOREIGN POWERS, THE QUEST FOR AN ENVIRONMENTALLY FRIENDLY ALTERNATIVE ENERGY SOURCE HAS BEEN AT THE FOREFRONT OF CONCERNS FOR MANY ENVIRONMENTALISTS AND POLITICIANS.

Agency, published a report which showed that, even if existing world nuclear power capacity could be quadrupled by 2050, the nuclear share of world energy would still be below 10%. More importantly, such a jump in nuclear power would only reduce carbon dioxide emissions by less than 4%, providing an ineffective method of combating climate change. While climate change is widely accepted in the scientific community and is generally found to be uncontroversial, there is considerable skepticism in the United States regarding the social cause of observed climate change indicators. This is convenient for nuclear supporters as nuclear power does little to combat carbon dioxide emissions.

Additionally, a recent landmark finding from the world's leading climate scientists on the Intergovernmental Panel on Climate Change found that renewable energy, such as wind, solar and biomass power, could account for almost 80% of the world's energy supply within four decades, demonstrating no need for nuclear energy – but only if governments pursued the policies needed to promote green power. UK Green Party politician Darren Johnson at a nuclear power debate in London in mid-May flatly stated that “nuclear power is too dangerous, costly, slow and doesn't provide the economic change we need.” Johnson went on to comment that nuclear power plants take approximately 10 years to build, are extremely expensive, prone to human error and there is no safe way to dispose of nuclear waste. He then cited statistics that wind power as an energy source provided 12 to 30 times more jobs per year per terawatt hour when compared to nuclear, and coal provided five times more jobs, and gas and oil over three times more. Lastly, previous Vice President Al Gore has gone on the record stating that the possibility of a terrorism threat to nuclear reactors is always a possibility and that “for the eight years that I spent in the White House, every nuclear weapons proliferation problem we dealt with was connected to a reactor program.”

In May, Japanese Prime Minister Nato Kan announced his country's decision to abandon plans to expand its nuclear power industry and to make renewable energy a key part of its energy policy. Kan, who has refused to take his salary until the Fukushima crisis is resolved, said he would “start from scratch”, a new energy policy focused on renewable energy and conservation. And for the first time in Japanese history, a sitting prime minister requested that a nuclear plant – Hamaoka, 125 miles southwest of Tokyo – be shut down citing it to be dangerously close to a fault line.

In the United States, nearly half of the 104 operating nuclear reactors, 20 of which are identical to Fukushima, are close to major fault

lines. In a study conducted by The Daily Beast shortly after the Fukushima disaster, the country's power plant sites were ranked according to their vulnerability of dangerous physical locations, weakest relative operating conditions, and the amount of people affected should an unforeseeable emergency occur. San Onofre nuclear power plant in southern California was ranked number 2 after the Indian Point reactors in New York. While the coastline in front of San Onofre is a popular spot for surfers, its close proximity to both the Los Angeles and San Diego city populations and the San Andreas fault line make it a high liability factor.

Today there is no doubt where the Energy Department stands. The very first

paragraph to greet readers on their Office of Nuclear Energy website touts nuclear power as “a resource capable of meeting the Nation's energy, environmental and national security needs by resolving technical and regulatory barriers through research, development and demonstration.” Although the full environmental and health fallouts from the Fukushima disaster have yet to be determined, the future of nuclear power in the United States at the moment seems to be on solid ground. Whether this is due to entrenched political policy stemming from clever lobbying or forward thinking environmental strategies on the part of the U.S. Government remains to be seen. 💧

NK CIGAR LOUNGE



The Largest Smoking and Sports Lounge in the Southland. Featuring Five Large Screen TVs, Pool Table, Ample Parking and Indoor/Outdoor Seating. Serving Premium Cigars, Beer and Wine. Special Events and Private Parties.



“Welcome to NK Cigar Lounge... World class ambience with community warmth.”

Narinder Kumar
Proprietor

**2803 Agoura Road
Westlake Village 91361**

(805) 557-1095 www.nkcigarlounge.com
www.facebook.com/nkcigar



Ahern Construction Pools, Spas & Landscapes

ABOUT TIM AHERN

With 34 years of design/build experience, Tim Ahern has a long-established and impeccable record in the Westlake Village and Malibu area. His expertise in Pools and Spas is evidenced in the projects he's completed, but his skills base runs much deeper than just the building of Pools and Spas. As a licensed General Contractor, he can produce total home makeovers (yes..he's the famous guy from TV's 'Extreme Home Makeover') that include patio building and landscaping so that your new Pool and Spa is accompanied by beautiful surroundings. Most importantly, there's one person managing the entire project which is cost effective and much smoother sailing.

This North Ranch home features an extensive Waterfall, Water Slide, and a Cave Bar with bar stools. There's also a Spa with its own Waterfall.



The Joubran Pool features Fountains, water cascading down stairs, a Water Slide and a Cabana poolside with Fireplace





AESTHETIC APPEAL AND FUNCTIONALITY

When it comes to Pools and Spas, Tim is a master at combining both aesthetic creativity and functionality. Tim says, "My artistic gift of design and my contractor passion to create and build - enables me to appreciate both the desires. It is possible to build a beautiful free-form pool while retaining length and the ability to do laps in the pool. The key is to build the free-form design outside of an established rectangle space inside of that - which is the lap-pool functionality. I've seen Pools where the free form shape is so awkward that swimmers have to swim into curves or awkward corners. I make sure that this doesn't happen."

WHY BUILD A POOL NOW?

There are 3 great reasons to build a Pool and Spa:

1. ENHANCING YOUR FAMILY'S LIFESTYLE AT HOME:

Most people are staying in their homes and NOT moving. If you're going to do that, then creating a home that you truly like will contrib-

ute greatly to your family's happiness. A Pool enhances your family's at-home lifestyle immeasurably. By building a Pool, you create a resort-type atmosphere - which is far more cost-effective than flying off to an expensive, exotic location. Alternatively, if you already have a Pool but it's old and tired, a remodel will make all the difference. The addition of something as simple as a Water Slide can make all the difference.

2. CHILDREN AND TEENAGERS:

The idea of building a Pool is to create an environment in your backyard that the whole family can experience together. You cannot put a price tag on the memories that you will share with your family around a Pool. Furthermore, teenagers - in particular - are more apt to entertain their friends at home when there's an attractive Pool area. Most parents would much prefer to know that their children are happily entertaining themselves safely at home - rather than hanging out at unknown places. Pools are unquestionably draw-cards to children's friends.



Luxury Spa with a great mountain feel



3. WHEN IT IS TIME TO SELL YOUR HOME:

When you do eventually decide to sell your home, there's no doubt that once property values rise again (and they will), a Pool and Spa enhances the value of your property and is more likely to attract a buyer who will give you a maximum return on investment. When families are looking for a home to purchase, they will always gravitate towards the home with the rock slide, cave or infinity lines.

CURRENT POOL TRENDS:

The design trend for Pools right now is Rustic Contemporary. It's a simple, elegant shape with warm earth tone colors and stone. Maybe we're moving closer to nature!

CONTACT: Ahern Construction Tel: 818.707.2800
www.ahernconstruction.com

The Coop's Pool, which features a Waterfall with Grotto, meanders underneath a bridge and into a water-immersed bar area. (RIGHT) Grotto underneath Waterfall



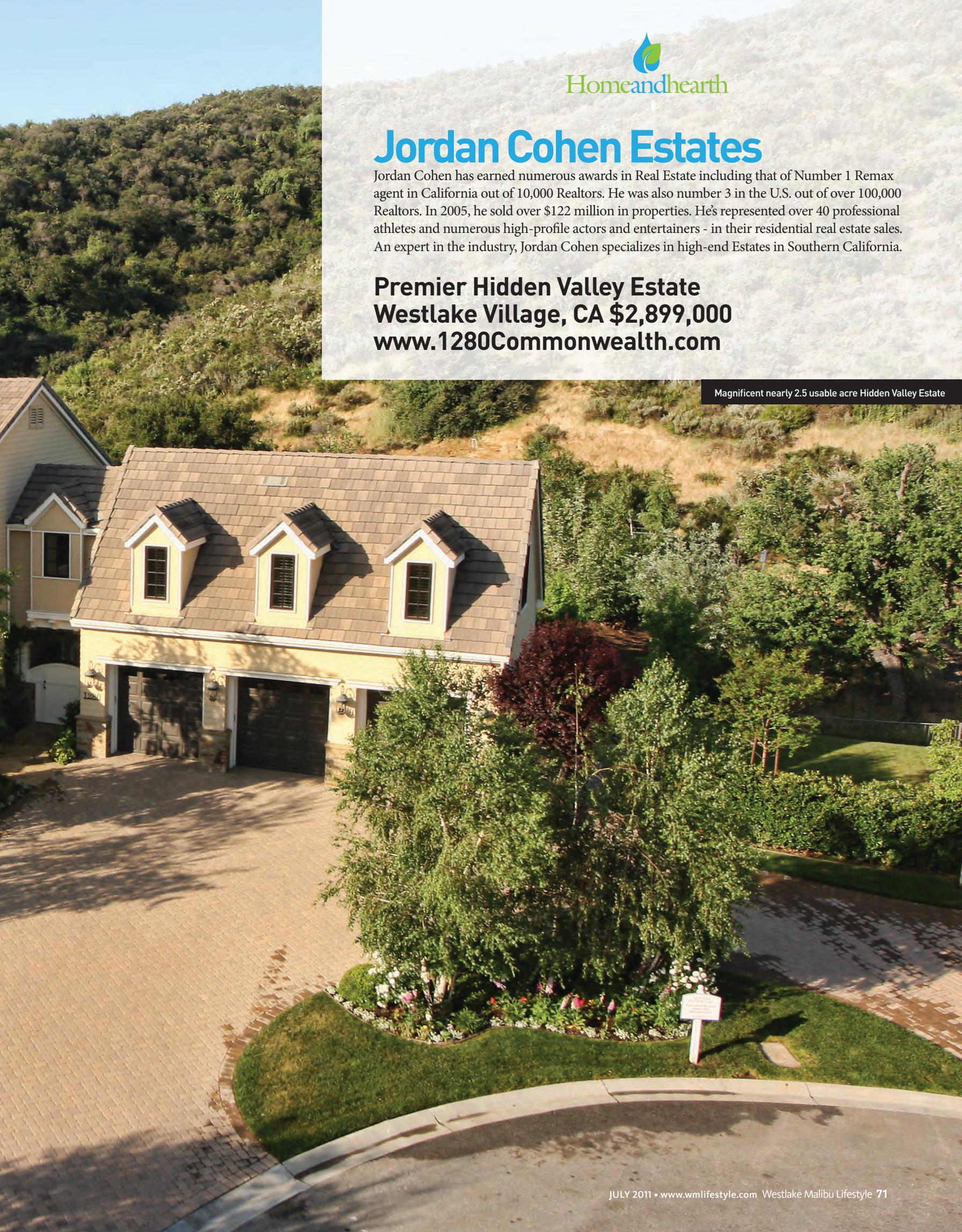


Jordan Cohen Estates

Jordan Cohen has earned numerous awards in Real Estate including that of Number 1 Remax agent in California out of 10,000 Realtors. He was also number 3 in the U.S. out of over 100,000 Realtors. In 2005, he sold over \$122 million in properties. He's represented over 40 professional athletes and numerous high-profile actors and entertainers - in their residential real estate sales. An expert in the industry, Jordan Cohen specializes in high-end Estates in Southern California.

**Premier Hidden Valley Estate
Westlake Village, CA \$2,899,000
www.1280Commonwealth.com**

Magnificent nearly 2.5 usable acre Hidden Valley Estate



Hidden Valley Estate Premier large usable lot in this prestigious gated community.



Magnificent nearly 2.5 usable acre Hidden Valley Estate. A truly model perfect showplace on one of the absolute premier large usable lots in this prestigious gated community. Set at the end of a flat cul-de-sac with 100% total privacy, it features a phenomenal park-like setting, backing to beautiful mountains. Interior appointments include solid hand-laid Hickory Pecan wood floors, designer window treatments, custom wood-beamed ceilings and many more custom quality finishes throughout. No expense was spared with the custom interior design. The center island kitchen boasts granite counters and the highest quality stainless steel appliances. The highly-desirable floor plan provides a beautiful library with fireplace, master with large sitting room/gym and the tremendous 5th bedroom that is currently used as a billiards/bonus room. The grounds are MAGNIFICENT! HUGE manicured lawns, outdoor fireplace, built-in barbecue, all in the absolute best setting possible. This one is special and priced to sell!



Solid hand-laid Hickory Pecan wood floors, designer window treatments, custom wood-beamed ceilings and many more custom quality finishes.



State-of-the-art Kitchen

Single level Estate on superior private lot in guard-gated Lake Sherwood



Prestigious Guard-Gated Lake Sherwood 2222 Norfield Ct. Lake Sherwood www.2222Norfield.com \$5,495,000

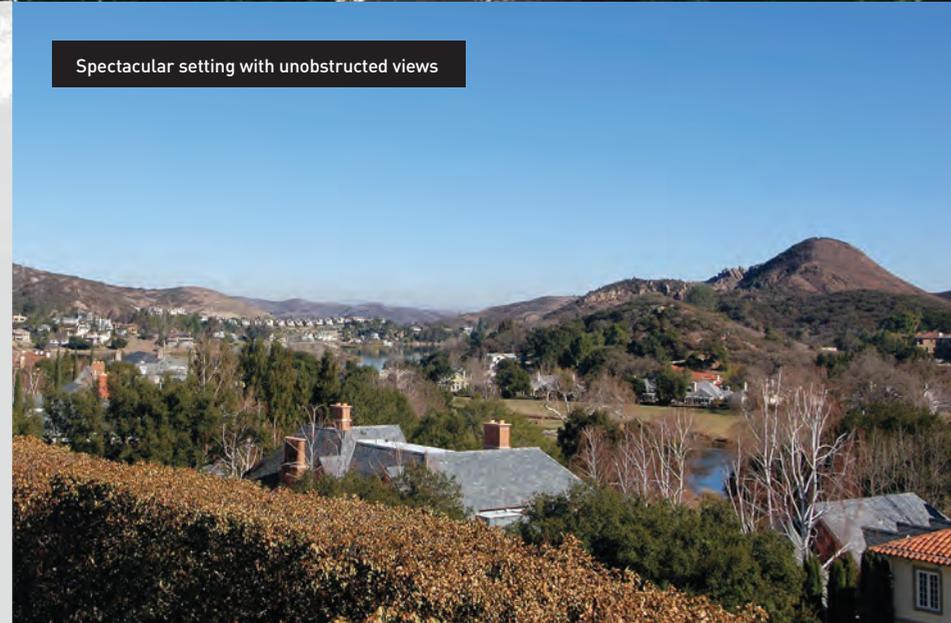
Approximately 9,200 square foot single level estate on a superior private lot in prestigious guard-gated Lake Sherwood. This Sherwood compound features a spectacular setting boasting unobstructed lake, golf course, and mountain views. Privately gated and up a long driveway, the estate boasts privacy rarely found in Sherwood. Set on nearly 2.5 acres with resort-quality pool and spa, detached pool house/gym, manicured lawns, and a unique one-of-a-kind detached underground sports building ideal for batting cage, bowling alley, or possible recording studio. This estate has recently been extensively remodeled including new stone floors, new doors, new master bathroom and much more. This is one of the special properties of Lake Sherwood.



For further information, contact:
Jordan Cohen
Estates Director/Top Company Producer
Remax Olson & Associates
www.jordancohen.com
818.435.5220



Spectacular setting with unobstructed views



This Estate has just been extensively remodeled



Moneysmart



A Funny Thing Called Statistics

Doug De Groote, MBA, CFP®

While attending a conference, I was amazed by the sheer volume of statistical analysis by all of the speakers. They all did an excellent job dissecting the markets, giving opinion, and defending their point of view. But even better, each displayed the ability to hold a room of very tightly wound type “A” personalities. Statistically speaking, anyone trying to read the “tea leaves” is probably wound too tightly.

Statistics are funny things and can often be manipulated to make a point. For instance, last year, **more information was posted online than was accumulated**

during the previous 100 centuries of human history. If you printed out all of this on paper it would amount to a staggering 40 tons for every person on the planet. T.S. Elliot once said, “Where is the wisdom we have lost in knowledge? Where is the knowledge we have lost in information.” It is an interesting question since throughout life we are faced with big decisions overlapped by the uncertainty of the outcome causing great stress. Yet, the most glaring statistic from this conference did not come from the speakers, but from McDonald’s. Last month, McDonald’s announced it was going to hire 50,000 new employees. Through statistics, we have now found

out that McDonald’s is now harder to get in to than Harvard. Over 1 million people applied to flip burgers at minimum wage.

DOES THE S&P 500 KNOW THIS?

According to Charles Biderman, CEO and founder of the research firm Trim Tabs, personal income had fallen from \$7 trillion to \$6 trillion, and it has yet to recover since the correction. This is an interesting statistic considering the consumer makes up roughly 70% of our economy. Mr. Biderman also points out that there is an 88% correlation between an expansion of the balance sheet at the Federal Reserve and the S&P 500. Since 2008, that balance sheet has grown from \$800 billion to \$2.7 trillion. What will happen when it flattens out or shrinks, as we are guaranteed after June 30 when QE 2 (quantitative easing 2) ends? This statistic also can point out it took nearly \$2 trillion from the government to do what \$1 trillion did in the hands of the consumer.

SHEDDING A LIGHT ON THE FED

Statistics were never my strength in school and I could never see the fun beyond just trying to finish the problem and move on. Yet, I had the opportunity to listen to Robert McTeer, the retired Dallas Fed Governor, speak about spending statistics and transparency. Mr. McTeer had quite the sense of humor and had all of us laughing when he said, “I don’t know who spends more, Democrats or Republicans, but Democrats seem to enjoy it more.” He then went on to discuss the new-found transparency of the Fed and having “Helicopter Ben” out in front of the press letting the world in on the “secret society” of the Fed. Mr. McTeer went on to say, “Transparency is a good idea. Like my shower door, it lets in the light, but keeps out the flies.” Whatever the reason or whoever enjoys it more, statistics and emotion are truly oil and water. In the case of the Federal Reserve, we all love to have transparency as if that equates to economic success. **Unfortunately for most, we spend way too much time trying to control what we can’t and not**

enough time focusing on what does matter and what we can control.

A FLIP OF THE COIN

When looking at statistics or life as we know it, both can be quite amusing. Today, we are experiencing rising commodity prices causing many of us to worry about inflation. This can be seen by soaring gold and silver prices—and, in the circular psychology of the market—which also creates fear that the U.S. dollar is about to collapse. Yet, statistically speaking, a funny thing has been happening over the last couple of months. Treasury yields have been steady and falling since February and are now at roughly the same levels of a year ago.

What gives? Is demand for the treasury strong and the supply is less due to the fact that the government does not need to issue more because they announced better than expected tax revenue? Possibly, but perhaps a better explanation is that for all the inflammatory rhetoric, the bond vigilantes simply aren't that concerned about inflation risk right now. According to Harry Dent, Americans are paying off the excesses of the past and the aging of the Baby Boomers is sapping consumer demand, a period of prolonged disinflation or deflation—like that experienced by Japan—would seem more likely. Statistically speaking, this means the Baby Boomers are paying off debt at record levels either by choice or through forced bankruptcy or walking away from their debt. Either way this reduces money supply and takes dollars from the system all while the Federal Reserve tries desperately to increase money supply.

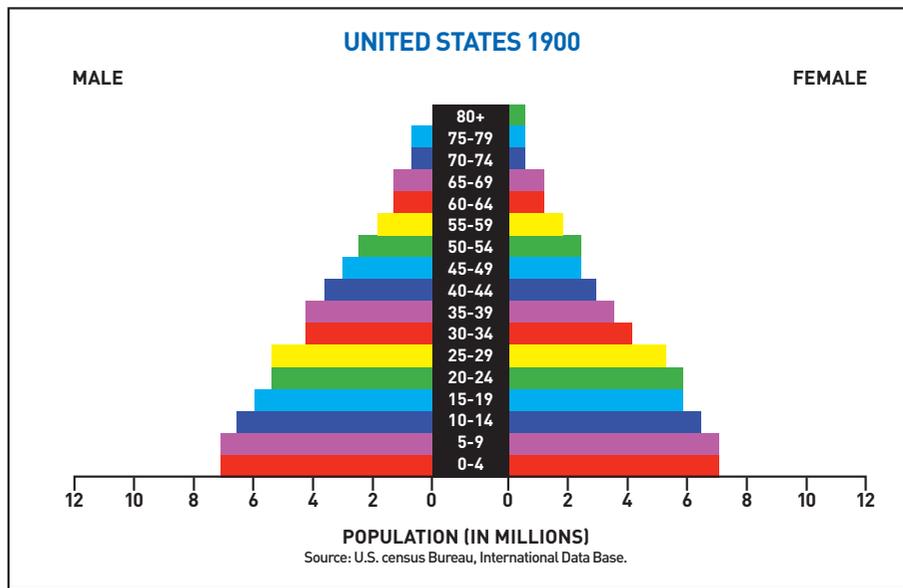
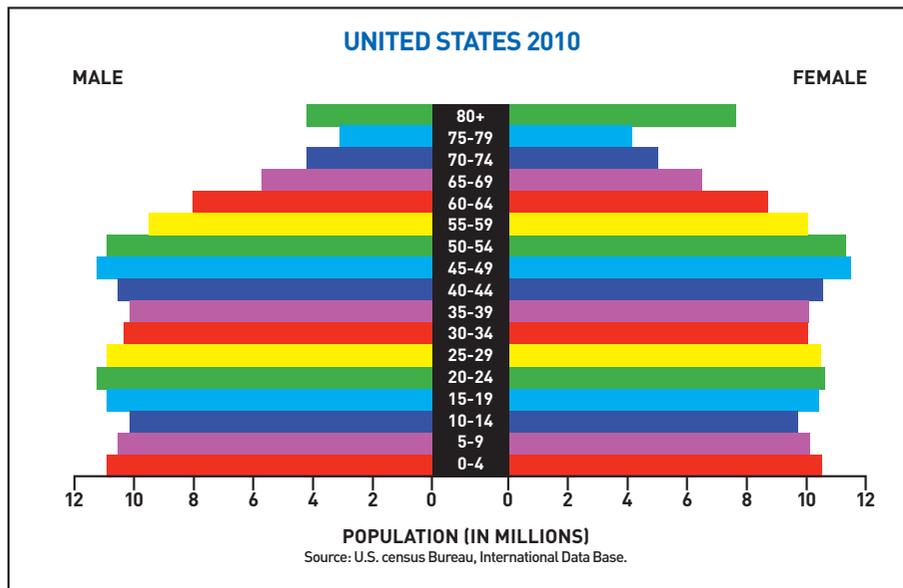
WHO ATE MY CHEESE (OR LUNCH)?

There is a great book by Spencer Johnson, M.D. called "Who Moved My Cheese". When I think of all the statistical data about China eating our lunch, I cannot help but think of the great work by Spencer Johnson. Statistically speaking, China will most likely never be as big as we are per capita GDP unless we decide to not go looking for our cheese. Change is inevitable and we need to learn to change with it. For instance, China's GDP per Capita as of 2009 was \$3,744 according to the World Bank while the US GDP per

Capita is \$45,989 according to the World Bank. Statistically speaking, that means China's economy has to grow by 12 times its current size. China is a great country and loaded with opportunity for those who are looking to find their cheese. Yet, they face many issues. For instance, did you know that 26% of all buildings built in China are not using electricity; not

from \$100 to \$3,000/year, versus \$46,000 for the US according to the World Bank. The sad news is that US per capita income is down from nearly \$49,000 per person.

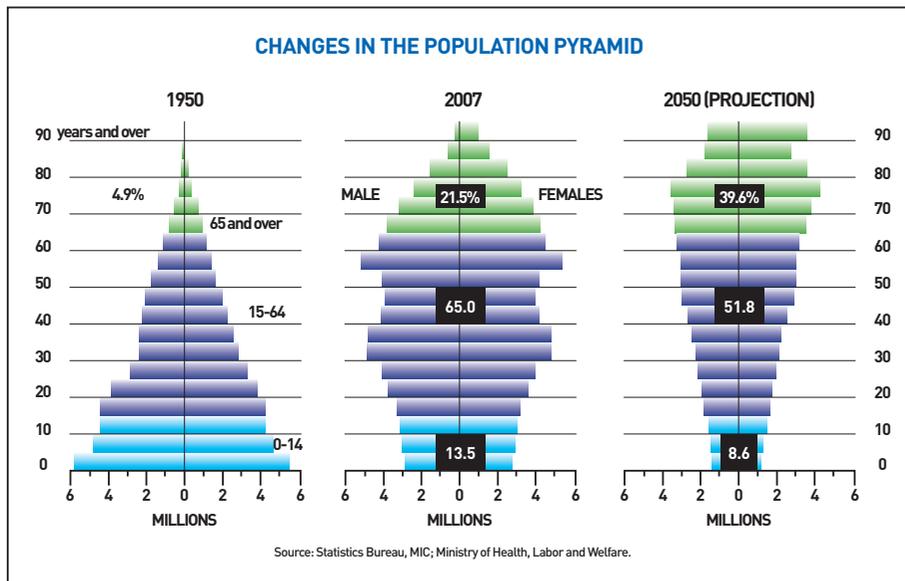
When we speak of statistics, the study of demographics can certainly shed a light on our future. Below is the population chart from the US Census bureau as compared to what it looked like in 1900:



because they found a secret new energy, but because they are literally empty! Yet, China still continues to build. China may be the next real estate bubble and it could quite possibly contribute to one heck of a commodity bubble.

According to the CIA Fact book, China's one child policy may have cut its population by nearly 400 million. From 1980-2010 China's per capita income rose

Notice that today we have roughly 25 percent of our population already retired or over 60 years old. This means that we have more people drawing on our resources than contributing to the growth of the economy. Or does it? Statistically speaking, 90% of the wealth is in the hands of the Baby Boomers and their parents. The question is, is that wealth mobile and investable or is it set aside for



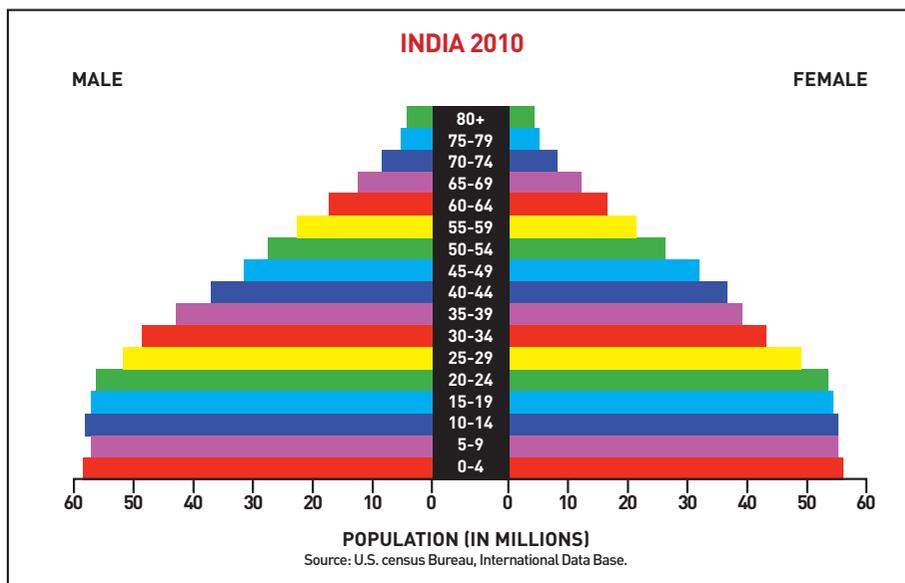
current and future demands in the form of health care and to maintain life style? Could this be a reason for the shrinking middle class? The questions are many. Yet, the charts above point to many issues and concerns we must face. For all of us, the answer may be about finding our cheese.

A clear example of the power of demographics is Japan. Above is a look at Japan's population map

According to the Japanese Ministry of Health, by 2030 Japan will have only two workers for every retiree. According to many who study Japan's economy, this will equal little or no GDP growth, huge demands for social services and enormous budget deficits. Japan is a great example of what an aging population is faced with. Unlike Japan, India has a rising

population which leads to the creation of more consumers and little need for social services which translates into a strong GDP growth, small budget deficits, and a strengthening currency. Below is a look at India's population graph

There are nearly 90 million Baby Boomers in the US, all with certain predictable habits: needs and wants. What strikes me as an incredible statistic is that there are nearly 3.6 million Baby Boomers retiring every year. Most are looking to downsize from their largest home purchased in their early 40's averaging 2,500 sq. feet to condos that are just over 1,000 square feet - to eventually end up in assisted living or with their children in a single room averaging just over 100 square feet. If you follow the math, Baby Boomers



STATISTICS ARE FUNNY THINGS AND CAN OFTEN BE MANIPULATED TO MAKE A POINT. FOR INSTANCE, LAST YEAR, MORE INFORMATION WAS POSTED ONLINE THAN WAS ACCUMULATED DURING THE PREVIOUS 100 CENTURIES OF HUMAN HISTORY.

through downsizing will be dumping 4.3 billion square feet of residential real estate on the market every year for the next 22 years. This is equivalent to 430 World Trade Centers according to John Thomas, author and writer for the Economist and Financial Times who currently manages a hedge fund.

While statistics are tricky, and sometimes fun to laugh at, knowledge is power. With the right knowledge, we are armed with the unique ability to focus our resources on realizing our goals and dreams. Statistics allow us to have an honest conversation with our loved ones and our advisors. They also allow us to assess the economy, manage trade-offs, establish a course of action, reduce stress and take deliberate action. But in the end, it is the cross over between the things that matter and the things you can control that are what you should focus on that will help you live your one best financial life. 🍀



Doug De Groote
Managing Director of
United Wealth Management



A division of United Capital Financial
Advisors, LLC.

800-984-3302; 805-230-0111
<http://www.unitedwm.com>

United Capital Financial Advisors, LLC ("United Capital") provides advice and makes recommendations based on the specific needs and circumstances of each client. For clients with managed accounts, United Capital has discretionary authority over investment decisions. Investing involves risk and clients should carefully consider their own investment objectives and never rely on any single chart, graph or marketing piece to make decisions.



Moneysmart



Digital Do Good

By Robert Katch

Adora is a 28 year old woman engaged in dressmaking, specializing in making school uniforms and gowns. Her vision is to expand her business in order to provide more employment opportunities in the community through KIVA.ORG.

In continuing with my last article covering great business and personal software tools, I would like to share with you three websites that allow you to help those around you, whether near or far. The internet provides such a fascinating platform for doing good!



It provides the infra-structure that allows microfinance institutions around the world ("Field Partners") to post profiles of pre-qualified

KIVA.ORG

Kiva allows you to provide interest-free loans via the internet to entrepreneurs in developing countries. It

entrepreneurs on its website. You (the "Lender") can browse through dozens of choices and pick somebody you wish to help. Kiva then aggregates the funds from individual Lenders and transfers them to the appropriate Field Partner to remit to the entrepreneur. As the loan is repaid, the Field Partner transfers the capital back to Kiva allowing you to withdraw your principal or re-lend it to another entrepreneur.

I have used Kiva for several years, and find it easy to use. I enjoy searching for people, places and projects to get involved with helping. For the past few months, it has been even more rewarding as one of my children now has a Kiva account, and she looks forward to going online with me to search out new entrepreneurs to assist.

Kiva does not charge any interest, so the loans made by its Lenders are passed interest-free to the Field Partners. However, the Field Partners do charge

interest to the entrepreneurs, but Kiva states that it will not work with those charging unfair interest rates. Lenders' funds are transferred to Kiva through Paypal which also waives its usual fees.

Kiva, a non-profit headquartered in San Francisco, is supported by donations from its users. It was started in October 2005 after its founders spent time in East Africa interviewing entrepreneurs about the problems they faced in starting businesses. Once back in the U.S., they developed a plan for a microfinance project that would eventually grow into Kiva, which means "unity" in Swahili. As of March 28, 2011, Kiva has distributed \$200 million in loans from 900,000 Lenders. The average loan size is \$380 and its current repayment rate is almost 99%.

INVESTED.IN

This "crowd funding" site provides a platform for anyone with a project,



business or favorite cause to raise money to meet their need. Instead of cajoling friends and family for the money, you can post your case online and employ the power of the web and your social network.

Invested.in is a Thousand Oaks based firm that is rapidly gaining popularity. Some examples of current funding

requests on the site range from indie movies, health issues, vacations, sick pets, business start-ups, and birthday parties. In short, anyone can try to raise money for anything!

YELP.COM

Yelp provides local business search capabilities via the web or mobile browsers. But more than just a business search tool, it has created an online community where users actively review businesses and locations they frequent. By providing a rating system, room for personal narrative, quick tips and photos, anyone

searching can quickly zero-in on what they are looking for – whether in their home town or on the road.

Last summer we traveled across the country by car to spend two weeks on the east coast. Yelp was amazingly helpful in finding places to stay, great restaurants, and interesting places to visit along the way. By just taking a little time to write a review and provide helpful tips, other Yelp users had a significantly positive impact on my vacation experience.



Yelp has listings throughout the United States, Canada, and many European countries. It accepts reviews of any business or service (the vast majority being restaurants and shops); service businesses such as doctors, hotels and travel services; and non-business locations such as schools, museums, parks, cultural and historical venues, and churches.

CONCLUSION

Whether you are looking to help those trying to build a better life for themselves in far-away lands, or you're inclined to help those wanting money for a personal cause, or willing to help others trying to find a great place to eat, the internet provides an easy-to-use, efficient platform for you to reach out and help. 🍷

This material provided for general and educational purposes only, and is not legal, tax or investment advice. For each strategy or option mentioned, there are detailed tax rules that must be followed.



Yelp.com named Wurstküche in Los Angeles one of the Top 10 Restaurants of 2010. Yelp provides local business search capabilities via the web or mobile browsers.



Robert J. Katch is the founder of Manchester Financial, an Investment Counsel/Wealth Management firm located in Westlake Village. For more information call 805 495 4405

CONVERTIBLE BONDS
SENIOR SECURED FLOATING RATE BONDS
NERVOUS ABOUT
YOUR BONDS?
PREFERRED STOCKS
ADJUSTABLE RATE BONDS
IT'S TIME TO PROTECT YOURSELF
SECURED BONDS
CONVERTIBLE PREFERRED STOCKS

Are you losing your bond gains?
Confused about the options available?
It's time for that to change.

Manchester Financial will:

- Find bonds that make sense for you
- Creatively use securities to meet your needs
- Help you keep what you earn
- Prepare you to overcome inflation

Continuing changes demand that you have an expert to help you stay ahead of the game. Call Manchester Financial today for a complimentary consultation.

The logo for Manchester Financial features the word "Manchester" in a large, serif font, with "FINANCIAL" in a smaller, spaced-out, sans-serif font below it. The text is set against a dark green, textured background that is part of a larger graphic element.

Manchester Financial, Inc.
2815 Townsgate Road, Suite 100
Westlake Village, CA 91361
1-800-492-1107 • 805-495-4405
www.ManchesterFinancial.com

KEEPING YOU WEALTHY AND FINANCIALLY HEALTHY.



Yourhealth



Diabetes Type 2

By Ian Armstrong, M.D.

Aaron worked in Healthcare, was 55 years old, six foot , perhaps carrying 10 to 12 extra pounds, in good health, belonged to a gym, and made at least an occasional guest appearance there - if not regularly. He did not smoke and enjoyed a glass of wine occasionally when he was out to dinner with friends. So he was shocked when at his yearly check-up, his doctor, after a battery of tests, told him he was a diabetic! Aaron had just become a statistic in what is one of the most rapidly-growing medical problems facing Americans today. Some healthcare providers are calling it a new silent epidemic.

An estimated 23.6 million people in the United States (or almost 8% of the population) have diabetes. For the population 65 years and older, the figure is exponentially higher - 10.9 million or 26.9% . It is the seventh leading cause of death in North America. 90% of diabetics in this country are Type 2 diabetics (adult-onset diabetes).

3 TYPES OF DIABETES

Diabetes is a disease associated with abnormally high levels of blood glucose. There are basically three types of diabetes: 1) **Type 1** - which is also referred to as childhood onset diabetes; 2) **Type 2** - which is the most common type of diabetes and has been referred to as adult onset diabetes. 3) **Type 3** diabetes is gestational diabetes and is associated with pregnancy only.

Checking Blood Sugar Reading

TYPE 2 DIABETES ON THE RISE

An alarming trend is the rapid rise in the number of individuals below the age of twenty that are being diagnosed with Type 2 diabetes. Many scientists have correlated this rise with the rapidly increasing levels of obesity in this same age group. 90% of diabetics have Type 2 diabetes.

THE FIRST SYMPTOMS OF TYPE 2 DIABETES

Aaron had not noted the mild symptoms that his doctor had been concerned about and he had never really paid attention or connected the dots. Sure he was fatigued but he had a stressful job and long hours. In retrospect he did have to urinate more frequently but he assumed that this was just an age thing. He was also thirsty all the time but this was Southern California and wasn't it always hot and dry? His vision was a little blurry but the drug store reading glasses had take care of most of this. And the tingling in his feet he had written off to his on-again off-again sciatica that he had had for years but that was never a major problem. He had always been relatively healthy. How did he become a diabetic?

DIABETES - AN OVERVIEW

Diabetes is broadly characterized by the body's inability to handle sugar or glucose. It is marked by high levels of sugar in the blood stream. After a meal, food is broken down and utilized by the body for energy. Glucose is a source of energy for the body. When glucose enters the blood stream, the pancreas produces insulin in response. The role of insulin is to act as a gate keeper and allow glucose into the cells of the body where it can be utilized. Without insulin, glucose cannot get into the cells and remains circulating in the blood stream where abnormally high levels of glucose can cause damage to the body and tissues.

Diabetes and high blood sugar can result from: 1) The pancreas not making enough insulin in response to a meal - or perhaps none at all. 2) Or the cells of the body do not respond to insulin normally. In this situation the body may produce insulin but the cells are resistant to insulin.

Type 1 diabetes is usually diagnosed in childhood. Here, the body makes little or no insulin. The cause may be complex but genetics, autoimmune problems and viral causation have been implicated. Daily injections of insulin are needed.

Type 2 as previously stated is far more common and the incidence has increased over the last decade. More troubling is the fact that young people are increasingly being diagnosed with adult onset diabetes. This increased incidence in young people correlates with an increasing diagnosis of childhood obesity. The pancreas does not produce enough insulin to keep blood glucose levels normal - or insulin is produced but the cells are resistant to insulin so despite the presence of insulin, the glucose remains in the blood stream.

There is an estimated 40 million Americans who are pre-diabetic with only occasional symptoms or mild early signs.

Type 1 diabetes must be dealt with medically, and the good news is that there have been many great advances in this area over the last 10 years. However, more research and funds are needed to eliminate this life-long disease. (www.jdrf.org)

Type 2 diabetes does have some genetic component (although the complex causes have not been entirely worked out) but it is definitely referred to as **'Lifestyle' diabetes** because the cause,

FAST Weight LOSS Program

NATURAL WEIGHT LOSS PROGRAM THAT WORKS!

LOSE 15-34 LBS. IN 40 DAYS!
GUARANTEED WITH CONSULTATION
& DETOX PROGRAM!

FAST • SAFE • EASY

HCG DROPS & DETOX

- NO PILLS
- NO HARMFUL DRUGS
- NO EXERCISE REQUIRED
- NO SURGERY OR INJECTIONS
- 60,000 REACHED THEIR GOAL
- PHYSICIAN GUIDED PROGRAM

Dr. Teresa Rispoli, Ph.D.
Nutritionist - 25 Years Experience



28247 Agoura Road • Agoura Hills
www.completehealthinstitute.com
818-707-3126



effect and treatment are correlated with diet, exercise, obesity and sedentary lifestyles.

RISK FACTORS FOR TYPE 2

1. Over 45
2. Family member with diabetes
3. Heart Disease
4. Obesity
5. No exercise, sedentary life style
6. More prevalent in African Americans, Hispanics, Native American Indians, Pacific Islanders
7. Polycystic Ovarian disease in woman
8. High blood pressure
9. High fat diet
10. High Alcohol intake

SYMPTOMS OF TYPE 2 DIABETES

1. Fatigue
2. Excessive Thirst (polydipsia)
3. Blurry Vision
4. Frequent urination
5. Hunger (even after a meal, insulin does not get the glucose into the cells, so the brain continues to send hunger signals)
6. Weight loss - though this may seem counter intuitive, when glucose cannot be used and stored - diabetics may actually lose weight.
7. Tingling in the feet or hands. The high circulating levels of glucose can damage the peripheral nerves which can cause numbness and tingling.
8. Poor wound healing

Cosmetic Dentistry with a New Twist

THE VALUE OF A SMILE

The world views us largely according to how we smile. It tells others whether we are confident, self-assured and happy – making it much more than just an outward appearance. Your personality and who you are is evident in your smile.

OUR PIONEERING TECHNIQUE THAT ALLOWS YOU TO VISUALIZE THE END RESULT

My office is pioneering an approach that allows you to see the smile of your dreams before it is created. Would you build your house without a plan? Then why would you fashion a new smile without first seeing a blueprint?

A UNIQUE METHOD OF CREATING A BEAUTIFUL AND NATURAL SMILE

Utilizing a new technique called **HILLA** phase one, we can show you exactly what your beautiful, natural smile will look like. A team of four experts including a Dental Photographer and the Dental Laboratory fashion your unique smile before any work begins. This is crucial because anyone can produce a digital smile from a template that might not be right for you – or even possible to create. Once you approve your smile, the Dental Laboratory uses a wax model to duplicate the photo. You are presented with a lifelike model and only when you are completely happy – do we proceed.

THE STEPS TOWARDS YOUR BEAUTIFUL, NATURAL SMILE

With photo and model in hand, I create your temporary veneers. You have yet another chance to see your smile and make changes before proceeding. Once you approve the photo, model and temporary veneers, I go ahead with the actual veneers. The artist's studio is next to **Opus One** – which is one of the best laboratories in the country. **Opus One**, the photographer and I work together to ensure that the results reflect the smile you have envisioned. The brand new technology called **HILLA** phase one has successfully created the characteristics that make the veneers so natural looking.

THE FINISHED RESULT

The veneers are placed on your teeth. Any last-minute changes can still be made. The end product is a dramatic improvement. Your confident and radiant smile is set to dazzle the world!

Robert Freeman D.D.S.
4695 Lakeview Canyon Road
Westlake Village, CA 91361
(818) 879 7480
www.dentalwellnesswlv.com



Robert Freeman D.D.S.

A New Approach to Dental Veneers SMILEOGRAPHY™



Before



Digital Image



After

(By Opus One Laboratories)



Checking Blood Sugar Reading

DIAGNOSIS OF TYPE 2

Urinalysis may be used to look for glucose and ketones. Ketones come from the breakdown of fat - an alternate energy source when glucose metabolism is not normal. In most cases, however, the urine test alone is not adequate enough. Fasting blood glucose - if higher than 126mg/dL on two occasions - can also be seen in prediabetes. Hemoglobin A1c test has been used to help patients monitor control of their diabetes and is now a part of diagnosis of diabetes. An Oral glucose tolerance test is sometimes necessary to confirm the diagnosis. An eye exam is also important if diabetes is suspected. The eye doctor looks for “diabetic changes” in the retinal as well as any visual changes.

COMPLICATIONS

Diabetes ultimately leads to high blood sugar levels - a condition known as **hyperglycemia**. Over time, hyperglycemia damages the retina of the eye, the kidneys, the nerves and the blood vessels. **Diabetic retinopathy** is the leading cause of blindness, damage to the kidneys, and **diabetic nephropathy** is the leading cause of kidney failure. **Diabetic neuropathy** is one of the leading causes of peripheral neuropathy, foot ulcers and wounds that can lead to amputation. Diabetes predisposes people to high blood pressure and high cholesterol and triglyceride levels. This increases the chances of heart disease, vascular disease and stroke.

TREATMENT

Patients with type 2 diabetes can manage this condition with lifestyle changes. A healthy diet is the key to controlling blood sugar levels and preventing diabetes complications. Losing weight plays a big role in the control and prevention of diabetes. The alarming rise in **childhood obesity** in America is related closely to the rapid rise of type 2 diabetes in young people under 20.

1) **Regular exercise** in almost any form can reduce the risk of developing diabetes. Exercise also reduces the risk of developing complications from diabetes such as heart disease, stroke, kidney failure, blindness or leg ulcers. Even walking 30 minutes three times a week has been demonstrated to decrease development of diabetes and help prevent complications. It's also recommended that patients decrease or eliminate alcohol intake.

LIFESTYLE PREVENTION AND TREATMENT

The prevention of type 2 diabetes has a lot to do with developing a healthy lifestyle at an early age. The treatment of diabetes is complex and may require a team of knowledgeable experts: family doctor, specialist, nutritionist, diabetic nurse, and eye doctor. Many patients with type 2 diabetes can be treated with just exercise, diet change, weight loss and close monitoring of blood glucose. Some may need oral medications to help decrease and control circulating blood glucose levels. Some patients may go on to need injectable insulin.

Early diagnosis, education of the patient and family, modifying one's lifestyle with regular exercise and weight loss - as well as adopting a healthy diet - are important components in the prevention, treatment and control of type 2 diabetes. 🌱



Ian Armstrong, M.D.
Spinal Neurosurgeon
Medical Director: Southern California Spine Institute
www.southerncaliforniaspineinstitute.com
(805) 496 1717
(310) 557 0741

Dr. Ian Armstrong is the Founder and Medical Director of Southern California Spine Institute in Westlake Village, Los Angeles and Bakersfield. He was the Medical Director of Neurosurgical Trauma at Century City Hospital for over 10 years. As well as being Director of Neurosurgical Trauma at Midway Hospital in Los Angeles, he was also a Staff Trauma Neurosurgeon at Cedars-Sinai Hospital - where he was involved with teaching the Surgical Residents.

THE ART OF BARGING

PERFECTED BY THE MILLERS

Sherwood residents, Tom and Lisa Miller, are connoisseurs in the art of finding unusual ways to amplify their quality of life. Barging in France, Belgium and the Netherlands has long been one of their favorite pastimes and the pictures paint a story of this serene experience. Tom and Lisa describe the experience: "A barge is nothing more than a floating hotel and restaurant for approximately 3 - 8 couples. Technically, a barge is any flat-bottom boat, so it is appropriate to call a barge a canal boat. There are a number of ways to go barging in Europe. The least expensive way is to rent a bareboat where you can provision, cook and drive the canal boat yourself. The more luxurious way is to charter a fully-crewed boat where you are provided with a captain, gourmet chef, hostess and tour guide.

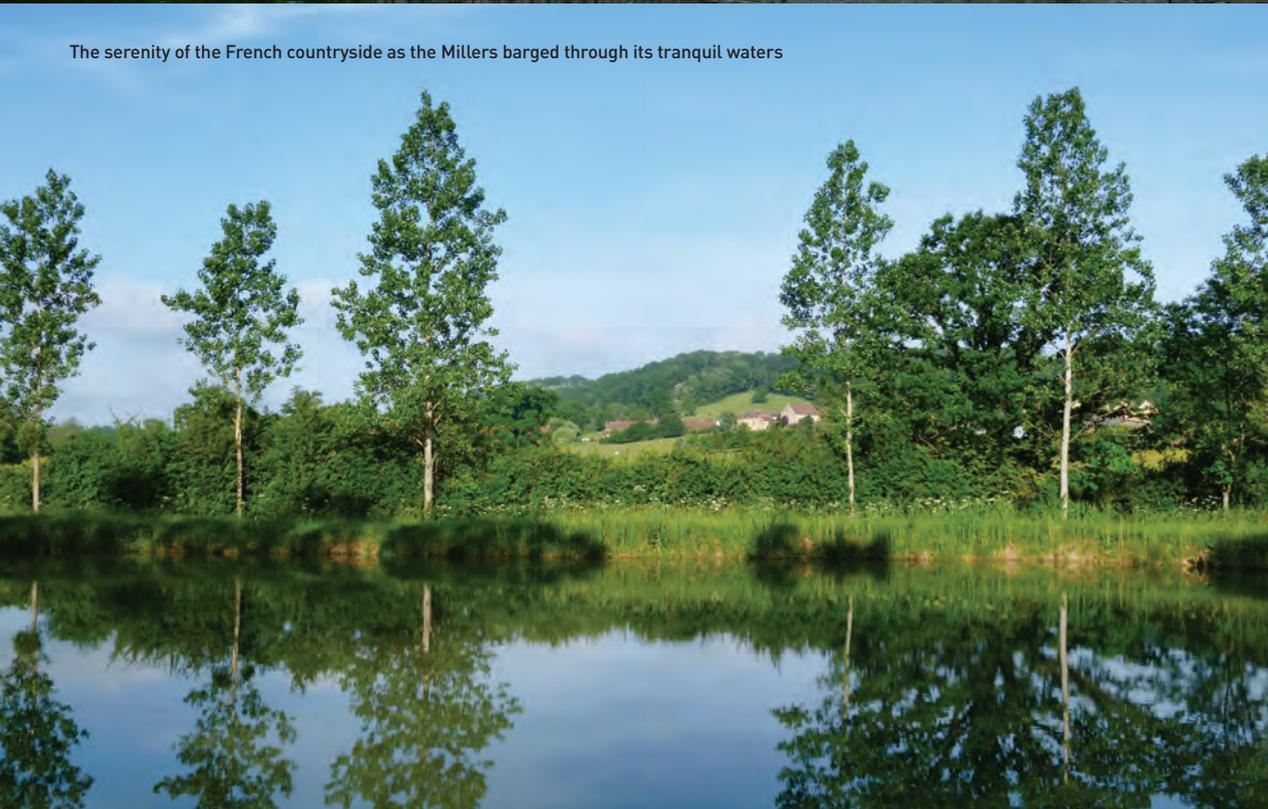
The Barge Papillon just after exiting the summit tunnel on the Canal de Bourgogne





Cistercian Abbey at Fontenay

The serenity of the French countryside as the Millers barged through its tranquil waters



WHEN TRAVELING WITH FRIENDS, THE BARGE HAS PLANNED OUT THE DAY'S EVENTS SO THAT YOU CAN JOIN IN, GO WALKING, BIKING, OR SIMPLY SIT BACK AND RELAX WHILE WATCHING THE SCENERY FLOAT BY



The Miller's Barge Tigre Rose



Grapes being harvested in Champagne



Tom & Lisa Miller

We spent two seasons on our barge 'Tigre Rose' in France, Belgium and the Netherlands. On other occasions we have chartered a barge. The thrill is meeting new people and seeing new places from the luxurious environs of a moving hotel. We also love the food, cheese and wines that are served every day. Language is never an issue as you tour with an English-speaking guide. Also, when traveling with friends, the barge has planned out the day's events so that you can join in, go walking, biking, or simply sit back and relax while watching the scenery float by. They will also supply private tours of the best sites in the region in a private van or bus. It is only necessary to unpack and pack your bags once. One of the many things we love about barging is the ever-changing scenery - which is incredibly beautiful - and of course the wines, cheeses and the impeccable quality of food." 🍷



Ultimate Wine Country Day Trip

Few people know that just 2 short hours north on the 101 will land you right smack in the middle of California Wine Country. When thinking about 'wine country', most people will be thinking of Napa or Sonoma California, but I am actually talking about country...not like the strip mall of wineries you may find up north of San Francisco. This is a place where you are likely to find the winemaker pouring their wines in the tasting room; where you won't be crowded out by tour busses full of thirsty tourists with itchy camera fingers, and where you will be reminded that the wine industry really is as romantic as it sounds. We have put together a "perfect day" of wine tasting in one of the most picturesque regions in the world. The rest of the world plans trips from across the globe to the same place that you can reach on half a tank of gas!

Start your leisurely day at 9:00 a.m., as most of the tasting rooms do not open until 11:00 a.m. Take the 101 north and head up along the coast, through Santa Barbara, and into the Santa Ynez Valley. You will know that you are getting close when the ratio of SUV's to pick-up trucks starts to decline, and as the traffic subsides like your cell phone reception in the area.

Your first stop should be at the **Los Olivos Grocery, 2621 Highway 154, Los Olivos**. Have them put together one of their delicious picnic lunches at the deli counter and head out to your first winery!

Beckmen Vineyards is nestled in the small backroads of Los Olivos. You will find it by following the signs at Roblar Avenue and Erior Road. You will know that you have arrived when you see the tranquil duck pond with covered picnic tables. Here is where you will sample the wines from Tom and Steve Beckmen. This father/son duo has been making wines in the area since 1994, and they have created a fantastic wine-tasting room and winery. The only problem with starting here is that it is going to be hard to get you to leave the tranquility of the duck ponds and actually see anything else in the area! **Beckman Vineyards, 2670 Ontiveros Road, Los Olivos, <http://www.beckmenvineyards.com>**

You should now head into the quaint village of Los Olivos on Grand Avenue and find **Andrew Murray**

Vineyards tasting room. "Andy" is one of the hot shot young winemakers that helped put Los Olivos on the map, and his wines have received more awards than we are able to mention in this short article. Although all of Andy's wines are great, his Syrah is what has made his winery famous. This small tasting room was opened by Murray a few years ago, because so many people were showing up at his private winery looking for his wines! Tasting these wines, you will see why Robert Parker Jr. considers Andrew Murray Vineyards to be "one of Santa



Curtis Winery





Mattei's Tavern





Saarloos & Sons

Barbara's finest wineries." **Andrew Murray Vineyards Tasting Room, 2901 Grand Avenue, Suite A, Los Olivos, <http://www.andrewmurrayvineyards.com>**

When it's time to leave the Andrew Murray tasting room, head further down Grand Avenue and you will arrive at the **Saarloos and Sons** tasting room. Keith Saarloos and his family have been growing grapes for other people for years, and they finally realized that they were doing all of the hard work, so they began making their own wines and opened up a unique wine-tasting boutique.

Family comes first in this uniquely designed tasting room, but the family loves to share their wines with new friends, so you are in luck! No tasting notes here: each of their wines is a limited release and everything about the wine, from the name, to the label and percentages of blends are representative of the Saarloos family. Names of the wines are: Mother, (Grenache Blanc) Father, (Syrah) Son, (Cabernet) and Extended Family (Pinot) to name a few. All of the wine labels have some special meaning, with many of them being family photos. Saarloos shares a corner of their wine-tasting room with Enjoy Cupcakes, where you can choose 6 different cupcakes to sample by themselves, or with some **Saarloos & Sons** wine. **Saarloos & Sons, 2971 Grand Avenue, Los Olivos, <http://www.saarloosandsons.com>**

It is now time to hop in the car with your designated driver and take a short but beautiful drive to **Curtis Winery**. A convertible and a good soundtrack are perfect complements to this winding drive through Foxen Canyon. Curtis Winery was founded by the Firestone Family as a tribute to their matriarch Polly Curtis Firestone. On some days you will find Andrew Firestone ("The Bachelor") behind the bar pouring his family wines. This small production winery has become famous for their award-winning Rhone varietals, and is a must for anyone traveling through the



Andrew Firestone

region. Taste their 2007 Grenache, which received 92 points from Tasting Panel magazine. You will find gift and food items from local purveyors in their cheerful tasting room. Picnic tables and beautiful grounds spotted with oak trees make a perfect spot to sit outside and enjoy a glass of wine as the sun slowly fades. **Curtis Winery, 5249 Foxen Canyon Road, Los Olivos, <http://www.curtiswinery.com>**

Before heading back home, you will need to stop one more time for a fabulous meal at the **Brother's Restaurant at Mattei's Tavern**. You can't miss this unique building right off of the Highway 154. Brothers Jeff and Matt Nichols have been setting the pace for wine country cuisine in this valley for over 20 years, and there is no better setting to pair the food and wines of the region than at the Tavern. Built in 1886 as a stagecoach stop, the cozy dining rooms are decorated with velvet wallpaper, old family photos and crackling fires in the fireplaces. A rotating menu, designed to bring the essence of Santa Barbara wine country to the table, adjusts with the seasons, bringing produce and ingredients that are fresh and appropriate for the time of year. Bar opens at 4:00 p.m., dinner served from 5:00-9:00 p.m. **Brothers Restaurant at Mattei's Tavern, 2350 Railway Avenue, Los Olivos <http://www.matteistavern.com>**

I would not be surprised if you head back down south that evening trying to figure out ways to leave the grind of your day job and open a little winery of your own in Los Olivos! 🍷



Andrew Murray Vineyards

MAUI

The Magical Isle of Hawai'i



The wonderful advantage about visiting Hawai'i is that your money goes far and it's conveniently situated closer to home - even though you feel like you're a million miles away. Amongst the Hawaiian Islands, the readers of Conde Nast Traveler have voted Maui the 'Best Island' in Hawaii for over 10 years - so much so that it's become known as the 'Magical Isle'. Maui is particularly special because of its scenic beauty, array of activities and year-round temperate weather. The warm waters are so ideal that Humpback Whales migrate to Maui every year and visitors are treated to some of the best whale watching imaginable (best times are between November and May).

Ritz-Carlton Kapalua pools and cabanas



There's also plenty of choice in terms of excellent, value-packed accommodation for a secluded romantic getaway or family fun (ask Frosch, who are experts in the array of choices. Contact details are on Pg 99). Maui is a special place where the 'Aloha' welcome is so genuine that your anxieties will melt away as you bathe yourself in the warmest hospitality. In terms of timing, airfares are currently purposefully low with super special packages that are being offered.

FOUR SEASONS MAUI AT WAILEA

The **Four Seasons Maui** has been voted as one of the world's finest resorts. It's situated in Maui's driest, sunniest weather on a white



Four Seasons Maui

crescent of Pacific paradise. For families, there are well-organized kids' programs and plenty of exciting activities including water sports and outrigger lessons. You can learn how to paddle Hawaiian-style with experts teaching you; the resort has its own championship paddling team. For parents who need to unwind and take a few years off their brows, there's a top-rated **Spa** which will nurture your senses as you luxuriate in spa suites for two or a thatched **hale** by the ocean. Yoga on the beach, Pilates or Tai Chi are daily choices as is **Oceanside Golf** with special privileges at 3 scenic Wailea courses. Year-round warm tropical air enhances the dining experience at the Resort's indoor and outdoor restaurants, which include the acclaimed **Spago** - the brand of celebrity chef Wolfgang puck - and **DUO**, an exciting addition to Maui's culinary scene. The freshest ingredients include grilled Mahi Mahi and this is accompanied by premium vintages and classic Hawaiian cocktails.

RITZ-CARLTON KAPALUA, MAUI

The **Ritz-Carlton, Kapalua, Maui** is nestled among the lush foliage of rolling hills and a beautiful beachfront - in the midst of a century-old pineapple plantation. It's the unspoiled view of Hawaii with its rich cultural heritage, natural landscapes, breathtaking sunsets, and swaying coconut palms. This tropical getaway offers world-class service with 24-hour-a-day attention to your every fancy. It's framed by **two championship golf**



Four Seasons Maui Sunset at the Serenity Pool



Wailea Beach Villas

MAUI IS A SPECIAL PLACE WHERE THE ALOHA' WELCOME IS SO GENUINE THAT YOUR ANXIETIES WILL MELT AWAY AS YOU BATHE YOURSELF IN THE WARMEST HOSPITALITY.

courses and is the annual home of the PGA Tour's season-opening championship. The hotel recently underwent an extensive \$180 million transformation which includes a 17,500 square-foot **Ritz-Carlton Spa** with a wide range of very special services. A new Japanese restaurant named **Kai Sushi** with artistic elements of the native Hawaiian's arrival across the sea - is definitely worth a visit. The Resort also offers a **Jean-Michel Cousteau eco-adventure program**.

THE WESTIN KA'ANAPALI OCEAN RESORT VILLAS

The **Westin Ka'anapali Ocean Resort Villas** offer great value for your whole family. The villas are set along a pristine expanse of Ka'anapali's North Beach (ranked on 'America's Best Beaches' list) with ownership opportunities. The unique residences are impeccably furnished and the extensive list of amenities available, including the **Westin Kids Club**, make this an ideal place for busy children who want to get out of their parents' hair. The innovative floor plans provide flexible living space - and there's a full-sized kitchen in each villa. Westin's famous Heavenly Beds are



Wailea Beach Villas Pool and Ocean front

featured as are the equally luxurious Heavenly Baths with separate whirlpool tubs and modern fixtures.

THE WAILEA BEACH VILLAS

The **Wailea Beach Villas** are the only resort in all the Hawaiian Islands on Conde Nast's top 100 list for 2010. Situated on 12 acres of tropical foliage and waterfalls, this exclusive oceanfront community with expansive ocean vistas is private, luxurious, and spacious. You can choose between two or four-bedroom luxury villas and each comes equipped with modern amenities and a full kitchen. All the boutique hotel services cater to your every need including pre-arrival grocery shopping to scheduling your private oceanfront massage. There's 24-hour gated security and property



**HAWAIIAN HOSPITALITY IS STILL
IN THE TOP 2% OF THE WORLD.
YOU ENCOUNTER THE GENUINE
'ALOHA' SPIRIT EVERY TIME YOU
SET FOOT ON HAWAIIAN SOIL.**



Westin Kaanapali Villas

patrols to give you peace of mind. Just steps away from your torch-lit villas, you can stroll the serene, star-studded evening beach to neighboring resorts, restaurants and spas, and return to your own exclusive, private villa when you're done.

4 GREAT REASONS TO VISIT MAUI:

- **Value for your \$:** It's closer to home, far less expensive than Europe - and yet you feel like you're in a completely different part of the world
- **Hawaiian hospitality** is still in the top 2% of the world. You encounter the genuine 'Aloha' spirit every time you set foot on Hawaiian soil. The local Hawaiians are happy to see tourists and they go out of their way to make you feel welcome
- **Activities:** From snorkeling to whale-watching to biking, playing golf, windsurfing, kite boarding, paddling surfing, zip-lining or hiking, Maui offers loads of healthy, outdoor activities in a beautiful setting

- **Special Packages:** There are so many value-packed packages available right now, so take advantage of them - including very reasonably-priced airfares and special offers

We highly recommend that you book your Maui trip through knowledgeable experts such as *FROSCH Classic Cruise & Travel*. They know every facet of the island and will be able to match you up with the place that is a good fit for your unique vacations needs. They're also ahead of the game when it comes to knowing about special offers and package deals. Save time and money by going straight to the experts. 🌴

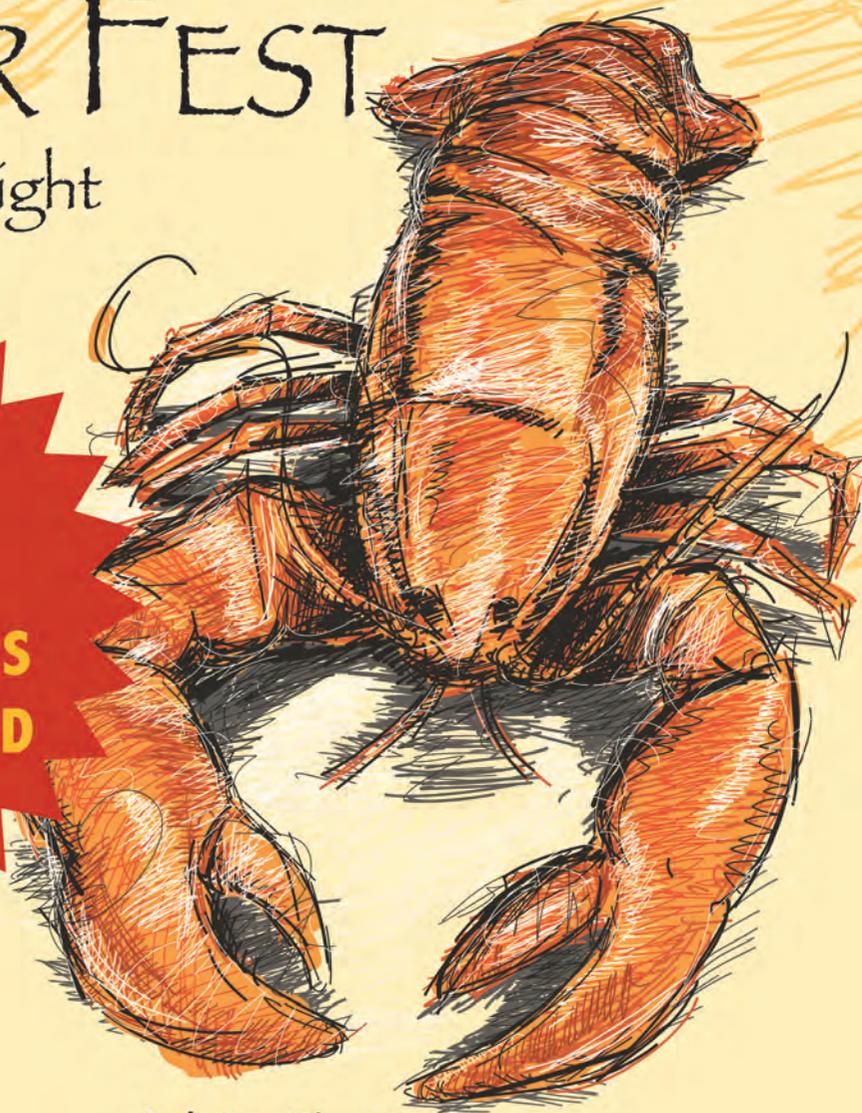
 **800-688-8500 or 818-936-2000**
CLASSIC CRUISE AND TRAVEL **FROSCH Classic Cruise and Travel**
5850 Canoga Ave, Suite 550, Woodland Hills, CA 91367
www.froschclassic.com
www.luxurycruiseexperts.com

LOBSTER FEST

Every Tuesday Night

**GOOD TILL
GONE!**

**RESERVATIONS
RECOMMENDED**



Lobster Bisque

Made with fresh lobster, butter and brandy
6.99

Lobster & Shrimp Linguine

Linguine topped with chunks of Maine lobster and large shrimp
tossed with a lobster chardonnay sauce
18.99

Surf & Turf

A 7 oz. filet mignon & 1/2 grilled lobster with yukon gold mashed potatoes and grilled corn on the cob
27.99

1 1/2 lb Live Maine Lobster

Served steamed or grilled with drawn butter, red bliss potatoes, grilled corn on the cob
25.99

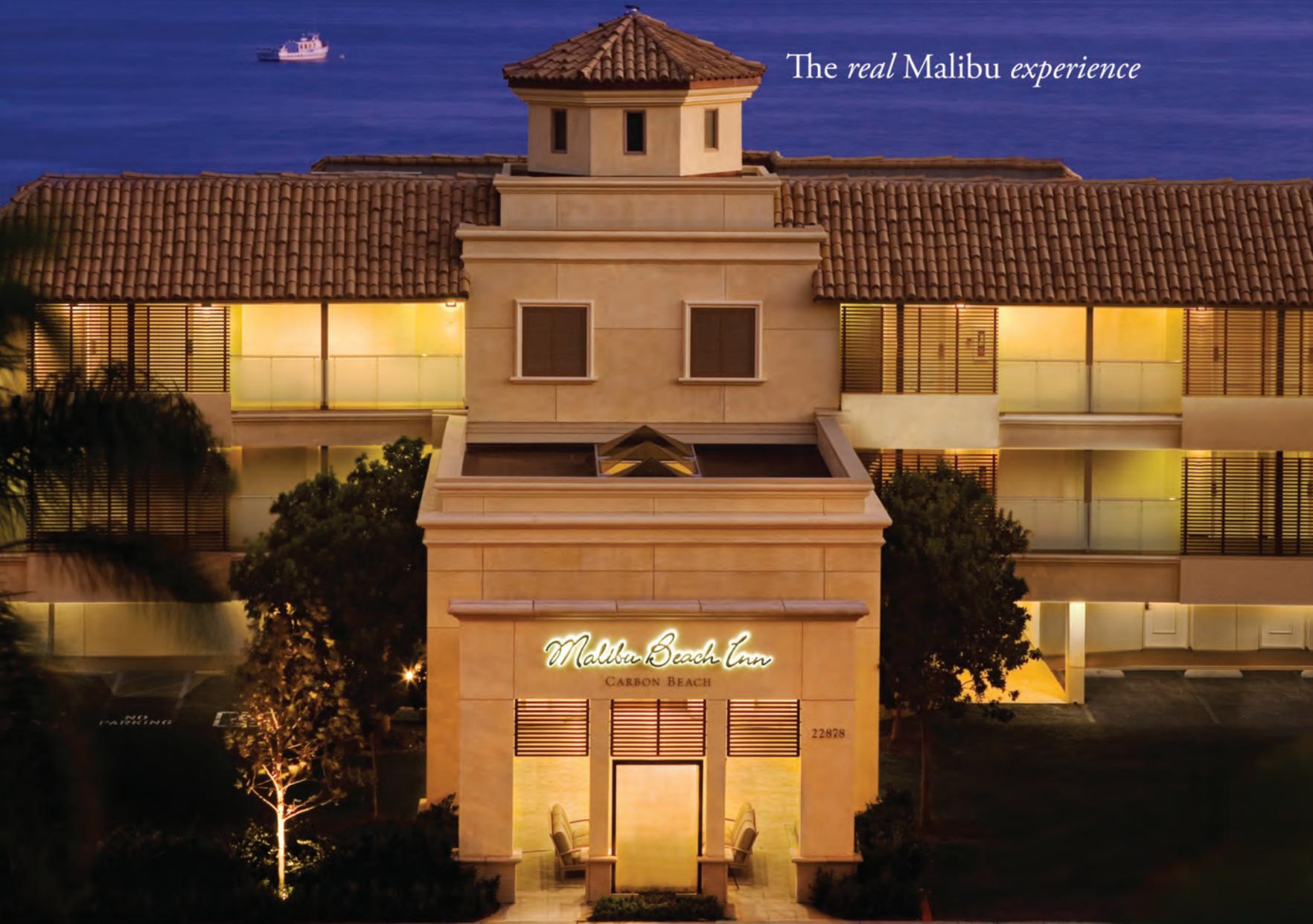
Offer valid Tuesdays beginning at 4 pm.
Limited time offer.

Not to be combined with any other promotion or offer.

Sherman Oaks • 14910 Ventura Blvd. • Sherman Oaks • CA • 91403 • 818.905.8872
Calabasas • 4783 Commons Way • Calabasas • CA • 91302 • 818.225.9092
Westlake Village • 140 Promenade Way • Westlake Village • CA • 91362 • 805.370.1331
Malibu • 3894 Cross Creek Way • Malibu • CA • 90265 • 310.317.4242

Marmalade
CAFE®
Breakfast • Lunch • Dinner

The real Malibu experience



Malibu Beach Inn

CARBON BEACH

22878 Pacific Coast Highway, Malibu, California 90265 Tel. 310.456.6444
www.malibubeachinn.com



Follow us on Facebook

Mention Westlake Malibu Lifestyle magazine and receive a reduced rate

THE ALL-NEW 2012 VOLVO S60

BEST-IN-CLASS 0-60.

And it's not from Germany.

BEST-IN-CLASS FUEL EFFICIENCY AT 30 MPG.

And it's not from Japan.

BEST-IN-CLASS COVERAGE PLAN.

And it's definitely not from Germany or Japan.

THE VOLVO S60

STARTING AT:

\$30,975*

**SAFE + SECURE
COVERAGE PLAN**

5 YEAR WARRANTY
YEAR SCHEDULED MAINTENANCE
YEAR WEAR & TEAR

Coverage plan includes brakes, rotors and wiper blades.

*Base MSRP. Excludes \$875 destination charge, tax, title and DMV fees. See dealer for details.



VOLVO OF CALABASAS

www.VolvoofCalabasas.com 818-577-2500

24400 Calabasas Road · Calabasas, CA 91302

